

What do school counselors DO?

We work alongside teachers and parents to help students develop socially and emotionally, and to help remove any barriers they have to learning!

We provide:

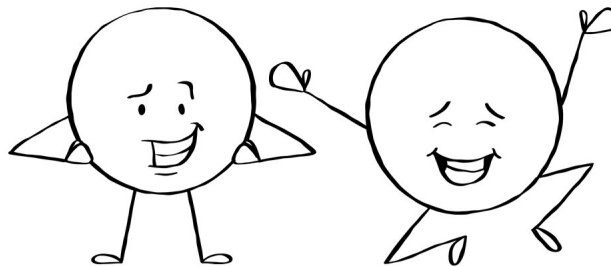
- Classroom lessons teaching social skills, how to take care of strong feelings, study skills, etc.
- Small group counseling
- Short-term individual counseling
- Consultation with parents and teachers
- Parent workshops
- Community resource referrals (including longer term therapy services)
- Schoolwide programming (Kindness Week, Red Ribbon Week, etc.)



Gulf Shores Elementary School

1600 E 3rd St
Gulf Shores, AL 36542
(251) 968-7375

We are excited and honored to serve you and your child!



****Confidentiality and your family's privacy are important to us. What you or your child discuss with a counselor is private except in cases required by law (when abuse or neglect are suspected).****

Gulf Shores Elementary

SCHOOL COUNSELING

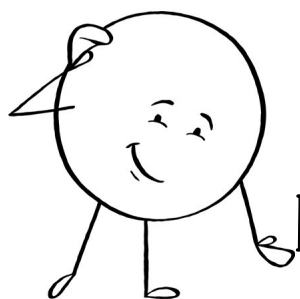
Mrs. Jennifer Knight
Mrs. Amanda Dalton



**Counsel.
Educate.
Advocate.
Empower.**

How can we support parents?

- Helping to handle social or emotional concerns you have about your child
- Improving parent-child communication
- Family difficulties or concerns that affect your child at school
- Referrals for community resources
- Understanding the developmental changes of childhood
- Helping your child to be on time to school every day
- Discussing concerns about your child's academic achievement



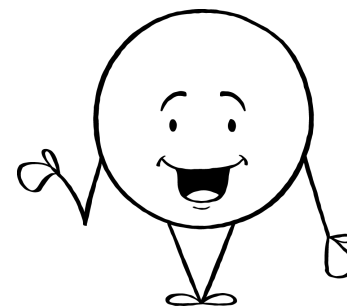
We're here
with a
listening ear!

What types of things do we talk with students about in class lessons and in counseling?

- Making and keeping friends
- Setting goals
- Teamwork
- Feeling good about yourself
- Making good choices
- Being responsible
- Managing strong feelings
- Conflict resolution

How does a student see a school counselor?

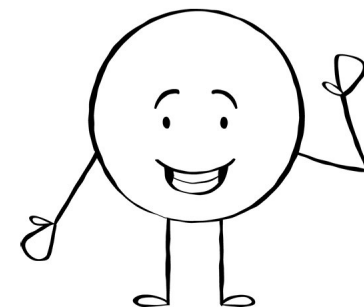
- Self-referral
- Parent referral
- Administrative, teacher, or other staff referral
- Referral by friend(s)



Mrs. Knight

I am excited to be working with students again this year at Gulf Shores Elementary. I can be reached at (251) 968-7375 Ext 7016 or by email at jknight@gsboe.org

Mrs. Dalton



I am thrilled to be working at Gulf Shores Elementary and can not wait to meet you all. I can be reached at (251) 968-7375 Ext. 7015 or by email at adalton@gsboe.org