

What's on the Menu?

Rochester Community Schools High School: Breakfast May 2024

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Mini-Cinnis Chilled Fruit	Overnight Oats Fresh Banana	Breakfast Bagel Sandwich Fresh Fruit
6	7	8	9	10
Cinnamon Toast Soft Pastry Bar Chilled Fruit	Chorizo Breakfast Pocket Fresh Fruit	Mini Waffles Fresh Fruit	French Toast Bites Fresh Strawberries	Breakfast Bacon Pizza Fresh Fruit
13	14	15	16	17
Mini Pancakes Fruit Juice	Breakfast Bacon Pizza Fresh Fruit	Mini-Cinnis Chilled Fruit	Overnight Oats Fresh Banana	No School
20	21	22	23	24
Cinnamon Toast Soft Pastry Bar Chilled Fruit	Chorizo Breakfast Pocket Fresh Fruit	Mini Waffles Fresh Fruit	French Toast Bites Fresh Strawberries	Breakfast Bacon Pizza Fresh Fruit
27	28	29	30	31
No School	Breakfast Bacon Pizza Fresh Fruit	Mini-Cinnis Chilled Fruit	Overnight Oats Fresh Banana	Breakfast Bagel Sandwich Fresh Fruit
<p>Serving Daily: BeneFIT Bars, Yogurt Parfaits, Bagels and Cream Cheese, Pop Tarts, Cereal Bowls, Muffins and Cheese Stick or Yogurt Cup.</p>				

Menu subject to
change due product
availability



Questions or comments? Food Service 248-726-4618 Director Marsha Dziewit
Assistant Directors Tamara Brazelton and Marci Flaherty
Go to MyPlate.gov for online personal wellness resources for you and your family.
Make Checks Payable to RCS Foodservice for a la carte items.
This institution is an equal opportunity provider.

