

**SJUSD Elementary Lunch - May 2024**

| <b>Lunch Entrée</b>                            | <b>Protein Source</b>  | <b>Allergens</b>                 |
|--|------------------------|----------------------------------|
| Chicken Alfredo Pasta                          | Chicken, Dairy         | Wheat, Milk                      |
| Sunbutter Sandwich & String Cheese             | Sunflower seeds, Dairy | Wheat, Milk, Soy                 |
| Yogurt, Giant Cinnamon Goldfish, String Cheese | Dairy                  | Wheat, Milk                      |
| Chicken Corn Dog                               | Chicken                | Wheat, Egg, Milk, Soy            |
| Bean & Cheese Burrito                          | Beans, Dairy           | Wheat, Milk, Soy                 |
| Chicken Tenders                                | Chicken                | Wheat, Soy                       |
| Spicy Chicken Tenders                          | Chicken                | Wheat, Soy                       |
| Veggie Nuggets                                 | Soy                    | Wheat, Soy                       |
| Italian Pull-Apart                             | Dairy                  | Wheat, Milk, Soy                 |
| Beef Rib B' Que                                | Beef                   | Wheat, Milk, Soy                 |
| Veggie Burger                                  | Soy, Egg White         | Wheat, Milk, Soy, Egg            |
| Chimi Nada                                     | Bean, Dairy            | Wheat, Milk, Soy                 |
| Galaxy Cheese Pizza                            | Dairy                  | Wheat, Milk, Soy                 |
| Nachos   | Turkey, Beans, Dairy   | Milk                             |
| Bean & Cheese Nachos                           | Beans, Dairy           | Milk                             |
| Chicken Caesar Salad w/ Roll                   | Chicken                | Wheat, Dressing: Egg, Fish, Milk |
| Orange Chicken w/ Brown Rice                   | Chicken                | Wheat, Soy                       |
| Veggie Nuggets w/ Orange Sauce & Brown Rice    | Soy                    | Wheat, Soy                       |
| Grilled Cheese Sandwich                        | Dairy                  | Wheat, Milk, Soy                 |
| Galaxy Pepperoni Pizza                         | Turkey, Dairy          | Wheat, Milk, Soy                 |
| Italian Dunkers                                | Dairy                  | Wheat, Milk, Soy, Egg            |
| Turkey Taco Nada                               | Turkey, Dairy          | Wheat, Milk, Soy                 |
| Cheese & Green Chile Tamale                    | Dairy                  | Milk                             |
| Chicken Burger                                 | Chicken                | Wheat, Soy                       |
| Turkey Hot Dog                                 | Turkey                 | Wheat                            |
| Three Cheese Quesadilla                        | Dairy                  | Wheat, Milk, Soy                 |
| Poppin' Chicken Salad                          | Chicken                | Wheat, Milk, Soy                 |
| Southwest Veggie Salad                         | Beans, Dairy           | Milk                             |
| Popcorn Chicken Mashed Potato Bowl             | Chicken                | Wheat, Milk, Soy                 |
| Veggie Nugget Mashed Potato Bowl               | Soy                    | Wheat, Milk, Soy                 |
| Enchirito (Bean & Cheese)                      | Beans, Dairy           | Wheat, Milk, Soy                 |
| Beefy Macaroni                                 | Beef, Dairy            | Wheat, Milk, Soy                 |