

PINE-RICHLAND RAMPAGE

Thursday January 25th, 2024 № 8 "Delivering High School News...one page at a time."



Out with the Old, in with the New:

Read about PR's Green Gym's Renovation



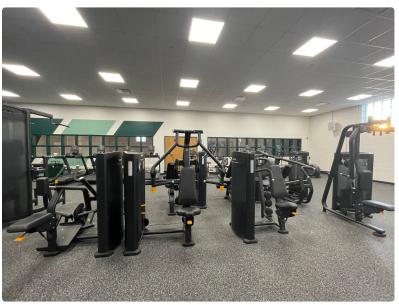
ADDISON BARNES DESIGN EDITOR



Weight Rack, first floor, fitness area All photos taken by junior Addison Barnes

"As a PE teacher, it is very neat to have a whole unit on strength training. My students have been the only ones who has been able to use the equipment, and they seem to be much more in interested now in working out because of all the new equipment."

- Mr. Bashioum



On January 16th, the new green gym opened its doors to all students. The first floor is split so that guys and girls can practice wrestling at the same time, yet still be able to be in a safe, comfortable environment. The new fitness area is absolutely beautiful. There is a nice variety of different machines that students can use, and it is perfect for anyone to start their fitness journey.

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Jan. 26 - Feb. 1







JA	N.	26
HI	GH	: 51

HIGH: 45

Low: 36

HIGH: 40

HIGH: 36 Low: 28 Low: 29

HIGH: 36

Low: 28

HIGH: 38 HIGH: 43 Low: 31 **Low: 32**





Girls' Wrestling First Tournament: Insight on the New Fight

FRANCESCA GUZZY STAFF WRITER

The new girls' wrestling team's first tournament was Saturday, December, 9th. The tournament took place at Butler Junior High, with the team going over together from the high school. Eight girls attended the tournament and

two extra attended to support. To get pumped up over the tournament, the girls braided each other's hair, listened to music, and stretched.

When they arrived at Butler High, there were four mats, and the boys competed before so they had to wait until they were mostly done to start. The competition allows for the lightest weight classes to compete first, then the heaviest. There was a mat schedule online so the athletes could see where their next match was. There is a 30-minute break between a match and when a person could wrestle again. The matches were organized in an elimination bracket, where if you lost you could get up to 3rd place.

During the event freshman Ella Fineburg said, "A lot of people disagree with the refs but there is nothing you can do. A few times a girl would perform an illegal move like a choke and it wouldn't be called. Also, there is supposed to be a 30 minute

break in between a match, but they would put girls back out after 15 minutes sometimes, which was very frustrating because it's against the official rules." This along with it being the team's first tournament, caused severe frustration towards the team due to the lack of communication between the refs and the wrestlers. At the end of the event, due to it being a weight class sport, there were different champions for each weight class, meaning there were different winners for all weight classes.

The overall team ranking was 1.) North Allegheny, 2.) Hickory, 3.) Connellsville, 4.) Trinity, and 5.) Seneca Valley. PR finished 12 out of 21.



The PRGW team in a circle holding hand before the match. Photo by Ella Fineburg.

GUIDANCE NEWS:

-The following scholarships, contests and workshops are now available, stop in the guidance office or check on Naviance under Colleges tab, scholarship list:

Virtual College Planning Night, check e-mail for registration: **Date**- January 30, 2024
Princeton University annual "Princeton Prize in Race Relations": **Deadline**- January 31, 2024
Magee-Women's Research Summer Internship Program: **Deadline**- January 31, 2024
Pitt Dental Medicine's Dental Assistant Apprenticeship Program: **Registration Opens**- February 1, 2024
PACAC scholarships: **Deadline**- February 1, 2024

PACAC scholarships: **Deadline**- February 1, 2024 Pittsburgh National College Fair: **Date**- February 7, 2024

Trib Total Media Scholarship for Diversity in Media: Deadline- February 14, 2024

Portersville Christian School, Portersville, PA. hosting Western PA Christian College Fair: **Date**- Monday, February 26, 2024, from 6pm-8pm

Berkshire Hathaway HomeServices: Trade School and College Scholarship program: **Deadline**- March 1, 2024

National Italian American Sports Hall of Fame Scholarship: **Deadline**- March 1, 2024

The First Commonwealth Bank Scholarship program: **Deadline**- March 1, 2024

Horatio Alger National Scholarship Program: **Deadline**- March 15, 2024 UCB offering 33 one-time scholarships: **Deadline**- March 15, 2024

17th Annual Create-A-Greeting Card \$10,000 contest: **Deadline**- March 24, 2024

EQT Energize Your Education Scholarship: **Deadline**- March 31, 2024

The Epilepsy Foundation of Western Pennsylvania scholarships: **Deadline**- April 1, 2024

Pittsburgh History & Landmarks Foundation 2023 Landmarks Scholarship Award: **Deadline**- April 16, 2024 The U.S. Merchant Marine Academy virtual admissions Q&A sessions for the U.S. Merchant Marine Academy:

Check student e-mail





Navigating an AP Schedule: Junior Reflects on Classes

ANARELLA PENA STAFF WRITER

Hey fellow students! If you're a high school junior or senior, chances are you've heard about the infamous Advanced Placement (AP) classes. Maybe you're already enrolled in one, or perhaps you're considering taking the plunge into the world of accelerated academics. Well, buckle up, because AP classes are a rollercoaster ride of challenges and excitement that will leave you both exhilarated and exhausted.

Counter clockwise from far left- juniors Tessa Rogers, Lizzy Brough, Prisha Daraan, and Jake Pazin.

One of the most popular AP courses for juniors is AP United States History (APUSH), a class that takes you on a big tour of America's past. From the colonial era to the present day, you'll dive deep into the intricacies of historical events, political movements, and cultural shifts. Sure, it might sound intimidating at first, and there may be a BUNCH of content, but trust

me, once you get past the initial shock, you'll find yourself on an intellectual adventure like no other.

The thing about AP classes is that they're designed to push you to your limits. AP classes demand dedication, time management, and a genuine passion for the subject matter. APUSH, for instance, will have you dissect primary

sources, analyze historical arguments, and form your own opinions on the events that shaped our nation. But fear not! The hard work pays off in the form of critical thinking skills, a broader perspective on history, and the ability to write essays that would make even the Founding Fathers proud. Yes, the workload is heavier, and the expectations are higher, but that makes the journey worthwhile.

Now, let's talk about another gem in the AP lineup... AP Spanish. If you're ready to take your Spanish skills to the next level, this class is the perfect challenge. You'll be immersing yourself in the language, exploring the rich tapestry of Hispanic culture, and refining your ability to communicate en Español. As a native speaker, Spanish for me is super easy, but even for my other classmates the class is something fun to always look forward to. AP Spanish challenges students to embrace the nuances of language, literature, and the diverse traditions of Spanish-speaking countries, analyze literature in order to engage in lively class discussions, and you'll gain not only language proficiency but also a profound appreciation of the global impact of Spanish and Latin American cultures.



Counter clockwise from far left- juniors Siena Yoon, Abby Gregorowicz. Levina Jithesh, and Sarah Wu.

Sure, there will be moments when you feel overwhelmed, questioning whether you've bitten off more than you can chew, or nights where you have

mental breakdowns wondering how much you will suffer two nights before the big AP test. But trust me, the sense of accomplishment you'll feel at the end of the year is unforgettable. You'll emerge not only with a deeper understanding of the subject matter but also with newfound skills that will serve you well in college and beyond. AP classes are undoubtedly challenging, but they are equally exciting and rewarding. They're a chance to push your intellectual boundaries, explore new horizons, and develop skills that will serve

you well in the future.
So, if you're on the fence
about taking that risk, I say
go for it! The ride might be
bumpy, but the view from the
top is worth it. If I did it you
can do it!

can do it!



Left to right- juniors Grace McDermott, Anna Amato, and Tiffany Gathers





Mock Trial Photos



Team B Back row left to right Sophia Brisendlin, Elizabeth Liebe, Deeya Nayyar, Anastasia Punosevac, and Quinn Martin. Front row left to right Katelyn Rickard, John Folino, Addison Barnes, Jacob Katruska, Ava Muster, Nedda Immen, and Jojo Barbiauz



Left to right Sophia Brisendlin and Addison Barnes slippers



Team A back row left to right Michael Lattari, Ian Hurt, Luke Ridgeway, and Mantavya Vashishth. first row left to right June McCune, Tyler Kopp, Anna Karmanos, Jilian Uzelac, Eliza Lazzaro, Will Tamburri, and Jocelyn



Left to right: Freshman Addison Cohen and Sophomores Sanika Das and Brooke Deegan



Back row L-R: Josh Oklejewski, Christiaan Van Driel. Front row L-R: Darren Lee, Jessica Hu, Brooke Deegan, Sankia Das, Raeden Cicconi,Bianca Roman, sarah puthenpurayil, and Addison Cohen



Left to right: Senior Tyler Kopp, Juniors Jillian Uzelac, June McCune, and Eliza Lazzaro

NEW YEAR'S RESOLUTIONS PAGE 5



24 Dreams For 2024: Goals For The New Year

ELLA DAVIS STAFF WRITER

#1. Figure out what I want to be when I grow up.

There's so many opportunities out there to choose from. There are too many things that I want to engage in in this lifetime and it honestly makes me sad that I won't be able to do them all. For now, I would at least like to decide on one thing I would enjoy doing forever. Whether that's writing, movie directing, or graphic design, I still don't know what I want to do.

- **#2. Start AND finish writing a novel.** I always have creative ideas, but I never end up finishing them. It is now my mission to finish something that I can enjoy.
- #3. Have a girl's sleepover with Lana Del Rey and Taylor Swift. Just think how epic karaoke would be at this sleepover. They are some of my favorite music artists and I would love to hear their stories and advice on certain topics. This will never happen, but a girl can dream.
- **#4. Get straight A's.** I always try my hardest when it comes to schoolwork, but I am going to make an even bigger effort to make sure that I have good grades.



#5. Make varsity for track. It will be very difficult as a freshman, but with hard work and lots of training, I am going to try my best.

#6. Getting a job at a record store. This is my absolute dream. My favorite record store is called The Attic and I go there all the time and find the perfect and rarest vinyls to add to my collection. This job would also expand my knowledge of music which is a mission I've been on this year as well.

Ella Davis Running

I want to expand my knowledge of music and learn about more music genres and artists.

- #8. Stay off social media. I want to stay off of social media because I've been seeing the negative effects that it can have on others and it is extremely addicting. I don't want to heavily rely on these platforms for entertainment.

 Deleting social media might even be a bigger step that I am honestly willing to take.
- **#9. Open up more towards people**. My quiet side can be kind of off-putting to some people when they first get to know me and I wish people would get to know my fun and

happy side. I want to talk to people more and stop acting shy around people.

- **#10. Try a new sport besides running.** This sport is my everything, but doing it constantly during all four seasons can get exhausting...literally. I used to play basketball, but I quit because of running, so maybe trying that again will add more to my schedule.
- **# 11. Learn a new instrument.** I can currently play the violin, piano, and ukulele and it is my dream to learn how to play guitar.
- **#12.Not stress out about the little things**. I'm so tired of constantly stressing out over things I can't control. I want to be more relaxed during the new year.
 - **#13. Eat healthier.** I want to have a more balanced diet and make

better choices when it comes to the foods I eat. I also want to be open to different kinds of foods and try new recipes.

#14. Find a new hobby. I love finding new hobbies to keep me entertained and happy. For the new year, I want to have something that I can find joy in.

#15. Do more charity work around the community. I would love to be more involved in the community and help out even more.

#16. Narrow down some colleges I want to apply to. I've really been looking for colleges that have good running programs and good locations. University of



Ella Davis Skateboarding

- during my day. I want to just enjoy 2024 and make great memories. Oregon is my dream and highly unrealistic but I still think about it. Currently, Chapel Hill in North Carolina is my first choice. I have also been looking at Duke, West Virginia, and Wake Forest. I really want to look into more colleges in the new year.
 - **#17. Learn to cook.** I would love to learn more recipes and learn how to cook more meals.
 - **#18. Spend more time with my family.** I already spend a lot of time with them, but I would like to hang out with them more often.
 - **#19. Drink more water.** I want to make it a priority to drink at least 50 oz of water a day.
 - **#20. Make some new friends.** I want to step outside of my comfort zone and high school is the perfect place to add to my friend group and be around the people that I love.

CONTINUED ON PAGE 7...



PR SPORTS PAGE 6



Winter Track Practices: Track Athletes Prepare for Spring Season

ELLA DAVIS STAFF WRITER

The gray, gloomy weather and cold temperatures don't stop the PRHS track team from getting practices in. The winter track season started on Tuesday, January 16, and will continue to go until the spring season in March. This is a true test of strength as practices include long runs out in the snow and long conditioning sessions.

As soon as the bell rings at the end of the day, the team is meeting up for group stretching and splitting up to train for their specific events. Sprinters are practicing on start blocks, throwers and jumpers are practicing drills, and distance runners are running outside. Winter is the most important part of the track season because it helps to get everyone prepared for spring and helps them build a solid base. It gets everyone in shape so that when spring rolls around, they know what to expect when it comes to workouts.

As a member of the track team, I find the winter season to be one of the

Freshmen Ella Davis and Sophomore Ella Yanni competing at Youngstown Indoor Track Meet

But no matter what skill level you are at, you are surrounded by a supportive team that will help you reach your goals! Freshman team member Anya Wickard said, "It's so fun to be in a good community and keep up with my training outside of the season."

Sophomore Kaleigh Libengood stated, "I think winter track is important because it allows you to bond with your teammates and it allows you to stay fit for other sports." She is planning to run the 800 meter, 1 mile, and 2 mile during the spring season.

The team also gets the opportunity to compete in indoor track and field meets at Youngstown and Slippery Rock facilities. These meets are helpful because they get us prepared for racing against other teams in the spring. A lot of times, you are racing and competing against older athletes such as upperclassmen or college-level athletes, so you are pushing yourself harder in these competitions.

toughest parts. No one wants to run in the cold. Workouts are Winter track also allows everyone to try new events and find harder, but I always find myself having fun with friends. The something that they are passionate about. Whether it's running, pole vaulting, or jumping, everyone has their strengths that create a

hardest part is getting yourself to practice, but once you're there, you'll feel so accomplished. Each workout or drill that successful team. you do gets you closer to spring and will help you become the best athlete you can be.

THEME DAY THURSDAY: The next theme day Thursday will take place February 8th with the theme, the 1980's.

- **#21. Get outside more.** I want to go on walks and ride my bike during the weekends to spend some time in fresh air and clear my mind.
- **#22. Compliment someone every day**. I want to compliment more people and make it a goal to make people smile. I want to create a more positive environment and make someone's day just a little better.
- **#23. Keep my room organized and clean.** This will help me feel less stressed out and it will make me feel much better if I keep it clean more often.
- **#24. Live in the moment.** I want to enjoy the little things that are all around me. I am constantly stressing out and not focusing on the good moments that happen.



My 2024 Resolutions

ELISE DUCKWORTH STAFF WRITER

While 2023 has been exciting, crazy, and packed a lot of my goals did not get completed. And to be completely honest, I didn't do much to complete them. While I did do some things like teach myself guitar, watch more romcoms, and become I plant mother a lot of other goals were not reached. Last year, I had planned to get a Mercedes, move to Colorado, renovate a van, marry Miles Teller and more. However, I have found myself with a permit, in Pennsylvania, without a van and not a single interaction with Miles Teller. So it is time to make a new unreasonable list for 2024.

- 1. I need a job (hopefully Shenot)
- 2. I need to make more time for myself.
- 3. Write more music (that can be shared to the public)
- 4. I think I should write a book this year
- 5. I want to start boxing more
- 6. I need to convince my parents to let me go on a road trip this summer with friends
- 7. Learn how to snowboard
- 8. Get up to ski more this season
- 9. Start a band
- 10. I have to leave behind the past
- 11. I still think I should move to Colorado
- 12. I need to volunteer at an animal shelter

- 13. I need to hike more
- 14. I **HAVE** to pass my driving test
- 15. I need to spend less money on little coffee shops
- 16. I need to not shop excessively when I get sad and use the excuse constantly of "I never buy myself anything"
- 17. I'd like to bake more, and then bring it to school for my friends
- 18. I need to put myself in new social situations
- 19. I need to stop procrastinating this year
- 20. I want to get a cat
- 21. I need to start getting more shoes
- 22. I would appreciate a better AP Euro grade as well
- 23. I have to start walking my dog more
- 24. Lastly, I am going to buy myself a Mercedes

This is easily the most achievable list I have ever made, and I am very proud of it. I will get back to you on just how many of these items I achieve. I am shooting for at least 10!

The Rampage is a student-created publication of Pine-Richland High School, 700 Warrendale Road, Gibsonia. PA 15044. The newsroom is room 221.

The RAMPAGE is available online every Thursday under the high school Resources Tab. It is written by students, for students, and will make every attempt to report all school-related news. We welcome freelance submissions, suggestions, comments, and story ideas from students and staff. Since this is a student-publication, we realize we make mistakes: we encourage readers to report mistakes to the staff writers; you may win a prize if you locate any/all mistakes.

Teacher: Mrs. Harshman

New Year, New You: Ringing in 2024 with Wishful Resolutions

ELLA BARKLEY STAFF WRITER

You either love them or you hate them. It's one or the other. Every year, New Year's resolutions come around and they get you started thinking back on your year. Now hopefully your year was everything you wanted and more, but we all know that that is never the case and there always are some downfalls. When it comes to looking back at the past twelve months, it can be intimidating, but honestly, it should be a time to reflect back at some of the most amazing moments you have had with your family and friends.

But enough with looking at the past, the new year is made for us to look forward to and the exciting upcoming events in our lives that we hope to accomplish.

Now that it's January and you've got your resolutions set, it's time to figure out how you are going to stick to them.

Start Small: It is important to start small and work your way up with these resolutions. If you get in over your head, then you might feel overwhelmed. Allowing yourself to start easy and work your way through the year allows for more to be accomplished as well as you to feel more confident as the year goes on.



Ella Barkley at the Eras Tour this past summer.

Stay Positive: Resolutions are quite stressful when you write it all down and think to yourself, "How exactly am I going to get this all done?" but you want to make sure that things take time and that not all the resolutions will be done in January. Allow yourself to realize that some might take longer than others and it will only get better from there on out. Becoming discouraged isn't going to help you succeed, so you might as well try and stay positive.

Be Realistic: The overall goal with resolutions is being able to accomplish them all, so listing something that you know won't get

done or you won't be able to do, isn't going to help you. While doing this though, you still want to aim high and include unique and different things on the list.

Be Specific: Allowing yourself to be specific about certain resolutions can help you become more specific when achieving resolutions. You are able to set out a goal and know how to manage it appropriately.

Track Your Progress: A year is pretty long, so by writing down the progress you have made throughout the year can allow you to stay motivated. We are very busy during the year, so this would allow you to not forget about the progress you have made on certain resolutions. Whether tracking your progress means writing it down or keeping a list on your phone, either works and it is best to do whatever is more efficient for you.

Reward Yourself: This is pretty agreeable in my opinion. Who doesn't want to reward themselves for doing something? Allowing yourself to know that you will get something you really like when you finish a resolution can be very motivating. It doesn't have to be anything extravagant, but something small that reminds you to keep moving forward to finish your list.

MATH CLUB: Problem of the Month is the monthly math competition posted by the Math Club. All students can participate by solving the problem on the posters located around the school building. Students can submit their answers by scanning the QR codes. The winner earns a 5-dollar gift card to Sheetz, a certificate, and will be recognized in our next poster and PRTV. Submit your answers now to become the next winner!



24 Goals for 2024: My New Year's Resolutions

IZZY BANJAK STAFF WRITER

- 1.Stop procrastinating- this really affects my grades.
- 2. Pass my driver's test-finally my 16th birthday.
- 3. Study more- I hope to have more focus to study and do better in classes.
- 4.Land my running layout- a back tuck but with your legs
- straight.
- 5. Have a higher GPA- I want to be able to get into my dream schools and I don't want my grades to hold me back.
- 6. Spend way less money-I have a bad habit of going shopping when I'm bored.
- 7. Get a job- that way I can go shopping when I get bored.



Times Square Ball Drop

- 8. Spend more time with friends- I've been so busy the last few months and I don't want my friends to think I've forgotten them.
- 9. Get up on time- I love to hit the snooze buttons at least 4 times before getting out of bed but I heard that's bad for you
- 10. Be more calm and relaxed- Anytime something goes wrong or not the way I planned I tend to get very worked up
- 11. Make Varsity cheer- It would be kinda embarrassing to be a sophomore on JV.
- 12. Grow my hair- Not as much heat and no big cuts, only trims.

- 13. Wear better outfits- all I wear is sweatpants and hoodies and I feel like I should expand.
- 14. Save up enough money for a car- My parents want me to pay for some of my car.
- 15. First car HAS to be a Mini Cooper- it's a need
 - 16. Not be as tired in the mornings at school- I don't know how to do this but I need to figure it out.
 - 17. Not breaking any bones before WPIALS, States, and nationals- I have horrible luck with breaking bones before huge competitions.
 - 18. Be more compassionate- I feel like I should be nicer to people and hear them out more.
 - 19. Get more articles in the paper- I've only been published 1 time in every issue and I'm aiming for 2 in a Rampage.
- 20. Not experience writers block- currently going through it right now and it sucks.
- 21. Not get ridiculously sun burnt to the point I'm sick on my spring break trip- it happens literally every year.
- times before getting out of bed but I heard that's bad for you. 22. Get way more volunteer hours- I haven't gotten any and it would 10. Be more calm and relaxed- Anytime something goes be great on my college resume.
- wrong or not the way I planned I tend to get very worked up. 23. Actually put time and effort into tests instead of just guessing- I 11. Make Varsity cheer- It would be kinda embarrassing to do this way too much and it never goes well.
 - 24. Go to tumbling practice and try to grow my skills- I feel like i've been falling behind in tumbling and I need to step it up.



We made an Instagram! Scan the QR code or follow us **@pinerichlandrampage**





It's About Time: A Movie That Made Me Believe in Love

ANARELLA PENA STAFF WRITER

"A time-traveling tale of love and life," *About Time*, directed by Richard Curtis, is a cinematic gem that

transcends the boundaries of its genre, delivering a heartfelt narrative wrapped in the folds of time travel. At its core, the film is not just about altering moments in history but understanding the significance of the present and appreciating the beauty of the ordinary.

The protagonist, Tim Lake, played by the charming Domhnall Gleeson, stumbles upon a family secret-the ability to travel through time. Rather than focusing on the ability to change and alter historical events, the film takes a refreshing approach by looking into the personal and the profound. Tim's journey focuses on self-discovery, prompting viewers to reflect on their own lives and relationships.

What sets *About Time* apart is its seamless blend of humor,

romance, and genuine emotion. The chemistry between Gleeson and the absolute icon Rachel McAdams, who portrays Mary, Tim's love interest, is palpable and authentic. Their love story unfolds against the backdrop of life's highs and lows, capturing the essence of a relationship that

matures with time. McAdams' radiant charm adds depth to Mary's character, making her more than just a romantic interest but a

partner in Tim's journey through time.

The film also doesn't shy away from exploring the complexities of time travel. Instead of delving into the mechanics of it, the director simply uses it as a tool to show the importance of living in the moment. The recurring motif of living each day, as opposed to constantly seeking perfection, resonates deeply. The wisdom imparted by Tim's father, portrayed by the incomparable Bill Nighy, adds a layers to the movie, reminding us of the fleeting nature of time and the significance of cherishing every moment. Curtis's signature wit and humor shine through in the movie, injecting lightness into what could easily become a heavy narrative.

The supporting cast, which includes Tom Hollander and Lydia Wilson, contributes to the film's charm, creating a well-rounded ensemble that elevates the storytelling. *About Time* is more than a time-traveling romantic comedy; it's a poignant exploration of love, family, and the richness of a life

About Time is more than a time-traveling romantic comedy; it's a poignant exploration of love, family, and the richness of a life well-lived. By the time the credits roll, the audience is left with a profound sense of appreciation for the simple joys of existence. In a world obsessed with the past and future, this film serves as a gentle reminder to embrace the present — a lesson that transcends both the screen and the ticking of the clock.



"About Time" Movie Poster

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Movies Arriving in 2024: Prepare for a big year at the theaters

ELLA BARKLEY STAFF WRITER

It's the start of a new year and with that comes the arrival to get. The spring and summertime will definitely be a time for semester starting soon, but it is important to have something to look forward to. Obviously this is easier said than done, but we can all agree we are a happier version of ourselves if we know what's to come. Whether you tag along with some friends and family or make it a solo trip, an outing to the theaters can all put a smile on our faces. Whether it is a sequel to your favorite movie, or a completely new innovative movie that is brought to the screens, there will definitely be something for you to look forward to in the new year.

YOU STILL CAN'T SIT WITH US

Starting off strong in January is the release of Mean Girls which stars Reneé Rapp as Regina George and Angourie Rice as Cady Heron. Popular actors Tina Fey and Tim Meadows reprise their characters of Ms. Norbury and Mr. Duvall as well. It debuted in theaters on January 12th, 2024 and twenty years later, this movie is a huge success just like the original movie that

came out in 2004. So just remember if you happen to go on a theaters. Towards the end of 2024, Wednesday, make sure to wear pink because like Gretchen Weiners would say, "That's so fetch."



With *Mean Girls* comes even more comedy movies into the new year. Kung Fu Panda 4 premiers on March 8th, *Ghostbusters: Frozen Empire* will come out on March 29th, The Garfield Movie will be out May 24th, Inside Out 2 will debut in theaters on June 14th, and *Despicable Me 4* will make its appearance on July 3rd. The excitement for the release of these movies is insane where tickets will definitely be tough

of so many new things. You may be stressed with the second laughs and humor with the release of these movies. Although comedy sure is funny, the excitement and uncertainty of certain outcomes comes with action movies. There are multiple different action movies coming to heaters in 2024. Deadpool 3 arrives in theaters on July 26th starring Ryan Reynolds, Hugh Jackman, Owen



Wilson and more. Gladiator 2 makes a sequel that debuts right before Thanksgiving on November 22nd after a twenty-four year break from the original *Gladiator* movie in 2000. Adding to the action genre of upcoming 2024 movies are Karate Kid and The Lord of the Rings: The War of the Rohirrim. Both movies will be hitting the theaters on December 13th to round out the end of 2024.

For the people who love horror movies, there are a fair amount of movies for your taste coming out this year. Beetlejuice 2 launches on September 7th while Smile 2 comes out a little over a month later on October 18th.

Last but not least are the musicals that will be brought to Wicked Part 1 will be making an appearance on November 27th and *Mufasa: The Lion King* will show on December



20th. A bit of song and dance is always enjoyable when watching movies in theaters with it being so unique.

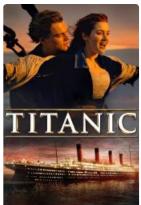
There are for sure a lot to look forward to when it comes to movies in 2024. This isn't even all of the new movies that are hitting the theaters this year. Whether you absolutely love movies or despise them, make sure you get to check out these new films hitting the theaters. There's genres for everyone even if you may not think so.





Love is In the Air: Top 5 best Romance movies to watch

MADDY HOMER STAFF WRITER



Released in December of 1997, this classic romance film explores the relationship between Jack and Rose, how they come from different social classes and how this affects their relationship. The film also explores the theme of tragedy, as the Titanic ultimately sinks after hitting an iceberg, leading to the loss of many lives

"I think the time period is very interesting and I lot the characters." - Freshman Jocelyn DeVito
The two leads are played by Kate Winslet and Leonardo DiCaprio. "I love Titanic because Jack and Rose are absolutely iconic."- Freshman Ellinor Bowen
It's not just a period drama romance or a survival film. It's both those and a scathing class commentary and, perhaps most importantly, a beautiful coming-of-age film.

The Notebook was released in June of 2004 and is considered a classic. The two leads are well loved celebrities to this day for various roles they've played. They are Ryan Gosling and Rachel McAdams. At a modern-day nursing home, the elderly Duke reads a romantic story from a notebook to a female patient: In 1940, at a carnival in



Seabrook Island, South Carolina, lumber mill worker Noah Calhoun sees 17-year-old heiress Allison "Allie" Hamilton, there for the summer. He pursues her and they begin a romance. Freshman Emery Fossaceca says "I love the Notebook because it's a great standard to set for yourself, and it is crazy how much Noah does for Allie because he loves

her." The Notebook is not one of those cheesy chick flicks that often come out, it is a brilliantly written intriguing story about two young lovers that most people can relate to.

Freshman Anya Wickard expressed, "My favorite romance movie is the Notebook because it is so cute and wholesome."

Released in December of 2023 this movie is about Bea and Ben. Their fiery attraction turns ice cold until they find



themselves unexpectedly reunited at a destination wedding in Australia.

"I've literally been obsessed since it's come out. I think I've watched it like five times."-Senior Lauren King Anyone But You checks all the boxes for a rom-com with charming leads, classic source material, and an upbeat soundtrack. It's an entertaining romp that knows exactly the type of film it sets out

"I think the time period is very interesting and I love to be. It is a deeply fun and earnest romantic comedy with two the characters." Freehman Joselyn Dollito.

This movie was released in March of 1999 and has grossed over \$60 million and received generally positive reviews from critics. Freshman Peyton Johnson explained, "It's just a fun movie and I love the plot, characters, and story overall." It's a delightful romantic comedy that puts a modern twist on Shakespeare's The Taming of the Shrew. When the popular but unattainable Bianca Stratford is forbidden to date until her older



sister Kat finds love, a plan is hatched. Freshman Emery Fossaceca says, "It shows how someone you love can bring out the best in you and it's just a fun-loving, comedic movie." The music is awesome, every song actually fits the moment, and the two love stories are actually interesting to watch. All the actors did a great job.



Released in January of 2003 In the film, advertising executive Benjamin Barry makes a bet that he can make any woman fall in love with him, while women's magazine writer Andie Anderson plans to write an article about how she led her boyfriend to dump her, putting them at cross-purposes after they choose each other as their romantic partners. "I love the movie because I love the main character and I think

she's really cool.- Freshman Allison Rishel I think that the banter between Ben and Andie is really funny and sweet and I love the scene where they sing "You're so vain" together. It's a really cute movie. The humor was witty and slapstick, which is perfect in comedies. The chemistry between Kate Hudson and Matthew McConaughey is great.



SPORTS PAGE 13



Steelers vs Bills Football Game Recap

JOEY DELIE STAFF WRITER



Josh Allen, the Bills quarterback.

a touchdown. It is currently 14-0 bills.

The Steelers start with the ball at the Pittsburgh 30-yard line and they try to run on their first play but only get 1 yard. The next play Mason Rudolph checks it down to Jaylen Warren and he gets 16 yards and the first down. In the next three plays the Steelers offense gets shut down by the Bills and has to punt. The Bills start hot by mixing up their offense with some runs and passes and getting to the Steeler's nine-yard line. Josh Allen passes to Dawson Knox for a nine-yard receiving touchdown. It is currently 7-0 Bills. The Steelers just can't find answers for their offense and have another three and out. The Steelers defense came up huge and made the Bills go three and out. On the first play of the drive Rudolph passes to George Pickens for 8 yards but he fumbles and the Bills recover it. The very next play Allen throws a twenty-nine-yard pass to Dalton Kincaid for

The Steelers offense had another three and out. They can't find any consistent offense so far in this game. The Steeler's defense gets a key stop and is now giving the Steelers some life back. Rudolph throws a thirty-three-yard pass to Pat Freiermuth giving the Steelers offense some life for the first time this whole game. The Steelers start running the ball on the Bills and it's working on two carries they get twenty yards. The Steelers start driving on the bills and are at the 4-yard line. Rudolph tries to throw a four-yard pass to Diontae Johnson but it gets picked off by Kaiir Elam in the second quarter with 10:52 left before the half. The Bills capitalize on the interception and score when Allen runs for a 52-yard touchdown. It is 21-0 bills. The Bills are winning this game because of the Steelers' mistakes and they are capitalizing on them. The Steelers get stopped again. The Bills are just touching the Steeler's secondary and getting to theSteeler'ss thirty-one in 6 plays. The Steelers stop them at Pittsburgh 31 and they have to kick a field goal. The 49-yard field goal is blocked by Motravious Adams and is recovered by Nick Herbig at Buffalo's 34-yard line. This is a game-changing play for the Steelers and could be the reason why the Steelers come back and win this game. In 5 plays the Steelers scored by a 10-yard pass to Johnson. 21-7 bills at half



Cam Heyward, defensive tackle for the Steelers

The Bills start with the ball in the third quarter and instantly get stopped and have to punt it to the Steelers. The Steelers start driving on them with their passing in the middle of the field to Pickens and Johnson. The Steelers get stopped and have to kick a field goal. Boswell Kicks the forty-yard field goal and makes it. 21-10 Bills with 8:50 in the third quarter. The Bills went on a long and drooling drive against the Steelers 'defense that was seven minutes and 18 seconds. Bass makes the forty-five-yard field goal. 24-10 bills with 1:32 seconds left in the third quarter. The Steelers go on a twelve-play drive with some runs and passes and score when Rudolph passes to Calvin Austin for seven yards. The Steelers defense could not stop the Bills offense and they scored in only seven plays. It was a seventeen-yard touchdown to Khalil Shakir. 31-17 Bills. This touchdown iced the game for the Bills and secured them a spot in the divisional round.

The game was decided by the Steelers 'mistakes and the Buffalo Bills just capitalized on it and became the better team overall. The Steelers just could only find consistent offense once it was too late and they were already down by so much. The Buffalo Bills play the Kansas City Chiefs in the second round to try to get to the AFC championship game.





Childhood Snow Season: Appreciating the Good Old Days

ELLA BARKLEY STAFF WRITER

Everyone has felt this exact feeling in the morning as an elementary school student. Laying in your warm and cozy bed that's filled with stuffed animals of all kinds dreaming about who knows what. Snow has been falling all night covering cars, houses, and roads. All of a sudden you hear the phone ring, and hear the words, "Pine-Richland School District will be closed today." You still think you're

dreaming. But it isn't a dream. You've got the entire day off of 2nd grade. You're trying to hide your excitement, but it isn't working. All you can think about is building that snowman you've been waiting to make or sledding down those massive hills with your neighbors. You now don't have to take that timed-minute math test and instead can stay out in the snow for hours. As an 8-year-old, what could be a better feeling?

But things have changed quite a bit since then. Instead of snow days, we can now log on to the computer to virtually learn. While some students may want a day off just like how it was when we were younger, that's not the case anymore. So instead of coming downstairs to put on your snow pants and coats along with your oversized hats and scarves for our little bodies, we may be asked by teachers to

put on our cameras. Instead of making hot chocolate and sitting by the fireplace watching movies when we come inside after a long day outside, we might be trying to make it through the day in order to log off at 2:36 pm.

Despite these changes, it seems like even if there is the slightest snowfall, students hope for at least a two-hour delay to occur.

Maybe it would be nice to just go back to the times when we enjoyed the days off and got a break. Everyone wants to go back to the days when life was simpler and no one had to worry about what was happening next. No one realized it at the time, but our childhood allowed us to live our best lives. So when the phone rang in what seemed like the middle of the night to us, snow days were all we knew. Pittsburgh is known to get snow, and that is just seen as normal.

Whether you are reading this praying that there is a delay or a cancellation in the next couple of days, or just reflecting while sitting at school wishing you could be a kid again, just remember to not take time for granted. We are only teenagers once and at some point in your future life, you will probably want to be right back here.



Little Ella Barkley

BUY YOUR YEARBOOK: The price is 70 dollars December 1st through December 31st. The final price increase to 75 dollars will happen January 1, 2024. To purchase go to yearbookforever.com.



TEACHER SPOTLIGHT PAGE 15



Meet Mr. Majors: Newest PR English Teacher

IZZY BANJAK STAFF WRITER

Mr. Majors is a new teacher at Pine-Richland High School this year. For those of you that don't know him he I also got lucky enough to have him as my homeroom teacher. He chose to teach English because it was always his favorite subject as a kid and quite simply because as he puts it, "English teachers are the best."

English classes every year starting his sophomore year and 4 his senior year. You can find him in his classroom upstairs

in room 219. This is Majors's first year as a full time teacher; last year he was a full time sub at Highland Middle School and taught 8th grade.

Schooling

Mr. Majors accomplished his grades 1-12 schooling at Freedom Area School district in Beaver county. During his time there, he was a staff writer for the student newspaper, FHS Press, and the editor in chief for the school's Shawnee Yearbook. He also wrote in the school newspaper for 3 years. He then went on to attend Penn State University for two years and majored in marketing before realizing there was too much math involved. He continued his college career at Slippery Rock University, where he decided to major in secondary English education and minor in film and cultural, which was part

of the English department at Slippery Rock. But, now that Mr. Majors has accomplished all of this he hopes to start grad school in the next year or two. His dream is to eventually continue his education towards a doctorate in English.

Outside of school Life

Majors is a big movie fan. He tries to go see a movie once a week. His favorite movie is Greta Gerwig's *Lady* Bird. He saw it at the end of his first semester two days in a row, and ended up seeing it five times total when it was originally in theaters. He also loves to go

to concerts; he tries to go see a concert at least once a month. Even though he doesn't have a favorite band or artist, his favorite venue is teaches English 9, Language Arts 11, and Language Arts 12. stage AE on the North Shore especially in the summer when they open the outdoor stage. Mr. Majors' favorite performance at Stage AE was Phoebe Bridegers, Julien Baker, and Lucy Dacus all performing together as Boygenius. "It was mind blowing, Majors said. Mr. Majors visited Seattle over the summer with his friends. Majors loved English so much as a kid that he took at least 2 While there he got to experience Taylor Swift's *Eras Tour*. Mr. Majors also shared that he just became an uncle on January 8th, and plans to visit his first nephew this summer in North Dakota.

Mr. Majors' take on Pine-Richland

Mr. Majors was asked why he chose to teach at PR and he told the Rampage that he applied to multiple schools but getting an offer PR was a dream come true because of the community and high achieving academics. As previously mentioned, he was a long term sub at Highland middle school last year and said Pine-Richland is twice the size with a higher performing student body academically. Mr. Majors helps out with the Film Studies club since he did something similar in high school and college. I asked him which teacher at PR was the most helpful and supportive with this big transition to a new school and he told me the entire English department had been a huge help. Mr. Majors' teaching style varies from independent work to group work to partner work but never lecturing. He does this because he wants the students to be

able to "bounce ideas off of eachother" and so they can be engaged and in control of their own individual learning. Majors was asked what his favorite part about Pine-Richland was and he responded with, "The student body and how involved they are." Lastly, when Mr. Majors was talking about how the first semester went he explained he thought it went "Amazing" and revealed that,

"From the very first day I knew this is where I wanted to stay for the rest of my career. I'm so happy to be at Pine-Richland, and glad to be with students who are always giving 110%."







PR's Winter Formal is Coming! What to Wear at this year's dance

ANARELLA PENA STAFF WRITER

Winter formal is happening Saturday February 3—this is the cool high school dance that is happening soon, and it's a big deal, especially for everyone who is still picking out outfits. This year, there are awesome choices to make the night super fun and stylish. Think about those fancy ball gowns — they're still a hit! They come in cool colors like deep red, green, and dark blue. Some even have sparkles and fancy details that catch the lights and make you shine.

But if you want something modern, jumpsuits are in. They're like one-piece outfits that are stylish and let you move around easily. Pair them with cool accessories, and you'll stand out. Short dresses are also a thing this year. They can be flirty and fun, with different lengths and styles. Fabrics like velvet and satin make them look extra nice, especially in the winter. For those seeking a more contemporary vibe, sleek and stylish jumpsuits are gaining popularity. These chic one-pieces offer a modern twist to the traditional gown, allowing for freedom of movement while still radiating elegance. Paired with statement accessories, jumpsuits make a bold fashion statement that is sure to turn heads.

Accessories play a crucial role in completing the perfect winter formal ensemble. sparkling statement earrings, and glittering clutches add the finishing touches, elevating the overall look to a level of sheer glamour. Like furry wraps, shiny earrings, and sparkly clutches, are like the finishing touches to make your outfit complete. So, whether you go for a classic gown, a trendy jumpsuit, or a playful short dress, this winter formal is all about having fun and showing off your style. Get ready for a night to remember!

WINTER FORMAL SPIRIT WEEK:

Next week is Winter Formal Spirit Week.

Monday, January 29th is Neon Day.

Tuesday, January 30th is Role Reversal where Students dress like Teachers and Teachers dress like Students.

Wednesday, January 31st is, On Wednesdays we wear Pink.

Thursday, February 1st is Grout fit

Friday, February 2nd is PR Green and White to show that PR supports "Team Breaking the Odds Against Blood Cancer".

WINTER FORMAL TICKETS: The Winter Formal Dance will be held Saturday.

February 3rd from 6:00pm to 9:00pm in the Pine-Richland High School Cafeteria. Permission slips can be picked up outside of room 100 or are available online. They were also emailed to all students. Tickets can be purchased tomorrow and Friday for 20 dollars per person before school in the Front Lobby. After Friday, tickets will increase to 25 dollars per person and can be purchased Monday, January 29th and Tuesday, January 30th before school in the Front Lobby.





Testing Methods

Learn How Students Cope with the Stress and Sufficiently Study

BROOKE DEEGAN STAFF WRITER



In the media, Winter Break is consistently characterized by a sense of luxurious relaxation. Feelings of joy and relief seem to be interlaced with one another

throughout this one-to-two-week period, and all of the diligent students of the country appear to be contentedly calm as they are rewarded with a brief pause on academic matters and the worries that typically accompany them. For the students of PR, though, this alleviation of fretting is not a reality- After all, the infamous midterms occur almost directly after Winter Break ends, which means that there isn't all that much time to rest and reconvene with yourself. You have to spend your break studying and stressing just as much as when school is legitimately in session, and the cheerful moments of your week off (such as celebrating the holidays and spending time with friends and family) easily become obscured by the looming, loitering clouds of midterms. Because these tests make up 10% of your overall grade per class, it is no difficult feat for students to be horrified by them as they are in season. But, although this time can be immensely stressful and worry-inducing, this year, there were several ways in which the students of PR studied efficiently and coped with their anxiety regarding their midterms in wonderful ways. The methods they used to persevere through this worrisome period will undoubtedly

be helpful for students in future years and, of course, for finals this spring.

The tactics that students used to study and manage their time this year seemed to be impeccable and certainly will assist others in the years forthcoming. Junior Sarah Wu, who is currently taking a plethora of AP classes, is one person in particular who needed a sufficient study plan to succeed in her monstrous amount of midterms. On the last day of Winter Break, she got together with some of her friends and studied with them for hours straight. They hid each other's phones from one another in an attempt to eliminate all forms of distraction, put together an intricate to-do list, and completed all of the worksheets, study guides, etc that they had to do before attending school once again.

"I worked like a dog, but it paid off," -Junior Sarah Wu.

As for ways to soothe your mind before confronting the daunting task of midterms, there are several manners to do so. Journaling, breathing exercises, and just being as confident in yourself as possible are a few of those key methods to keeping calm during these massive exams.

I tried studying a bit of everything at a time, and whichever subject I felt worse on, I studied a little more. It helped me stay calm."- sophomore Maateen Hasan,

Although midterms are, without a doubt, a struggle in multiple regards, they do not have to be such a frightening feat. Take these's methods into account, you too can have a worry-reduced final season this spring, or midterm season in the following years.

TV PRODUCTION: Attention all students. Did you know, for the first time in over 10 years, the PRTV Morning Announcements will be live in the high school starting in the 2024-2025 school year? Did you know that there is a class called TV Production that you can schedule for next year that does the announcements? If you think you have what it takes to produce or star in a daily live tv show, scan the QR code on your screen to schedule TV Production for next year. If you have any questions, please see Mr. Koehler in room 328.



PR SPORTS PAGE 18



Basketball Pictures

ELISE DUCKWORTH STAFF WRITER







PENN STATE The MOB



GAMES PAGE 19







Sports Word Search





TRISTAN FARRAR STAFF WRITER

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