

# High School Breakfast Menu

May 2024



Menu is subject to change without notice.

Contains pork

Vegetarian

For details about ingredients and allergens, please visit LINQ Connect on our website.

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. Uncrustable Breakfast Bites 2. Mega Muffin 3. Power-Up Smoothie  Sides: Banana & 100% Juice	1. Glazed Donut 2. Mega Muffin 3. Power-Up Smoothie  Sides: Pears & 100% Juice	1. Mini Cinnis 2. Mega Muffin 3. Power-Up Smoothie  Sides: Apple & 100% Juice
		<b>01</b>	<b>02</b>	<b>03</b>
1. Strawberry Pancake Bowl 2. Cereal 3. Yogurt Parfait  Sides: Strawberry Craisins & 100% Juice	1. Breakfast Rounds 2. Cereal 3. Yogurt Parfait  Sides: Apple Slices & 100% Juice	1. Donut Holes 2. Cereal 3. Yogurt Parfait  Sides: Banana & 100% Juice	1. Cinnamon Roll 2. Cereal 3. Yogurt Parfait  Sides: Pears & 100% Juice	1. Pancake Wrap 2. Cereal 3. Yogurt Parfait  Sides: Apple & 100% Juice
<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>
1. Bagel 2. Breakfast Bar 3. Sunrise Smoothie  Sides: Strawberry Craisins & 100% Juice	1. Banana Bread 2. Breakfast Bar 3. Sunrise Smoothie  Sides: Apple Slices & 100% Juice	1. Breakfast Pizza 2. Breakfast Bar 3. Sunrise Smoothie  Sides: Banana & 100% Juice	1. Glazed Donut 2. Breakfast Bar 3. Sunrise Smoothie  Sides: Pears & 100% Juice	1. Egg & Turkey Sausage Muffins 2. Breakfast Bar 3. Sunrise Smoothie  Sides: Apple & 100% Juice
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
1. Uncrustable Breakfast Bites 2. Mega Muffin 3. Yogurt Parfait  Sides: Strawberry Craisins & 100% Juice	1. Pancake Wrap 2. Mega Muffin 3. Yogurt Parfait  Sides: Apple Slices & 100% Juice	1. Mini Cinnis 2. Mega Muffin 3. Yogurt Parfait  Sides: Banana & 100% Juice	1. Cinnamon Roll 2. Mega Muffin 3. Yogurt Parfait  Sides: Pears & 100% Juice	1. Breakfast Sandwich 2. Mega Muffin 3. Yogurt Parfait  Sides: Apple & 100% Juice
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>No School</b>	1. Egg & Turkey Sausage Muffin 2. Muffin & Cheese Cubes  Sides: Apple Slices & 100% Juice	1. Strawberry Pancake Bowl 2. Muffin & Cheese Cubes  Sides: Banana & 100% Juice	1. Breakfast Bar 2. Muffin & Cheese Cubes  Sides: Pears & 100% Juice	1. Mini Cinnis 2. Muffin & Cheese Cubes  Sides: Apple & 100% Juice
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>