

January Newsletter

2023



Communities In Schools of South Carolina proudly serves students at St. Andrews Middle School.

About Communities In Schools

Communities In Schools (CIS) is the largest provider of integrated student supports in the nation. Our program provides the needed supports to help your child stay in school and achieve in life. In 39 schools across South Carolina, more than 24,500 students participate in our programming annually.

Services provided include individual student supports, as well as group sessions that may include topics such as social and emotional wellbeing, goal setting, dealing with peer pressure, improving study habits, building self-confidence skills, academic attendance support, and making healthy choices.



Sydney Jordan, M.Ed.
CIS Site Coordinator
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CISSC at SAMS

New Year

J Happy New Year! I hope that all of you enjoyed a wonderful break with your families and are ready for a fantastic 2023!

Communities in Schools wants to inform you of upcoming events to look out for in the following weeks that will be offered to our students and SAMS families.



Upcoming Events

January 31st: Eighth grade Transition Night!

This event will take place at **6 pm in the school cafeteria**. During this event, we will discuss important information regarding the transition from middle school to high school, including course selection, dual enrollment opportunities, and CIS resources available for high school students. Representatives from our local high schools will also be in attendance to answer any questions you may have about the transition process. We strongly encourage all 8th-grade families to attend this event as it will provide valuable information to help prepare our students for high school.

February 9th: Mindfulness Night!

CIS will be hosting a **Mindfulness Night from 6-7:30 in the Cafeteria**. All SAMS students and families are encouraged to attend our Family Mindfulness Night. There will be mindfulness activities to help students and parents learn and practice mindfulness.

Please make sure to mark these dates on your calendar. If you have any questions or concerns, please don't hesitate to reach out to Ms. Jordan.



Parent/Guardian Raffle

Communities In Schools of South Carolina values their partnerships with parents and guardians. In efforts to continue building relationships, CISSC will hold a monthly drawing for parents and guardians who check-in through [this google form](#).

Connect with CIS online!

   @cisofsc  [cisofsc.org](https://www.cisofsc.org)