

## Helping Your Teen Build Critical "Adulting" Skills They'll Need in College

(psst... It's more than learning to do laundry)

## with Andrea Malkin Brenner, PhD

Thursday, May 30, 2024 @ 7:00 PM

Halsey Hall Auditorium @ Jonathan Dayton High School \* 139 Mountain Avenue, Springfield, NJ Space is limited. <u>Click Here to Register!</u>

## Program Description:

Nothing in the college admissions process prepares high school students for the changes they will face as they transition from high school to living independently in college. There can also be a considerable learning curve for parents who have helped support and advocate for their children for 18 years. How do you learn to be a college parent?

Parents of college-bound high school juniors and seniors will not want to miss this informative discussion which will focus on how they can begin to lessen their daily involvement in their students' lives and simultaneously increase their support as students become self-reliant and college-ready. Parents will finish the evening with a complete list of the critical life skills teens should master before leaving for college (and tricks for teaching these skills while still in high school). Hint: It's much more than learning to do laundry.

## Speaker Bio:

Andrea Malkin Brenner, PhD is a nationally recognized college transition educator and author who speaks frequently with high school students and parents on the challenges related to college transitions. She draws on her 25 years of experience as a college professor and university administrator. Andrea is the creator of the Talking College™ Card Decks and co-author of How to College: What to Know Before You Go (and When You're There), a leading guide for college-bound high school students and their parents. Dr. Brenner has written about college transition challenges for Grown&Flown, HuffPost, Salon, The Conversation, College Scoops, and LINK for Counselors. She frequently appears as a guest on podcasts for parents focused on the college transition process.

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