



Resources for Families

For most up-to-date resources, call **2-1-1**

Food Resources

- Food Bank of Northern Indiana- list of all local food pantries
 - <https://feedindiana.org/food-pantries>
- Clay United Methodist Church Food Pantry
 - Monday 12-3 and Thursday 9-12
 - 17646 Cleveland Rd. South Bend, IN 46635
- Little Flower Church Food Pantry
 - Tues, Weds & Thurs 1:30- 3:15 and 1st & 3rd Wednesdays 6:30- 8pm
 - 17646 Cleveland Rd. South Bend, IN 46635
- La Casa de Amistad
 - Wednesdays 2-4:45pm
 - 746 S Meade St, South Bend, IN 46619
- Community Food Pantry of St. Joseph County
 - Monday & Friday 9am-2pm and Wednesday 11a- 5pm (1x per month)
 - 702 Chapin St. South Bend, IN 46601
- Hope Ministries - Hot meals- open to the community
 - Open 7 days a week
 - Lunch 11am - 12:30pm and Dinner 6pm-7:30pm
 - 532 S. Michigan St, South Bend, IN 46601
- FSSA- Food Stamps and Medicaid - 1-800-403-0864

Medical Needs:

- Insurance support/information
 - Health Insurance Services - (855) 887-5633 (option 2)
 - Covering kids and families - (574)314- 5422
 - Medicaid Navigators - <https://www.in.gov/healthcarereform/2468.htm>
- Needing a Primary Care Doctor - (574)335-8765
- Needing help with affording medications
 - GoodRX- coupons for medications- <https://www.goodrx.com/>
 - Diabetes Resource Center - (574)247-6047
- FSSA- Food Stamps and Medicaid - 1-800-403-0864

Mental Health

- Disaster Distress Helpline
 - 800-985-5990

- or text “Talk With Us” to 66746
- Oaklawn Psychiatric Center
 - (574)283-1234
 - 415 E. Madison St, South Bend, IN 46617
- Memorial Epworth Psychiatric Hospital
 - (574) 647- 8400
 - 420 N. Niles Ave, South Bend, IN 46617
- Bowen Center
 - (800) 342- 5653 x3387
 - 460 Stull St. Suite 300, South Bend, IN 46601

Family Support

- SCAN Community Partners Referral -parenting and family support services-
<https://www.scaninc.org/ncp/referral>
- Financial Assistance - Call 2-1-1 for most up to date information

College and Career Readiness

- [21st Century Scholars](#)
- [Campus Tours](#)
 - Use this site to tour universities and colleges across the nation.
- [College Atlas](#)
- [College View](#)
- [FAFSA - Financial Aid](#)
- [FinAid](#)
- [Michiana Family Magazine](#)
- [ROC \(Reducing Obesity Coalition\)](#)