

OSARK

May JUNIOR HIGH Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

1

Scrambled Eggs
Cereal
Cinnamon Toast
Sliced Apples
Fruit Juice
Milk

2

Cinnamon Roll
Parfait and Muffin
Cereal
with Yogurt
Banana
Fruit Juice
Milk

3

Biscuit & Gravy
Cereal
Sausage Patty
Applesauce
Fruit Juice
Milk

6

Breakfast Quesadilla
Cereal
Toast
Grapes
Fruit Juice
Milk

7

Apple Crumb Cake
Parfait and Muffin
Cereal
with Yogurt
Orange Wedges
Fruit Juice
Milk

8

Breakfast Nachos
Cereal
with Cinnamon Toast
Sliced Apples
Fruit Juice
Milk

9

Cherry Sweet Roll
Parfait and Muffin
Cereal
with Yogurt
Banana
Fruit Juice
Milk

10

Biscuit & Gravy
Cereal
Sausage Patty
Applesauce
Fruit Juice
Milk

13

Glazed Donut
Cereal
Toast
Grapes
Fruit Juice
Milk

14

Breakfast Cookie
Parfait and Muffin
Cereal
with Yogurt
Orange Wedges
Fruit Juice
Milk

15

Colby Omelet
Cereal
Toast
Sliced Apples
Fruit Juice
Milk

16

Pancake on a Stick
Parfait and Muffin
Cereal
with Cinnamon Toast
Banana
Fruit Juice
Milk

17

Biscuit & Gravy
Cereal
Sausage Patty
Applesauce
Fruit Juice
Milk

20

Pancakes
Cereal
with Toast & Jelly
Grapes
Fruit Juice
Milk

21

Blueberry Brkfst Cake
Cereal
with Toast & Jelly
Orange Wedges
Fruit Juice
Milk

22

Fruit Nachos
Cereal
with Cinnamon Toast
Sliced Apples
Fruit Juice
Milk

23

Biscuit & Gravy
Cereal
Sausage Patty
Applesauce
Fruit Juice
Milk

This institution is an equal opportunity provider. This menu is subject to change.

Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$2.30

Single milk purchase for breakfast, lunch or snack is \$.45.