



HAMPTON TOWNSHIP SCHOOL DISTRICT ELEMENTARY SCHOOL LUNCH MENU MAY/JUNE 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AVAILABLE DAILY:	Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls			
<p>Now Hiring Food Service Employees</p> <p>Contact: Jenna Ossler metzfoodservice@ht-sd.org 412-492-6390</p>	<p>Every Friday in May is Lucky Tray Day</p> <p>Students Have a Chance to Win Super Hero Themed Prizes. Good Luck!</p>	<p style="text-align: right;">1</p> <p>Whole Grain Potato & Cheddar Mini Pierogi Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">2</p> <p>Corn Dog On a Stick Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">3</p> <p>Celebrate School Lunch Hero Day Lucky Tray Day!</p> <p>Whole Grain Stuffed Crust Pizza Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:	Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls			
<p style="text-align: right;">6</p> <p>WG Mini Maple Pancakes w/ Sausage & Syrup Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Honey Glazed Carrots Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">7</p> <p>Beef & Cheese Soft Tacos On Whole Grain Tortillas Salsa and Sour Cream On Side Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">8</p> <p>Penne Pasta w/ Meat Sauce & Breadstick Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">9</p> <p>Cheese Burger On Whole Grain Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">10</p> <p>Lucky Tray Day! Whole Grain Big Daddy's Cheese Pizza Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:	Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls			
<p style="text-align: right;">13</p> <p>Pizza Craveable WG Flatbread, Mozzarella Cheese, Pizza Sauce, Pepperoni Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Ranchero Carrots Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">14</p> <p>Nacho Cheese Walking Taco WG Nacho Cheese Chips, Beef, Cheese Lettuce, Salsa, Sour Cream On Side Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">15</p> <p>General Tso's Chicken w/ Brown Rice Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">16</p> <p>BBQ Ribby On Whole Grain Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">17</p> <p>Lucky Tray Day! Whole Grain Whole Grain Pizza Sticks w/ Pizza Dipping Sauce Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Peas Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:	Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls			
<p style="text-align: right;">20</p> <p>Yogurt Parfait w/ Cheese Stick, WG Belly Bears and WG Goldfish Crackers Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Honey Glazed Carrots Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">21</p> <p>Ham & Cheese On WG Pretzel Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Oven Fries Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">22</p> <p>Penne Pasta w/ Meat Sauce & Breadstick Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">23</p> <p>Chicken Patty On Whole Grain Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Baked Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">24</p> <p>Lucky Tray Day! Whole Grain French Bread Pizza Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:	Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls			
<p style="text-align: right;">27</p> <p>NO SCHOOL Memorial Day</p>	<p style="text-align: right;">28</p> <p>Walking Taco WG Tortilla Chips, Beef, Cheese Lettuce, Salsa, Sour Cream On Side Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Black Beans Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">29</p> <p>Chicken Mashed Potato Bowl w/ Whole Grain Rolls Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Corn Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">30</p> <p>Meatball Hoagie On Whole Grain Hoagie Bun Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Green Peas Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">31</p> <p>Lucky Tray Day! Whole Grain Big Daddy's Cheese Pizza Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Steamed Broccoli Choice of Fruit(s) & Milk</p>
AVAILABLE DAILY:	Main Plate + #2 WG Uncrustable Peanut Butter and Jelly w/ Cheese Stick & WG Dinner Roll #3 Talbot Salad - Ham & Cheese Cups w/ WG Dinner Rolls #4 Chicken Tenders w/ WG Dinner Rolls			
<p style="text-align: right;">3</p> <p>Cook's Choice Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Cook's Choice Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">4</p> <p>Cook's Choice Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Cook's Choice Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">5</p> <p>Cook's Choice Or Daily Alternative Entrée</p> <p>FEATURED VEGETABLE: Cook's Choice Choice of Fruit(s) & Milk</p>	<p style="text-align: right;">6</p> <p>Early Dismissal No Lunches</p>	<p style="text-align: right;">7</p> <p>Last Day for Students Early Dismissal No Lunches Have a Great Summer!</p>

What is a Meal?
You Must Choose at Least 3 of the 5 Components Available for the School Lunch Price.
Minimum of a 1/2 cup Serving of Fruit or Minimum of a 1/2 Cup of Vegetable Must Accompany a Reimbursable Lunch

Meat or Meat Alternate
Grain/ Bread
Choice of Vegetable(s)
Choice of Fruit(s)
Choice of Milk

Daily Vegetable Selection May Include:
Baby Carrots, Celery Sticks, Cucumbers, Green Peppers, Salad

Daily Fruit Selection May Include:
Apples, Apple Slices, Bananas, Grapes, Oranges, Cantaloupe, Honeydew, Strawberries, Applesauce, Diced Peaches, Diced Pears, Mixed Fruit
100% Juice - Apple, Fruit Punch, Grape, Orange

Daily Milk Selection May Include:
1% White,
Fat-Free: White, Chocolate, Vanilla
Lactose Free Available Upon Request

Leave Your Lunchbox at Home!

Daily Entrée Options Include:
#2 WG Uncrustable Peanut Butter & Jelly w/ Cheese Stick & Dinner Roll

#3 Talbot Salad
Ham & Cheese Cups w/ WG Dinner Rolls

#4 Chicken Tenders w/ WG Dinner Rolls

May Nutritious Friend

Menu Subject to Change
Based on Product Availability

Food Service Director
Jenna Ossler
412-492-6390
metzfoodservice@ht-sd.org

LUNCH PRICES:

Student \$2.50
Adult \$4.00

Vegetarian

Please Make Checks Payable to: HTSD Cafeteria Fund
Money May Also Be Deposited Into Your
Child's Account Online at www.payschoolscentral.com

USDA is an equal opportunity provider and employer.