



PINE-RICHLAND RAMPAGE

THURSDAY MARCH 7TH, 2024 No 13

"DELIVERING HIGH SCHOOL NEWS...ONE PAGE AT A TIME."



RAMPAGES THROUGH THE DECADES

The online Rampage has turned 10 years old. On the far left, you can see the first Rampage from 2014. This front page of today's edition features several front page designs from the past 10 years. This issue celebrates decades of news and trends.

RAMPAGE
Bringing Pine-Richland High School its News...One Page at a Time
Weekly Issue One, September 29, 2014

Rampage Renovation Newspaper Goes Paperless...Almost
Pine-Richland High School news is literally at students' fingertips.

Homecoming Happenings
It's a date. Sophomore Ryan Knabinger captured fellow sophomore Kaiti Sutter on Monday, September 22 with a purple balloon and a proposal to attend the Homecoming Dance. For more Homecoming Happenings, see page 18. If you have a Homecoming Happening to share, email your photos or story to info@pinerichland.com.

Project 180 RAMPAGE Maximizes By Minimizing STAFF CONTRIBUTION
Just how long does it take to tell a news story? RAMPAGE sponsor Mrs. [Name] says it's the challenge of the first ever Rampage (2014).

Issue #1
Monday Sept. 21 2015

RAMPAGE
Bringing Pine-Richland High School its News...One Page at a Time

Perfect Proposal
The Pressure to Ask a Date Challenges Students to Get Creative

September 6th was a great day for sophomore Meredith Munschwecker. She was pleasantly surprised when she saw her boyfriend Gavin Hall waiting by her locker before homecoming. He was holding a box of cupcakes and a stuffed elephant. Munschwecker recalled, "The elephant had a note on it that said, 'The elephant wants you to say yes,' so I did."

Munschwecker said "Yes" to attend the Homecoming dance October 10th in the cafeteria. But she's not alone. Several dozen students have been asked in creative ways to attend this year's dance, and this is just one of the stories.

If you have a Homecoming Happening, send it to info@pinerichland.com.

Rampage (2015)

Issue #1
Wednesday August 24 2016

RAMPAGE
Bringing Pine-Richland High School its Weekly News...One Page at a Time

New School Year Welcomes a New Sports Season

BEYOND KEEP STAFF BUSY: In addition to a brand new season of football, there are other sports you do not want to miss including soccer, golf, cross-country, and girls tennis and volleyball just to name a few.

And then we have the winter sports, basketball by the boys and girls basketball teams. The boys team is the reigning WPSA Quad A champion, while both teams competed in the state playoffs last season.

There are also sports that compete the whole school year through including competitive cheerleading, cross-country, and fencing.

Those of you playing sports this year, good luck! And if you still want to get involved, it might seem like you have a lot to do, but our coaches and staff will be sure to point you in the right direction to get prepared.

Rampage (2016)

RAMPAGE
PR Welcomes Another School Year
Class of 2021 Learn the Ropes of the High School

On Wednesday, August 19th, students from across the state gathered in a large hall to attend the annual PRHS orientation. The orientation was a successful event that provided students with the information they need to succeed in their first year of high school.

The orientation was held in the gymnasium and was attended by over 1,000 students. The event was organized by the PRHS staff and was a great success. The orientation provided students with the information they need to succeed in their first year of high school.

Rampage (2017)

Issue #1
Thursday August 23 2018

RAMPAGE
Bringing Pine-Richland High School Weekly News...One Page at a Time

Band Camp Rings in the New School Year
CORRI DUNN EDITOR-IN-CHIEF

The PRHS marching band kicked off the school year with a successful band camp. The camp was held at the school and was attended by over 100 students. The camp was a great success and provided students with the opportunity to learn from their instructors.

Rampage (2018)

Issue One
Thursday 9/26/19

RAMPAGE
Bringing Pine-Richland High School Weekly News...One Page at a Time

RADIANT ROYALTY

The PRHS cheerleaders were crowned Radiant Royalty for the second year. The cheerleaders were crowned at a ceremony held at the school. The cheerleaders were crowned by a panel of judges and were crowned the most popular cheerleaders in the state.

Rampage (2019)

ISSUE 1 | THURSDAY, SEPTEMBER 3RD, 2020 | DELIVERING HIGH SCHOOL NEWS...ONE PAGE AT A TIME

PINE-RICHLAND RAMPAGE
WELCOME BACK EDITION
New Safety Guidelines Guide Return to School

the BIG 3

1. HYGIENE-HAND WASHING
2. PHYSICAL DISTANCING
3. WEAR A MASK

The beginning of every new school year brings nerves and excitement for students, staff, and families. This year, however, the back to school jitters may have gone beyond who is sitting at your lunch table. And yet, PRHS high school principal, Mrs. Bowman, said she is determined to ensure that PRHS is a safe learning environment for all students and staff throughout the 2020-2021 school year.

She said, "It's not 'overwhelming,' it's something that none of us have ever had to do before. But I am so happy to be at PRHS because I really do believe that we are a family and we will figure it out together."

According to Bowman, PRHS is following safety guidelines from the Allegheny Health Department, Pennsylvania Health Department, and CDC.

"We've had students come right now, PRHS high school is safe. Right now, in the moment, it's safe." Above all objectives, Mrs. Bowman is excited to return to school.

"I've missed everyone. There's nothing I love more about my job than to see all these students, I know not everyone is coming back and that's hard, but we respect that. I'm excited to get connected with students again," she said.

When in the building, students and teachers should remember the Big Three and safety guidelines to keep everyone safe.

Rampage (2020)

ISSUE 1 | THURSDAY, SEPTEMBER 2ND, 2021 | DELIVERING SCHOOL NEWS...ONE PAGE AT A TIME

PINE-RICHLAND RAMPAGE
New Year, New Face: Meet Assistant Principal Dr. Hernandez

LIZZI MONTANI AND CAMERON PERKINS DESIGN EDITORS

PR welcomes Dr. Hernandez or "Dr. H," as his assistant principal just in time for the 2021-2022 school year. After his appointment was approved by the School Board in early August, he spent the remainder of the summer adjusting to the school and his new position. The reputation and values of PR made applying for this position a "no-brainer."

Dr. H earned his bachelor's degree at Geneva College, and also earned both his masters and doctorate degrees at the University of Pittsburgh. This is where he met his wife, 2-year-old son, and first met Principal Mrs. Bowman while attending PRHS.

His past experiences in the education field will allow Dr. H to support PR in many aspects. He first became a teacher at Freedom High School in Hunter County where he taught U.S. history, psychology, and sociology for 5 years. In addition, he spent 3 years as the football coach and was involved in the musical productions of The Music Man and The Wizard of Oz. Dr. H was also the assistant principal at the high school and principal at the middle school of the Freedom Area.

In preparation for the new school year, he spent time studying the yearbook and navigating the halls of the building. Throughout the year, he plans to visit our classrooms each day to offer feedback and support by observing what and how students are learning.

Dr. H is assigned to work specifically with students with last names P-Z in all grade levels. In addition, he will work on safety and security policies. The health and safety of students and staff is a priority to him and all administrators, he said. "We're fortunate that we are getting back five days per week in-person and want to maintain that as long as possible," he said.

"I'm really excited, whether it's SAP or RAMS way, sports, or constructing clubs and activities, to connect directly with kids," he said. Dr. H encourages students of all grades to get involved in school activities, pursue their interests, active members, plan for the future, and enjoy it—because high school goes fast.

Rampage (2021)

PINE-RICHLAND RAMPAGE
Beautiful PRHS Project: Students and Staff Redesign and Decorate Halls

KENDALL BIRKLAND STAFF WRITER

Welcome to a new year and a newly improved PRHS. There's a chance to put on a new initiative called The Beautiful PRHS Project led by the new high school principal, Dr. Hernandez. "We want to make sure when students come back to school they feel that warm welcome," Dr. Hernandez said.

Plans to improve the school started when Dr. Hernandez held a meeting on August 19th with student government, club officers, the PTA, and staff members. Together they discussed and considered improvements to PRHS aesthetics.

Improvement implementation began on August 15th, that's when the committee gathered a second time to measure their ideas, decorations, and implementations.

The first steps will be fully staffed and issued, spelling out "PRHS" and will also include security plans which add an additional level of safety for students and staff. The issued staff on the doors will eventually be applied to the main lobby and library for increased school spirit.

Several other goals of the school will be getting a new look. Thanks to PTA and other contributors, the renovation will be done one by one to better implement the vision.

The cheer team plans to utilize the cafeteria windows to share game schedules for all sports teams; they created colorful banners to encourage students to attend school games.

The hallway annual global studies class, and Mr. Cain's group for the renovation.

At five stations according to the schedule all states were represented. You can see the Rampage renovated very successful the bulletin board is seen to see the Rampage every

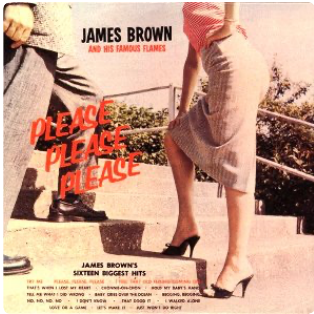
Rampage (2022)

WEEKLY WEATHER REPORT
MAR. 8- MAR. 14

FRIDAY MAR. 8	SATURDAY MAR. 9	SUNDAY MAR. 10	MONDAY MAR. 11	TUESDAY MAR. 12	WEDNESDAY MAR. 13	THURSDAY MAR. 14
High: 59 Low: 40	High: 58 Low: 40	High: 56 Low: 37	High: 50 Low: 34	High: 53 Low: 34	High: 58 Low: 38	High: 60 Low: 43

Songs Over the Decades: My Favorite Pieces of Music

ELISE DUCKWORTH STAFF WRITER



50s- Please, Please, Please- James Brown
"Baby, you know you broke my heart when you went away (You don't have to go) I said, I said, I said I'll see you some other day (You don't have to go) I said, baby, baby, please, don't go (You don't have to go)"

In the 50's my top song is *Please, Please, Please* by James Brown. This song comes off the R&B/Soul album called *Please, Please, Please*. The album was released in 1959. His music highlights his gospel roots and blues influence. His name goes down in the history books for soul music and released around 70 albums before his death in 2006.



70s- The Only Living Boy In New York- Simon & Garfunkel
"Tom, get your plane right on time. I know your part'll go fine. Fly down to Mexico. Doh-n-doh-de-doh-n-doh. And here I am, the only living boy in New York."

My 70's song is from an album I grew up listening to on my father's record player. The album *Bridge Over Troubled Water* was released in 1970. It was a new sound that included a folk-rock production. This album produced some of their top hits including *Cecilia*, *The Boxer*, and *Bridge Over Troubled Water*. Despite many disagreeing arguments I have with friends and family, I do believe this is their best song. This song captures Paul Simon's frustrations and missing his partner Art Garfunkel. It shows the feelings of abandonment in a friendship.



80s- Redemption Song- Bob Marley & The Wailers
"Won't you help to sing. These songs of freedom? 'Cause all I ever have. Redemption songs Redemption songs."

This song comes from Bob Marley's album "Uprising." This album highlights his roots in reggae music style. This song refers to the impact of slavery on his ancestors' and families' minds. It also song, I immediately knew it had to be one of Marley. This is my forever favorite Bob Marley song, and it's nice to see how much his music impacts my generation as well as many before.



60s- Golden Slumbers- The Beatles
"Golden slumbers fill your eyes. Smiles awake you when you rise. Sleep, pretty darling, do not cry. And I will sing a lullaby."

My 60's song was a tough choice. I knew I wanted to do The Beatles, but choosing which song was definitely hard. However, The Beatles was a band I was raised on. Their songs, *Here Comes the Sun*, *Blackbird*, *Yesterday*, *Lucy in the Sky with Diamonds*, and *Penny Lane* were songs my 6 year old self knew by heart. *Golden Slumbers* is still one of my favorites and continues to be one of my favorites through the years.



70s- What's Going On- Marvin Gaye
 (you get another 70s song)
"Father, father. We don't need to escalate. You see, war is not the answer, for only love can conquer hate. You know that we've got to find a way to bring some loving here today."

This song was my 5th most listened to song of 2023. This song goes down as one of my favorite's ever made. As a young kid, I was obsessed with the song *Ain't No Mountain High Enough*. This song highlighted Marvin Gaye and Tammi Terrell. I remember making up dances to that song specifically with my friends, and they were so mad because I kept choosing a song no one had heard of before. However, Marvin Gaye's voice has continued to be one of my favorites. So when my brother Jack, introduced me to the song, it was a nonstop obsession. His lyrics speak to the police brutality, social injustice, and the Vietnam War. His lyrics capture the spread of love and peace in a time of wavering stability. Easily one of the best songs and artists. His music should be spread more throughout my generation.

Continued..



90s- It Ain't Over Til It's Over- Lenny Kravitz
*"So many tears I've cried
 So much pain inside
 But baby, it ain't over 'til it's over"*
 This is a fantastic song that me and my brother Jack jam to. One of my favorite memories from this recent christmas was singing and dancing to this song with my Grammy Sue. It's beautiful how music connects people.



2000s- Home- Edward Sharpe and the Magnetic Zeros
*"Alabama, Arkansas
 I do love my ma and pa
 Not that way that I do love you"*
 This is the song of summer. This song is filled with good vibes and is truly loved by our generation.
 Released in 2019 becoming the hit from the alternative album Up From Below. Everyone knows the words and can sing along.

Pittsburgh Throughout the Decades: A Trip Back in Time

ELLA BARKLEY STAFF WRITER

Pittsburgh, Pennsylvania. The wonderful place that we all call home. For many of us, Pittsburgh may just seem pretty average, but don't let the city of bridges fool you. There are so many historic and exciting events that occurred just downtown throughout many decades. Some of these you may have known already, but there are definitely some unique and interesting fun facts you have yet to learn about. Take this time to learn about the place you have lived in for your entire life or if you just moved here a month ago and learn what makes this town in Pennsylvania so special.

The year was **1960**. What a time to be alive. For most of us, our parents weren't even born yet. But don't let that fool you. There were for sure some very historic and exciting events that occurred in good old Pittsburgh, Pennsylvania during this decade.

- The Pittsburgh Pirates won their third World Series in 1960 after beating the Yankees in 7 games.
- Following along in the sports industry, Civic Arena opened up in 1961. The name was later changed to Mellon Arena where the Pittsburgh Penguins started their NHL journey in downtown Pittsburgh.
- And last but certainly not least, in 1968, the beloved Thunderbolt roller coaster made its first appearance at Kennywood Park.

Soon it became the **1970s**. This decade is most known for bell bottom jeans, platforms, and all things disco. For most of us, this is when our parents were born and learned to live without phones(I know... scary times!!). While Disney World made its grand opening in Florida and the singing group ABBA became a hit sensation, Pittsburgh also had some exciting, but sad things happen.

- The Pittsburgh Steelers won their first Superbowl in 1975 along with winning again in 1976 and 1979.
- In 1971, the Pittsburgh Symphony performed as Heinz Hall for the Performing Arts opened for the first time in late September.
- In 1970, Three Rivers Stadium which combined football and baseball fields opened.



Downtown Pittsburgh. Photo from Junior Ella Barkley

- Pittsburgh Pirates legend Roberto Clemente tragically died in a plane crash while delivering supplies to people in need after an earthquake hit them in 1972.

Before you knew it, it was the **1980's**. Popular celebrities such as Taylor Swift, Steph Curry, Chris Hemsworth, and more were born in this decade. It was an exciting time for all things fashion, hair, and entertainment. Technology also started to become popular with new advancements being made. Pittsburgh went through some changes as well as the rest of the world.

- The Steelers won their fourth Superbowl in 1980 with a win over the LA Rams.

Continued..



PITTSBURGH PAGE 4



Downtown Pittsburgh. Photo by junior Ella Barkley

- In 1983, the Children’s Museum of Pittsburgh opened which was a big hit due to the exciting new opportunities it had for kids.
- The old Stanley Theater was renovated which turned into the now Benedum Center. This reopened in 1984 and is still going strong forty years later with tons of shows headlining there.
- From 1988 to 1994, Sophie Masloff became the mayor of Pittsburgh.

And soon the last decade of the **1990s** came around. The '90s were filled with cargo pants, fanny packs, and rollerblades. Boy bands such as NSYNC and the Backstreet Boys took over the world, and Nintendo became the latest obsession. Along with the rest of the world, the Steel City had some exciting things occur.

- The Pittsburgh Penguins hosted the NHL All-Star Game in 1990 and later won the Stanley Cup back to back in 1991 and 1992.
- Both the Carnegie Science Center and the Steel Phantom roller coaster made their grand opening in 1991.
- The Andy Warhol Museum opened up in the North Side in 1994 along with the MLB’s All-Star Game that was hosted at Three River Stadium in downtown Pittsburgh.
- The National Aviary was designated honorary national status when declared by the U.S. Congress in 1993.

Now we are all caught up. In the 2000's, social media made Pittsburgh extremely popular

because of its breathtaking scenery which can even be seen in the transition shoots in some of your favorite Hallmark movies.

- The Pittsburgh Zoo welcomed its new Aquarium in June of 2000 which attracted lots of people from all over the country.
- The David L. Lawrence Convention Center was opened in April 2003 and later received news that it was the largest green building in the world.
- The Steelers won another Super Bowl in 2005 after having a winning season.
- The Pittsburgh Penguins won their third Stanley Cup in 2009 with this being Sidney Crosby’s first of three Stanley Cups. Now you know why Pittsburgh was named the City of Champions.

From here on out, Pittsburgh soon began to be a new and exciting place for people all around the country to come and visit. They had so much to offer and as time went on, more and more events, buildings, and things were happening to the city which boosted their overall appearance. Pittsburgh is the place to be and over the decades everyone started to realize what an exciting town it can be. So although it may not be your favorite city, enjoy what it has to offer while you can.

Source: visitpittsburgh.com

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TEACHER: MRS. HARSHMAN



“Break the Ice” with Britney Spears: Grow up with a Star

FRANCESCA GUZZY STAFF WRITER

Picture this: You are Britney Spears. The year is 1993, and you meet with your fellow housekeepers at the MMC Theater.

You’ve been taking acting lessons, singing lessons, dance rehearsals, and you’ve spent time in the studio. The stress with school and performing on this variety show is extremely heavy. This is what 11 year old Britney Spears faced for the first half of the 1990's, which was just the beginning of her career.

The second half of this decade was when Spears signed her first deal with Jive Records, at 15. The record label molded and coached her into the mega pop star she is now. Britney’s audition for the record label actually was seen to be awful, there were actually many executives who thought her audition was awful.



L-R: Britney Spears and Justin Timberlake at a 2001 awards show

“Britney was trying to sing like Toni Braxton, which was way too low for her. It sounded pretty awful in places,”

a music executive said.

"Her complexion wasn't great, her voice wasn't great ... so we passed," another executive from Jive said. Even though these executives were quite harsh on Spears, one of them, Steve Lunt, realized Britney was trying to force her voice to low, but when she'd sing a high note, he saw the superstar in her, and Spears was signed by him. The record had a “get-out” clause for her, meaning the record label could drop her within 90 days. During this, Jive groomed Spears into being like Robyn, the Swedish teen-pop queen, who has since redefined herself as a more adult pop singer. At the end of this decade, “Baby One More Time,” was released, and instantly made Spears a superstar.

In the next decade, the 2000's, the pop star was now sending out hits after hits. The next song that was released by her was the iconic song, “Oops, I did it Again.” Not only was the beat fun and catchy, the music video was amazing and the mesmerizing choreography made it a song to remember. The lyrics refer to a woman who views love as a game, and she decides to use that to her advantage by playing with the emotions of a boy who likes her. The song was nominated Best Female Pop Vocal Performance at the 43rd Annual Grammy Awards in 2001. A fun fact is that the bridge references Titanic.

During the 2000's, when Spears and Justin Timberlake dated, they were at the 2001 American Music Awards wearing matching denim outfits. These outfits were so iconic that in the future more celebrities wore the outfit in different styles. At the end of the 2000's, some would say Britney was the queen of pop, but the one thing we know for sure is that she ruled the decade with her chart toppers.

The iconic style was another one of Britney’s marks she left upon the world. While Y2K fashion returns, which is low rise jeans and chunky jewelry, Britney was the queen of this style. As if her party outfits and red carpet outfits weren’t enough, the street wear she’d present was iconic too.

Britney Spears was the definition of Y2K, and her catchy and iconic music is so addictive it’s...

“Toxic.”



Spears' outfit at a party in London



Different Designs Over the Decades *The Evolution of Football Helmets Over the Years*

JOEY DELIE STAFF WRITER

Have you watched a recent football game and just wondered how much the football helmet has evolved? Well, today I'm going to write about the different football helmets throughout the decades and see how much they truly changed.



1893: THE FIRST HELMET

image credit: smithsonianmag.com



First, we have to go back to 1869 when Lafayette running back George Rose Barclay started to use straps as well as earpieces to protect his ears.

There is no documentation on who invented the helmet. Some

sources say that James Naismith invented the helmet, while some people say U.S Naval academy Midshipman Joseph M. Reeves made a protective headpiece made out of male skin in the 1893 Army-Navy game.



1936's Helmets

In the 1960's double-bar facemasks became increasingly popular. Players were able to customize their helmets for a safer and more comfortable fit for players. Designs on the football helmets were huge for teams that had their logo or like the Vikings had the horns on each side of the helmet. In the 1950s that's when the single facemask bar was invented, players kept getting bloody noses or bruised eyes. It was to help protect football players.

PENNY WARS COMPETITION: The 2024 Penny Wars continue to raise money for Blood Cancer. This is a reminder to continue to donate today through March 20th. 1 penny is equal to 1 point, while silver coins can be used to sabotage other Homerooms. The three homerooms that raise the most points will get breakfast during an upcoming activity period.

In the 1930s they were still using leather helmets but in 1939 a man named John T. Riddell changed the game forever introducing the first-ever plastic helmet. Unfortunately, plastics became more scarce during World War II causing less durable helmets during this time. It wasn't until 1943 that they finally made helmets mandatory. Introducing plastic helmets would help shape the future of football as well as enhance protection for football players.



1930s Leather Helmets

In the 2000's there was a major issue with safety. In 2002, in response to a major study of head injuries, Riddell continued to improve the helmet and in 2002 the company introduced a new helmet called the Revolution, the first redesign in 25 years. Riddell has sold 750,000 helmets since 2007. The evolution of football helmets is such a cool thing to look at how technologically advanced we've got because of safety issues in football.



Modern Helmet

SPRING MUSICAL: Mark your calendars! This year's spring musical *Mamma Mia!* will have shows at 7:30 pm on March 15th, 16th, and 22nd. There will be a show at 2:00 pm and 7:30 pm on Saturday, March 23rd, with a free Senior Citizen show at 4:00 pm on Thursday, March 14th. Tickets are on sale now!



Day in the Life as a High School Athlete: 80's vs 20's

ADDISON BARNES DESIGN EDITOR

Flashing back to the year 1988, my dad is in his senior year playing soccer. Then fast forward to this year, 2023, where I am a sophomore on our school's swim team. Times have changed, and I am wondering if anything has evolved in team sportsmanship. To answer that question I went to my dad to get the inside scoop on how sportsmanship between players was back then to how it is now.

Most student-athletes have to learn adequate time management skills, so that we still get good grades while spending many hours of our after-school life dedicated to our sport.

For some that can be stressful depending on what classes they are taking, but to my dad, "Balancing school work and soccer practices and games was not difficult; I never thought about quitting the soccer team because of my grades; my grades were pretty good," he said.

Even though I never thought about quitting swimming because of grades, there were some times during practice when I was thinking about what I was going to write for an English poem that was due the next morning. Even though most students can meet eligibility doesn't mean we don't stay up late to make sure we stay on top of our studies.

When I think about my time on the swim team I always have great memories of my team being extremely close in a family type of way when we were at practices, meets, and get-togethers.

Though back in 1988, "The team atmosphere was positive; I would not describe it as a family type bond. The cliques that existed in school carried over into the team, and we did not have team get-togethers during the season, but we had a banquet once the season was over," my dad said.

As for practices not much has changed over the years: practices are still about around 90-120 minutes long. Coaches are still the same for that fact that, "They are hard on you, but fair. If you played well, they said so. If they thought you were not giving your best effort, they would say something," he said.

Unlike today where we have to pay an activity fee and have a booster program, in 1988 they did not have any of that. "We were given a uniform that had to be turned in at the end of the season, and parents had limited involvement," he said.

The real shocker was they did not have a senior night back then. Now that might have been just my dad's school, but I could not imagine not having a senior night. Even if not much has changed in sports, I had a lot of fun learning about them back then and now I have a new hoodie, which is a great added bonus.



Addison Barnes wearing her dad's high school soccer hoodie. Picture taken by Brooke Deegan.



Decade Fashion Trends: How everyone's style has changed

IZZY BANJAK STAFF WRITER / 27ebanjak64@prrams.org

So I know we all have our own style, and everyone's is different but I want to focus on the main picks over the years. I'm sure everyone has heard how the 80's style was crazy but I've personally never looked into how crazy the past styles have been...so if you're interested in that, keep reading.

Starting all the way back in the 1950's, women were still wearing dresses everyday but they started experimenting with makeup and their hair. The red lip started to become popular among girls and the classic Marilyn Monroe haircut. All the men were still in the typical tuxedos and still had the slicked back, normal length hair which was occasionally slicked into a curve.



1950s Dress

Moving onto the 1960's, more colorful dresses were introduced to women and they became a big hit. Same with men's clothing: more color was introduced into their jackets and suits, some even started to wear colorful ties. But, other than more color everything else was the same as the 50's. At this time, these colorful dresses were a big starting point for a new lead of fashion in the 1960's. It was a new era for color.



1960s Dresses

Now, the exciting 1970's. This decade arguably had the biggest clothing change yet. Women started to wear jumpsuits and pants, even jeans. They also started to wear more revealing tops and they started to let their hair grow long. Men started to wear bell bottoms and patterned tops and jeans. This was also when men started to let their hair be free and not slick it back.



1970's Fashion

In the 1980's women started to tease and crimp their hair to give it that big "poof." This was also when baggy jeans and denim jackets came into style, along with lots of "workout wear." Boys continued to let their hair grow out and be free, causing the mullet to be quite a hit.



1980s Boys Fashion



1980s Girls Fashion

They also got on the denim bandwagon but they also loved the leather jackets.

In the 1990's girls hadn't started any new trends but they stuck with the ones of the 80's. The guys only new found trend was baggy sweaters and baseball caps.

The 2000's was when major crop tops sprung up and were seen on every girl, along with low-waisted jeans. Tracksuits were also a big hit with the girls, especially from the brand "juicy couture." Boys started to love the "saggy jeans" look paired with a white tank top. They also brought back buzz cuts and introduced beanies.



Juicy Couture Tracksuit



2000's Girls Fashion



2000s Boys Fashion



Beautiful Inside & Out: Influential Women Through The Decades



The year is 1933 **ELLA DAVIS STAFF WRITER** Actress Audrey and Eleanor Roosevelt is First Lady of the House. Wife of Franklin Roosevelt, she was a very important figure in American History. Every First Lady has their projects that they work on while the president completes their first term.

Eleanor Roosevelt was the first First Lady to hold her press conference and in an attempt to give equal time to women, she only allowed female reporters to attend. In 1939, according to Eleanor Roosevelt's biography, the Daughters of the American Revolution (DAR), a non-profit volunteer women's service organization, refused to allow Marion Anderson, an African American singer, to perform in their auditorium. In protest, Eleanor Roosevelt resigned her membership. She also advocated for the rights of the poor, minorities, and the disadvantaged. Not only was she an inspiration and fought for equality for women, but she also helped those in need so that their voices could be heard in times of need.



Rosa Parks helped initiate the civil rights movement when she refused to give up her seat on the bus to a white man in Montgomery, Alabama. She was arrested for violating segregation laws. Her actions sparked the Montgomery Bus

Boycott led by Dr. Martin Luther King Jr. Word had traveled fast about the injustices that she and the rest of the community were facing and in 1956, the Supreme Court ruled that bus segregation was unconstitutional. Parks then became known as "the mother of the civil rights movement." After moving to Detroit, Parks became an administrative aid in the Detroit Office of Congressman John Conyers Jr. in 1965. Her brave actions in the late **50s-early 60s** helped address injustices that otherwise would have remained silent.

Hepburn was a role model for all women throughout the **50's** and wanted those to know that beauty is found within. One of her writings "Beauty Tips" shows women that having a kind and gentle soul is what makes someone pretty. She wrote, "For attractive lips, speak words of kindness. For lovely eyes, seek the good in people. For beautiful hair, let a child run their fingers through it once a day. For poise, walk with knowledge that you never walk alone. For a slim figure, share your food with the hungry." Instead of influencing others to have a perfect skincare routine, expensive makeup, or grueling workout sessions to be "perfect", she helped restore women's confidence by convincing them that being kind was the biggest beauty secret.



In 1979 Tu Youyou was Time Magazine's Woman of the Year. She will go down in history for her role in discovering artemisinin, a medicine that has prevented millions of deaths from malaria. Artemisinin is derived from sweet wormwood, which is a plant used in traditional Chinese remedies. This discovery helped her earn a Nobel Prize. The **70's** was a time when the feminist movement was rising rapidly and it was the cherry on top for a woman to help win the battle against one of history's deadliest and scariest diseases that took the lives of many innocent people.



In the **80's**, Princess Diana was a celebrity icon who used her fame to raise awareness for many different causes. She fought for the worldwide ban on landmines. These landmines were hidden around villages and cities and were crippling many adults and children, causing them to lose limbs and creating many other devastating effects. She

Continued..



organized a walk into a minefield which challenged governments to stop ignoring the terrible pain and suffering that people were facing due to these hidden weapons. She also raised awareness for AIDs patients and held their hands when others were too afraid to touch them. She also focused on many other causes such as raising awareness for those affected by leprosy, raising awareness and talking about mental health, and many other causes that were overlooked at the time. She also did a lot of work with children to keep them safe and protected. Her courageous actions showed how she was a wonderful person who wanted to help others.



Madeleine Albright was nominated to be the first woman Secretary of State in 1996. Throughout the rest of the **90s**, she promoted the expansion of NATO eastward and supported the expansion of free-market democratization. She was a fierce defender of human rights. She also got the Presidential Medal of Freedom from President Barack Obama

in 2012. She was an inspiration to many and helped show women that they have a place in the American government and can make important decisions to make a difference in the world.



Lastly, Malala Yousafzai's bravery in fighting for women's rights to education will forever be remembered. She wrote her autobiography "I Am Malala," (highly recommend reading this, it is astonishing to read her story from her perspective) following the horrific events that she faced. As a young girl, she loved going to school, but the Taliban took over her town and said that girls could no longer go to school. In protest, she continued going to school to get the education that she rightfully deserved. In October of **2012** at age 15, she was on the bus home from school when a man boarded the bus,

looking for her. When he found her, he shot her in the left side of her head. She woke up 10 days later in the hospital and found out that people all around the world were praying for her recovery and thanking her for her brave actions. She won the Nobel Peace Prize at age 17 and created the Malala Fund, which ensures all girls' rights to education and holds leaders accountable for their promises to girls.

All of these beautiful women deserve to be recognized for their brave, influential, and courageous actions throughout history. We must never let them be forgotten or overlooked, as they have shaped the world as we see it today.

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My Parent's Childhood: *Growing up in the 80's*

MADDY HOMER STAFF WRITER

My parents were raised in the 1980's, a very different time from the 2020's.

“There is a lot more screen time now and less time spent outside.” -Maddison's mom

My mother would almost always be reading, or swimming, or playing outside and fishing, or playing with her pets. She often listened to artists such as Billy Joel and The Stray Cats. Her favorite songs were *Uptown Girl* and *The Stray Cat Strut*. One of her happiest memories from her childhood was going to Disney World with her family. As a teenager, my mom was quite quiet. She thought high school was fun. She enjoyed being in the band and loved going on band trips.

“I would tell my high school self to have fun and enjoy every second because being an adult is nice but comes with a lot of responsibility.”-Maddison's mom

Growing up my father loved listening to *3 AM* by *MatchBox 20*.

“Life now is very fast paced, lots of information at your fingertips. Everything now is pretty instant.”-Maddison's dad



Maddison's parents Jason Homer and Erin Homer in college.

In his free time, he would often go on bike rides, play baseball, or play

in the woods. One of his favorite memories from growing up was going camping. As a high school student, my father was very active and spent much of his time outside. He was a little quiet in high school but had a blast with his friends. He loved to play soccer with them. His favorite classes were chemistry and biology.

“If I could tell my high school self one thing, it would be to be more outgoing.”-Maddison's dad

My parents met at freshmen orientation at St. Francis College. Their first date was the movies where they saw *Picture Perfect*. My mom thought he was very nice. Her favorite date they went on was hiking in Sedona, Arizona. His favorite is when they go out to eat in Aruba.

They dated for five years before my father proposed. At age 23 they got married at a small church in Johnstown called Singer Hill. It was the church my mother's grandparents attended. Their reception was at the Masonic Temple. They have now been married for 21 years.



PROM: Tickets for Prom are 100 dollars per person.

They will be sold during mornings in the front lobby.

Prices increase by 20 dollars after this Friday. The last day to buy prom tickets is March 13th. No tickets will be sold after March 13th. Students in AM Beattie can report to room 100 upon arrival to purchase.



Journey of Pop Stars: *From Yesterday to Today*

ANARELLA PENA STAFF WRITER

The landscape of popular music has been enriched by the succession of influential figures whose impact transcends mere entertainment. This music shapes our cultural discourse and societal norms. From the revolutionary sounds of the 1960s to the contemporary icons of the 2000s, the journey through pop music has been a giant evolution availing a tapestry of women with innovation and resilience. Pop music has seen some incredible stars over the years, each leaving a mark that's hard to forget. Let's take a stroll through the decades and peek at these amazing artists who rocked our world. Back in the 1960s, The Beatles were the bomb. Their catchy tunes like "Hey Jude" and "Let It Be" were everywhere, and everyone couldn't get enough. They brought people together during a time when the world was changing fast. The Beatles emerged as an unstoppable force. Their melodic compositions crafted unparalleled songs that captivated millions. Their songs not only dominated charts but also served as an anthem of hope and unity during a time of unprecedented change.



The Beatles

Then came the 1970s, and Diana Ross was the queen of cool. Leading The Supremes, her voice was like magic, bringing people of all backgrounds together. She showed us that no matter who you are, you can shine bright.

Fast forward to the 1980s, and Madonna was in a league of her own. The adventure of the '80s beheaded a new era of pop culture defined by excess and innovation. With songs like "Like a Virgin," she wasn't just making music she was making statements. These songs dominated the airwaves and served as catalysts for social change and conversations on feminism.

In the grunge-filled 1990s, Nirvana rocked our world. Led by Kurt Cobain, their songs spoke to a whole generation. Tracks like "Smells Like Teen Spirit" became anthems of rebellion, letting us know it's okay to be ourselves, flaws and all. This song became an actual classic that still blasts through the speakers of many stores and houses. It was something never seen before that marked a before and after in the music field.

Finally, in the 2000s, Beyoncé ruled the scene. From her days in Destiny's Child to her solo career, she showed us what it means to be fierce and fabulous. With hits like "Single Ladies" and "Formation," she made us feel empowered and proud of who we are. Single Ladies can still be heard with people doing dances to it on TikTok and Instagram reels.

In the end, these pop stars have shaped our world in ways we can't even imagine. From The Beatles to Beyoncé, their music continues to inspire us and bring us together, reminding us that no matter what, we're all in this crazy world together. And let's not even start with the artists that are famous now, starting from Taylor Swift to Travis Scott they all bring something new to the table but also look back and reference to the old ones and the old gems.

WHO DO YOU WANT THE RAMPAGE STAFF TO INTERVIEW NEXT? EMAIL A STAFF WRITER TO SUGGEST A TEACHER.



Get to Know the Friendly Mrs. Mitchell

The multi-purpose teacher who always has a smile

CALLE HENNE STAFF WRITER



Mrs. Mitchell

Many of us who have siblings grew up playing school in the basement and arguing over who got to be the teacher. Mrs. Mitchell was no different, except for the fact that she was *always* the teacher.

“I used to force my younger sister and brother to sit at desks and I would use a chalkboard and an easel to ‘teach’ them how to read and do math problems,” -Mitchell.

Therefore, when it came to selecting a major when applying to college, teaching was the obvious decision - that way she could keep telling people what to do for a living.

Mrs. Mitchell learned how to teach more people than just her siblings while earning her bachelor’s degree at IUP, master’s degree at Duquesne, and then **“spending quite a bit of time at Pitt, just learning things, not getting a degree.”**

Post-graduation, Mitchell worked as a reading specialist and emotional support teacher and also worked with emotionally and behavioral challenged kids at various schools before landing at Pine-Richland 16 years ago. This year, she has welcomed a new challenge in AP Language and Composition.

“Teaching AP Lang has challenged me in so many ways, and I’m growing so much as a teacher. This is exciting because new experiences energize and invigorate me.” -Mitchell.

Teaching another course brought a challenge, but also her favorite thing: the opportunity to meet new students.

“I love to learn and I learn from my students every day. I’ve been trying to build my capacity for casually inserting hashtags in my writing. I’ve also been working, without much success, to incorporate words like ‘cooked’ and ‘canon event’ into my lexicon.” -Mitchell. “I respect and like all of my students so *much*. It’s amazing (and maybe overwhelming for them).”

If you couldn’t tell yet, Mrs. Mitchell has an incredible sense of humor,

so let’s get to know the side of her that is not so much school related... the fun stuff!

“If I weren’t a teacher I would be a librarian, researcher, historian, writer, artist or musician- though I have limited skills in both areas- business owner, firefighter...just kidding about the firefighter. I’m not heroic and I’m not interested in the outfits.” -Mitchell.

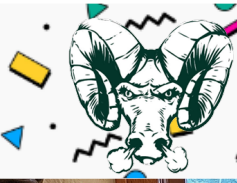
Although there are many different careers out there calling her name, being a teacher allows Mitchell the freedom to have different special things in her life to make up for the lack of heroic ability. Two of the most special things are her dogs: Cricket, a mini schnauzer-poodle mix, and Archie, a bichon-poodle mix.

“Cricket is my sweet, sweet angel and she is a lot. She wants to be friends with everyone and is almost aggressively affectionate. She is very high-energy and needs to play ball approximately 23.5 hours of the day. Archie is the complete opposite of Cricket and prefers to relax, though he’s been known to run away with a sock or throw a ball to himself. He casually sits on a chair and watches the neighborhood. He prefers sleeping in and snacking on cheese,” -Mitchell.

When Mrs. Mitchell isn’t playing ball with Cricket or feeding Archie cheese, she loves to read books, listen to music, write for fun, do yoga, walk in the neighborhood or trails, and of course, sing very poorly and very loudly. But her favorite by far is reading.

“I talk to anyone who also shows even the slightest interest in talking about books. They usually regret that they brought up the subject.” -Mitchell.

CONTINUED..



Mitchell's dogs Archie and Cricket

Though she may talk off a student's ear about a book, Mrs. Mitchell said that not many have heard her sing. But other than singing, her personality in school is very similar, if not the same, to her personality outside of school.

"I try to be myself in the classroom, and I'd like to think that I'm pretty true to who I am outside of school. Sometimes we have to get things done and be serious though! That being said, my 'serious' is probably a bit different than others. I just want my students to enjoy learning, and I do think I share my nerdy side with them." -Mitchell.

Back to a semi-serious note, Mrs. Mitchell is Aristotle when giving advice; she said so herself. She got abundant practice advising while making and selling wooden signs that said things such as bathroom signs that read "Please seat yourself" or "Wash, brush, floss, flush." Although the signs may have been funny and not necessarily realistic, they still managed to leave a mark on Mrs. Mitchell. The best piece of advice that she has given was to her husband.

"My husband, Tom, says that I gave him the best advice when he was going to college to get his degree. I told him that he needed to "play school" - to print out the syllabus and to do the things that the professors told him to do, in the way they wanted them done, within the timeframe he was given. It didn't matter if he agreed with or liked the things; he just needed to do them so he could reach his own goals and move on with it." - Mitchell.

She hopes this message also carries over to her students.

"I hope that my students want to engage in their learning and I want them to challenge me, but I also think that sometimes we just have to do what we need to do, so we can get where we want to get." -Mitchell."

And of course, the master of advice had to have been given some form of good advice at some point, and for Mrs. Mitchell that was the following: "The right verb is so much more powerful than several boring adjectives."

Teacher, reader, dog mom, pretend firefighter and more, Mrs. Mitchell can do it all...and always with a smile on her face. So if you are ever in need of a life-changing piece of advice (or maybe just a lollipop) head down to room 216 and talk to Aristotle, I mean Mrs. Mitchell, and she will know exactly how to point you in the right direction, or make your gloomy day turn into a happy day.

PR ROWING: The PR Rowing Spring season will begin on Monday, March 11th, and is open to new and experienced rowers in grades 6 through 12. Please visit the PR Rowing website:click Spring 2024 Registration to register.

[\(https://pinerichlandrowing.org/\)](https://pinerichlandrowing.org/)

A 2010's Childhood: A nostalgic experience like no other

CALLE HENNE STAFF WRITER

October 28, 2016.

My tenth birthday.

Finally double digits, which means time to brag to my friends while sitting on the fake rock at Eden Hall recess.

The highlight of everyone's day is recess; fighting over who got to use one of the three standing see-saws, avoiding the game of two-hand-touch football that turns into tackle football, and playing with slime under the rope set. I search for my friends who are in the grasslands biome, since I am in desert and only get to see them at recess. We are fifth graders, and the biggest problem in our lives is never getting to see our friends in the forest and aquatics biomes.

Mr. Woods' room on the 2nd story of Eden Hall houses our trout fish that we are studying in science class. He walks on desks while teaching about gravity and we spin in circles to understand the Earth's rotation. I love school. I love learning.

The dismissal bell rings and I hurry down to the office to find my name written on the small yellow paper that says Taylor will be riding the bus with me. The day felt like it took forever because I waited and waited for the bell to ring so Taylor could come over.

We rush home, excited for our after school snacks: Danimals yogurt and CapriSuns. We sit at my counter on the uncomfortable wooden stools, the worst place to sit. But my mom is in the kitchen and Taylor and I need to fill her in on our eventful day so we brave the hard wood.

Now that mom is filled in on our days, we head down to the basement with bright orange walls that also have holes in the drywall. My pink and purple gymnastics mat is laying in the middle of the floor, ready for our cartwheels and round-off attempts. The TV in the corner is what we have been looking forward to all day...JustDance time. We argue over who gets to be player one and control the remote, but of course I win since it's my birthday. My first song choice is "Hey Ya!" by Outkast. I have the dance memorized and am one step ahead of Taylor the whole time. Taylor's turn to pick. She chooses "Girlfriend" by Avril Lavigne and of course gets to be the girl so I have to be the guy. Our hearts are racing and sweat beads on our foreheads as we dance our hearts out. Before we know it, hours have passed and there are no songs left to play...and our feet are throbbing. There's no better feeling. We head back up to the kitchen to find my mom listening to P!nk on the speaker and baking up her homemade cookies.



Calle at age 8, 2014

We put *Good Luck Charlie* on in the living room and write secrets about our crushes in our diaries that have a password lock and our sparkly initials. We sip lemonade from swirly straws and cups with princesses on them while eating a bag of mini Cheez-Itz.

Cookies are done in the kitchen and music is still playing. We listen to Rihanna, Ed Sheeran,

Justin Bieber, Demi Lovato, Katy Perry, and Cardi B. Our favorite is the Pitch Perfect soundtrack. We have every word memorized.

While dancing around and sliding through the kitchen in socks, a lightbulb goes off in our head. We find my Swiffer pads in the closet and tape them to our feet. Now it's like we have ice skates on our feet and can run and slide all over the place.

A 2010s childhood was full of color. Bright *Justice* clothing, *Twinkle Toes* sneakers, rainbow parachutes and scooters in gym class, and rosy pink cheeks from sweating while playing JustDance.

A 2010s childhood was full of fun. Spending the entire day at your friends house during the summer, weekly McDonald's dates after school on Friday, running through sprinklers on a hot summer day, or playing with cars on the carpet with roads on it.

A 2010s childhood was full of noise. Heavy laughter during your favorite movie, screams of excitement while at a birthday party at GetAir, and constant music being played through the house.

A 2010s childhood was a piece of my life I will remember and cherish forever. We listen to our parents talk about how much better their childhood was and how different the world was, but if you ask me,

nothing beats a 2010s childhood like the one that I got to have.



CHAPTER FOUR



Smooth Criminal

Brooke Deegan, Elizabeth Liebe, Lilly Rembecki, Sarah Shaffer

Tony's infamous crimson convertible (which he lovingly refers to as Betsy), sporting a lavender bumper sticker that reads, "I am a material girl", swerves into the litter-filled parking lot of Gas&Go. Tony and Ivy are inside, as it vibrates with the blaring bass of Britney Spears' greatest hits. Rory and Hudson, previously waiting by the rusty, green gas pumps, approach the car as it slowly parks.

"Took you two long enough", Rory rolls her eyes at Ivy and Tony when they get out of the car. They were holding matching Chanel shades for all of them.

"You know I had to do my skincare routine before we left. Glass skin is worth being late for," scowls Tony.

The four share a laugh.

"Guys, can we get food or something? We need to escape before my parents find out that I'm gone, and I'm starved," Hudson edges towards the dingy entrance.

Once inside, Hudson beelines to the Powerade section, staring directly at the ruby bottles of red drinks. He flings open the fridge, grabbing every bottle in sight. He then turns on his heel and snatches as many Cool Ranch Doritos as possible.

"Chill out bro, we will be stopping for food," Ivy says as she grabs puffed Cheez-Its.

"It's bulking season, dude. There's no such thing as too much food," Hudson matter-of-factly remarks as Ivy shakes her head and lightly chuckles.

"Hey! Kids! Whatcha think yer doin, you swindlers!?" A big, burly man dressed in greasy overalls and raging eyes growls at them, suspecting them of shoplifting.

"Swindler? Papi, I don't even know what that means, but I do know the only thing I'll be swindling is your heart." Tony flashes his thousand-dollar grin at the old man, which glistens underneath the blinding, ivory iridescence of the gas station lights.

"You vile millennials! You come in here thinking that yer can steal whatever yer want, and get away with it. I'll be calling the cops on you lousy youths," the old man snarls.

"Sir, we had the intention of paying for all of this," Ivy calmly replies.
"Yeah, we haven't even gotten to the register yet." Rory points out.

"Yer a bunch of useless high schoolers, ain't no way yer

got money for this," The man shoots back. Extremely offended, Tony struts up to the man and says, "Papi, with all due respect, this jacket is Gucci. These shoes are Dior. My jewelry is 24 karat. These glasses? They're Chanel. My luscious hair costs more than what you make in a decade, and my looks are simply priceless. If you think my friends and I would ever be stealing from your grimy gas station, you're thinking wrong."

He snaps as he sways away, and the shopkeeper is left paralyzed in shock. Tony scans all the items himself and whips a couple of twenties from his wallet. He carelessly tosses them onto the counter as the group triumphantly walks away. They all hop in the convertible, and as Ivy revs up the engine, Hudson opens a drink.

"Well that was an experience..." He trails off as he takes a sip. "There better be more interesting men for me on this trip," Tony grumbles as he settles in, beginning to play "Smooth Criminal", paying homage to the wild experience that they had all just lived through.

SEE YOU NEXT
TIME FOR
CHAPTER
FIVE!