

SHAC COMMITTEE

MEETING NOTES

April, 25 2024 / 2-3PM

WELCOME

- Karen Graves, Director of Administrative Services

DEPARTMENT UPDATES

- Cathy Pool, Director of Health Services: thanked those who participated in the Fun Run; they were able to raise \$9000 for TEF grants and money toward teacher wellness programs
- Kevin Flanagan, Athletic Director: wanted to praise athletes for so many making academic all-state - about 145 seniors and 10 elite- based on their GPA, SAT, etc.

CURRICULUM REVIEW

- Steven Shiels, Director of Counseling presented discussion on:
- QUAVER READY: an elementary curriculum for counselors and teachers; ranges from tier 1 (ex: brain breaks) to tier 2 and 3 type (ex: interventions) Asked for opinions/thoughts from SHAC: one member thought the lessons are great, asked how is this implemented as new or replacing something? The current program is Great Expectations. This program is a resource to aid in the existing guidance calendar, the counselors can work through and use the lessons needed for their campus. Many have looked at it and like it, found it very user friendly. Training

would be in the summer, a 2.5 hour in-person with counselors and a few other staff. One asked if there was any feedback from current users particularly in grades K-3, like is it too “young” for the older ones. The Quaver Ready representative Paige Mitchell, was in the meeting on zoom and said they have already updated the 4/5th grade based on feedback received, so yes they are always open and working on it. Now more of a “youtube” style, good music. Some local districts are Aldine, Spring, Corpus. Also, Karen received positive feedback from some SHAC members that could not attend today’s meeting.

- HOPE SQUAD: high school program that is different because it consists of a select group of students chosen by peers; goal is for admin to get a diverse group to represent the school. They go through an all day training in summer, meet about twice a month throughout the year. One concern: is this too much on those students? They are not counselors, just helping to identify and hand-off to the proper adult to prevent suicide. The goal is to spread kindness, increase culture, have empathy. The counselors would need to help set boundaries, help maintain healthy emotional distances between students. Question of how many students selected? About 20-40, spread among various grade levels. Will those students be recognized and identifiable? Yes. One concern is how to prevent popularity bias when choosing them. Another is asking current districts if there are any negative feedback or experiences with the program. A lot seems to be positive, which is good. Example in addition to suicide prevention, maybe could also identify school shooters, impact safety and identify those disengaged. One member asked what happens with middle schoolers (5th-8th graders) what program do they have? Hope Squad can be used for junior high, eventually move the program down. Steven said he would love to see what else is out there for those grades too. Final question was asked if the program training includes when a student in need says “don’t tell adults” and yes it does.

WELLNESS PLAN REVISIONS

- Karen asked if everyone was all good on new recess wording and including sleep tips in plan? Yes they were. Also, Justin is working on SHAC website updates

SHAC NEXT YEAR

- Karen will email members this summer asking for their individual interest in serving again next year.

CLOSING MEETING

- Board Presentation Monday, May 5, 2024 @ 5:30pm
- Officers will meet to organize the presentation, basically the presentation shows the board what we have done this year
- Comments? Questions? Thank you!