

ORRHS Guidance Newsletter

Current Guidance Happenings

BSU College Fair for Juniors

We are excited to offer the opportunity for juniors to attend a college fair held at Bridgewater State University on May 30th. If you are interested in attending with our guidance team, please sign up (below) by May 3rd. Sign up here: [BSU sign up 5/30/24](#)

Here is the list of colleges that will be attending this fair: [Colleges in Attendance](#)

Cyber Sense Presentations

ORRHS will be hosting Cyber Sense Presentations this week. The Cyber Sense presentation is an internet safety presentation from the Plymouth County District Attorney's Office. It will be presented by Assistant District Attorneys familiar with the legal consequences of online interactions. Adolescents are at risk from both access by predators through social media and from materials adolescents might post online. Topics covered include digital footprint, anonymity, online predators, cyber bullying, sexting, and legal penalties.

Presentations will be held for students on the following dates during an extended Bulldog Block: Tuesday, April 30th for grades 9 & 10 & Wednesday, May 1st for grades 11 & 12

Grafton Job Corps Center - Open House for Seniors



The flyer for the Grafton Job Corps Center Open House for High School Seniors is titled "GRAFTON JOB CORPS CENTER OPEN HOUSE for High School Seniors". It is scheduled for Wednesday, May 8, from 10 a.m. to Noon. The location is 100 Pine St., North Grafton, MA 01536. The flyer lists several program benefits: Free Career Training in Growing Industries (Advanced Manufacturing, Carpentry, Pre-Apprentice, Certified Nurse Assistant, Clinical Medical Assistant, Security and Protective Services, Electrical, Pre-Apprentice, Plumbing, Pre-Apprentice, Culinary Arts), Program Benefits (Housing, Meals, Basic Medical Care, Job Placement Assistance), and Bi-Weekly Allowance. It also includes contact information for Amanda Bastien at bastien.amanda@jobcorps.org and a "CAREERS BEGIN HERE" logo.

On Wednesday, May 8th from 10 am-noon, Grafton Job Corps Center will be hosting an open house for seniors interested in career training.

RSVP to bastien.amanda@jobcorps.org by Monday, April 15th if you are interested in attending the open house located at 100 Pine Street, North Grafton, Ma 01536. Separate applicant tours are held every Thursday at 10 am.

Grafton offers free career training in growing industries such as Advanced Manufacturing, Carpentry (Pre-Apprentice), Certified Nurse Assistant, Clinical Medical Assistant, Security & Protective Services, Electrical (Pre-Apprentice), Plumbing (Pre-Apprentice) and Culinary Arts. Program benefits include housing, meals, basic medical care, bi-weekly allowance, job placement assistance.

Pre-College at UMass Amherst



The flyer for UMass Amherst Pre-College Programs Summer 2024 features the UMass Amherst logo and the text "Pre-College Programs Summer 2024". It includes three images: a group of students, a student working at a computer, and a student in a lab setting.

Summer Pre-College programs at UMass Amherst are residential and online academic programs for rising high school sophomores, juniors and seniors.

With courses taught by UMass faculty and graduate students, award-winning dining, modern residence halls, and fun co-curriculars, the UMass programs offer hands-on experience in college coursework and college life.

Programs are available in 25+ topics, ranging from Anthropology to Veterinary & Animal Sciences and everything in between. Whether you're looking for hands-on lab sciences, computer programming, business, or architecture & design, UMass has a pre-college program to fit your interests.

Deadlines are coming up soon! Admissions decisions are made on a rolling basis, with deadlines as outlined below for each session. Apply early as programs may fill up.

- Session 1 (Programs starting June 30): May 1st, 2024
- Session 2 (Programs starting July 14): May 15th, 2024
- Session 3 (Programs starting July 28): May 31st, 2024

Rising 10th - 12th graders in high school are eligible to attend the program. To apply, students will need:

- A brief, 1-page statement of interest
- An unofficial high school transcript
- A letter of recommendation from a teacher or school counselor

Questions? Read our [application FAQs](#) for the answers to some common questions, or email at summerprograms@umass.edu.

NCAA - Free Webinar for College-Bound Student-Athletes and Families



Are you a student-athlete dreaming of playing your sport at the NCAA level? Invest in your future and spend an hour on Wednesday, **May 8, from 6:30-7:30 p.m.** Eastern time, understanding the requirements and how to prepare for NCAA certification.

Join NCAA Eligibility Center staff, who will walk you through what you need to do to compete at the NCAA Division I, II or III level. Staff will be answering questions live during the presentation, so come prepared to learn how to take your game to the next level!

Click [HERE](#) to register.

Comput/Her @Curry College



Curry College enthusiastically invites you to attend their one-day conference designed to engage and inspire young women looking to pursue careers in data and computer sciences. **Rising high school sophomore, junior and senior women** are welcomed to their campus on **Wednesday, May 16, 2024 from 9:00am-2:30pm** for their Comput/HER @ Curry College Conference. There is no charge for

participants and lunch is included. [Comput/HER @ Curry College](#) is an event for young women - and those who support them - to collaborate, learn about, and participate in computing, technology, and data science activities. Participants will hear inspirational stories from successful women in the field, be mentored by female college students and recent graduates, and participate in collaborative, hands-on, skill-building activities in a welcoming and supportive environment.

Curry College asks that all students register individually. [Learn More & Student Registration](#)

Employment Opportunity

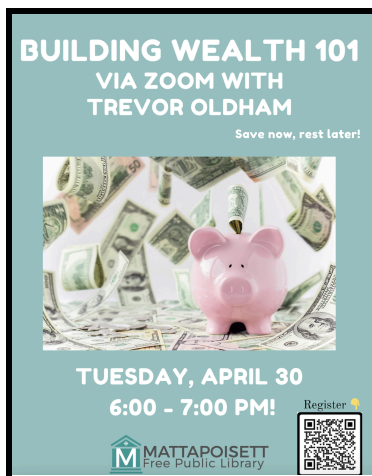
Mattapoisett Recreation is seeking applicants for the following seasonal position: Mattapoisett town beach lifeguards. If interested, please email mattrec@mattapoisett.net to set up an interview. The town of Mattapoisett is an Equal Opportunity Employer. Lifeguard requirements: must be at least 16 years of age, current lifeguard, CPR & First Aid Certifications, Open availability, certification ready physical fitness level - ability to swim 500 yards continuously, tread water for 2 minutes without the use of arms, swim under water 15 yards and ability to retrieve object from bottom in 7-15 feet of water.

Lillian B. Lamoureux Music Scholarship Competition

The Lillian B. Lamoureux Music Scholarship competition is open to all South Coast music students ages 14-21. Two \$1,000 scholarships are awarded annually, one to a high school student and one to a college student. Scholarships may be used for private music lessons, tuition, or other expenses that further the student's music education. The scholarship, awarded by the NBSO since 2000, continues to recognize the legacy of former President Emerita and longtime board President Lillian B. Lamoureux.

The 2024 Lamoureux Scholarship Application is [here](#). Please note that they have eliminated the requirement to provide a video audition and letters of recommendation. The only requirement is that the high school student and college student be from the South Coast area. The application deadline is **May 16, 2024**. Questions may be directed to Education Director Terry Wolkowicz at twolkowicz@nbsymphony.org.

Financial Literacy Event - Mattapoisett Town Library



Are you interested in learning more about Financial Literacy? Check out this opportunity at the Mattapoisett town library on Tuesday, April 30th. Building Wealth 101 presented by Trevor Oldham (held via zoom) is a can't miss presentation for students learning about financial literacy. Be sure to scan the QR code to register to attend.


Scholarship Information

You can find AVAILABLE SCHOLARSHIPS in the Guidance Office and also on the Guidance website. Visit the [guidance page](#) on the school website and click on Scholarship Information on the right side of the page. **Scholarships are updated often, so check back regularly. Local scholarship award letters are due back to the guidance office by Wednesday, May 22nd.** Please submit a copy or email your award notification(s) to your guidance counselor by the deadline if you would like to be recognized on the scholarship recipients list. *This list is for local scholarship awards only, not college/university scholarship awards).


Attention Seniors



Seniors: Don't forget to bring a copy of your [college acceptance letters](#) to your guidance counselor. It does not need to be the original - it can be a copy, screenshot, email, etc.

Career of the Week

CAREER OF THE WEEK		TRAVEL AGENT
		 <p>https://www.bls.gov/ooh/</p>
WHAT DO THEY DO?	HOW TO BECOME ONE	JOB OUTLOOK & SALARY
<ul style="list-style-type: none"> ARRANGE TRAVEL FOR BUSINESS AND VACATION CLIENTS DETERMINE CLIENTS' NEEDS AND PREFERENCES, SUCH AS SCHEDULES AND COSTS PLAN AND ARRANGE TOUR PACKAGES, EXCURSIONS, AND DAY TRIPS FIND FARE AND SCHEDULE INFORMATION CALCULATE TOTAL TRAVEL COSTS BOOK RESERVATIONS FOR TRAVEL, HOTELS, RENTAL CARS, AND SPECIAL EVENTS, SUCH AS TOURS AND EXCURSIONS DESCRIBE TRIPS TO CLIENTS AND ADVISE ABOUT LOCAL CUSTOMS AND ATTRACTIONS GIVE DETAILS ON REQUIRED DOCUMENTS, SUCH AS PASSPORTS AND VISAS, AND ON COMPLYING WITH CROSS-BORDER ENTRY REQUIREMENTS, SUCH AS HEALTH AND SAFETY PROTOCOLS MAKE ALTERNATIVE BOOKING ARRANGEMENTS IF CHANGES ARISE BEFORE OR DURING THE TRIP 	<p>COMMUNITY COLLEGES, VOCATIONAL SCHOOLS, AND INDUSTRY ASSOCIATIONS MAY OFFER TECHNICAL TRAINING, CERTIFICATES, OR CONTINUING EDUCATION IN PROFESSIONAL TRAVEL PLANNING.</p> <p>IN ADDITION, SOME 4-YEAR COLLEGES OFFER DEGREES IN TRAVEL AND TOURISM. COURSES USUALLY FOCUS ON RESERVATIONS SYSTEMS, MARKETING, AND REGULATIONS REGARDING INTERNATIONAL TRAVEL.</p>	<p>PROJECTED JOB GROWTH 3% BETWEEN 2022-2032</p> <p>MEDIAN SALARY \$48,060</p>

The Family Character Dare




FAMILY  

Family Volunteer Day

This weekend, research local organizations or nonprofits together and plan a way to support 1 this school year that stands out to you as a family.

It could be giving of your time, money, or energy - but finding some small way to contribute can be an amazing way to connect and do good!



The Family Character Dare is designed to bring family members together. This week's dare is called Family Volunteer Day! As a family, choose a local organization to give back to. This could be your time, money, or energy...anything can make a difference. Volunteering together can really bring your family together for a good cause and a good time!

SEL TIP OF THE WEEK



The National Honor Society induction on Thursday, April 25th inspired this week's SEL tip - **Participate in Service**. We heard from a guest speaker about the importance of service. Giving to others benefits everyone involved. To give feels good! It fosters a sense of belonging and purpose, as individuals contribute to something larger than themselves, boosting self-esteem and mental well-being. This SEL tip goes hand in hand with the family character dare...volunteer, give back, contribute.