

1 **2510 INSTRUCTION**

2 School Wellness

3 The Great Falls School District is committed to providing a school environment that promotes and protects
4 students' health, well-being, and ability to learn. The District fosters healthy eating and physical activity.
5 Therefore, it is the policy of the District that:

6 Nutrition Education

7 The District shall offer nutrition education that teaches the knowledge and skills needed to adopt healthy
8 eating behaviors and that take into consideration Montana's Health Enhancement Content Standards and
9 Benchmarks. Nutrition education shall be integrated into the curriculum. Nutrition information and
10 education shall be offered throughout the school campus and based on the U.S. Dietary Guidelines for
11 Americans. Staff who provide nutrition education shall have the appropriate training, such as in health
12 enhancement or family and consumer sciences.

13 Health Enhancement and Physical Activity Opportunities

14 The District shall offer health enhancement opportunities that include the components of a quality health
15 enhancement program taught by certified health enhancement specialists. Health enhancement shall
16 equip students with the knowledge, skills, and habits necessary for lifelong physical activity. Health
17 enhancement instruction is based on the Montana's Health Enhancement Content Standards and
18 Benchmarks.

19 All K-12 students of the District shall have the opportunity to participate regularly in physical activities, to
20 maintain physical fitness, and to understand the benefits of a physically active and healthy lifestyle.

21 Nutrition Standards in School Meals

22 The District shall ensure that reimbursable school meals meet the program requirements and nutrition
23 standards found in federal regulations. The District shall encourage students to make nutritious food
24 choices through accessibility and marketing efforts of healthful foods.

25 Competitive Foods and Beverages in Schools

26 The District shall ensure all foods and beverages available on each school campus under the local
27 education agency during the school day, meet the USDA Smart Snacks in School nutrition standards.
28 "School day" is defined as the time between midnight the night before to thirty minutes after the end of
29 the official school day. "School Campus" is defined as all areas of the property under the jurisdiction of
30 the school that are accessible to students during the school day. The District shall monitor all food and
31 beverages sold or served to students, including those available outside the federally regulated child
32 nutrition programs (i.e., ala carte, vending, student stores, classroom rewards, fundraising efforts). The
33 District shall consider nutrient density and portion size before permitting food and beverages to be sold
34 or served to students. The Superintendent or designee shall evaluate vending policies and contracts.
35 Vending contracts that do not meet the intent and purpose of this policy shall be modified accordingly or
36 not renewed. Community partners will comply with the District's school wellness policy when providing
37 services to students during school hours. "School campus" is defined as all areas of the property under
38 the jurisdiction of the school that are accessible to students during the school day.

39 Other School-Based Activities Designed to Promote Student-Wellness

40 The District may implement other appropriate programs that help create a school environment that
41 conveys consistent wellness messages and are conducive to healthy eating and physical activity, such as

1 staff wellness programs, non-food reward systems and fundraising efforts. The District will foster
2 relationships with community partners in support of this wellness policy's implementation.

3 Policy, Monitoring and Implementation

4 The District will convene a district wellness committee that meets to establish goals for and oversee school
5 health and wellness policies, procedures and programs, including development, implementation, and
6 periodic review and updates. The wellness committee membership will represent all school levels and
7 include but not be limited to: parents, guardians, students, school foodservices, health enhancement
8 teachers, school health professionals, the public, school board and school administrators. The wellness
9 policy, committee roster, meeting minutes and triennial assessments and reports can be found on the
10 District website.

11 The appointed District Wellness Coordinator will ensure that the District retains records to demonstrate
12 compliance with this Policy. The requirements of the applicable federal regulations, including the
13 Fundraising Food and Beverages Approval forms documentation of promotional activities must be
14 accessible and located at each school building and with the District Wellness Coordinator for the
15 Administrative Review by the Office of Public Instruction.

16 Before any changes are made to approve vending machine products, the proposed new items must go
17 through the appointed District Wellness Coordinator. The Wellness Coordinator will keep a list of
18 approved items on file.

19 Each school's principal or designee is charged with the operational responsibility for ensuring that each
20 school fulfills the District's local wellness policy for measuring implementation of the local wellness policy.

21 As necessary, the Superintendent shall develop and implement administrative regulations consistent with
22 this policy. Input from teachers, school staff, parents and the public shall be solicited before implementing
23 such rules. The Superintendent shall monitor how well this policy is being implemented, managed, and
24 enforced. The Superintendent shall report to the Board, as requested, on the District's programs and
25 efforts to meet the purpose and intent of this policy.

26 Responsibility for Implementation

27 The Superintendent is responsible for the implementation of this policy.

28 Legal Reference:

29 PL 108-265 The Child Nutrition and WIC Reauthorization Act of 2004

30 PL 111-296 The Healthy Hunger-Free Kids Act of 2010

31 Policy History:

32 Adopted on: June 12, 2006

33 Revised on: March 27, 2017