



Prepared by the St. Clair County Great Start Family Coalition Working together for children ages 0–8

# THINGS TO DO: Summer Bingo

Complete an Ages & Stages Questionnaire	page 8 Attend a summer event	page 13 Visit a local beach	page 42 Host a family dance party	page 35,37 Try a rainy day activity
Draw outdoors with sidewalk chalk	page 41 Go on a scavenger hunt	Join the "Great Start Family Coalition- St. Clair County Facebook group	Visit a local park	page 43,45 Try a messy outdoor activity
Test out a reading tip	page 43 Try rock painting	FREE SPACE	Visit a StoryWalk	Follow "Help Me Grow St Clair" on Instagram
page 39 Make play dough	Learn a silly song	Page 19 Build something out of a cardboard box	Page 17 Visit the library	Draw a picture and deliver it to a friend
page 20 Join the Library's Summer Reading Program	page 25 Visit a splash pad or pool	Visit Hippy Dippy Creamery in Marysville	Let your child help in the kitchen	Take a walk around your neighborhood



ENTER TO WIN: Take a photo of your bingo board, send it to <u>GreatStart@sccresa.org</u> by August 19 and you will be entered into a drawing to win one of several prizes! Watch our Facebook page for more information (Great Start Family Coalition-St. Clair County). Winners will be announced August 21.



# Make this summer extra special for you and your child

**KIDS ARE BUSY PEOPLE.** The world is still new to them, with new things to see around every corner. Their energy level is high. They like to run and play and touch and taste. They are learning every minute.

**PARENTS LIKE YOU** are busy, too. And, frankly, you can run out of ideas far more quickly than your child runs out of questions. This booklet was created to help busy parents find new things to do with their children this summer.

**NO MATTER WHAT** activity you choose – and we hope you'll find more than a few in here – what's most important to your children is that you're spending time with them. The best activities are interesting for both of you.

THIS GUIDE WAS created by parents like you who participate in the Great Start Family Coalition. The coalition is made up of volunteers dedicated to helping parents connect with the programs, activities, services, and resources available to families with young children. We welcome you to join us.

**YOU CAN HELP** us improve this guide next year by keeping your eyes and ears open when you visit any of these sites. Tell us what you liked and didn't like. Offer your suggestions on what parents should know before they plan a visit. And we'd love to hear your ideas on anything not included that you think should be listed next year.

FIND OUT MORE about the Great Start Family Coalition. RESA's Jennifer Gunderson can answer your questions, and is happy to hear your suggestions. Contact her at 810-455-4443 or <u>gunderson.jennifer@sccresa.</u> org.

**COALITION MEMBERS WHO** helped create this guide: Sara Abalos, Liz Buckley, Veronica Dimick, Jazmin Fleury-Isla, Naomi Lyons, Maureen Webber, and Megan White-Noel.

- The St. Clair County Great Start Family Coalition

Give your child an advantage when it's time for them to start school

## **Great Start Home Visiting**

The Great Start Home Visiting program is all about you, your child, and your family. Our focus is on discussing developmental milestones, identifying delays, and providing parents with knowledge and tools to support child development, and well being. We work with parents to enhance their child's intellectual, language, social, emotional, and physical development from birth to age 5.

#### **Free Services**

As a participating family, you receive all four components of our services:

- Personal visits from a parent educator
- · Participation in early learning group activities
- Network of community resources
- Child health and development screenings

**For more information or questions, contact:** Jennifer Gunderson, Family Liaison/Educator 810-455-4443 • gunderson.jennifer@sccresa.org



#### Early Learning Group Connections

Families can participate in free playgroups that are offered monthly at our Great Start Centers throughout the county. These groups give parents the opportunity to learn and share information on parenting issues and child development. Parents learn from and support each other, observe their child with other children. practice parenting skills and enjoy fun activities together with other children. Groups focus on music and movement, literacy, art, and child development.

#### **Stay Connected**

✓ GreatStartStClair.org
 ⑦ @GreatStartStClair
 Ў @GreatStartStClair
 ∅ /greatstartsc

🛿 RESA 🛛 The Great Start program is administered locally by the St. Clair County Regional Educational Service Agency.

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# ST. CLAIR COUNTY RESA: YOUR EARLY CHILDHOOD PARTNER

RESA coordinates a number of services for the families of children ages 0–5. The Department of Early Childhood Services can also refer families to additional resources, depending on each family's unique needs. Visit the RESA website for information about any of these programs at <u>sccresa.org</u>



#### Early On: Answering questions about your child's development

Early On is Michigan's system of coordinating early intervention services for children birth to age 3 who may have a developmental delay or a medical condition that could lead to a delay.

Growing and learning are your child's most important jobs. Sometimes, parents notice that their baby or toddler does not seem to be at the same stage of development as other children the same age. Identifying concerns can begin at home. Early identification of possible problems can lead to early help so each child can be more successful.

Submit an online referral form at: bit.ly/referralearlyon



#### Great Start Collaborative: Offering support to all parents

The St. Clair County Great Start Collaborative is a partnership of parents, child care providers, service providers, businesses and other community leaders who are committed to giving every child in St. Clair County a great start in life.

#### **Great Start Home Visiting and Early Learning Groups**

Great Start Home Visiting has five FREE centers for St. Clair County families of children ages 0–5. Families can get information on home visits with a parent educator, lending library, developmental milestones and screenings, parenting tips, family resources, and Early Learning Groups.

#### **Great Start Family Coalition**

The Family Coalition works to raise awareness and support for early childhood programming in the community. They give parents who are passionate about childhood issues a way to volunteer in their community.



#### Great Start Readiness Program (GSRP): Helping your child be ready for kindergarten

GSRP is Michigan's state-funded preschool program for 4-year-olds who have factors that may place them at risk. The program uses developmentally appropriate practices in a play-based curriculum with the goal of preparing children to successfully enter kindergarten. The program is free to eligible families. Children must be 4 on or before September 1 of the school year in which they are enrolling.



St. Clair

#### Help Me Grow: Learn more about your child's development

Help Me Grow-St. Clair County connects families to local programs and resources that help children thrive, including parent support, early learning programs such as child care and preschool, developmental information, and home visiting programs.

The program also offers free screenings for all children ages 0–5 that provide insight into a child's development.

Complete the Ages & Stages Questionnaires online at: <u>https://bit.ly/HelpMeGrowSCC</u>



#### Imagination Library: Putting books in the hands of young children

The Imagination Library is a FREE program that provides books to children ages 0–5 in St. Clair County. The program provides registered children a new book each month from the month of birth until their fifth birthday. Each carefully selected book is mailed in the child's name directly to his or her home. Every child age 0–5 years old living in St. Clair County is eligible to register for Imagination Library.

# Visit our online summer calendar of events!

Our online events listing includes information about summer happenings in the Blue Water Area. We update the calendar throughout the summer, so check back often.

Scan the QR code to go directly to the calendar, or visit: https://bit.ly/SFGEvents2024



#### VISIT THESE WEBSITES FOR EVENT INFORMATION

**Blue Water Area Chamber** of Commerce bluewaterchamber.com

**Discover the Blue** bluewater.org

**City of Algonac** cityofalgonac.org

**City of Capac** villageofcapac.com

**City of Marine City** cityofmarinecity.org visitmarinecity.com

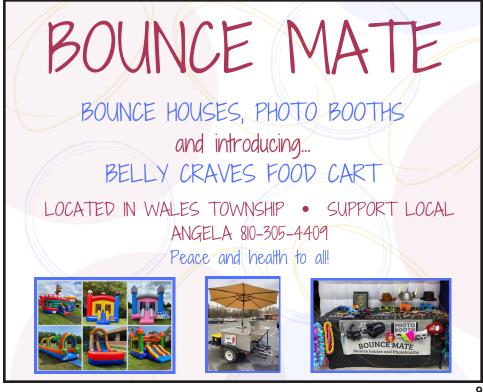
**City of Marysville** cityofmarysvillemi.com **City of Port Huron** porthuron.org

**City of St. Clair** cityofstclair.com stclairrec.com

**Port Huron Recreation Department** porthuronrec.com

**City of Yale** yalechamber.com

YMCA of the Blue Water Area bluewaterymca.com



# BlueWater Parent.com



## BlueWaterParent.com Events Calendar

bluewaterparent.com



News Stories for Families

Guides to Local Resources

Get Connected at BlueWater Parent.com

FREE

**Huge Local Events Calendar** 

# FAMILY-FRIENDLY BUSINESS AWARD

The St. Clair County Great Start Collaborative recognizes county businesses, agencies, and organizations that are "family-friendly." A family-friendly business encourages and supports children and families through its business practices. An example of this may be a doctor's office that provides an area with books or activities for waiting children or a restaurant that offers child-friendly menus, including healthy options.

#### WINNERS

- Four Star Grille
- Donut Girls LLC
- Kate's Downtown
- Raven Café
- Casey's Pizza & Subs
- The Children's Room, St. Clair County Library Main Branch
- Neiman's Family Market
- The YMCA of the Blue Water Area
- Roasted with Perks
- Hippy Dippy Creamery
- Megan Simmons State Farm Insurance Agent





#### Do you know a Family Friendly Business?

You can nominate a business or agency in St. Clair County that you think deserves to be recognized for their family-friendly business practices.

Scan the QR code or go to <u>https://bit.ly/4cSQxEc</u> to make a nomination.









We Partner and Assist Families of Children and Young Adults with Chronic or Complex Medical Conditions.

Program coverage from birth to age 26.

Families of all incomes are eligible including those with other health insurance.

More than 2,700 medial diagnoses are currently covered such as severe asthma, cancer, cleft plate, heart defects, and more.

For Program Eligibility, Call Us at 810-987-6102 or Call the Family Phone Line at 1-800-359-3722



**M** DHHS



#### ADVENTURE PARK

#### **SAWMILL CITY**

5055 Lapeer Rd, Kimball 810-982-5090 sawmillcity.com

Amusement center with water slides, bumper boats, putt-putt golf, gokarts, train rides, batting cages, water wars, bankshot basketball, and more.



### **ARTS & CRAFTS**

#### HOME DEPOT KIDS WOOD PROJECT

4195 24th Ave, Fort Gratiot 810-385-2932 First Saturday of the month, drop-in 9 am-12 pm Cost: Free, but registration required. Sign up at <u>bit.ly/43lhHtq</u> Ages: All ages Child must be present to receive project.

#### LOWE'S WORKSHOPS FOR KIDS

4200 24th Ave, Fort Gratiot 810-385-6600 Cost: Free, but registration is required. Sign up online at <u>Lowes.com</u> Wood craft kit to make and take. Child must be accompanied by an adult.

#### **ST. CLAIR ART ASSOCIATION**

201 N. Riverside Ave, St. Clair 810-329-9576 stclairart.org Hours: Thurs & Fri, 11 am-5 pm; Sat & Sun 11 am-3 pm (if volunteers are available) @ @stclairart Ages: All ages Art classes for adults and youth. Check website and Facebook page for information.

# BEACHES

#### **CHRYSLER BEACH**

1160 River Rd, Marysville Beach and boardwalk. Swim at your own risk. Free.

#### FORT GRATIOT COUNTY PARK

3325 Metcalf Rd, Fort Gratiot Twp. Beach, picnic areas, playground, StoryWalk, and paved walking trails. Free.

#### LAKEPORT STATE PARK AND BEACH

7605 Lakeshore Rd, Lakeport 810-327-6224 Beach, picnic area, campground. Park admission fee.

#### LAKESIDE BEACH

3670 Gratiot Ave, Port Huron Beach, playground, grills. No lifeguard. Parking fee. For parking passes and more information, call 810-984-9760.

#### **LIGHTHOUSE PARK**

2900 Conger St, Port Huron 900 feet of waterfront and beach on Lake Huron with a picnic area. Not recommended for swimming due to the swift current. For parking passes and more information, call 810-984-9760.

#### MARINE CITY BEACH

102 Pearl St, Marine City 810-765-8846 Playground, shady, grassy park next to the beach. Free.

#### FOR BEACH CLOSURES:

Call 877-504-SWIM or check on Facebook: (7) @StClairCountyBeaches



CALL FOR OPEN BOWLING HOURS, COST, AND SHOE RENTAL INFORMATION.

**ST. CLAIR RIVER LANES IN VOYAGEUR** 525 S. Riverside Ave, St Clair 810-329-3331 Open: Weekends only

#### **BOWL O DROME (ZEBRA LOUNGE)**

522 Quay St, Port Huron 810-984-5138 <u>thebowlodrome.com</u> Open: Wed-Sun



#### CALL FOR FEES AND TIMES OF DAILY ACTIVITIES

#### **ALGONAC STATE PARK**

Under construction summer 2024 8732 River Rd, Marine City 810-765-5605 Camping and trails. Park admission fee.

#### **KOA EMMETT**

3864 Breen Rd, Emmett 810-395-7042 RV sites, lodging, tent sites, aqua park, beach, and play area.

#### **KOA PORT HURON**

5111 Lapeer, Kimball 810-987-4070 RV campsites, camping cabins, deluxe cabins, tent sites, train rides, hay rides, shuffle board, beach volleyball, basketball, five playgrounds, two pools, and two pavilions.

#### CAMPGROUNDS WITH PARKS CONTINUED

#### **Lakeport State Park**

7605 Lakeport Rd, Lakeport 810-327-6224 Open: Daily 8 am–10 pm For camping and summer programs, check website at <u>bit.ly/4cHthsY</u>



#### **CALL FOR FEES & TIMES**

#### **BLUERIDGE BLUEBERRY FARM**

16276 Donald Rd, Capac 810-395-2245 Pick your own blueberries. Call for hours and berry conditions.

#### **GREEN THUMB BLUEBERRIES**

455 S. Stringer Rd, Sandusky (4 miles from Drive-In Theater) 810-648-2974 Pick your own blueberries. Call for hours.

#### **City of Port Huron Farmers Market**

Parking lot at the corner of Quay and Merchant streets across from the Port Huron Yacht Club. 810-984-9718 Open: Saturdays, 8 am-2 pm

#### **MARVIN'S GARDEN**

5385 Burtch Rd, Jeddo 810-327-2691 Search: Marvin's Garden Open: August–October Hours: Call or check Facebook Pick your own strawberries, red raspberries, black raspberries, blackberries, and peaches.



#### **CONTINUED FROM PREVIOUS PAGE**

#### MARYSVILLE FARMERS MARKET

Marysville City Park parking lot along River Road across from water treatment facility Open: May-Oct Saturdays, 8-11 am

#### PANKIEWICZ CIDER MILL AND FARM MARKET

10387 Lindsey Rd, Casco 586-727-9051 Fruit and Vegetable Store, Farmers Market, and Donut Shop.

#### **RICKERT ORCHARD**

11036 Metcalf Rd, Brockway 810-387-9638 Apple orchard. Cash or check only.



#### OUTDOOR FITNESS COURT AT MORTON PARK

530 Busha Hwy, Marysville Open: Year-round Ages: 14 and up Seven-station outdoor fitness court with 30 pieces of exercise equipment and a body-weight training wall.





#### **CALL FOR FEES AND TIMES**

#### **ALL AMERICAN FLAMES GYMNASTIX**

2915 Lapeer Rd, Port Huron 810-985-3547 <u>flamesgym.com</u> Ages: 18 months and older.

#### **CRAZY MOVES DANCE STUDIO**

3035 Main St, Emmett 561-374-2860 <u>crazymovesdance.com</u> Ballet, tap, jazz, hip hop, and more for boys and girls. Ages: 2 years to adult.

#### DANCE ACADEMY

4080 Lapeer Rd, Port Huron 810-985-5770

# Fun and Flavor: Activities and Ideas to Enhance your Farmers Market Visit

Scan the QR code or go to <u>bit.ly/3TSC5Um</u> for fun ideas to extend and enhance the learning opportunities for your child before, during, and after a visit to your local Farmers Market.



Lead can cause growth and development delays, and learning problems, in young children.

## Lead can be found in. . .



### What Can You Do for Your Child?

- Wash Hands
- Use Disposable Mop Pads for Floors
- Change Contaminated Clothes
- Eat Healthy Foods
- Know Lead Levels



A lead test is the only way to know if a child has lead in their body.

Testing Call (810) 987-5300

ST. CLAIR COUNT

HEALTH DEPARTI Our Community. Our Envi

# PUT ME TO SLEEP along on MY back in a Crib. BECOME A SAFE SLEEP AMBASSADOR TODAY!

Cribs for Kids® provides safe sleep education in communities. They have a Safe Sleep Ambassador -Educational Outreach Program.

Any organization or person can commit to being an Ambassador!





### LIBRARY SYSTEM, ST. CLAIR COUNTY

A child is never too young for their own library card. Library cards are free and with them children gain access to books, music, movies, and online streaming and educational services. All branches offer free programs and special events for children including ongoing opportunities in early literacy, art, and music. Visit the library website at <u>sccl.lib.mi.us</u> for program details.

Port Huron Main Library 210 McMorran Blvd, Port Huron 810-987-7323 Mon-Thurs: 9 am-8 pm Fri, Sat: 9 am-5 pm

Algonac-Clay 2011 St. Clair River Dr, Algonac 810-794-4471 Mon-Thurs: 9 am-8 pm Fri, Sat: 9 am-5 pm

Burtchville Township 7093 Second St, Lakeport 810-385-8550 Mon, Wed, Fri: 9 am-5 pm Tues, Thurs: 12-8 pm

#### Capac

111 N. Main, Capac 810-395-7000 Mon-Thurs: 9 am-8 pm Fri, Sat: 9 am-5 pm

#### G. Lynn Campbell

1955 N. Allen Rd, Kimball 810-982-9171 Mon, Wed, Fri: 9 am-5 pm Tues, Thurs: 12-8 pm

#### Ira Township

7013 Meldrum Rd, Fair Haven 586-725-9081 Mon, Wed, Fri, Sat: 9 am–5 pm Tues, Thurs: 12–8 pm **Marine City** 

300 S. Parker, Marine City 810-765-5233 Mon-Thurs: 9 am-8 pm Fri, Sat: 9 am-5 pm

#### Marysville

1175 Delaware, Marysville 810-364-9493 Mon-Thurs: 9 am-8 pm Fri, Sat: 9 am-5 pm

#### Memphis

34830 Potter St, Memphis 810-392-2980 Mon, Wed, Fri: 9 am-5 pm Tues, Thurs: 12-8 pm

#### St. Clair

310 S. Second St, St. Clair 810-329-3951 Mon-Thurs: 9 am-8 pm Fri, Sat: 9 am-5 pm

#### Yale

2 Jones St, Yale 810-387-2940 Mon-Thurs: 9 am-8 pm Fri, Sat: 9 am-5 pm

#### Storytime fun at the Library

All library branches host regular Storytime events for preschoolers. To find Storytime days and times go to <u>sccl.lib.us</u>, click on the "Events" tab, and then your local branch.



## MUSEUMS

#### PORT HURON MUSEUMS SITES

phmuseum.org

Admission: Free for Huron Lightship, Thomas Edison Depot, and the Carnegie. **Special exhibits and Fort Gratiot Light Station Tours are not included in Free Admission.** 

Summer Hours: May 27–Sept 15, Daily, 10 am–5 pm. Last entry for tours is at 4 pm. Museum stores are open until 5 pm.

#### CARNEGIE

1115 Sixth St, Port Huron 810-982-0891 Admission: FREE

#### FORT GRATIOT LIGHTHOUSE

2802 Omar St (East end of Garfield St), Port Huron 810-216-6923 Admission: Guided site tour, including tower climb:

- \$10 Adults
- \$7 Students & Seniors (60+)
- \$25 Family Admission (2 Adults and 4 Children)

Tower climb is only available as part of the guided tour. CLOSED TOE SHOES REQUIRED TO CLIMB THE LIGHTHOUSE.

# HURON LIGHTSHIP AT PINE GROVE PARK

800 Prospect Pl, Port Huron 810-984-9768 Admission: FREE

#### THOMAS EDISON DEPOT MUSEUM

510 Edison Parkway, Port Huron (Under the Blue Water Bridges) 810-455-0035 Admission: FREE

#### ALGONAC CLAY HISTORICAL MUSEUM

1240 St. Clair River Dr, Algonac 810-794-9015 Admission: FREE

#### CAPAC COMMUNITY MUSEUM

401 East Kempf Ct, Capac 810-395-2859 Admission: FREE

#### HARSENS ISLAND HISTORICAL MUSEUM

3058 S Channel Dr, Harsens Island Open: June-Sept, Hours: Sat 10 am-3 pm, Sun 12-4 pm Admission: FREE

#### HISTORICAL VILLAGE AT GOODELLS PARK

8345 County Park Dr, Goodells 810-989-6960 Admission: FREE

#### LOG CABIN AND DETROIT URBAN RAILWAY EXHIBIT

4710 Pte. Tremble Rd, Clay Township (Clay Township Office Property) 810-794-9015 Open: Log Cabin Day (last Sunday in June) or by appointment Admission: FREE

#### MARINE CITY PRIDE AND HERITAGE MUSEUM

405 S. Main St, Marine City 810-765-5446 Hours: Sat & Sun, 1–4 pm Open: June–Oct Admission: FREE

#### MARITIME MUSEUM

1117 St. Clair River Dr, Algonac 810-794-9015

#### **MUSEUMS CONTINUED**

MARYSVILLE HISTORICAL MUSEUM 867 E Huron Blvd, Marysville 810-364-6613

#### **RED BRICK SCHOOL HOUSE**

696 Meisner Rd, East China 810-765-8879 Open: June 10, July 8, Aug 12, Sept 9, and Oct 14, 11 am–3 pm Admission: FREE

#### ST. CLAIR COUNTY FARM MUSEUM

8310 County Park Dr, Goodells 810-325-1737 stclaircountyfarmmuseum.org Check website for museum hours and other events.

#### ST. CLAIR HISTORICAL MUSEUM

308 South 4th St, St. Clair 810-329-6888 <u>historicstclair.com</u> Call to make an appointment Admission: FREE

#### WILLS SAINTE CLAIRE AUTO MUSEUM

2408 Wills St, Marysville 810-388-5050 Hours:

- Year round: 2nd Sunday of the month, 1–5 pm
- June–Aug: 2nd and 4th Sunday of the month, 1–5 pm Admission: \$6

# NOT JUST A Box!

Use all those extra cardboard boxes (and some strong tape) to build just about anything. Can you build a castle? A rocket ship? A boat? What else?





# ADVENTURE BEGINS AT THE LIBRARY

# Summer Reading 2024 June 17 - August 17

Looking for something fun to do this summer?

Join your library's Summer Reading Program!

Programs for all ages, from beginning readers to the most experienced! Childrens, teens, & adults

Contact your library for more details!







### NATURE AREAS

#### ALGONAC-OAK SAVANNA TRAIL

810-765-5605 2.4-mile hiking trail that loops through Algonac State Park. Trail can be picked up near campground.

#### **ALGONAC STATE PARK**

810-765-5605 Activities include wildflower viewing, hiking, bird watching, outdoor education, hunting, and fishing.

# ALICE W. MOORE WOODS NATURE SANCTUARY

999 Stratford Rd, St. Clair 517-655-5655 Mature oak-hickory woods with a pond and a 1.5 mile long nature trail.

# FORT GRATIOT NATURE PRESERVE & BIKE TRAIL

4778 Parker Rd, Fort Gratiot 810-385-4489 Approximately 3.4 miles of accessible 8' and 10' paved bike paths.

#### **GREIG PARK NATURE TRAIL**

547 Carney Dr, St. Clair 810-329-7121 1.5 mile nature/interpretative trail through the woods, with planked walkways over the marshy areas.

#### **PINE RIVER STABLES**

1200 Stein Road, St. Clair 586-894-2756 Public horseback riding through 100 acres of rolling wooded trails.

#### PINE RIVER NATURE CENTER

2585 Castor Rd, Goodells 810-364-5477 Over three miles of trails and a universally accessible treehouse.

#### **PLAINS NATURE TRAIL**

1979 Fred W Moore Hwy, St Clair, MI 48079

#### SANBORN NATURE AREA

Adjacent to Sanborn Park 810-984-9760 Features diverse plant and animal life, trails, and bridge.

#### SANBORN PARK MULTI-USE TRAIL

Natural and unpaved trail suitable for walkers, joggers, and bike riders. There is an outside loop for beginning riders and two inner BMX lines for experienced riders.

#### ST. CLAIR COUNTY PARKS & RECREATION TRAILS

810-989-6960

- Beards Hills Recreation Area
- Bridge to Bay Trail
- Wadhams to Avoca Trail
- Woodsong Nature Area
- Columbus Township Park

#### ST. JOHN'S MARSH WILDLIFE AREA

North of the North Channel of the St. Clair River, fronting on Lake St. Clair's Bouvier Bay, Clay Twp Trails, fishing, hunting, and kayaking.

#### STEPHEN M. POLOVICH MEMORIAL NATURE SANCTUARY

Cribbons Rd, Clyde 517-655-5655

#### SUNNY FIELDS BOTANICAL PARK

5444 Welch Rd, Emmett 810-387-2765 <u>visitsunnyfields.org</u> Open: April-Oct by appointment Private botanical park promoting environmental education.



## **Great Start Family Coalition** People working together to give every St. Clair County child a great start

**WE WANT TO HEAR** about your experiences as a parent. Your comments will help us better understand the needs and desires of parents and families in the county.

**JOIN US** to plan activities that support our families and their young children. We meet the second Thursday of most months from 5:30-7 p.m. at the St. Clair County RESA East Campus, 1111 Delaware, Marysville, 2nd floor. Dinner and on-site childcare are available free to those who RSVP.

#### **RSVP TO:**

Jennifer Gunderson, Family Liaison 810-580-8400 • Gunderson.Jennifer@sccresa.org Online: GreatStartStClair.org (Scroll to the "Family Coalition" tab at the bottom)



Join our Facebook Group to connect with other parents, get details about coming events, and read the latest news. Search: Great Start Family Coalition - St. Clair Co.



#### Find us on Pinterest for



age-appropriate activities for your child, parenting information, and more. **Search:** Great Start Family Coalition St. Clair County

# GREAT START COLLABORATIVE

These materials were developed under a grant from the Michigan Department of Lifelong Education, Advancement, and Potential



#### PARKS WITH PLAYGROUNDS

#### **BROCKWAY TOWNSHIP PARK**

Walking trails, fishing dock, playground, picnic tables, grills, park benches, soccer, baseball field.

#### CAPAC YOUTH SPORTS WALKING TRAIL AND PLAYSCAPE

Located on the southwest corner of the Capac Schools campus.

#### **CLAY TOWNSHIP PARK**

On Pte. Tremble Road next to the Clay Township offices and police department Playground, walking path, splash pad, pavilion, sandbox, picnic tables, grills.

#### **COTTRELLVILLE TOWNSHIP PARK**

7008 Marsh Rd

#### EAST CHINA PARK

Located at M-29 and Recor Road "Kid-E-Scape" playground, wooded nature paths, paved bike path, picnic pavilion.

#### FORT GRATIOT COUNTY PARK

Just off M-25 on Metcalf Road on Lake Huron Beach access, restrooms, picnic areas, playground, paved walking trails.

#### FRED MEISELBACH PARK

1539 S. Bartlett, St. Clair

#### **GOODELLS COUNTY PARK**

Historical Village, butterfly garden, picnic pavilion, playground, splash pad.

#### **GRATIOT PARK**

2538 Gratiot Ave, Port Huron Play structure with accessible features, splash pad, basketball court, baby swings

#### **GREIG PARK, ST. CLAIR**

Located on North Carney Dr "Imagination Station" play structure, nature interpretive trails, picnic shelter.

#### **IRA TOWNSHIP PARK**

7085 Meldrum Rd Beyond the library on Short Cut Road Playground, nature trails, furnished picnic tables, grills.

#### **KNOX PARK**

2829 26th St, Port Huron

#### LAKESIDE PARK, PORT HURON

North of Holland and Gratiot avenues intersection Beach access, playground, splash pad, restrooms, picnic areas with tables and grills. Parking fee.

#### **LINCOLN PARK**

2720 South Blvd Port Huron MI

#### MARYSVILLE CITY PARK, MARYSVILLE

Located at Huron and River roads Playground, splash pad, covered picnic area, soccer field, train car for viewing.

#### **MEMORIAL PARK**

344 Beach Rd, Port Huron

#### **OPTIMIST PARK**

1400 Whipple St, Port Huron

#### **CONTINUED ON NEXT PAGE**



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#### **PALMER PARK**

2829 Armour St, Port Huron 810-984-9760 Play structure, swings, baby swings, ball field, basketball court, Gaga Ball pit, Sprout City, Super Slide.

#### **RILEY TOWNSHIP PARK**

At Belle River and Riley Center roads Playground, covered picnic area, basketball courts, grills.

SUTHERLAND PARK 5000 Howard Rd, Smiths Creek

#### WALES TOWNSHIP PARK

1372 Wales Center Rd, Goodells



#### **BARNES & NOBLE BOOKSELLERS**

4325 24th Ave, Fort Gratiot 810-385-4849 <u>barnesandnoble.com</u> Mon-Sat: 10 am-8 pm Sun: 11 am-6 pm

#### **ST. CLAIR COUNTY LIBRARY SYSTEM**

Summer Reading Program Fri June 16–Sat Aug 12 <u>stclaircountylibrary.org</u> OR <u>sccl.lib.mi.us</u> Visit a local branch near you to see how you can get involved or visit the library website for program details.

#### **FREE LITTLE LIBRARIES**

Boxes where anyone may take or bring a book to share. For a list of little libraries throughout St. Clair County: <u>https://bit.ly/3u51TOw</u>



ALGONAC SKATE PARK 407 Clay, Algonac

#### FAMILY FUN AND SKATE

1080 Wadhams Rd, Kimball 810-367-4387 familyfunandskate19.biz

#### **GLACIER POINTE ICE COMPLEX**

4150 Dove Rd, Port Huron 810-364-9797

#### LAKEPORT STATE PARK

7605 Lakeshore Rd, Lakeport

#### MARYSVILLE SKATE PARK

596 Busha Hwy, Marysville

#### MCMORRAN PLACE

701 McMorran Blvd, Port Huron 810-985-6166

#### **OPTIMIST SKATE PARK**

1400 Whipple St, Port Huron

#### **ST. CLAIR BMX AND SKATE PARK**

860 Carney Dr, St. Clair All-terrain dirt track (pedal bikes only), skate pad, modular skate components, and a unique piece of skateable art.



#### **Huron Lady II Cruises**

102 Huron Äve, Port Huron 810-984-1500 For prices and times, visit: <u>huronlady.com</u> Open: May 25-Sept 29 Hours: Daily, 10 am-2 pm Daily narrated sightseeing cruises on the St. Clair River and Lake Huron.



### SPLASH PARKS AND POOLS

BLUE WATER YMCA (Indoor) 1525 Third St, Port Huron 810-987-6400 bluewaterymca.com

#### **ST. CLAIR COMMUNITY COUNTY POOL** (Outdoor) 715 Orchard St, St. Clair 810-329-7121

#### **CLAY TOWNSHIP SPLASH PAD**

4768 Pointe Tremble Rd, Algonac 810-794-9303 Admission: FREE

#### **COURT STREET POOL** (Outdoor)

2025 Court St, Port Huron 810-984-9765

#### GOODELLS COUNTY PARK SPLASH PAD

8345 County Park Dr, Goodells 810-989-6960 Open daily 10 am-8 pm Admission: FREE

#### LAKESIDE PARK SPLASH PAD

3870 Gratiot Ave, Port Huron 810-984-9760 Open: Daily, 11 am-7 pm Admission: FREE, but there is a parking fee. Free street parking nearby.

#### MARYSVILLE HIGH SCHOOL POOL

(Indoor) 555 East Huron Blvd, Marysville 810-455-1302 Open: Mon-Thurs, 6:30-8:30 pm

#### MARYSVILLE SPLASH PAD

1440 River Rd, Marysville Located in Marysville City Park Admission: FREE

#### ST. CLAIR HIGH SCHOOL POOL

(Indoor) 2200 Clinton Ave, St. Clair 810-329-6691

#### SANBORN POOL (Outdoor)

1919 Sanborn St, Port Huron 810-984-9764

#### STEBBINS FAMILY SPLASH PAD AT KNOX PARK

Located at 24th and Dove streets Open: Daily 11 am–7 pm Admission: FREE

#### Make a Healthy Splash: Stay Healthy and Safe in Splash Pads

Splash pads are a fun and refreshing way for families to enjoy the outdoors, especially on hot summer days. Here are some tips to ensure a safe visit:

- Always supervise children while they play.
- Familiarize yourself with posted rules and regulations.
- Apply sunscreen before your visit and reapply after swimming or sweating. Consider wearing sunprotective clothing.
- Bring plenty of water to keep everyone hydrated.
- Watch out for slick areas and remind your child not to run and walk carefully.
- Wash your hands before and after your visit and remind your child not to drink water from the splash pad.



# Where Big Dreams Begin Little

Whatever your expectation, we know you will love your dance experience at the Dance Academy. You will walk in, but dance out!



### Summer Six Week Classes



(ages 6 months through adult) Technique classes Barre classes Princess camps mester begins September 2

Fall semester begins September 2024 and ends in a beautiful spring recital.

#### Thank you for your support!



Best Dance Studio/School Best Locally Owned Business

4080 Lapeer Port Huron, MI 48060

thedanceacademyporthuron.com



The Dance Academy Port Huron

# THINGS TO DO: EARLY LEARNING GROUPS



### **GREAT START EARLY LEARNING GROUPS**

Families of children ages 0–5 can participate in free playgroups that are offered weekly at our Great Start Centers throughout the county. These groups give parents the opportunity to learn and share information on parenting issues and child development. Parents learn from and support each other, observe their child with other children, practice parenting skills and enjoy fun activities together with other children. Groups focus on music and movement, literacy, art, and child development.

Families are asked to choose just one group location to attend. Some groups move to outdoor locations during the summer. Text or call for more information and schedule.

#### MONDAYS, 10–11 am Ft. Gratiot-Lakeshore Presbyterian Church

5235 Lakeshore Rd, Fort Gratiot Questions: Call or text Bre at 313-414-1957

#### MONDAY ONE-TIME PER MONTH, 10:30-11:30 am Sunrise PACE

5229 Lakeshore Rd, Fort Gratiot Questions: Call or text Bre at 313-414-1957

#### TUESDAYS, 10–11 AM Pte. Tremble Early Childhood Center

9451 Phelps Rd, Clay Township Questions: Call or text Deb at 810-650-2102

#### WEDNESDAYS, 9:30–10:30 am Farrell-Emmett Elementary School

3300 Kinney Rd, Emmett Questions: Call or text Bre at 313-414-1957

#### WEDNESDAYS, 11 am–12 pm Capac Elementary School

351 W. Kempf Ct, Capac Questions: Call or text Bre at 313-414-1957

#### WEDNESDAYS OR THURSDAYS, 10–11 am

#### RESA East Campus

1111 Delaware Ave, Marysville Questions: Call or text Jen at 810-580-8400



# THINGS TO DO: OUTDOOR STORYWALKS

### STORYWALKS

A StoryWalk is an innovative and fun outdoor activity that combines the joy of reading with the pleasure of walking in nature. Along a designated trail, a set of free-standing panels placed at intervals feature pages from a children's

picture book. As families walk along the trail, they can enjoy the story unfolding before them, page by page. StoryWalks offer a unique way to engage children in reading while encouraging physical activity and exploration of the outdoors. Different books are featured at each local StoryWalk and are changed throughout the year.

#### LOCATIONS:

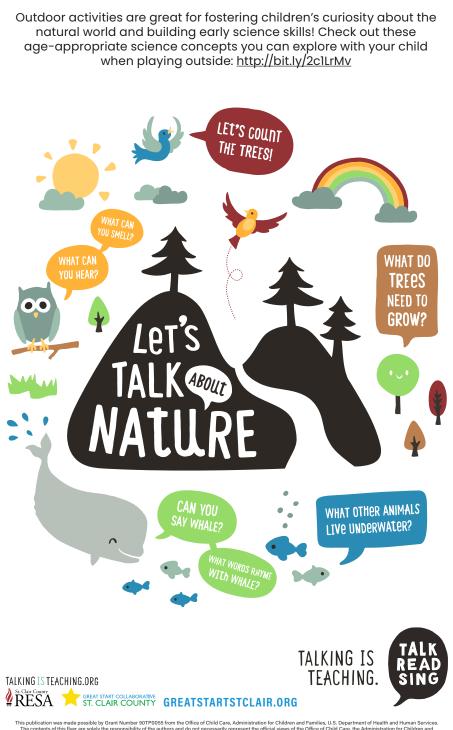
FORT GRATIOT COUNTY PARK 3325 Metcalf Rd, Fort Gratiot Twp.

MARYSVILLE CITY PARK 801 E. Huron Blvd, Marysville

**PINE RIVER NATURE CENTER** 2585 Castor Rd, Goodells







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# THINGS TO DO: WEBSITES & APPS TO EXPLORE



### **ACTIVITIES ON THE INTERNET**

#### 1,000 HOURS OUTSIDE

Playing outside promotes developmental and health benefits. This website provides resources and inspiration for getting outside. 1000hoursoutside.com

#### ABCYA

Offers hundreds of fun, engaging preschool through 5th grade learning activities. Free on any desktop computer. A subscription is required for use on tablets and mobile devices. abcya.com

#### **COSMIC YOGA**

Cosmic Kids Yoga is all about making yoga and mindfulness fun for kids. cosmickids.com

**DuoABC (App)** Educational learning app that offers immersive lessons to teach preschool to first grade kids to learn and love to read. abc.duolingo.com

#### **GO NOODLE**

Go Noodle videos get kids moving to be their strongest, bravest, silliest, and brightest selves. family.gonoodle.com

Khan Academy Kids (App) Free educational app for children ages 2-8, including kids books, reading games, and math activities. learn.khanacademy.org/khanacademy-kids/

#### THE LAURIE BERKNER BAND CHANNEL

Includes lots of music videos and fun things for your family to watch. voutube.com/user/ TheLaurieBerknerBand

#### NATIONAL GEOGRAPHIC KIDS

Educational games, videos, and other activities centered mainly on animals and the natural world. kids.nationalgeographic.com/

#### **PICKLE BUMS**

This website provides a variety of fun activities. Download free templates for easy at-home crafts. picklebums.com

#### PBS KIDS

Educational games and videos from Curious George, Wild Kratts, and other PBS KIDS shows. pbskids.ora

#### **READING BRIGHT START**

Includes milestones, a literacy screener, and activities supporting parents and children of different ages and levels. readingbrightstart.org

#### **READING ROCKETS**

Reading Rockets offers information and resources on how young children learn to read, why so many struggle, and how caring adults can help. readingrockets.org

#### SCRATCH

Scratch is a free programming language and online community where you can create interactive stories, games, and animations. scratch.mit.edu/

#### SUPER SIMPLE SONGS

YouTube channel streaming animated videos of traditional nursery rhymes and original children's songs. supersimple.com

# THINGS TO DO: GET COOKING

# In the Kitchen

Cooking helps children learn and practice basic math concepts, build language skills, and strengthen motor skills. The experience of creating meals with you can build their confidence and encourage picky eaters to try new healthy foods.

Here are a few cooking jobs kids can do: (Help them feel safe. Stay nearby!)

- Cut soft foods with a plastic knife
- Wash vegetables and fruit
- Sort and put away food items
- Tear lettuce
- Arrange food on serving dishes
- Wipe counters and table
- Wash unbreakable items
- Help measure ingredients
- Sift dry ingredients
- Stir and spread, and pour
- · Get ingredients from the pantry or refrigerator
- Set a table
- Make a centerpiece



### D KID'S CRUNCH MIX

#### Ingredients:

- 1 cup animal crackers
- 1 cup bear-shaped crackers
- 1 cup mini pretzels
- 1 cup peanuts
- 1 cup M&M's, chocolate chips, mini marshmallows, yogurt-covered raisins or whatever other fun snack you have in your cupboard.

Directions:

- 1. Have your child scoop and pour ingredients into a measuring cup.
- 2. Pour into a larger bowl and mix.
- 3. Serve in a small fun bowl, ice cream cone, or colorful paper muffin cup.

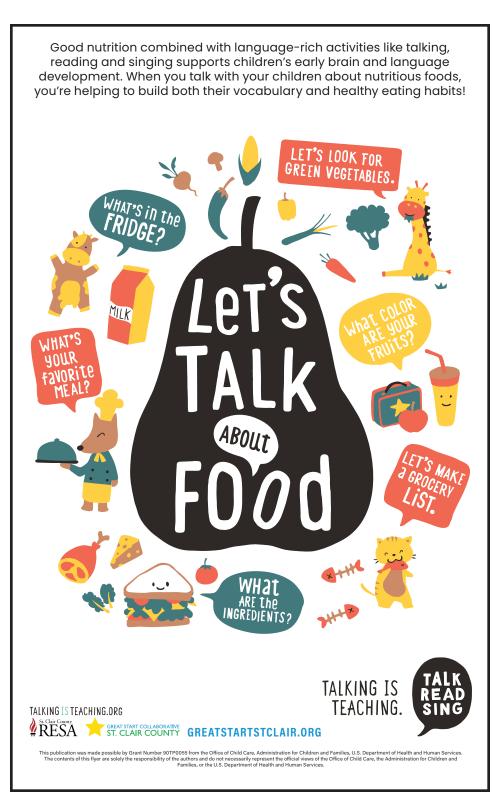
## BANANA PANCAKES

#### Ingredients

- 3/4 cup old-fashioned or quick oats
- 1 ripe banana
- legg
- Pinch of cinnamon
- 1/4 cup milk (any type will work)

#### Directions:

- 1. Have your child chop up a banana using a butter knife.
- 2. Place all ingredients into a blender and blend until smooth.
- 3. Pour 1-2 tablespoons batter onto a warm, greased skillet.
- 4. Cook until the batter starts to form little bubbles, and you can easily get under the pancake with a spatula.
- 5. Flip the pancake and cook for another 1-2 minutes or until the pancake is cooked through.
- 6. Serve whole or cut up with fruit or nut butter.



# Create epic summer memories with your crew on the iconic

# **Huron Lady II**

# Join us for... DAILY SIGHTSEEING FIREWORKS STURGEON FEST

# **90-MINUTE** PUBLIC CRUISE RATES

Adults **\$28** Seniors **\$26** Kids 5 to 12 **\$13** Kids under 4 **\$1**  Scan to Buy Tickets:



huronlady.com · 810.984.1500

# THINGS TO DO: INDOOR ACTIVITIES

# Ideas for a Rainy Day

#### Arts & Crafts

- Make playdough or moon dough
- Google "How to draw..."
- Turn a cardboard box into a car, rocket, or boat
- Make a dollhouse or a whole town inside a cardboard box
- Paint with marbles or fingerpaint
- Make puppets out of paper bags or old socks. Put on a puppet show
- Make flowers out of coffee filters
- Learn origami
- Make friendship bracelets
- Build things with grapes and toothpicks
- Make "stained glass" with contact paper
- Try symmetry drawing
- Create with Perler beads
- Try papier mache
- Paint flower pots
- Make a fairy garden
- Make bookmarks
- Paint on construction
   paper with water
- Make art with crayons and a blowdryer
- Try paper weaving
- Make crafts with toilet
   paper rolls

### Fun & Games

- Play board games
- Play hide and seek
- Play Duck, Duck, Goose
- Play Mother May I?
- Hold a treasure hunt
- Play balloon tennis
- Have a paper airplane competition
- Play Red Light, Green Light
- Make a kid escape room

#### Sensory Play

- Make an oil and water sensory bag
- Make a sensory tub with dried beans, rice and peas
- Play in a sink of water

# Science

- Make a volcano
- Make elephant
   toothpaste
- Put a bar of Ivory soap in the microwave
- Make a tin can telephone
- Learn a magic trick
- Make rock candy

### Get Cooking

- Bake together
- Make banana splits
- Have a "Chopped"
   cooking showdown
- Have an indoor picnic



- Make a fort
- Sort cars, trains, or dinos by color
- Play hospital or vet with dolls or stuffed animals
- Have a toy car wash
- Go camping indoors
- Make a play food restaurant
- Play with water beads
- Take a bubble bath
- Build a tall tower out of anything
- Make an I-spy bottle
- Make a pom-pom kitchen
- Make balloon rockets
- Play with stickers
- Play with flashlights in the dark
- Make an at-home spa
- Create an indoor
   obstacle course
- Play indoor bowling
- String beads
- Sort buttons
- Make LEGO mosaics

# Community First Health Centers Improving the quality of life for our community.



# Here for every stage of life

Here to offer you a range of health care and support services!

Primary Care & Women's Health Services: Our primary care team is lead by a team of family care experts ready to coordinate your health care needs through any stage of life. Our Women's Health Services provide obstetric and gynecological care for women from early adolescence to post menopause. Providers available at offices in Port Huron, Algonac and New Haven.

*Dental Care:* Our Dental team supports even the smallest patients as they develop! Our state of the art dental facility will help you with your oral health care needs, whether it's your first tooth or you're a seasoned brusher. Our dental offices are in Port Huron and New Haven.

Maternal Infant Health Program (MIHP): The Matemal Infant Health Program is a home visiting program for qualifying pregnant women and infants. We provide information and support about having a healthy pregnancy and baby. Services include help with prenatal care, family planning, infant care and development, and community referrals.

Women, Infant & Children (WIC): WIC is the nation's most successful supplemental nutrition program, providing access to healthy food options for pregnant women, infants and children through an EBT card.

Learn more today! Online: www.CommunityFirstHC.org By Phone: 586-749-5173

Community First hc.org

## THINGS TO DO: INDOOR ACTIVITIES

# Ideas for a Rainy Day

### Movement & Music

- Form a rock band
- Practice yoga
- Make a ball pit in a laundry basket
- Jump on bubble wrap



- Visit the library
- Learn some words in sign language
- Make a reading cave, and read in the dark with flashlights
- Write a book
- Create a family newspaper
- Write a letter and mail it
- Have an alphabet scavenger hunt
- Write with shaving cream
- Create a comic strip
- Look up some jokes
- Solve some riddles
- Play sight word games

### AND FINALLY...

 Have some snuggle time









# **FREE Visits for Pregnant Women & Babies**

4

We make sure pregnant women are on the road to a healthy pregnancy with positive birth outcomes.

We help babies meet growth and developmental milestones.

We provide referrals based on individual needs to services and programs in the area.



3415 28th Street Port Huron, MI 48060

## THINGS TO DO: MAKE IT YOURSELF

### MS. JEN'S AWESOME PLAY DOUGH

Ingredients and Tools:

- 2 cups flour
- 1 cup salt
- 1 Tablespoon vegetable oil
- 2½ teaspoons cream of tartar
- 2 cups cold water
- Food coloring (enough to create desired color)
- Wooden board
- Plastic bag or container

### Directions:

- In a medium saucepan, mix together the flour, salt, vegetable oil, cream of tartar, water and food coloring.
- 2. Cook uncovered over medium heat for 7-10 minutes. Stir constantly until the dough forms a large clump and is extremely difficult to stir or turn over (like your "arm is about to fall off" hard to stir!)
- 3. Knead the dough. The kids can help with this part!
- 4. If you store the play dough in a plastic bag or airtight container, it will stay soft and last for years.

### COLOR MIXING SENSORY JAR

Ingredients:

- Water
- Food coloring or liquid watercolor
- Mineral oil
- Water bottle

### Directions:

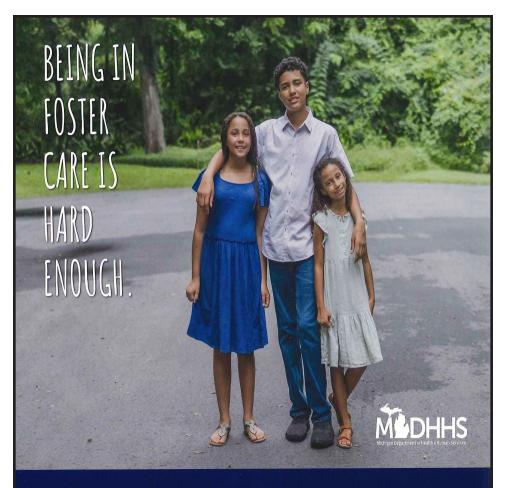
This sensory bottle is half colored water and half mineral oil. The mineral oil keeps the water clear. Other oils can be substituted, but will change the coloring.

- 1. Fill the bottle half way with water and food coloring (cake decorating gel works best).
- 2. Add the mineral oil.
- 3. Shake and watch!



Follow our Pinterest page for more fun ideas. SEARCH: Great Start Family Coalition St. Clair County or @gsfcscc





Separation from siblings can make the experience even more difficult. Become a foster parent to keep siblings together and help preserve life's longest relationships.

To learn more about foster care in Michigan, text "MDHHS FOSTER" to 468-311.

1-855-MICHKIDS



MICHIGAN.GOV/HOPEFORAHOME

The Michigan Department of Health and Human Services (MDHHS) does not discriminate against any individual or group on the basis of race, national origin, color, sex, disability, religion, age, height, weight, familial status, partisan considerations, or genetic information. Sex-based discrimination includes, but is not limited to, discrimination based on sexual orientation, gender identity, gender expression, sex characteristics, and pregnancy.

MDHHS-Pub-1719-B (6-23)

### THINGS TO DO: OUTDOOR ACTIVITIES

# Neighborhood Scavenger Hunt

LEAF	WATER	SAND	BIRD	FLOWER
FLYING BUG	ROCK	BUG	SWING	BUTTERFLY
MAILBOX	FENCE	SOMETHING YOU THINK IS A TREASURE	STOP SIGN	TREE
CAR	ВІКЕ	DOG	BALL	PINECONE
SOMETHING FUZZY	SOMETHING BUMPY	A PIECE OF LITTER	SOMETHING COLORFUL	SQUIRREL

# LET'S GET MOVING!

When you're stuck indoors, moving and dancing can help get everyone's wiggles out. It's also a great way to keep our bodies healthy and strong!

### FAMILY DANCE Party

Turn on some music and have fun dancing together. You can even dance from room-toroom in a conga line. Stop the music every once in a while to play "Freeze Dance!"

### RED LIGHT, GREEN LIGHT

Find an open area. When you say "green light," your child has to run fast, then stop when you say "red light." Allow your child to say "red light, green light" for you to stop and move, too!

# ANIMAL MOVES AND GROOVES

Take turns pretending to move like different animals and guess which animals they are!

TALKING IS TEACHING.ORG

### INDOOR ACTIVITIES KIT

Scan the QR code or go to <u>https://bit.ly/4aJrXE3</u> for 10 ways you can talk, read, sing, and play your way through the day with items you already have on hand.





RESA T STAT COULABORATIVE GREAT START COLLABORATIVE GREAT START STCLAIR.ORG

## THINGS TO DO: TAKE THE MESS OUTDOORS



### **RAINBOW RICE SENSORY BIN**

Ingredients:

- 1 cup of inexpensive long grain rice
- ½ teaspoon vinegar
- Several drops of liquid food coloring
- Large zipper storage bag
- Large shallow bin with a top

Directions:

- 1. Pour a cup of rice into a zipper storage bag
- 2. Add several drops of food coloring into the bag
- 3. Drizzle  $\frac{1}{2}$  tsp of vinegar over the rice
- 4. Close the bag, hold the seal firmly, and shake to combine ingredients
- 5. Spread each batch of colored rice out onto a plate or baking sheet to dry (place rice trays in the sun to dry faster)
- 6. Add to a large bin and include anything from measuring cups to spoons, funnels, sifters, and cars, and play!
- 7. Sensory rice play encourages learning through exploration, curiosity, problem solving, and creativity.



Ingredients:

- Smooth flat rocks
- Paint or water and brushes

Directions:

- 1. Wash and dry the rocks.
- 2. Design and paint your rock (Water or washable paint works great for younger children. Acrylic paints work best for bigger kids.)
- 3. Let it dry. (For water-painted rocks, after the water dries, you can keep painting.)
- 4. Have fun with your painted rocks and hide them around your neighborhood for friends to find.







This publication was made possible by Grant Number 90TP0055 from the Office of Child Care, Administration for Children and Families, U.S. Department of Health and Human Service The contents of this flyer are solely the responsibility of the authors and do not necessarily represent the afficial views of the Office of Child Care, the Administration for Children and Families, or the U.S. Department of Health and Human Services.

## THINGS TO DO: OUTDOOR ACTIVITIES

## WATER SPRAY BOTTLES

Materials:

- Water
- Spray bottles
- Added fun: food coloring

Directions:

- 1. Get some old spray bottles and fill them with water.
- 2. Make patterns on outdoor walls, fences or sidewalks with the water spray.



3. Try adding food coloring to the water for added fun (and mess!). This is a great fine-motor activity for little ones.



### Materials:

- Recycle bin boxes and containers
- Tape
- Markers
- Glue

### Directions:

Let your kids create, glue, build, paint and decorate structures, creatures, flowers, and more with items rescued from the recycling bin





### Materials:

- Pots, pans, and bowls
- Kitchen utensils
- Natural materials such as pine cones, grass, sticks, and rocks
- Sand or mud

### Directions:

Let your children use the outdoor environment to create an outdoor kitchen. Let them cook, bake, serve, and pretend to eat their creations





# FEELINGS!

Make funny faces and use words to label them. Say things like "We're smiling because we're so happy! What about a frown? How do you feel?"

**#TALKINGISTEACHINGTIPS** 





## THINGS TO DO: LANGUAGE AND LITERACY



### **BACK-AND-FORTH CONVERSATIONS**

Beginning at birth, babies can be part of back-and-forth communication with their loved ones. Families support children's language when they turn babies' coos and toddlers' talk into conversations by:

- · Looking at their baby when they coo
- Copying and adding to their children's sounds and words
- Translating children's actions and sounds into words
- Asking questions
- Waiting for answers
- Keeping the conversation going





### Talk, Point, and Sing

Scan the QR code to learn more

### FUN WITH BOOKS AND STORYTELLING

Babies and toddlers who share books and listen to stories with their families have stronger language and literacy later in life. You can help build these skills by:

- Reading books with babies and toddlers from birth
- · Looking at and talking about picture books
- · Telling stories out loud
- Using books as prompts to talk, sing songs, and share memories



### Read and Discuss Stories

Scan the QR code to learn more



### ST. CLAIR COUNTY'S SCHOOL-BASED CLINICS

Keep Your Children Healthy this Summer!

## SERVICES OFFERED:

- Sports/Camp Physicals
- Counseling
- Immunizations
- Medical Care

Serving St. Clair County's Youth for Over 38 Years!

## LOCATIONS:

TEEN

- Algonac \*NEW
- Capac
- Marysville
- Port Huron-Teen Health

CALL TODAY!

(810) - 987 - 1311

ZONE

• Yale \*NEW

# A better future starts with Help Me Grow



Help Me Grow<sup>®</sup>

### Help Me Grow connects families to:

- Resources and referrals
- Home visiting services
- Parent phone line
- Developmental information

### Learn more about your child's development

Help Me Grow-St. Clair County offers free screenings for all children ages 0–5 that provide insight into your child's development.



Scan the QR code to complete the Ages & Stages Questionnaires

For more information go to: www.helpmegrow-mi.org/stclaircounty

# THINGS TO DO: Road Trip Entertainment

Long road trips can be challenging, and children, especially young ones, can get bored easily in the car. While the simple solution is to turn on a movie or give them a tablet, there are plenty of ways to keep the ride screen-free. Interactive games tailored to the passing scenery can help pass the time and add excitement to the trip.





Decide who starts. The player who starts picks an object that everyone can see and offers a clue. For example, a player might choose a road sign and say, "I spy with my little eye something blue." Players take turns calling out guesses until someone gets the right answer. The first person to guess correctly goes next.



### ALPHABET HUNT

Challenge your child to find letters on road signs, license plates, store signs, and billboards from A to Z. Start with A and work through the alphabet until you find every letter in order. Teach your child tricks to find all the letters, tough ones like Q, X, and Z (Hint: these letters are more common on license plates).



### ONCE UPON A TIME

Create a story together. Pick a person to start the story. The following person continues the story by saying a word, phrase, or sentence. The next person continues the story until each person has had 2-4 turns, and you have one long story.



Print out a map of your travel route or buy a state paper map and let your child follow along. Mark off your stops along the way with a star so your child can see how far there is to go. Add in a toy car for some pretend driving fun.

# **Receive free children's books**

## Dolly Parton's Imagination Library for children age 0–5



# Help us make a difference in the lives of St. Clair County's youngest children

Bringing books into the homes and lives of youngsters would not be possible without the contributions we receive from generous donors. Just \$25 provides one child a book a month for one year. Every gift we receive no matter how small—is greatly appreciated.

> To make a donation, visit <u>tinyurl.com/ILdonate</u> or call (810) 455-4015.

# Set your child up for success.

# **Quality Preschool** Now Enrolling 2024-2025

### THE MAJORITY OF 4 YEAR OLDS QUALIFY - FOR FREE!

Program Features:

- Healthy meals and snacks provided
- Smaller class sizes
- Qualified teachers
- Safe and welcoming environment

### Call for info: 810-455-4009



Child must be 4 years old by Dec. 1



### SCCRESA.org







These materials are funded through a grant provided by the Michigan Department of Lifelong Education, Advancement, and Potential



# STAY CONNECTED

Stay up-to-date on the latest Great Start news, programs and events:



Facebook: Help Me Grow St. Clair County



Instagram: helpmegrowstclair



Pinterest: pinterest.com/greatstartsc



Website: www.GreatStartStClair.org



e-newsletter: bit.ly/GSCnewsletter

The Great Start Program is administered locally by:



REGIONAL EDUCATIONAL SERVICE AGENCY 499 Range Road, PO Box 1500, Marysville, MI 48040 810-364-8990 • sccresa.org

APRIL 2024

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