

Wellness Council Meeting Minutes

April 24, 2024

Members:

Kai Byrd (Superintendent)	Andrea Hubbard (Curriculum Coach)
Jackie Nathman (Climate & Instruction Specialist)	Jaime Guthrie (Parent)
Brandy Spargo (Business Manager)	Panos Lapatas (Parent)
Donna Ricciardi (BOE Food Service Coordinator)	Jennifer Searles (Parent)
Caitlin Bruni (Nurse)	
Peter Ferrara (Chartwells Director of Dining Services)	

Attending: Kai Byrd, Brandy Spargo, Donna Ricciardi, Panos Lapatas

Absent: Jackie Nathman, Caitlin Bruni, Peter Ferrara, Andrea Hubbard, Jaime Guthrie, Jennifer Searles

Visitors: None

Call to Order

- Ms. Ricciardi called the meeting to order at 3:33 p.m. via Zoom.

Approval of Minutes

1. January 17, 2024 and February 21, 2024 meeting minutes could not be approved due to lack of a quorum.

Agenda

1. Update on Staff and Student Wellness
 - a. Ms. Ricciardi provided an update.
 - i. The March 15th professional development day had several wellness activities for staff to participate in.
 - ii. The Step it Up Challenge is in its last week. Those who are competing are eligible for a \$25 e-reward.
 - iii. In March, Ms. Nathman started a 6-week student wellness challenge that will end on April 29th. Students who complete the challenge will be

recognized at the May Community meeting and receive a BCS water bottle.

Future agenda items

- Approval of January 17, 2024, February 21, 2024, and April 24, 2024 minutes
- 2024-2025 Staff Wellness

Adjournment

- Meeting adjourned at 3:40 p.m.

Next meeting: TBD

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