

JONESBORO - JUNIOR HIGH

August 14 - September 22



Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items.
Breakfast items are listed in orange italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk.
 All side items are listed below the calendar and rotate throughout the week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ChocChip Bfast Round AUG 14 Peri Peri Chicken Drumstick & Roll Turkey & Cheese Sub All-America Cobb Salad & Roll	Turkey Pancake Wrap AUG 15 Meatloaf & Roll Turkey Caesar Wrap All-American Chef Salad & Roll	French Toast Bar AUG 16 Popcorn Chicken & Potato Bowl w/Roll Chicken BLT Sub Egg Salad Platter & Roll	Breakfast Pizza AUG 17 Disco Fries & Biscuit BBQ Chicken & Cheddar Panini All-American Chef Salad & Roll	Country Chicken & Egg Biscuit AUG 18 Buffalo Chicken Meatball Mac & Cheese Bowl w/Biscuit Cheesy Chipotle Wrap Greek Chicken Salad & Roll
Welcome Back!!				
Mini Cinnamon Creamy Cheese Bagels AUG 21 Chicken Pot Pie Turkey & Cheese Sub Spicy Southwest Chicken Salad Bowl & Roll	Breakfast Pizza AUG 22 Sloppy Joe Sandwich Ham & Cheese Baboom Sub Egg Salad Sandwich & Roll	Donut AUG 23 Chili Cheese Dog Ham, Roast Beef & Cheese Wrap Chicken Salad & Roll	French Toast & Syrup AUG 24 Chicken Tenders & Rice w/Thai Sate Sauce Grape Chicken Salad Sub All-American Cobb Salad & Roll	Sausage Biscuit AUG 25 Salisbury Steak & Gravy w/Roll Turkey & Cheese Sub PopChicken Salad & Roll
Oatmeal & Chocolate Chip Bar SEP 28 PopChicken & LoMein Noodles Ham, Turkey & Cheese Sub Ham Chef Salad & Roll	Cheese-Stuffed Breadstick SEP 29 Chili Mac Turkey, Mushroom & Swiss Flatbread PopChicken Salad & Roll	Cereal Bowl AUG 30 Chicken Meatballs & Gravy w/Roll Ham & Cheese Sandwich Egg Chef Salad w/Roll	Breakfast Pizza AUG 31 Ropa Vieja w/Rice Veggie & Provolone Mediterranean Wrap Tossed Salad w/Cheese & Roll	Sausage, Egg & Cheese Biscuit SEP 1 Homestyle Chicken Strips & Roll Turkey & Cheese Sub Veggie Baja Salad w/Roll
School Holiday	Mini Cinnamon Rolls SEP 5 Teriyaki Chicken Wings & LoMein Noodles Ham & Roast Beef Wrap Ham Chef Salad & Roll	Cheerios & Grahams SEP 6 Mesquite Glazed Drumstick & Roll Ham & Cheese Sub Veggie Baja Salad & Roll	French Toast & Syrup SEP 7 Salisbury Steak & Roll Cheesy Chipotle Panini Turkey Chef Salad & Roll	Country Chicken & Egg Biscuit SEP 8 Buzzer Beater Basket & Roll Chicken Caesar Wrap PopChicken Salad & Roll
Lucky Charms Cereal Bar SEP 11 Country Fried Steak & Roll Thai Chicken Wrap Greek Chicken Salad & Roll	CinnaToast Crunch Pastry SEP 12 BBQ Chicken Plate Three Cheese Sub Ham Chef Salad & Roll	Donut SEP 13 Chicken & Veggie Dumplings & Fried Rice Turkey & Cheese Sandwich Buffalo Chicken Salad & Roll	Breakfast Pizza SEP 14 French Toast Sticks w/Syrup & Sausage Chicken BLT & Roll Ham & Cheese Sandwich	Egg Biscuit SEP 15 Mozz, Tomato & Basil Panini w/Pesto Mayo PopChicken Salad & Roll
Chocolate Chip Breakfast Round SEP 18 Peri Peri Chicken Drumstick & Roll Turkey & Cheese Sub All-America Cobb Salad & Roll	Turkey Pancake Wrap SEP 19 Meatloaf & Roll Turkey Caesar Wrap All-American Chef Salad & Roll	French Toast Bar SEP 20 Popcorn Chicken & Potato Bowl w/Roll Chicken BLT Sub Egg Salad Platter & Roll	Breakfast Pizza SEP 21 Disco Fries & Biscuit BBQ Chicken & Cheddar Panini All-American Chef Salad & Roll	Country Chicken & Egg Biscuit SEP 22 Buffalo Chicken Meatball Mac & Cheese Bowl w/Biscuit Cheesy Chipotle Wrap Greek Chicken Salad & Roll

JONESBORO 2023-2024

BREAKFAST
 Students **FREE**
 Faculty/Staff \$2.75

LUNCH
 Students **FREE**
 Faculty/Staff \$4.75

This institution is an equal opportunity provider.

WHEN THIS SYMBOL IS ON THE MENU,
BREAKFAST 4 LUNCH!
 IS AN OPTION FOR YOU

LTO LIMITED TIME OFFER

HEY-try something NEW! **Chipotle Cheesy Bean Nachos!**

• JUNIOR HIGH SCHOOL • MORE CHOICES • MADE-TO-ORDER •

EVERYDAY CHOICES: Pizza: Pepperoni or Cheese || Slice of the *Specialty Pizza of the Day* (check the line for the *Specialty Slice-of-the-Day!*)

EVERYDAY CHOICES: Hamburger =OR= Cheeseburger || Spicy =OR= Regular Breaded Chicken Sandwich || Popcorn Chicken & Roll

CORNER CRUST

GRAB & GO GRILL

MTO-PASTA CHOOSE PASTA: Penne ☞ Spaghetti SERVED WITH: Breadstick ADD: Chicken ☞ Meatballs TOP IT! Marinara ☞ Alfredo ☞ Rosa Sauce ADD: Roasted Veggies • Roasted Mushrooms Tomatoes • ParmCheese	MTO-TORTILLA BAR CHOOSE: Tortilla ☞ Taco Shells ☞ Flour Tortilla ADD: Chicken Fajita Shreds ☞ Beef Taco Meat ADD: Shredded Cheese ☞ Cheese Sauce ADD: Jalapeños • Pico de Gallo • Salsa Onions • Banana Peppers • Sour Cream Romaine Lettuce • Diced Tomatoes	MTO-Deli Day! CHOOSE: Sub Roll ☞ Herb Sub Roll CHOOSE 1: Turkey ☞ Ham ADD 1: Swiss ☞ AmCheese ☞ Pepper Jack ☞ Provolone TOP IT OFF: Romaine • Lettuce • Tomatoes Jalapeños • Dill Pickles • Banana Peppers Black Olives • Onions • Cucumber Slices	MTO-TORTILLA BAR CHOOSE: Tortilla ☞ Taco Shells ☞ Flour Tortilla ADD: Chicken Fajita Shreds ☞ Beef Taco Meat ADD: Shredded Cheese ☞ Cheese Sauce ADD: Jalapeños • Pico de Gallo • Salsa Onions • Banana Peppers • Sour Cream Romaine Lettuce • Diced Tomatoes	MTO-Baked Potato Bar Baked Potato & Roll... then customize CHOOSE: Bean Chili ☞ Diced Ham CHOOSE: Shredded Cheese ☞ Cheese Sauce ☞ Jalapeños TOP IT OFF: Sour Cream
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EVERYDAY SIDES (available seasonally, items rotate each day) Apple fresh/slices • Applesauce • Baby Carrots • Banana • Black Beans • Broccoli/fresh • Celery Sticks • Craisins • Cucumber slices • Diced Peaches • Diced Pears • Edamame • French Fries • Fresh Fruit Cup • Golden Corn • Goldfish Crackers • Goldfish Grahams • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mexican Street Corn • Mixed Fruit • Orange • Peas & Carrots • Pineapple Tidbits • Pretzels • Rainbow Blend Veggies • Raisins • Red Pepper Strips • ScoobyDoo CinnaGrahams • ScoobyDoo Fruit Snacks • Sweet Golden Corn • Tater Tots • Tossed Salad • Warm Cinnamon Peaches • Zucchini/fresh • Apple Juice • Fruit Juice • Grape Juice • Orange Juice | **MILK** 1% Milk • Chocolate Skim Milk • Lactose-Free Milk

check out Jonesboro's SOCIAL MEDIA for breakfast or lunch updates and more!



MY SCHOOL BUCKS

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- Check balance & purchases
- Receive Low Balance Alerts
- Set automatic payments
- Download the app!
- Add notes to student's account: Purchases on Friday only, etc.

À La Carte items are available for purchase at all locations. Purchase with either cash or account. À la Carte items may not be charged.

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

