



MOOD BOOST



Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu May 2024

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk.
Milk choices include 1% white and 1% chocolate.



Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Breaded Chicken Drumstick Fluffy Breadstick Emoji Baked Fries Fruit & Veggie Bar	2 WG Popcorn Chicken w/ Sweet & Sour Sauce & Fried Rice Roasted Carrot Coins WG Fortune Cookie Fruit & Veggie Bar	3 WG Classic Cheese Pizza Seasoned Green Beans School Lunch Hero Day! Fruit & Veggie Bar
6 WG Eggoji Waffles with Syrup Turkey Sausage Great Lakes Awareness Day! Fruit & Veggie Bar	7 Walking Taco (Beef) with Doritos Seasoned Pinto Beans Fruit & Veggie Bar	8 WG Boneless Chicken Wings Buffalo Ranch on Side Fluffy Breadstick Seasoned Potato Wedges Fruit & Veggie Bar	9 WG Grilled Cheese Sandwich* Seasoned Broccoli Fruit & Veggie Bar	10 WG Classic Cheese Pizza Seasoned Carrots Fruit & Veggie Bar
13 WG Pancakes with Syrup Scrambled Eggs Fruit & Veggie Bar	14 Build Your Own Taco (Beef) with Shredded Cheddar Seasoned Black Beans National Dance Like a Chicken Day! Fruit & Veggie Bar	15 WG Pizza Crunchers with Dipping Sauce Crispy Tater Tots Fruit & Veggie Bar	16 Homemade Mac and Cheese with Fluffy Breadstick Seasoned Cauliflower National BBQ Day! Fruit & Veggie Bar	17 No School
20 WG Eggoji Waffles with Syrup Turkey Sausage Fruit & Veggie Bar	21 Nachos with Queso Blanco and Taco Meat (Turkey) Seasoned Pinto Beans Fruit & Veggie Bar	22 WG Popcorn Chicken with Mashed Potatoes & Gravy Fluffy Breadstick Seasoned Corn Fruit & Veggie Bar	23 Chicken Meatballs with Marinara Sauce on Rotini Seasoned Broccoli World Turtle Day! Fruit & Veggie Bar	24 WG Classic Cheese Pizza Seasoned Peas Fruit & Veggie Bar
27 No School Memorial Day!	28 WG Cheese Quesadilla Seasoned Black Beans Fruit & Veggie Bar	29 WG Breaded Chicken Drumstick Fluffy Breadstick Emoji Baked Fries Fruit & Veggie Bar	30 WG Popcorn Chicken w/ Sweet & Sour Sauce & Fried Rice Roasted Carrot Coins WG Fortune Cookie Fruit & Veggie Bar	31 WG Classic Cheese Pizza Seasoned Green Beans Fruit & Veggie Bar
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
B. Cereal Fun Lunch: WG Cereal, Yogurt Cup, WG Crackers & String Cheese	B. Yogurt Parfait with Strawberries & WG Granola	B. Turkey, Cheese & Lettuce Wrap on WG Tortilla	B. Yogurt Parfait with Strawberries & WG Granola	B. Turkey, Cheese & Lettuce Wrap on WG Tortilla
C. WG Chicken Nuggets with WG Breadstick	C. Hot Dog (Beef) on WG Bun*	C. WG Boscós with Pizza Dipping Sauce	C. Cheeseburger on WG Bun*	C. WG Chicken Patty on WG Bun*

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

QUESTIONS? CALL:

Food Service Director: Marsha Dziewit

Asst. Food Service Directors: Tamara Brazelton and Marci Flaherty

Questions? Contact Food Service Office: 248-726-4602

This institution is an equal opportunity employer.

*Hamburger Buns, Hot Dog Buns, Hoagie Rolls, and Sliced Bread Contain Wheat, Soy, & Sesame



This month's food focus is: Summer Fun
Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.



Meet the Moodies!



This Month's Fruit and Vegetable Bar Featured Selections: Apples, Oranges, Celery and Carrots Available Every Day

Monday	Tuesday	Wednesday	Thursday	Friday
May 1st-May 3rd				
		Chilled Mandarin Oranges	Tossed Romaine Salad	Chilled Pineapple
		Raisins	Fresh Cut Seasonal Fruit	SideKick (100% Fruit Juice)
		Fresh Baby Carrots	Fresh Strawberries	Sugar Snap Peas
		Fresh Apple	Broccoli Florets	Tossed Romaine Salad
May 6th-May 10th				
Craisins	Chilled Rosy Applesauce	Chilled Mixed Fruit	Tossed Romaine Salad	Sugar Snap Peas
Orange Juice	Celery Sticks	Red Pepper Strips	Fresh Strawberries	SideKick (100% Fruit Juice)
Grape Tomatoes	Raisins	Chilled Mandarin Oranges	Cucumber Coins	Fresh Banana
Broccoli Florets	Salsa	Broccoli Florets	Fresh Cut Seasonal Fruit	Tossed Romaine Salad
May 13th-May 17th				
Apple Juice	Salsa	Craisins	Fresh Strawberries	
Cinnamon Bananas	Fresh Orange Wedges	Chilled Mandarin Oranges	Chilled Green Peas	
Broccoli Florets	Red Pepper Strips	Green Pepper Strips	Fresh Cut Seasonal Fruit	
Grape Tomatoes	Chilled Peaches	Fresh Baby Carrots	Tossed Romaine Salad	
May 20th-May 24th				
Orange Juice	Chilled Applesauce	Red Pepper Strips	Cucumber Coins	Tossed Romaine Salad
Broccoli Florets	Raisins	Chilled Peaches	Fresh Strawberries	SideKick (100% Fruit Juice)
Craisins	Salsa	Fresh Celery Sticks	Tossed Romaine Salad	Fresh Banana
Grape Tomatoes	Fresh Baby Carrots	Chilled Mandarin Oranges	Fresh Cut Seasonal Fruit	Sugar Snap Peas
May 27th-May 31st				
	Chilled Peaches	Chilled Mandarin Oranges	Tossed Romaine Salad	Chilled Pineapple
	Raisins	Raisins	Fresh Cut Seasonal Fruit	SideKick (100% Fruit Juice)
	Chilled Peas	Fresh Baby Carrots	Fresh Strawberries	Sugar Snap Peas
	Salsa	Fresh Apple	Broccoli Florets	Tossed Romaine Salad