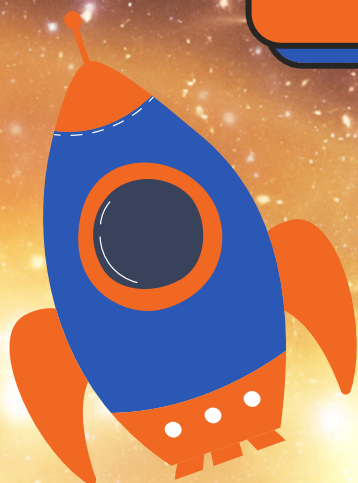


GRINDSTONE ELEMENTARY SCHOOL PTA NEWSLETTER DECEMBER 2023



BOARD MEMBER SPOTLIGHT: STEPHANIE BARR - BOOK FAIR

Hi, my name is Stephanie Barr. This is my second year on the PTA. This year I am serving as a board member for our book fairs. I have 2 children. My son Jakob is working on his Doctorate of Physical Therapy at Ohio University. My daughter Emersyn is in first grade here at Grindstone. We moved to Berea in 2020 and fell in love with the community. I've always been active in my children's schooling. We are a family that values education greatly. I'm currently finishing up my undergrad at CSU and going into graduate studies soon after. I work as a SUD counselor. I enjoy photography, rockhounding, music, and road trips. I try to go on as many adventures with my family as possible.

Inside this Issue:

- Penguin Shop
- Fundraiser Pickup
- Community Event Series



SAVE THE DATE

Grindstone Elementary PTA Presents

PENGUIN PATCH

TUESDAY, DECEMBER 12TH 6-8PM
THURSDAY, DECEMBER 14TH
GRINDSTONE ELEMENTARY CAFETERIA

In collaboration
with Sustainable
Berea, please bring
your own bags for
shopping!



HOLIDAY SHOPPING * 4TH GRADE BAKE SALE
HOT COCOA * SANTA PHOTO OP * RAFFLE BASKETS

Grindstone Elementary PTA Presents

PENGUIN PATCH

SENSORY-FRIENDLY TIME: 5:30-6:00PM

TUESDAY, DECEMBER 12TH 6-8PM
THURSDAY, DECEMBER 14TH
GRINDSTONE ELEMENTARY CAFETERIA



Grindstone Elementary PTA

PENGUIN PATCH

IS ENCOURAGING AND ACCEPTING DONATIONS FOR
THE BEREA FOOD BANK

SOME EXAMPLES OF ITEMS IN
NEED ARE:

- NON-PERISHABLE FOOD (CANNED OR BOXED ITEMS)
- TOILET PAPER, PAPER TOWELS, LAUNDRY DETERGENT, DISH SOAP AND ALL TOILETRIES

TUESDAY, DECEMBER 12TH 6-8PM
THURSDAY, DECEMBER 14TH
GRINDSTONE ELEMENTARY CAFETERIA





2023-2024
**CALL FOR
ENTRIES!**

I am Hopeful Because...

Explore the arts and
express yourself!



How To Enter
<https://rb.gy/glnegt>



Deadline for Entries:

**Friday, Dec. 8th, 2023
into the office**

For Details:

**Chris Carter
carterchris197469@gmail.com**

BCSD Community Series

In partnership with BCSD PTA Council

Please join us as we discuss three important topics that impact the development and wellbeing of our children and teens.



Social Media: Strategies to Develop Safe and Healthy Practices

Thursday, November 30, 2023

7:00-8:00pm

- Understand your child's perspective on the use of technology/social media
- Setting realistic expectations related to social media/internet use
- Strategies to help children with the decision-making and self-regulation needed for responsible use

The Blues, The Blahs and The Bruhs: Understanding the Emotional Ups and Downs of Children and Teens

Thursday, January 25, 2024

7:00-8:00pm

- Understand the difference between what's "normal" and what might be a sign of depression
- Learn strategies for supporting our children's emotional ups and downs

Stressed Out About Anxiety?

Thursday, March 14, 2024

7:00-8:00pm

- Understand how stress and fear can be protective and adaptive
- Recognize when anxiety is interfering with development and daily functioning
- Learn strategies for helping your child through the anxious moment

Brook Park Elementary - Auditorium

**17001 Holland Road
Brook Park, OH 44142**

**Any questions, please contact -
Meredith Ondak, BCSD Coordinator of Mental Health
mondak@bereaschools.org**

Enter to
win Raffle
Baskets

REGISTRATION LINK



<https://forms.gle/KJHFKbLHtJAFE4ja8>



MEGHAN BARLOW, PH.D.

Barlow & Adams Behavioral Health

Dr. Barlow is a clinical psychologist. She is passionate about providing excellent clinical care to children and adolescents who are experiencing emotional, behavioral, or developmental challenges as well as educating the community about these topics.



Grindstone Donation Station



Any day is a Great day to
Share Gear and Spare Care!

Are you looking for a great place to, Share your gear or Spare extra personal care? We have the bins! Grindstone will be continuously collecting and donating items for student residences at J&G Snow School.



Share Gear

- TITANS gear (new/used)
- Pants / Shorts
- Long/short sleeved shirts
- Sweatshirts
- Jackets (spring / winter)
- Boots (rain / winter)
- Shoes (new / slightly used)
- Socks / Undergarments (new)
- New / Softly used stuffed animals

*Gift cards are welcomed in sealed envelope with Purpose:
Donation Station - Snow School

Spare Care

- Body Wash
- Bath sponges (mesh loofah)
- Anti perspirant / Deodorant
- Shampoo / Conditioner
- Toothpaste
- Toothbrushes
- Female personal products
- Hairbrushes / Combs
- Hair ties / Scrunchies
- Scented Hand Sanitizers etc.

* Kindly place all personal care items in separate bin for easy distribution.



ALL DONATIONS BENEFIT SNOW SCHOOL

Snow School is a premier mental health residential treatment center for children in Ohio. They are OhioGrindstone's youth residential campus in Berea, Ohio. "home" to children and adolescents ages "6-15" years old. Snow School is staffed by Berea City School District Employees who proudly educate students who have been placed into their program.

SAVE THE DATE:

Fundraiser Pick-up

Tuesday, December 12
6-8 p.m.
Grindstone Cafeteria



Items from the Great Western Reserve fundraiser will be available for pick-up during the Penguin Patch.



NEXT PTA MEETING:

Thursday, January 25th

7:00pm

*Grindstone Elementary
Cafeteria*

**NO CHILDCARE?
NO PROBLEM!**

*Sign your kiddo(s) up for
Kids Club
for fun and
engaging activities
during the meeting!*

Join our PTA!



Grindstone
everychild.onevoice™ **PTA**

We can do more together than
apart. Join us on our mission
to inspire every child!