

Interested in swimming?



COME TO THE VANDERGRIFT SWIM TEAM SWIM CLINIC/TRYOUT!

Where: KISKI HIGH SCHOOL POOL.

When: May 6TH - May 9th* from 5:30-6:30 pm

What is included in the swim clinic?

Coaches will work with swimmers to teach and improve technique for all 4 swim strokes.

***There will be a pizza party on May 9th for those that attended at least 1 session.**

How will my swimmer be evaluated during tryouts?

Swimmers will be evaluated by team coaches and placed into groups.

ALL Swimmers MUST:

- 1: Be able to swim the length of the pool (25 yards)
- 2: Be five years of age or older

Team Information:

Season Duration:

May, June, & July

Practice Location(s):

INSIDE Kiski HS Pool - May

OUTSIDE @ Vandergrift - June & July

Practice times and groups will be determined after the clinic/tryouts week @ Kiski Area HS pool.

Cost:

\$150-Bronze- 1 hr/day

\$165-Silver- 2 hrs/day

\$185-Gold- 2 hrs/day

Meets:

Monday and Thursday Evenings starting in June

If you are interested in registering or have any questions, please email both cavalierswimclub@yahoo.com & vandergriftswim@gmail.com.

ADDITIONAL INFORMATION:

The Vandergrift Swim Team is a competitive team of swimmers ranging in age from 5 years old through High School seniors.

Structured practices will be held at Kiski High School (May) and Vandergrift Pool (June & July).

We are not affiliated with the Kiski Area High School Swim Team.