

School Counseling Services

*Individual Counseling

Individual counseling is offered for a variety of student concerns that may be affecting their ability to thrive in the school environment.

Students who need ongoing services will be referred out to a therapist of the families choice.


*Small Group Counseling

Small groups give students the opportunity to build relationships while learning new skills in a supportive environment. Topics vary and are determined by current student needs.

*Classroom Guidance

The classroom lessons include important developmental and state- mandated topics. The counselor provides a comprehensive prevention curriculum to empower all students to be emotionally, socially, and academically successful.

**GULF SHORES MIDDLE SCHOOL
COUNSELING PROGRAM
MISSION:
THE MISSION OF OUR
COUNSELING PROGRAM IS
TO PROVIDE A
COMPREHENSIVE SERVICE
TO ALL STUDENTS THAT
ADDRESSES THEIR
ACADEMIC, SOCIAL,
EMOTIONAL, AND MENTAL
HEALTH NEEDS.THE
COUNSELOR WILL PROVIDE
A NURTURING
ENVIRONMENT WHERE ALL
STUDENTS FEEL A SENSE
OF BELONGING AND KNOW
THAT THEY HAVE SUPPORT
WHEN GOING THROUGH
LIFE STRUGGLES.**



GULF SHORES MIDDLE SCHOOL COUNSELING DEPARTMENT

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WHAT IS A SCHOOL COUNSELOR?

A Counselor is someone who...

- Talks with students when something is troubling them.
- Visits the classroom to help students learn about themselves and others.
- Works with small groups to help students build important life skills.
- Talks with parents and teachers to help students do their best in school.

I CAN SEE THE COUNSELOR WHEN I...

- **NEED SOMEONE TO TALK TO**
- **HAVE TROUBLE WITH MY SCHOOLWORK**
- **HAVE SOMETHING ON MY MIND THAT I NEED TO SHARE**
- **HAVE TROUBLE GETTING ALONG WITH OTHERS**

How do I see the counselor?

- You can tell your teacher you need to talk with the counselor.
- You can tell the counselor you need to talk.
- Your teacher can ask the counselor to see you.
- Your parents can ask the counselor to see you.