



# What's on the Menu?

**Allergy Alert:** New Manufacturer Hamburger Buns, Hot Dog Buns, Sliced Bread and Hoagie Rolls CONTAIN WHEAT, SOY AND SESAME

## Rochester Community Schools ACE HS ATPS: Lunch May 2024

A full student lunch includes a choice of entrée supplying protein and grain,  
 2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.  
 A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

\*This institution is an equal opportunity employer.

	Monday	Tuesday	Wednesday	Thursday	Friday
(V) Vegetarian Option			1	2	3
<b>CHOICE A</b>			Popcorn Chicken w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Waffles w/ Syrup (V) Turkey Sausage Tater Tots 100% Fruit Juice	WG Bosco Breadsticks (V) Pizza Sauce Fresh Fruit
	6	7	8	9	10
<b>CHOICE A</b>	Beef Cheeseburger WG Bun Tater Tots Fresh Fruit	Beef Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Pancakes w/ Syrup (V) Turkey Sausage Tater Tots 100% Fruit Juice	Cheese Quesadilla (V) Fresh Broccoli Fresh Fruit
(V) Vegetarian Option	13	14	15	16	17
<b>CHOICE A</b>	Chicken Patty Sandwich WG Bun Fresh Vegetable Fresh Fruit	WG Mini Corn Dog Nuggets Vegetarian Baked Beans Fresh Fruit	Popcorn Chicken w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Waffles w/ Syrup (V) Turkey Sausage Tater Tots 100% Fruit Juice	NO School
	20	21	22	23	24
<b>CHOICE A</b>	Beef Cheeseburger WG Bun Tater Tots Fresh Fruit	Beef Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Pancakes w/ Syrup (V) Turkey Sausage Tater Tots 100% Fruit Juice	Cheese Quesadilla (V) Fresh Broccoli Fresh Fruit
(V) Vegetarian Option	27	28	29	30	31
<b>CHOICE A</b>	NO School	WG Mini Corn Dog Nuggets Vegetarian Baked Beans Fresh Fruit	Popcorn Chicken w/ WG Cheddar Goldfish Crackers Fresh Vegetable Canned Fruit	WG Waffles w/ Syrup (V) Turkey Sausage Tater Tots 100% Fruit Juice	WG Bosco Breadsticks (V) Pizza Sauce Fresh Fruit
<b>CHOICE B</b>	French Bread Pizza (V)	French Bread Pizza (V)	French Bread Pizza (V)	Deli Turkey Sandwich WG Bun	Deli Turkey Sandwich WG Bun

