

1 **Great Falls School District**

2
3 **INSTRUCTION**

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4
5 School Wellness

6 The Great Falls School District is committed to providing a school environment that promotes and
7 protects students' health, well-being, and ability to learn. The District fosters healthy eating and
8 physical activity. Therefore, it is the policy of the District that:

9
10 Nutrition Education

11 The District shall offer nutrition education that teaches the knowledge and skills needed to adopt
12 healthy eating behaviors and that take into consideration Montana's Health Enhancement Content
13 Standards and Benchmarks. Nutrition education shall be integrated into the curriculum. Nutrition
14 information and education shall be offered throughout the school campus and based on the U.S.
15 Dietary Guidelines for Americans. Staff who provide nutrition education shall have the appropriate
16 training, such as in health enhancement or family and consumer sciences.

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18 Health Enhancement and Physical Activity Opportunities

19 The District shall offer health enhancement opportunities that include the components of a quality
20 health enhancement program taught by certified health enhancement specialists. Health
21 enhancement shall equip students with the knowledge, skills, and habits necessary for lifelong
22 physical activity. Health enhancement instruction is based on the Montana's Health Enhancement
23 Content Standards and Benchmarks.

24
25 All K-12 students of the District shall have the opportunity to participate regularly in physical
26 activities, to maintain physical fitness, and to understand the benefits of a physically active and
27 healthy lifestyle.

28
29 Nutrition Standards in School Meals

30 The District shall ensure that reimbursable school meals meet the program requirements and
31 nutrition standards found in federal regulations. The District shall encourage students to make
32 nutritious food choices through accessibility and marketing efforts of healthful foods.

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34 Competitive Foods and Beverages in Schools

35 The District shall ensure all foods and beverages available on each school campus under the local
36 education agency during the school day, meet the USDA Smart Snacks in School nutrition
37 standards. "School day" is defined as the time between midnight the night before to thirty minutes
38 after the end of the official school day. "School Campus" is defined as all areas of the property
39 under the jurisdiction of the school that are accessible to students during the school day. The District
40 shall monitor all food and beverages sold or served to students, including those available outside
41 the federally regulated child nutrition programs (i.e., ala carte, vending, student stores, classroom
42 rewards, fundraising efforts). The District shall consider nutrient density and portion size before
43 permitting food and beverages to be sold or served to students. The Superintendent or designee
44 shall evaluate vending policies and contracts. Vending contracts that do not meet the intent and
45 purpose of this policy shall be modified accordingly or not renewed. Community partners will
46 comply with the District's school wellness policy when providing services to students during school
47 hours. "School campus" is defined as all areas of the property under the jurisdiction of the school
48 that are accessible to students during the school day.

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1 Other School-Based Activities Designed to Promote Student-Wellness

2 The District may implement other appropriate programs that help create a school environment that
3 conveys consistent wellness messages and are conducive to healthy eating and physical activity,
4 such as staff wellness programs, non-food reward systems and fundraising efforts. The District will
5 foster relationships with community partners in support of this wellness policy's implementation.
6

7 Policy, Monitoring and Implementation

8 The District will convene a district wellness committee that meets to establish goals for and oversee
9 school health and wellness policies, procedures and programs, including development,
10 implementation, and periodic review and updates. The wellness committee membership will
11 represent all school levels and include but not be limited to: parents, guardians, students, school
12 foodservices, health enhancement teachers, school health professionals, the public, school board
13 and school administrators. The wellness policy, committee roster, meeting minutes and triennial
14 assessments and reports can be found on the District website.
15

16 The appointed District Wellness Coordinator will ensure that the District retains records to
17 demonstrate compliance with this Policy. The requirements of the applicable federal regulations,
18 including the Fundraising Food and Beverages Approval forms documentation of promotional
19 activities must be accessible and located at each school building and with the District Wellness
20 Coordinator for the Administrative Review by the Office of Public Instruction.
21

22 Before any changes are made to approve vending machine products, the proposed new items must
23 go through the appointed District Wellness Coordinator. The Wellness Coordinator will keep a list
24 of approved items on file.
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26 Each school's principal or designee is charged with the operational responsibility for ensuring that
27 each school fulfills the District's local wellness policy for measuring implementation of the local
28 wellness policy.
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30 As necessary, the Superintendent shall develop and implement administrative regulations consistent
31 with this policy. Input from teachers, school staff, parents and the public shall be solicited before
32 implementing such rules. The Superintendent shall monitor how well this policy is being
33 implemented, managed, and enforced. The Superintendent shall report to the Board, as requested, on
34 the District's programs and efforts to meet the purpose and intent of this policy.
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36 Responsibility for Implementation

37 The Superintendent is responsible for the implementation of this policy.
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39 Legal Reference: PL 108-265 The Child Nutrition and WIC Reauthorization Act of 2004
40 PL 111-296 The Healthy Hunger-Free Kids Act of 2010

41 Policy History:

42 Adopted on: June 12, 2006

43 Revised on: March 27, 2017