

# FREWSBURG CENTRAL SCHOOL DISTRICT ATHLETIC/EXTRACURRICULAR PLAN



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## VISION STATEMENT

The Frewsburg Central School District will promote an athletic/extracurricular program that is implemented as an extension of the educational experience. Participation will incorporate an environment that encourages our students to develop life skills in the areas of leadership and character development that provides them with the opportunity to achieve a high-quality education, promoting college and career readiness and initiating a student-athlete's positive impact on their community.

## SPORTSMANSHIP

Sportsmanship is possessing, practicing and demonstrating the skills of sportsmen; honesty, being fair-minded, having knowledge of rules, respecting rules and officials, demonstrating self-control, recognizing good play, treating others and all situations in a manner you would expect to be treated, and accepting victory with grace and defeat with dignity.

- **In School:** All students shall act in a responsible manner in accordance with district-wide policy and school building rules on conduct and discipline. Any disciplinary action on a given day may supersede participation in an athletic event
  - Dismissal and/or suspension from any event as a result of continued improper conduct in school shall be based on the discretion of the building administrator.
- **Out of School:** Any behavior out of school, which is illegal, may result in dismissal/suspension from the event. Such a decision shall be made by the building administrator.
- **During or in Relation to an Event:** Any behavior bringing discredit to the student's school may result in dismissal/suspension from any event. In the case of interscholastic sports, it shall be the responsibility of the athletic director and coaches to prepare a uniform procedural guideline which will establish behavioral expectations and disciplinary actions for offenses. Subsequently, it shall be the duty of the athletic director and the coach involved to meet appropriate punishment and notify the building principal of the same. In the case of extracurricular activities, it shall be the responsibility of the advisor to prepare a uniform procedural guideline which will establish behavioral expectations and disciplinary actions for offenses.
- **The Dignity for All Students Act (DASA):** The New York State Dignity for All Students Act took effect on July 1, 2012. The goal of the Dignity Act is to create a safe and supportive school climate where students can learn and focus, rather than fear being discriminated against, verbally harassed, or physically assaulted. All public elementary and secondary school students have the right to attend school in a safe, welcoming, considerate, and caring environment.
  - The Dignity for All Students Act states: *“No student shall be subjected to harassment by employees or students on school property or at a school function, nor shall any student be subjected to discrimination based on a person’s actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender, or sex by school employees or students on school property or at a school function.”*

## ACADEMIC ELIGIBILITY

The Frewsburg Central School District has an eligibility program for interscholastic athletics and extracurricular activities. Students in grades 7-12 who participate in athletics must be enrolled as a full-time student, are subject to the district's Academic Eligibility policy as well as Section VI regulations

Frewsburg Central School students who participate in athletic and/or extracurricular activities are expected to conform to the academic standards which meet or exceed the standards set by Frewsburg Central School District and the NYS Board of Regents.

The following guidelines must be read and signed by all student participants and their parent/guardian and returned to their respective advisor prior to the beginning of the activity or season.

### Requirements

- Maintain a 65% or better in each individual class.

### High School Precautionary Guidelines

- Teachers will report weekly students failing or in danger of failing to the Academic Study Hall/ Peer Mentoring Program.
- Administration will communicate with students who are failing the requirement to stay for Academic Study Hall until they are no longer failing.
  - If a student does not stay or communicate why they are not staying, disciplinary consequences could apply.

### Middle School Precautionary Guidelines

- Teachers will report weekly students failing or in danger of failing to the Middle Level Department Chair.
- The Middle Level Department Chair will communicate with students and families of the failures and the requirement to stay for Middle Level Tutoring on Tuesdays and Wednesdays.
  - If a student does not stay or communicate why they are not staying, disciplinary consequences could apply.

### Probation Guidelines

A formal review of grades will be conducted at the intervals listed below by athletic director, advisors, counselors, and building administration:

- 5 Week Progress Reports
- 10 Week Report Card\*
- 15 Week Progress Reports
- 20 Week Report Card\*
- 25 Week Progress Reports
- 30 Week Report Card\*
- 35 Week Progress Reports
- Students failing 1 or more classes at those times will be placed on a 10 school day probation and will be required to stay after school in Academic Study Hall or make arrangements with the teacher of the failing course(s) to improve grades. \*(or prevent falling behind at the beginning of a new marking period)
- During the probation period, students will be allowed to practice and participate in practice, contests, and events, however, they will be placed on the No Pass Lists. \*(if a student was placed on the No Privilege list during a Progress Report period, and are still failing at the Report Card period they will remain on the No Privilege list until after the 10 probationary period.)

### Temporary Suspension

- Students who fail to achieve a passing average by the end of the probationary period will be placed on the No Privilege List until they are passing the classes.

- Students involved with sports or extracurriculars who fail to achieve a passing average by the end of the probationary period will result in the temporary suspension of competitive play and events in addition to being placed on the No Privilege List. Students may return once they are passing the classes

## HEALTH & WELLNESS

Frewsburg Central School recognizes the use of mood-altering chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning, and the total development of each individual. The use, misuse and abuse of chemicals affects athletic participation and the development of related skills. Our students are also affected by the misuse and abuse by family, team members, or other significant persons in their lives.

The coaches and advisors of our activities have a unique opportunity to observe, educate, and assist participating students. Therefore, we endorse the following rules in our plan:

## SUBSTANCE ABUSE

A student participating in an athletic or extracurricular program of Frewsburg Central School shall refrain from the use and/or possession of tobacco, tobacco products, alcohol, malt beverages, vapes/e-cigarettes, and other drugs during the sport season. The improper use of a prescription drug is also prohibited.

### **FIRST OFFENSE:** *(violation of rules)*

- The student will be suspended from the activity(s) for a period of up to 30 calendar days. However, the student must continue to practice/attend all required sessions. Parents/guardians and athletes are required to follow the educational component for chemical health violations as outlined in this document.
- After completing that education component, the 30-day suspension may be reduced by agreement of the principal, coach or activity advisor, and the athletic director, and upon the written recommendation of the qualified chemical health specialist.

### **SECOND OFFENSE:**

- The student will be suspended from team contests/events and practices for 50 calendar days. Suspension will carry over from one season or school year to the next.
- Parents/guardians and athletes are required to follow the educational component for chemical health violations as outlined in this document.

### **THIRD OFFENSE:**

- Student suspended from team contests and practices for a period of one year.
- Suspension will carry over into the next school year.
- The student and parents may request consideration of this decision to the Board of Education after a period of 100 days provided they can show conclusive evidence from a professional counselor that appropriate steps have been taken and the counselor feels that the student has made significant progress to warrant return to an athletic program. The request to do so must be made through the Superintendent and will be accommodated through a closed session of a board meeting to insure confidentiality. The board will render a final decision on the appeal. All subsequent offenses will be treated similarly. Offenses will be treated sequentially and not on a seasonal or yearly basis.

It is understood that this policy is to supplement not supplant any existing Board of Education policy regarding substance abuse. **Evidence which may be considered in deciding whether or not a violation of the substance abuse policy has occurred shall include, but not limited to:**

- Admission of the same to any coach/advisor by a student or his/her parent(s) / guardian(s).
- Report of violation witnessed by a teacher, staff member, school official which is witnessed while they are discharging duties or occurs on school property during regular hours/school activities.
- A violation, which results in police action leading to ARREST or CONVICTION or sworn statement from an on-duty police officer that the individual student was found under the influence of or was using any illegal substance and this information becomes knowledge to the school.

### **Educational Component for Chemical Health Violations**

If a violation occurs, the Code requires immediate administrative action and involves a Student Assistance Process. The student and a parent or guardian must attend this process. Parents/Guardians must take parental responsibility for their child and be involved in this process. This helps ensure that they are informed and aware of the nature of the violation and in full understanding that any future violations will result in greater consequences. The parent can also come to understand their role in helping their child learn a valuable lesson. Every incident or violation must be documented. This process is educationally based and is patterned after the restorative justice model. This process shall include provisions that the student and parent/guardian shall receive the following:

#### Education

- The process requires the parent/guardian and student to see the SRO (School Resource Officer) to discuss the legal ramifications of the behavior of concern and to discuss the law and youth risk behaviors such as drinking and driving.
- The process requires that the parent/guardian and student see a qualified Chemical Health Specialist, counselor, or social worker to discuss the magnitude and status of the chemical health of the individual.
- The parent/guardian and student must participate in education that addresses the effects on performance, brain development, learning, and development of the student as a young adult.

#### Corrective

- The student and parent/guardian must come to an understanding that corrective measures are necessary in order to resume the extracurricular/athletic activity. This shall include a meeting with the parent/guardian, student, coach/athletic director/principal. These measures will be agreed upon in this meeting as well as reviewing Athletic/Extracurricular Plan.

#### Restorative

- The student must address coaches and admit to the violation, show remorse, ask to come back to the activity and recommit to the provisions of the plan.

### **CONCUSSIONS – Refer to Concussion Management Plan**

#### **ATTENDANCE**

Poor attendance is defined as habitual absence and/or tardiness to school, practice sessions or athletic contests. The participant will adhere to the current school policy of attendance (specifically, will attend all classes 85% of the time which shall mean no more than 27 absences from full year courses and 14 from half year courses).

- Students must be in school by the beginning of first period and in attendance all day to participate in the day's practice and/or contest. (***Exception: this would exclude a student arriving late because of a medical appointment***). Written confirmation of appointment is required.
- If a student athlete leaves school due to illness during the school day, the athlete will not be allowed to participate in that day's practice and/or contest. (***Exception: this would exclude a parent taking a student out of school for medical appointments with a doctor, dentist, or college visits***). Written confirmation of appointment is required.
- An athlete who has a scheduled gym class the day of a practice or game must dress and participate in gym that day. If a student is medically excused from PE, they may not participate in practices or contests.
- Students suspended out of school will be ineligible from participating in athletic activities during and after school throughout the duration of that suspension.
- If a student demonstrates poor school attendance, the principal may include in his/her disciplinary action appropriate sport participation restrictions such as suspension and/or dismissal from an athletic activity.

**Frewsburg Central School**  
**Athletic/Extracurricular Contract**

**Student**

I, \_\_\_\_\_ agree to always:

- Follow the Athletic/Extracurricular Code of Conduct.
- Participate in my activity in a positive and productive manner.
- Avoid being in the presence and/or use of drugs, alcohol or tobacco.
- Abide by all public laws and district procedures.
- Conduct myself with character throughout my experience.
- Demonstrate respect to my school, family, coaches/advisors, and school personnel.
- Avoid bullying, hazing and be a positive role model while monitoring my teammates in behaving the same way.
- Follow district academic/attendance policies and maintain my eligibility.
- Report any and all injuries / illnesses to the coach or athletic trainer.
- Abide by the specific training rules of my coach and sport.
- Understand that ejection from a contest due to my inappropriate behavior will result in my removal from the next scheduled athletic event.

\_\_\_\_\_  
**Student Signature**

\_\_\_\_\_  
**Date**

**Parent**

- Monitor my son's/daughter's behavior in all above listed areas to ensure a safe and positive athletic experience.
- Develop and maintain an open, positive line of communication with all involved parties of my son's / daughter's athletic experience.

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Date**