



Minutes

Hardin-Jefferson ISD
School Health Advisory Committee Meeting

A Regular meeting of the Hardin-Jefferson ISD School Health Advisory Committee (SHAC) was held on Wednesday, December 8, 2021, at 4:00 PM, in the Administration Building located at 520 West Herring Street, Sour Lake, TX 77659.

1. Call to Order

The meeting was called to order at 4:04 PM, by Dr. Steven Cox, Assistant Superintendent. Every person present for the meeting introduced themselves.

Present:

Darrell Westfall, Dr. Steven Cox, Dianne Timberlake, Drew Brooks

Cheri Dickerson, Angelia Morgan, Misty Jones, Sommer Shackelford, Stephanie McLeod, Tracie Begnaud, Kayley Prudhomme, Gracie Goad, Tyree Saunders and Laurie Starr

2. SHAC by-laws

Dr. Cox went over the bylaws they are as follows:

- Hold regular meetings (4 per year)
- To meet requirement of Chapter 38.013 of the Texas Education Code and district policy EHA Legal Policy
- Officers: Chair-Darrell Westfall
Vice Chair-Tracy Begnaud
- Subcommittees: Vice Chair is over the subcommittees

3. House Bill 1525: SHAC Requirements

Dr. Cox went over all the House Bill 1525 SHAC Requirements

- Five members appointed by the School Board
- SHAC duties: Health Education K-12
Obesity, Cardiovascular disease, Type 2 Diabetes and mental health concerns, including suicide

4. Child Nutrition Update

Mr. Westfall went over the Child Nutrition Updates:

All students are eating for free breakfast and lunch for the 2021-2022 school year. Our numbers have increased to feeding 700 student meals at lunch alone. The students present in the meeting said that the food in the cafeteria is good and they enjoy eating in the cafeteria.

The child nutrition department has implemented a “Going Green” program for all schools except Henderson Middle School. Henderson will go green with the opening of the new middle school. The “Going Green” program includes melamine six compartment trays, plates and actual silverware at the elementary and high school campuses.

5. Vision and Hearing Screenings

- Sour Lake Elementary-Complete
- China Elementary-Complete
- Henderson Middle School-will be completed after Christmas break
- HJ High School-Complete

Vaccine School Compliance

6. Spinal Screenings

- Sour Lake Elementary-Spinal Screenings will be completed late January or early February
 - China Elementary- Complete
 - Henderson Middle School-will be completed after Christmas break
 - HJ High School-not required at this level
7. Henderson Middle School Drug Survey
Survey goes out next Thursday, December 16, 2021.
 8. Recess
 - a. Recess Sub Committee
Cheri Dickerson
Tracy Begnaud
Kayley Prudhomme
Angie Morgan
Diane Timberlake
 9. Wellness Policy
A handout of the 2020-2021 Student Nutrition Wellness Plan was given out for everyone to look over and to make possible changes for the 2021-2022 Student Nutrition Wellness Plan.
 10. Next Meeting: Wednesday, January 26, 2022
 11. Adjournment
The meeting was adjourned at 4:35 PM