



Dear Giant Springs Families --

Have you heard about Kelso the Frog from your student? We are using Kelso's Choices throughout our school to help empower children to solve small or minor problems on their own. What would a **SMALL** problem look like? A disagreement with a friend at recess. Not getting a turn at a game. An argument with a brother or sister. A classmate keeps using your pencil. A brother or sister keeps copying you and annoying you. Kelso offers them 9 different choices to use to solve the problem peacefully.

These are great skills that can be used **ANYWHERE** - at school, in the classroom, on the playground, and in your home. We encourage them to try 2-3 Kelso's choices first and if they don't work, to get adult help. We also encourage them to share the problem solving options with family. The students know 9 different hand signals that go along with the choices, please ask them to share 😊

If it is a **BIG** problem, where there is danger or an emergency or they or someone else is being harmed, they are told to get adult help **IMMEDIATELY!**

Kelso's Choices can be used by any age. As our students get older we differentiate between **VERBAL** and **NON-VERBAL** skills to solve problems, but the choices remain the same.

1. **Go to another game**
2. **Talk it out**
3. **Share and take turns**
4. **Ignore**
5. **Walk away**
6. **Apologize**
7. **Ask them to please stop**
8. **Make a deal**
9. **Wait....and calm down.**

