

## Park Ridge Municipal Pool Camp Rules

The Park Ridge Pool Staff strives to provide all campers with a safe, healthy and enjoyable experience when using our facilities. In order to ensure the safety and enjoyment of everyone, the following rules must be followed:

1. All campers will enter and exit the grounds in an orderly fashion following the directions of their counselors and the PRMP lifeguards on duty.
2. All campers will take a swimming test upon their first visit to the pool. Under the supervision of the PRMP lifeguards, campers will be evaluated on their ability to swim in the shallow end from the wall to the safety rope and back without stopping. Based upon the results of the test, campers will be issued a wrist band indicating what sections of the pool they may use. Campers unable to swim to the rope and back must stay in the shallow end of the pool. Campers who pass the test may use the diving well, slide, and middle sections of the pool. The Kiddy Pool can be used by any camper age 6 or younger. Camp counselors are responsible for recording each camper's ability level and wrist band color for future visits. Campers may ask to be tested again throughout the course of the summer season. The PRMP Managers and lifeguards are the absolute arbiters of which areas the campers may use.
3. Campers must listen to and follow all instructions from the PRMP lifeguards. Campers that do not follow the rules may be issued a "timeout" period.
4. Food and drinks are available from the snack shack. Campers may also bring their own refreshments, but all food must be consumed at the tables in the snack shack area. No food may be consumed on the pool grounds.
5. All garbage must be deposited in the trash cans. All recyclable items should be deposited in the appropriate receptacles. Campers should clean up after themselves and counselors should make certain that they do so.
6. Campers should maintain the cleanliness of the restrooms. The handicapped toilet / shower stalls are not for general use. Campers should use the appropriate toilet / shower stalls.
7. No running on the pool decks or around the table areas.
8. Ball playing is allowed in the open area behind the slide. Any games borrowed from the office should be returned to the office when no longer in use.
9. Campers should rinse off the sand after using the sand volleyball court.

10. All pool furniture should be treated carefully and respectfully. Campers can be charged for intentional damage to pool furniture.
11. No abusive or profane language is permitted.
12. No glass containers of any kind are permitted on the pool grounds.
13. Only Coast Guard approved non-inflatable puddle jumpers are allowed in the pool. Campers may use such vests in the pool, but they are not allowed when using the slide or the diving boards.
14. No smoking / vaping on the grounds. No expectorating on the grounds or in the pool.
15. Only one diver at a time is allowed on the diving board and the diver must swim directly to the appropriate ladder.
16. Diving is prohibited in the shallow end of the pool. Shallow diving is permitted in the middle section. Divers are only permitted two steps before diving in this section. No flips or spins are allowed.
17. Only one person at a time on the slide. You must slide feet first and swim directly to the ladder. No stopping in the tube.
18. No balls or toys are allowed in the main pool.
19. No pushing or shoving on the deck or in the pool.
20. Be sure to apply your sunscreen. Be sure to use the restrooms when needed.

BE SAFE, HAVE FUN, AND ENJOY ANOTHER WONDERFUL SUMMER  
AT THE BEAUTIFUL PARK RIDGE POOL