

BURR ELEMENTARY SCHOOL NEWSLETTER

May 2024

From Principal Whidden

Dear Families,

This year is flying by and I can't believe that we are in our final stretch! We will kick off the month by recognizing and appreciating all of the hard work and dedication of our teachers and staff members. I couldn't have hoped for a better or more committed group of professionals to work with. Our school would not run as smoothly if not for the hard work of each one of our staff members! Thank you to our PTO for coordinating a number of thoughtful events to recognize staff throughout the week.

We are fortunate at Burr to have an outstanding group of educators on our team. In that sense, this makes it easier to make up class lists. However, the creation of a class is a very critical enterprise. Those 18-20 students will spend over 1,000 hours together next year. The group needs to be well balanced in many ways with careful attention made to the personalities that will be entering that class.

Generally, the current year's teacher will begin by making notes about how students have performed academically, how they have gotten along with others in the classroom, how they interact with the teacher, and many other relevant factors. The teachers in each grade level meet to divide students into classes for the following year. They work to balance the classes by gender and ability while also considering peer friendships. This balancing act is critical because students learn as much from their teacher as they do from working with their peers.

This work is extremely complex and I am reluctant to interfere in the process. You may have a particular preference for a teacher, but I ask that you refrain from making a specific teacher request as it could limit our ability to create a good mix of students. That being said, you know your child very well. If you know your child tends to fool around too much when paired with a particular friend or learns best with a particular style of teaching, I certainly welcome that information. I cannot make any commitments or guarantees that requests about peers or teaching styles can be honored but will take the information into consideration.

Please remember that the most important aspect of the relationship that your child will have with the teacher is not the compatibility of personality, but how well you and the teacher are able to work together to help your child achieve success.

We can't wait to see you at the Art Show, Field Day and the third grade concert later this

month!

Sincerely,

Brienne Whidden

Important Dates in May

May 3rd- Annual Fun Run

May 6th-10th- Teacher Appreciation Week

May 8th- Incoming kindergarten parent orientation 5-6 PM

May 15th- 3rd Grade Music Concert 6pm

May 17th- PTO Movie Night- The Super Mario Bros

May 21st- 3rd Grade Visit to HKIMS

May 22nd- Annual Art Show 5:30pm* please note earlier start time than originally published

May 23rd-31st- Spring Book Fair

May 24th- Incoming Kindergarten Screening

May 28th- 3rd Grade Field Trip

May 31st- Field Day (rain date June 7th)

End Of School Year

The last day of school for Burr students this year is Monday, June 17th. Student will have a full day of school on June 10th, 11th, and 12th. June 13th, 14th and 17th will be early release days for students.

Notes From the Office

We would like to clarify the difference between our emergency contact list and our parent pick up list.

The emergency contact list is used in the case we have any emergency at school and a parent can not be reached. It gives us permission to contact the designated adult to pick up a student. The emergency contact list is updated yearly at the beginning of the new school year.

The parent pick up list is if your child/student will be picked up at the end of the day from the back of the building. This list is generated daily by daily/standing emails from parents stating their student will be picked up by themselves or are authorizing another adult. We are not using our emergency contact list for parent pick up.

The office receives both email and hand written notes daily. We will reply to all emails sent, if you do not receive a reply to an email please reach out to the office to ensure that we have received your email.

If your student is participating in a Park & Rec program or another afterschool program please email

besattendance@rsd17.org. In the email please include the students name, the program name and dates. This will ensure your student is sent to the right place after dismissal. Since Park & Rec is a separate identity from RSD 17 we need a note or email authorizing your student to go directly to the program after school. thank you in advance for your

If you are coming to pick up your sick student from the nurse please ring the front buzzer, state your name and the nurse will bring your student out to you. At that time she will update on your student.

School Year Calendars - Regional School District 17

School Year Calendars - Regional School District 17

rsd17.org

Kindergarten News

We continue to work on short vowel words with consonant digraphs and consonant blends. In addition, we will work on mastering all 54 kindergarten sight words. In Wit and Wisdom, we are wrapping up Module 3. Then we will begin the Module 4 which will allow students to explore the continents! Students are working on writing sentences with spaces, lower case letters throughout (except at the beginning of a sentence and for the word I) and a period at the end. In math, we are working on teen numbers. We will move into a unit on measurement and weight. We have been learning about spring weather in science.

– Mrs. Aithal, Mrs. Boudreau, Mrs. Burt & Mrs. Macauley

First Grade News

We hope you are looking forward to the warm, sunny days ahead! The month starts out with our Fun Run and ends with our annual Field Day! In math, we are exploring 2D and 3D shapes and will work on partitioning shapes into equal parts. Next, we will be moving on to telling time to the hour and half hour. In Foundations, we will be working on vowel-consonant-e and will next work with 2 syllable words. In Wit and Wisdom, we continue to explore the powerful force of the wind and will learn how people react to it. This leads nicely into a study of feelings and what can cause or change our feelings. We will be writing a narrative piece at the end of the module where a character has a problem because of the wind.

Mrs. Blasiak, Mrs. Kulmann, Mrs. Reynolds, and Ms. Castro

Second Grade News

We are in the home stretch, and things have been very busy in second grade. We have seen some fabulous growth during Wit & Wisdom lessons. The ways in which the kids have learned to discuss and make connections to the books they are reading is incredible. In writing, students have continued to work on writing informative paragraphs that help readers understand how people respond to injustice. They learned how to include introductions, topic statements, three pieces of evidence, and even a conclusion sentence. They have also learned to include evidence from multiple sources (books, videos, photographs and songs). We also continue to focus on spelling patterns and trick words. Thank you for the support from home to keep kids reading and practicing these critical skills.

We just wrapped up our math unit on measuring, length, and line plots. Our next unit will focus on shapes and arrays. We will be identifying, drawing, and partitioning shapes into equal halves, thirds, and fourths. While exploring arrays, the children are preparing for multiplication, which is formally introduced in third grade!

We will be moving into our final science unit on Form and Function which will have us learning about plants and seed dispersal. We will also be going on a field trip at the end of May to learn about the history of our town and other great things! We are looking forward to a great month!

Mrs. Masci, Mrs. Harkin, Mrs. Lonergan and Mrs. Penney

Third Grade News

Wow! We can't believe that our third grade year is almost over! As the third graders get ready to transition to a new school we are working hard to continue to follow expectations, be respectful and responsible. In addition, we are still working hard to fit in all our new learning. Students will have two weeks of testing this month in reading and math on the SBAC. Please make sure your students are here and on time each day as we will start testing in the mornings. A good night's sleep and healthy breakfast are also helpful. During Wit and Wisdom, students are continuing to learn about immigration through fiction and nonfiction stories and texts. The volume of reading and writing has increased throughout the year and students have adjusted well. In math, we will be working on telling time to the minute and elapsed time, as well as classifying shapes and quadrilaterals. We will be finishing our work in variation of traits then moving into our next science unit on life cycles and environmental changes. We look forward to the many fun end of year activities with our third graders! Keep an eye out for important dates and happenings!

Mrs Bovey, Mrs Formica, Miss Narducci and Mr. Snow

Art News

Notes from Mr. Granucci, in the Art Room

Dear Parents,

By now many of you have heard a rumor about Mr. Granucci. Yes, it is true! It is with mixed emotions, that I have made the difficult decision to announce my retirement from Regional District 17 and Burr Elementary School at the end the 2023-2024 school year. This decision has not been an easy one. I have loved working as an art teacher for the past 43 years in Regional District 17. I'm so grateful for the wonderful opportunity I had working with the best students, parents and colleagues over the years. I have countless memories to take with me and I've made the most amazing friendships as well. I will truly miss Burr Elementary School next year!

Thank you!

Save the Date:

The Burr Elementary School Annual Art Show will be held on Wednesday May 22nd, 5:30-7:30. All the children have been working especially hard on their projects since September and we are all so excited to share all their beautiful art with you. The cafeteria and the hallways will be set up as an art gallery. I know you will be impressed with what your child has created this year, as every project both 2-D and 3-D, schoolwide, will be on display. I hope you will make every effort to bring the whole family on that evening.

The night of the art show, please fill out an "Artist Gram" for your child located in the cafeteria. You can write a personal note to your child complimenting or congratulating them on their

accomplishments. The "Artist Grams" will be delivered to your child in the days following the art show.

Important Set Up Information:

We are still seeking volunteers to help set up and take down the Burr Elementary's 2024 Art Show! Setup will take place on Tuesday, May 21st beginning at 8:30 am and will continue throughout the day until all artwork has been hung and displayed. Please consider volunteering to set up even if you can only be there for a short time. The more hands the better! Take down will begin on May 28th and can be done at your convenience. To sign up please email me at jgranucci@rsd17.org or you can sign up on the PTO Facebook Sign Up Genius post.

Pawsome Artists of the Month for April:

Students selected are class role models that have demonstrated "**Paws**"itive Burr School expectations which include: doing their **Personal Best**, **Acting Responsibly**, **Working** and **being Safe**, and **Showing Respect during art class**.



Emerson Lucas- Kindergarten



Julia Chamberlin - Grade 1



Nola Keating - Grade 2



Addison Blackmon - Grade 3

Library News

Welcome to the Library Media Center! Can you believe it's already May? It seems like we skipped over April! Our spring Scholastic book fair, which is a great opportunity to stock up on your child's favorite books for the summer will be this month. To help you choose some books, here are some top checkouts from our library:

- Dog Man series By Dave Pilkey
- Would Win? Series

- The Baby Sitters Club series by Ann Martin
- The Bad Guys Series By Aaron Blabey
- Pusheen the Cat series by Clair Belton
- Pig the Pug series by Aaron Blabey
- CatStronauts series by Drew Brockington
- InvestiGATORS series by John Patrick Green
- Big Foot Little Foot by Ellen Potter
- Dragon Masters series
- Owl Diaries series
- Cupcake Diaries series
- The Book With No Pictures by BJ Novak
- No David books By David Shannan

In addition to our book fair, we are continuing our unit on research. Here are some interesting site suggestions to explore:

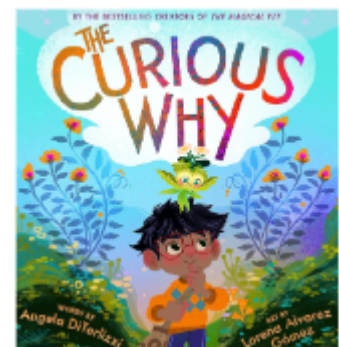
- PebbleGo: Database of information on animals (username: burrdes, password: read)
- KidRex: Free search engine powered by Google for kid-friendly information
- Mrs. Lodge's library: Library shelving game for practicing ABC and number order for all grades
- ABCYA: Fun, kid-friendly educational site covering all skills and concepts for elementary kids
- PBS Kids: Educational games based on favorite PBS characters

Lastly, Creative Commons (CC) is an American non-profit organization devoted to expanding the range of creative works available for others to legally build upon and share. Happy Learning from Ms. Salzano and Mrs. Hosking!

Literacy News

May 14th

Children's author and former television and music industry make-up artist, Angela DiTerlizzi, brings her highly anticipated follow-up to *The Magical Yet* to K and 1 students. Angela will delight our naturally inquisitive learners with her playful rhymes and entertaining personality. *The Curious Why* can be ordered directly from RJ Julia in order to support this author visit which is part of their Authors



to Schools Program. To order a book, go to:

<https://www.wesleyanrjulia.com/burr-district.asp>

Books will be delivered to school for the day of the reading. Please order by May 3rd .

Math News

Estimation is an important skill and students at Burr are getting better each week. Estimation leads to the ability to assess the reasonableness of an answer, a very important skill.

Students have been busy estimating how many objects are in a container. Each grade level has a container and every student gets to make an educated guess. The containers now contain hints and students have really improved their estimating skills. We have even had some exact estimations. One student per grade level (unless there is a tie) receives a certificate and a prize. There are only a few weeks left with our estimation jars so - Happy estimating!



Music News

Hello from Music!

April has been busy in the music room! We are taking ownership of our music, and starting to create our own!

- Kindergarteners have taken their prior rhythmic knowledge (two sounds on a beat [apple] versus one sound on a beat [tree]) and converted it to musical syllables (du versus du-de)!
- First grade students are learning about silence in music! We're prepping for a quarter rest, and soon we'll put a name to the concept!
- Second graders are exploring composition! Given certain instruments, students created their own performances of one of our song games!
- Third grade students are working to memorize the notes of the treble staff! They've begun to transfer the notes as a visual skill onto xylophones to practice their kinesthetic skills.

IMPORTANT NOTE:

Mark your calendars! Our combined third grade concert is on **MAY 15TH** at 6:00! This concert is for both chorus members and recorder players (the whole third grade!). This is a great opportunity for our third graders to share what they've been working on this year.

A paper hand out has gone home with your students. If you have questions or concerns, you can feel free to contact me at aforet@rsd17.org


- Ms. Foret

Physical Education News



May News: Health and Physical Education



| April P.E. Recap | In the Month of May... | Schedules |
|---|--|---|
| <p>In the month of April, students have just started our unit on Soccer. We did miss a week with April break so we still have more to cover in our soccer unit. So far, we have discussed dribbling and ball control with the soccer ball.</p>  <p>I have also touched upon why "Soccer" AKA "Futbol" is the most popular sport in the world and why we in the United States refer to the sport as "Soccer" while most of the world refers to it as "Futbol".</p>  <h3 style="text-align: center;">April Health Recap</h3> <p>In health class, we have just started talking about safety and injury prevention. Second and third grade students have been participating in a Crack the code activity where they must decipher a tidbit of information about safety and injury prevention written in a code. In kindergarten and first grade, students have been discussing various pieces of equipment and other items that help protect us and keep us safe.</p> | <p>PE: All grades will continue participating in our soccer unit! Students began our unit when they got back from April break so Students will continue to work on ball control, dribbling, passing and scoring while learning more about the game and rules of soccer!</p> <p>Health: All Grades: During the month of May, when students have their health rotation we will continue discussing safety and injury prevention!</p> <h3 style="text-align: center;">IMPORTANT NEWS</h3> <p style="text-align: center;">B.E.S. FIELD DAY IS COMING...</p> <div style="text-align: center;">  <p>May 31st</p> </div> <p>If you are interested in volunteering and helping to make our 2024 Field Day the BEST DAY EVER, please scan the QR code below (with your camera or download a QR reader app).</p> <div style="text-align: center;">  <p>SCAN ME</p> <p><small>https://www.signupgenius.com/go/8050b44aac2a2fcl-field1w</small></p> </div> <p>I will follow up in the next few weeks with information via email about how the day will run and other details about field day! If you have any other questions here is my info!</p> | <h3 style="text-align: center;">Schedules</h3> <p style="text-align: center;"><u>Grade 3</u></p> <p>Monday: Narducci Tuesday: Formica Wednesday: Health Rotation Thursday: Bovey Friday: Snow</p> <p style="text-align: center;"><u>Grade 2</u></p> <p>Monday: Masci Tuesday: Lonergan Wednesday: Health Rotation Thursday: Harkin Friday: Penney</p> <p style="text-align: center;"><u>Grade 1</u></p> <p>Monday: Reynolds Tuesday: Kulmann Wednesday: Health Rotation Thursday: Blasiak Friday: Smedley</p> <p style="text-align: center;"><u>Kindergarten</u></p> <p>Monday: Burt and Macauley Tuesday: Burt and Boudreau Wednesday: Health Rotation Thursday: Boudreau and Aithal Friday: Aithal and Macauley</p> <p style="text-align: center;">Don't forget your sneakers!</p> <h3 style="text-align: center;">Contact Me!</h3> <p>Name: Garrett Lemke Email: glemke@rsd17.org</p> |

From the Health Office

HAPPY SPRING!!

We have some fun events coming up this month! The dates are - the **Fun Run Friday, May 3rd** and **Field Day, Friday May 31st**. These events are weather permitting and do have rain dates. Please be sure to dress your child appropriately for these events, sporty clothes and sneakers. Also, provide them with a water jug they can refill throughout the day, and apply sunscreen those days at home as we are not allowed to apply it here at school.

If your child has been in need of clothing from the Health Office, please wash the items and return as early as possible. Undergarments are for them to keep. I stock up at the start of each school year, but at this time of year the stock is low due to items not being returned. Also, for those students with a change of clothing in their backpacks be sure to switch out to weather/temperature appropriate items.

Thank you!!!!

Keep in mind for the end of the school year in June:

Any student items in the Health Office need to be picked up by an adult on or before the last day of school which is presently set for Monday, June 17th. This message is coming out early in the

event any special plans need to be made to ensure pick up - another reminder will go out in the June newsletter. Students cannot transport medication of any kind and will not be able to bring any items home. Feel free to reach out to me via a phone call or an email if special arrangements need to be made. The Health Office will close on the last day of school. Any items not picked up will be discarded, but best practice is to return them to you. I just wanted to provide you early notice in the event you are making plans for those last few days of school.

Feel free to reach out with any questions.


Hope you are all staying well and enjoying the outdoors:)

Eileen Ulizio, RN

eulizio@rsd17.org/860-345-4584

School Menus

BREAKFAST MAY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| | | 1. Breakfast Breads, Peaches, Juice, Milk | 2. Muffin, Strawberries, Juice, Milk | 3. Breakfast Variety, Applesauce, Juice, Milk |
| 6. Breakfast Break Cereal Pack, Craisins, Milk | 7. Cinnamon Roll, Sliced Apples, Juice, Milk | 8. Breakfast Breads, Peaches, Juice, Milk | 9. Muffin, Strawberries, Juice, Milk | 10. Breakfast Variety, Applesauce, Juice, Milk |
| 13. Breakfast Break Cereal Pack, Craisins, Milk | 14. Cinnamon Roll, Sliced Apples, Juice, Milk | 15. Breakfast Breads, Peaches, Juice, Milk | 16. Muffin, Strawberries, Juice, Milk | 17. Breakfast Variety, Applesauce, Juice, Milk |
| 20. Breakfast Break Cereal Pack, Craisins, Milk | 21. Cinnamon Roll, Sliced Apples, Juice, Milk | 22. Breakfast Breads, Peaches, Juice, Milk | 23. Muffin, Strawberries, Juice, Milk | 24. Breakfast Variety, Applesauce, Juice, Milk |
| 27. MEMORIAL DAY_ NO SCHOOL MEMORIAL DAY  | 28. Cinnamon Roll, Sliced Apples, Juice, Milk | 29. Breakfast Breads, Peaches, Juice, Milk | 30. Muffin, Strawberries, Juice, Milk | 31. Breakfast Variety, Applesauce, Juice, Milk |



**Breakfast Is Free For
This School Year**

Menu is subject to change

*This institution is an equal
opportunity provider."*

MAYBE\$ LUNCH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| Lunch Prices- Full Pay-\$3.25 Reduced- FREE Milk- \$0.65 |  | 1. Pancakes, Sausage Patty, Breakfast Potato, Fruit of the Day, Milk | 2. Chicken Patty Sandwich Green Beans, WG Roll Choice of Fruit | 3. Pizza Side salad Fruit of the Day, Milk |
| 6. Chicken Tenders Oven Fries Fruit of the Day, Milk | 7. Pasta w/ Meat Sauce,  Pull Apart Cheesy Bread, Salad Fruit of the Day, Milk | 8. Egg and Cheese Sandwich, Home Fries Fruit of the Day, Milk | 9. Cheeseburger, Roasted Vegetable Medley, Fruit of the Day, Milk | 10. Pizza Chef Choice Vegetable, Fruit of the Day, Milk  |
| 13. Italian Platter Mozzarella Sticks, Meatballs, Side of Marinara Sauce, Garlic Roll, Caesar Salad, Choice of Fruit | 14. Chicken and Cheese Quesadilla, Mexican Street Corn Salad, Fruit of the Day, Milk | 15. Wonderful Waffles/ w/ Strawberries , Egg Patty Dragon Juice, Fruit of the Day, Milk | 16. Macaroni an Cheese, Roasted Broccoli, Roll, Fruit, Milk  | 17. Pizza  Spinach Salad w/ Apples and Oranges Fruit of the Day, Milk |
| 20. Hotdog, Smiley Fries, Fruit of the Day, Milk  | 21. Nacho Tuesday Beef Nacho's, Cheese, Salsa Rainbow Rice, Fruit of the Day, Milk | 22. Festival of the Arts- Bag Lunch-Turkey and Cheese Sandwich, Carrots, Sliced Apples, Vegetable Juice, Milk | 23.  Cheeseburger Roll Bite, Smiley Fries, Fruit, Milk | 24. Pizza Side salad Fruit of the Day, Milk  Strawberry/ Kale Smoothie |
| 27.  Memorial Day- No School | 28. Red, White and Blue Chicken Nacho's, Texas Caviar, Choice Of Fruit , Milk | 29. French Toast, Sausage Patty, Hash Brown , Fruit of the Day, Milk | 30. Pizza Chef Choice Vegetable Fruit of the Day, Milk  | 31. FIELD DAY!! LUNCH SERVED ON FRISBEES Cheeseburger Carrots, Pickles, Cookie, Frozen Treat, Milk |



**School Lunch Employee
Appreciation Day-May
3rd**

**A MEAL IS HOT
ENTRÉE LISTED ON
LEFT**

**B SUN BUTTER AND
JELLY SANDWICH,
CHEESE STICK,
VEGETABLE, FRUIT,
MILK**

Menu is subject to change

*This institution is an equal
opportunity provider."*

Cougar Paw Recipients

These are students that have displayed The Burr School Pledge:

Personal best,
 Act Responsibly,
 Work and play safely, and always
 Show respect.

Week of 4/1-4/5



Week of 4/15-4/19



Week 4/22-4/26



PTO News

BURR PTO NEWS

May Newsletter

2023-2024

Fun Run!

May 3



Before the **Fun Run**, all *students* will have an assembly from **Backtrack Vocals**. 3rd grade will then have the opportunity to work with Backtrack Vocals without the other grades. This is sure to be a **Fun** day!

Families are invited to attend the **Fun Run** to cheer on their student/s, however, due to space limitations, they may not attend the **Backtrack Vocals** assembly. Thank you!

Fun Run Times:

Grade K - 2:10-2:55
Grade 1 - 11:00-11:45
Grade 2 - 12:00-12:45
Grade 3 - 1:15-2:00

BURR PTO NEWS

Teacher Appreciation Week!

May 6 - May 10

Monday - Chalk the walk

Tuesday - Chair massages

Wednesday - Breakfast

Thursday - Teacher Appreciation!

Friday - Lunch & Gift Card Raffle

THANK
YOU

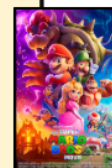
An informational flier will be emailed early next week!

Kindergarten Orientation

May 8th - this will be followed by a PTO meeting. Feel free to join us!

Movie Night

May 17, 7:30 pm - The BES PTO is excited to invite you to our third attempt at a movie night on the backfield at Burr! Join us after your baseball, lacrosse, or soccer practices for a fun evening. Feel free to bring along a pizza to enjoy while we watch **The Super Mario Bros!**



BURR PTO NEWS

Spring Book Fair

May 23-May 31 - The Scholastic Book Fair returns to BES from May 23-31st. Family Night will be from 5p-7p on May 30th.



Hartford Yard Goats Game

June 16 - Join the Burr community to celebrate the end of the '23/'24 school year at a Hartford Yard Goats game! Tickets will go on sale in May.

Meeting Schedule

May 8, 2024



All meetings are at
6 pm in the BES library

PTO Members:

President, Jay Salafia
Vice President, Jen Clark
Treasurer, Tara Heikkila
Fundraising Chair, Randi Edwards
Events Chair, Jamie Sierpinski
Communications Chair, Emily Kyle

Join us!

We are looking for volunteers to lead the Yearbook Committee next year, and one person to take over the position of Treasurer for the PTO. Please contact BurrElementaryPTO@gmail.com if you are interested in joining our BES PTO Committee!

 BurrElementaryPTO@gmail.com
<https://Burr.PTBoard.com>
 Facebook: Burr PTO



HKYFS

HK MAY WELLNESS CHALLENGE

May is Mental Health Awareness Month

Let's raise awareness, promote youth resiliency,
bring in new wellness strategies, and celebrate HK Youth and Families!

Join the HKYFS May Wellness Challenge by making time for things that make you and your family feel great!
Try these ideas and programs! HKYFS is always available for resources, referrals, and support!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---------------------------------|--|--|---|---|
| | | | 1 Start a Journal | 2 QPR Suicide Awareness Training 6PM, Virtual Participants Age 15+ | 3 Sunlight Within 30 Minutes of Wake-up | 4 Donate to a Local Food Pantry or Organization |
| 5 Go to a Park | 6 Write a Gratitude Letter to Yourself or Loved One | 7 Read a Book | 8 BES 3:30 PM Burr After School Meet the HKHS Drama Cast! | 9 Listen to Music You Love | 10 Try Meditation! | 11 10:30AM HK Family Hikers Event! |
| 12 Family Dinner | 13 Try Yoga on Your Own or 10-10:30AM Annex Lawn for our Youngest! | 14 Dance! | 15 Food and Mood: Connections that Affect Kids and Behavior Parent Chat and Tea 7PM Bittersweet Bistro | 16 Simple Act of Kindness | 17 Take a Walk after Dinner | 18 Ride a Bike Explore! |
| 19 Watch a Movie with Loved Ones | 20  | 21 Play a Game with Loved Ones! | 22 Find a New Healthy Recipe and Cook Together! | 23 Plant a Garden or Planter | 24 Call a Friend or Family Member | 25 Community Pollinator Pathway Cleanup & Plant Your Own! |
| 26 Reach Out for Additional Support When Needed | 27 Unplug from devices/gaming | 28 Slow Down Rest as a Priority | 29 Give Back! HK Community Kindness Family Volunteers! | 30 write a kind message w/side walk chalk | 31 Laugh! | |

EVENT REGISTRATION AND DETAILS ON THE BACK

HK MAY WELLNESS CHALLENGE

May is Mental Health Awareness Month

HKYFS encourages HK youth and families to take a break, have family conversations, and bring attention to wellness, prevention, and positive mental health.

We hope some of these community partner events and programs will be educational, fun and enhance family well-being!

- **Sign up for events: Registration and details - www.hkyfs.org/event/**
- **Print out this Calendar & Check off the Wellness Boxes that you complete.**
- **Share photos with HKYFS via email/social media so we can show how HK celebrates prevention and wellness!**

- www.facebook.com/YFSHK
- www.instagram.com/youthandfamilyhk



- **Register for Family Olympics at the 1st Annual HKYFS Summer Solstice Family Fest**

- **June 20th 5:30-8:30 PM at Parmelee Farms**
- **Food trucks, Live Music, Family Olympics (ages 5+), and more!**
- **Bring your May Challenge Calendar on June 20th to WIN A PRIZE!**

May 2, 6PM, ZOOM
QPR Training

CPR for Mental Health
Save a Life
for people age 15+

FREE must register

Wednesday May 8, 3:30-4:30PM
Meet the HS Bye Bye Birdie Cast
After-School Drama Fun!
@ Burr Elementary School
FREE must register
positive role models, music, and the arts= wellness
Bring your show bill for cast signatures!

Community Kindness Family Volunteers

Grab your family and friends to lend a helping hand to a HK senior in need of yard cleanup!
-volunteerism is a protective factor for our youth and families that creates feelings of overall wellness-
Contact: Alli for info and to be matched with someone in need
alli.behnke@hkyfs.org

Saturday, May 11
10:30-12:00
HK Family Hikers

A nature scavenger hunt@
Chatfield Hollow
friends, family, nature,
wellness, and fun
w/a special visit to the
Nature Center
FREE please register

Monday, May 13
10:00-10:30AM

Morning Yoga w/Becky
for our youngest and
home-school
families!

Join us outside
on the Annex Lawn
11 Jail Hill Rd, Haddam
Bring a towel or mat

Wednesday, May 15 7-8PM
@Bittersweet Bistro, Killingworth
Food and Mood:

Join our discussion on food and its
impact on mental health
and our families. FREE

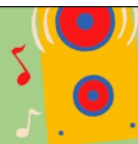
Includes delicious snack and tea.
presented by:
Karren Therrien certified Health
Coach and Owner of HK Fitness

Saturday, May 25th 10-12PM
Deer Lake Trail Day

Meet up at Deer Lake to help remove
invasive species, plant some
pollinators, and explore
this beautiful location.

Create a bee-loving pollinating
planter to take home!
Taking care of our planet is wellness!
Please register so we have supplies.





SUMMER SOLSTICE FAMILY FEST

FAMILY OLYMPICS

FRIENDLY FAMILY COMPETITION! RAFFLE+AWARDS
TEAMWORK AND COMMUNICATION SHINES! AGES 5+
REGISTER \$10/FAMILY: WWW.HKYFS.ORG

LIVE LOCAL BANDS • VARIETY OF FOOD TRUCKS
• FUN YOUTH ACTIVITIES • FREE



FEATURING

EMPOWER
LEADERSHIP

HKHS band w/lead singer David Sargent
AND

HKHS Grad, Julian Spector
original music and covering teen favorites!

all
welcome!

substance
free event!

June 20, 2024

5:30-8:30 PM

OLYMPICS STARTS 6PM!



PARMELEE FARMS
ROUTE 81 KILLINGWORTH



HK RECREATION
DEPARTMENT

GIRLS ON THE RUN

SUMMER GIRLS EMPOWERMENT CLUB!

WEDNESDAYS, JUNE 26-AUGUST 14

- 8:30-11:00 AM @ HKHS (CAN WALK TO REC CAMP AFTER)
- GIRLS ENTERING 3RD-6TH GRADE LIMITED TO 15 GIRLS
- W/ GOTR TRAINED HKYFS STAFF, BECKY RODBOURN-HKIS TEACHER, AND HKHS GIRL'S CROSS COUNTRY ROLE MODELS

build inclusive friendships, self-confidence,
leadership, self-expression,
and appreciation for our bodies and minds through:

- games
- individual and team goal setting
- art/crafts
- running/play
- story telling.....and lots of fun!

\$60 (\$70 NON-RESIDENT)

INCLUDES ALL 8 WEEKS & GOTR T-SHIRT
NATIONALLY ACCREDITED PROGRAM



TO REGISTER:

WWW.HKREC.COM

QUESTIONS? ALLI.BEHNKE@HKYFS.ORG

CAMP
GOTR



**BE YOU
@ THE BARN**

**SUMMER YOUTH EMPOWERMENT
PROGRAM**

August 5th-8th
9AM-12PM Daily
Ages 8-12/ \$80 for the week
alli.behnke@hkyfs.org
860-345-7498 to register

*space is limited to 6 participants-
sign up early!*

facilitated by Certified Specialist
& Lic Prof Counselor

Nothing is more important than raising self-confident,
resilient, and empowered youth! Be You @the Barn is a unique
program bringing youth and horses together to step into life
with confidence, friendship, joy, and resilience!

- on the ground learning and fun with horses
- creative activities
- adventure activities
- lots of games and fun!

**YOUTH & FAMILY
SERVICES**
OF HADDAM-KILLINGWORTH INC.
Strong families equal strong communities

Community Events

Community flyers that have been approved by the Superintendents office are located in the link below.



Dino's Pizza Restaurant
1997

DINNER FOR A CAUSE

A Fundraising Effort for HK
Project Graduation
MAY 14TH, 2024
4PM - 8PM
968 KILLINGWORTH RD
HIGGANUM CT
(860) 345-2990

Buffet Style
Pizza, Sausage & Peppers, Kabobs,
Chicken Piccata, Chicken Parmesan,
Pasta, Salad & Dinner Rolls

Dine-in or Take-out
\$20 student / \$28 Adult

PROJECT GRADUATION

Haddam-Killingworth High School

Community Events - Regional School District 17

Community Events - Regional School District 17

rsd17.org

HK Park & Rec

Abrakadoodle World Travel 3D Art

M-F 7/22 - 7/26 Ages 6-12
 9:00 - 12:00 pm at HK HS & Outside
 \$175 (NR add \$10)

Skyhawks Flag Football

M-F 7/22 - 7/26 Ages 7-12
 9:00 - 1:00 pm at HK Multi-Use Field
 \$175 (NR add \$10)

Food Explorers Cooking Camp

M-F 7/29 - 8/2 Ages 5-11
 9:00 - 12:00 pm at HK HS Caf
 \$175 (NR add \$10)

Summer STEAM Camp

M-F 8/5 - 8/9 Gr. 1-4
 9:00 - 12:00 pm at HK HS Caf.
 \$200 (NR add \$10)

Vale Soccer Camp

M-F 8/5 - 8/9 at KRP
 9:00 - 10:30 am (ages 3-5) \$75
 9:00 - 12:00 pm (Gr. K-4) \$150
 (NR add \$10)

Skyhawks Multi-Sport Camp

M-Th 8/12 - 8/15 Ages 6-10
 9:00 - 3:00 pm at HK Multi-Use Field
 \$179 (NR add \$10) Fri. raindate

Karate Kids

Wednesday at Parmelee Pavilion
 6/26 - 7/31
 3:45 - 4:45 pm Ages 5+
 \$48 (NR add \$10)

Tennis Time

Tuesdays at Sheldon Courts
 7/9 - 8/13
 5:30 - 6:30 pm (ages 7 - 10)
 6:30 - 7:30 pm (ages 11 - 15)
 \$65 (NR add \$10)

Summer Soccer Fun w/ Vale

Tuesdays or Thursdays at KRP
 7/9 - 8/6 or 7/11 - 8/8
 5:00 - 5:45 pm (ages 3-4)
 5:45 - 6:45 pm (ages 5-7)
 \$75 each session (NR add \$10)

Babysitter's Training

Friday, 6/21 8:30 - 12:30 pm or
 M/W/Th 7/22, 7/23, 7/24 5:30 - 7:00 pm
 at HK Lower Media Ages 10 - 15
 \$76 (NR add \$10) each session

Curious Campers Pre-School Camp

M-F 9:00 - 12:00 pm Ages 4-K
 at HK Old MS \$80/session (NR add
 7/8 - 7/12 Magical Kingdom \$10)
 7/15 - 7/19 Bug Bonanza
 7/22 - 7/26 Jungle Safari
 7/29 - 8/2 Messy Masterpieces

Girls on the Run

Wednesdays 6/26 - 8/14 Gr. 3 - 6
 8:30 - 11:00 am at HK HS
 \$60 (NR add \$10)

Register at
www.hkrec.com



Youth Programs Sports/Specialty Camps & more

Skyhawks Baseball Camp

M-F 6/24 - 6/28 Ages 7-12
 9:00 - 1:00 pm at HK Softball Field
 \$175 (NR add \$10)

Skyhawks Volleyball Camp

M-F 6/24 - 6/28 Ages 10-14
 9:00 - 1:00 pm at HK HS Fieldhouse
 \$175 (NR add \$10)

**Play-Well STEM Challenge +
Pokeman w/ LEGO**

M-F 6/24 - 6/28 Gr. K-5
 9:00 - 2:00 pm at HK Lower Media
 \$227 (NR add \$10)

Skyhawks Beginner Tennis

M - Th 6/24 - 6/27 at HK HS
 5:00 - 5:45 pm (Ages 3-4)
 6:00 - 6:45 pm (Ages 5-6)
 \$85 (NR add \$10) Fri. raindate

Skyhawks Golf Camp

M-W 7/1 - 7/3 Ages 5-10
 9:00 - 1:00 pm at HK HS Multi-Use
 \$135 (NR add \$10)

Aspiring Young Engineers

M - W 7/1 - 7/3 Ages 6-9
 9:00 - 3:00 pm at HK HS
 \$189 (NR add \$10)

Tina's Modeling/Fashion Camp

M-F 7/8 - 7/12 Ages 5-11
 9:00 - 12:00 pm at HK Lower Media
 \$150 (NR add \$10) & outside

Skyhawks Tennis Camp

M-F 9:00 - 12:00 pm Ages 7-12
 7/8 - 7/12 at Sheldon Tennis Courts
 7/29 - 8/2 at HK HS Tennis Courts
 \$145 each session (NR add \$10)

Sewing Adventures Camp

M-F 7/8 - 7/12 Gr. 2-8
 9:00 - 12:00 pm at HK HS Caf
 \$175 (NR add \$10)

Skyhawks Basketball Camp

M-F 7/15 - 7/19 at HK Fieldhouse
 9:00 - 12:00 pm (Gr. K-2) \$145
 9:00 - 3:00 pm (Gr. 3-5) \$195
 (NR add \$10)

Mad Science Red Hot Robots

M-F 7/15 - 7/19 Ages 6-12
 9:00 - 12:00 pm at HK HS
 \$195 (NR add \$10)

Register at
www.hkrec.com



HK RecCare Summer RecCation Camp

Camp meets Monday-Friday, June 24 - August 9 (No 7/4) at HK HS/Old MS

- Option 1:** 9:00 - 3:30 pm (Camp Only) \$155/wk
Option 2: 7:30 - 3:30 pm (AM Extended) \$195/wk
Option 3: 9:00 - 5:00 pm (PM Extended) \$195/wk
Option 4: 7:30 - 5:00 pm (Full-Day) \$215/wk

No fee increase!
Scholarships
available if qualify!

Meets rain or shine. Activities include sports, games, arts & crafts, special events, wacky Wednesdays, ice cream truck, on-site entertainment, field trips, swimming at HK HS Pool (must know how to swim without any flotation device) & weekly themes. Please send your child with a bathing suit, towel, sunscreen, sneakers, water bottle, lunch & snacks. No daily sign-ups. Drop-off /pick-up: 7:30 - 9:00 am / 3:30 - 5:00 pm at HK Old MS Field & A-124.

Non-residents add \$10/wk. There is a \$25 late fee if registering after the Wednesday preceding the week you want to attend. \$35 late fee if registering the 1st day of camp.
* Refunds will only be given if requested at least 72 hours prior to the start of a program.

Summer
camp

Health Safety Guidelines

- If your child has shown any symptoms of respiratory illness, please do not send them to camp. Staff won't be scheduled if they show any symptoms.
- All areas will be cleaned and disinfected each day.
- Good hygiene will be reinforced to staff and children with regular hand washing with soap and water for at least 20 seconds throughout the day.
- There will be a designated "sick area" if any child comes down with respiratory symptoms while at camp and that child must be picked up ASAP.

Weekly Themes

- | | |
|-------------------------|----------------------|
| Week 1: June 24 - 28 | Ooey Goey Week |
| Week 2: July 1 - 3, 5 | Party in the USA |
| Week 3: July 8 - 12 | Beat the Heat |
| Week 4: July 15 - 19 | Invention Convention |
| Week 5: July 22 - 26 | Animal Adventures |
| Week 6: July 29 - Aug 2 | Summer Olympics |
| Week 7: August 5 - 9 | Lets Take a Cruise |

Please check out our Camp Calendar at
www.hkrec.com for activities schedule!

Camp Discovery (Gr. 1-2)
Camp Adventure (Gr. 3-4)
Camp Explorers (Gr. 5-8)

Register & more info. at www.hkrec.com



Summer Programs

Summer PROGRAMS

AGES 3-17

JUNE- AUGUST
2024
MIDDLETOWN, CT



Social Skill Groups
Teen Social Hour
Teen Social Anxiety Group
Executive Function Groups
Academic Readiness Group
Reading, Math, Writing
Spanish Camp



Summer PROGRAMS

JUNE- AUGUST
2024
MIDDLETOWN, CT

Academic Readiness Group 6 hours a week

- This group is intended for children between **5 and 6 years of age**. Our two hour block of time will be split into multiple sections to not only be cognizant of shorter attention spans (due to their age) but to allow us to work on the various skills that these students will encounter in school. This class will focus on 4 main areas: Reading, Writing, Math, and Social Skill Development through fun and interactive lessons and activities.
- Foundational phonics instruction will be given to support current and future reading skills. Additionally, students will work with other key reading elements to further support comprehension of various texts.
- Handwriting, letter production, and writing prompts will be introduced. Students will be given the opportunity to attempt and practice opinion and informative/explanatory styles of writing through the strong guidance of a certified teacher.
- Mathematics Instruction will work on the following skills: counting numbers, comparing numbers, addition/subtraction concepts, early place value skills, and attributes of shapes.
- Social Skill instruction will be provided through the use of structured play. At this time students will work on concepts including, but not limited to, team building, turn taking, winning and losing, and conversation skill building.
- Students should bring bottled water and a snack to each class.

Executive Function Group 8 Weeks - 10 hours total

- Our summer Executive Function Group is geared towards students that seem to not know how to "do school" or seem to need additional study skills training. In our sessions, we will focus on core skills that directly impact one's ability to succeed in school like: organization, planning, task completion...etc. In our modern day world, students are exposed to so many technological distractions. As such, the process of completing and submitting assignments, on time, through online platforms can be challenging for students. Our Executive Function Group will give students the skills and tricks they need to help combat these difficulties.
- Additionally, students will work each week to improve their working memory and attention through an interactive online training program, Cogmed.



**MIDDLESEX
EDUCATIONAL
SERVICES, LLC**

(860)704-9387

MiddlesexEducationalServices.com
MiddlesexEducationalServices@gmail.com



LEARN SPANISH

Summer Enrichment Program

June 24 to June 28, 2024

With Sra. Russo

Average class size - 6 students

Opportunities for Students Pre-K through High School



Learn Spanish in a fun, interactive and meaningful manner.

Students will be exposed to culture and language while engaging in singing, speaking, games and crafts!

In this week-long program, students will learn basic vocabulary to interact and communicate in Spanish.

There will be time for a snack break,
please bring una merienda (snack) y agua (water).



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(860) 704-9387

MiddlesexEducationalServices.com

EMAIL: MiddlesexEducationalServices@gmail.com

Lost & Found

The following items were found and not labeled. If they belong to you please contact the office.
Any items not claimed will be donated at the end of the month.



Heather Strom

Heather is using Smore to create beautiful newsletters

