

Hampton Township School District High School Breakfast Menu May/ June 2024



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | 1 | 2 | 3 |
| <p>Now Hiring Food Service Employees <i>Contact:</i> Jenna Ossler metzfoodservice@ht-sd.org 412-492-6390</p> | <p>All Students are Eligible for a FREE BREAKFAST*</p> <p><i>*Must Select a Reimbursable Meal</i></p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> |
| 6 | 7 | 8 | 9 | 10 |
| <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> |
| 13 | 14 | 15 | 16 | 17 |
| <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> |
| 20 | 21 | 22 | 23 | 24 |
| <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> |
| 27 | 28 | 29 | 30 | 31 |
| <p>NO SCHOOL</p> <p>Memorial Day</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> | <p>Sausage/Egg/Cheese on Whole Grain Bagel, WG Pancake Sausage Stick, ✔️ WG Dutch Waffle Or Choice of Daily Entrée Assorted 100% Fruit Juice, Fresh Fruit or Canned Fruit Choice of Milk</p> |
| 3 | 4 | 5 | 6 | 7 |
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What is a Breakfast?
Choice of Hot Entree or Daily Entree, Choice of Fruit/Juice, and Choice of Milk.
Students must take at least a 1/2 cup of Fruit/Juice as one of their 3 components for the school breakfast price.

- ✔️ **DAILY ENTREES MAY INCLUDE:**
- WG Sausage Breakfast Pizza (*Not Vegetarian*)
 - WG French Toast Sticks
 - WG Eggo Pancakes or Waffles
 - WG Housemade Donut w/ Icing
 - WG Powdered Sugar Mini Donuts
 - WG Chocolate Mini Donuts
 - WG Donut Super Stix
 - WG Bagel
- Following Entree Items Served w/ WG Goldfish Graham Crackers**
- Yogurt/ Greek Yogurt
 - WG Muffins-
 - Apple Cinnamon/ Banana/Blueberry/Chocolate
 - WG Loaves/Breads -
 - Banana/ Blueberry/Chocolate
 - WG Cereal Bars - CTC/Cocoa Puffs/ Trix
 - WG Nutrigrain Bars - Apple/Blueberry/ Raspberry/Strawberry
- Whole Grain Cereal:
 - Cheerios, Cinnamon Toast Crunch
 - Lucky Charms
- Whole Grain Pop Tart:
 - Cinnamon/Chocolate Fudge/Strawberry

Fruit Choices May Include:
Apples, Apple Slices, Bananas, Grapes, Oranges, Canned: Applesauce, Pears, Peaches, Mixed Fruit or 100% Assorted Fruit Juice

Milk Choices Include:
1% White Milk,
Fat Free: White, Chocolate, Vanilla
Lactose Free Milk Available Upon Request

✔️ Vegetarian

Food Service Director:
Jenna Ossler
metzfoodservice@ht-sd.org
412-492-6390

Have a Great Summer!

ALL STUDENTS ARE ELIGIBLE FOR A FREE REIMBURSABLE BREAKFAST

Please make checks payable to: HTSD Cafeteria Fund. Money may also be deposited into your child's account online at www.payschoolscentral.com

USDA is an equal opportunity provider and employer