

Guidelines for MTMS Track & Field

2024

Any student who has not participated in a sport, or completed athletic paperwork, for the 2023-24 school year must turn in a completed KSHSAA Physical (dated after May 1, 2023) and a Parent Consent form. These forms are available on the MTMS Website, under Athletics/Activities. Athletes and their parents must also complete online forms (Concussion Form, Acknowledgement of Risk, and Student-Athlete Code of Conduct) through Skyward. The student and parent must access their own Skyward account to complete these forms. While in Skyward, parents will need to also update and complete the Emergency Contact information. All Athletes must pay Catastrophic Insurance and Activity Participation Fees. Please contact the office if you have any questions about the required paperwork or fees. Students are not allowed to practice until paperwork and fees are completed and turned into the office.

1. Practice begins on Tuesday, March 19th There will not be practice during spring break. Practice ends at 4:30. Athletes should be picked up from practice no later than 4:45pm at the north doors of MTMS.
2. Attitude and effort will determine the success of your season. Your coaches and teammates expect you to give your best effort in practice and in meets.
3. Attendance. Unexcused absences may cause you to be removed from the team. Please communicate absences in advance via email to Coach Ferrell.
4. Come prepared for cold weather. Practices are often held outdoors in less than ideal weather conditions. (Sweats, gloves, hat)
5. Never leave valuables unattended in the locker room. All valuables should be locked in a locker.
- 6.. Practice may be cancelled due to weather conditions. This will be posted ASAP and communicated via Skyward.
7. KSHSAA regulations prohibit athletes from competing in any track related activity outside of the school sponsored meets while in season. This includes “Fun Runs.”
8. Eligibility checks will be conducted during fourth quarter to ensure that academics remain a priority of student-athletes
9. Spikes are not required to participate, but a good pair of running shoes is recommended.
10. To sign up for track visit the track website on the school website and sign up on the correct form.

I am glad that you have chosen to be a part of the 2024 MTMS track squad. I look forward to working with you and helping you grow as a person and as an athlete.

If you have any questions please contact me by phone at 422 –1100 or email at cliff@usd232.org.

Thanks,

Cliff Ferrell

Cliff Ferrell

Head coach of MTMS Track and Field