

# May Menu 2024

Meatless Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
Contains Pork: Gluten Free: Scratch-made: Vegetarian:	<b>Meals are FREE for all EUSD Students</b> Adults & Visitors: \$6.00 for Lunch, \$4.00 for Breakfast 	1	2	3
		Homemade Macaroni & Cheese with Chicken Bites Chicken Corndog (Nitrate free) Yogurt & Granola	Fiesta Nachos  with Grass Fed Organic Beef EUSD Cheese Pizza EUSD Sausage & Pepperoni Pizza Benefit Bar & String Cheese	Grass Fed Beef Hotdog Soft Pretzels with Cheese Dipping Sauce Yogurt & Granola Snickerdoodle Cookie
6	7	8	9	10
Pasta with Butter Parmesan Sauce  & Mozzarella Breadstick EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola	Slow Roasted Carnitas Taco Crispy Chicken Sandwich Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	Cheese Quesadilla Chicken & Waffles Yogurt & Granola	Boar's Head Turkey & Cheese Sub Sandwich EUSD Cheese Pizza EUSD BBQ Chicken Pizza Benefit Bar & String Cheese	Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Homemade Macaroni & Cheese Yogurt & Granola Chocolate Chip Cookie
13	14	15	16	17
Homemade Bean & Cheese Burrito EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola	Baja Fish Taco with Tortilla Chips Chicken Tenders Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	Grilled Cheese Sandwich Orange Chicken with Brown Rice Yogurt & Granola Fortune Cookie	Carne Asada Soft Taco EUSD Cheese Pizza EUSD Pepperoni Pizza Benefit Bar & String Cheese	Brunch for Lunch (French Toast) Mozzarella Breadsticks & Marinara Yogurt & Granola Sugar Cookie
20	21	22	23	24
Spaghetti with EUSD Marinara & Garlic Bread EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola Whole Fruit Popsicle	Crunchy Grass Fed Organic Beef Taco Crispy Chicken Sandwich Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	Homemade Macaroni & Cheese Chicken Corndog (Nitrate free) Yogurt & Granola	Pasta with Butter Parmesan Sauce  & Garlic Bread EUSD Cheese Pizza EUSD BBQ Chicken Pizza Benefit Bar & String Cheese	Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll Grass Fed Beef Hotdog Impossible Burger Yogurt & Granola Brownie
27	28	29	30	31
<b>Memorial Day</b>	Cheese Tamale with Tortilla Chips Chicken Tenders Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	Cheese Quesadilla Chicken & Waffles Yogurt & Granola	Fiesta Nachos  with Grass Fed Organic Beef EUSD Cheese Pizza EUSD Pepperoni Pizza Benefit Bar & String Cheese	Soft Pretzels with Cheese Dipping Sauce Grass Fed Beef Cheeseburger Yogurt & Granola Chocolate Chip Cookie

### School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at [www.schoolcafe.com](http://www.schoolcafe.com).

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: [lea.bonelli@eusd.net](mailto:lea.bonelli@eusd.net).

Food Allergies: A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve GF items, but our kitchens are not GF facilities. We do not serve any entrées that contain peanuts or tree nuts; we also avoid sourcing food that is processed in facilities that also process nuts. However, we are not considered a certified nut free facility.

\*\*Menus are subject to change without notice \*\* *This institution is an equal opportunity provider*

### Breakfast Menu

Breakfast is served daily before school. Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

**Monday:** Banana Bread & Assorted Cereal

**Tuesday:** Maple Belgian Waffle & Assorted Cereal

**Wednesday:** Sweet Potato Chocolate Chip Muffin & Oatmeal Benefit Bar  
**Thursday:** Mini Pancakes & Assorted Cereal

**Friday:** Buttermilk Twin Bars & Chocolate Chip Banana Scone

### Daily Salad Bar:

#### Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

**Mondays:** Locally Grown Apples & Jicama  
**Tuesdays:** Locally Grown Avocados & Cantaloupe  
**Wednesdays:** Pineapple Chunks & California Grown Blueberries  
**Thursdays:** Petite Bananas & Locally Grown Dassi Family Farm Cucumbers  
**Fridays:** Locally Grown Gold Nugget Tangerines  
 Various dressings are offered daily including a option.