

JONESBORO - JUNIOR HIGH

November 6-December 15



Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items.
 Breakfast items are listed in orange italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk.
 All side items are listed below the calendar and rotate throughout the week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Oatmeal & Chocolate Chip Bar</i> PopChicken & LoMein Noodles Ham, Turkey & Cheese Sub Ham Chef Salad & Roll	<i>Cheese-Stuffed Breadstick</i> Chili Mac Turkey, Mushroom & Swiss Flatbread PopChicken Salad & Roll	<i>Cereal Bowl</i> Chicken Meatballs & Gravy w/Roll Ham & Cheese Sandwich Egg Chef Salad w/Roll	<i>Muffin</i> Ropa Vieja w/Rice Veggie & Provolone Mediterranean Wrap Tossed Salad w/Cheese & Roll	<i>Sausage, Egg & Cheese Biscuit</i> Homestyle Chicken Strips & Roll Turkey & Cheese Sub Veggie Baja Salad w/Roll
<i>Breakfast Banana Bread</i> Red Beans & Rice Buffalo Chicken Salad Turkey & Cheese Sub	<i>Mini Cinnamon Rolls</i> Teriyaki Chicken Wings & LoMein Noodles Ham & Roast Beef Wrap Ham Chef Salad & Roll	<i>Cereal Bowl</i> HEY-try something NEW! Spicy Tzatziki Beef Gyro LTO LIMITED TIME OFFER Ham & Cheese Sub Veggie Baja Salad & Roll	<i>French Toast</i> Salisbury Steak & Roll Buffalo Chicken Wrap Turkey Chef Salad & Roll	<i>Country Chicken & Egg Biscuit</i> THANKSGIVING Breaded Chicken Leg & Dressing Mashed Potatoes w/Gravy Green Beans • Roll

JONESBORO 2023-2024

BREAKFAST
StudentsFREE
Faculty/Staff \$2.75

LUNCH
Students FREE
Faculty/Staff \$4.75

This institution is an equal opportunity provider.

WHEN THIS SYMBOL IS ON THE MENU, BREAKFAST 4 LUNCH! IS AN OPTION FOR YOU

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

ADD MONEY TO YOUR ACCOUNT:
Online & Mobile app
Convenient to monitor spending, add funds and more!

Nov 20-24 | Thanksgiving Break

Be safe and have a great break!

<i>Chocolate Chip Breakfast Round</i> Peri Peri Chicken Drumstick & Roll Turkey & Cheese Sub All-America Cobb Salad & Roll	<i>French Toast</i> Meatloaf & Roll Turkey Caesar Wrap All-American Chef Salad & Roll	<i>Turkey Pancake Wrap</i> Popcorn Chicken & Potato Bowl w/Roll Chicken BLT Sub Egg Salad Platter & Roll	<i>Muffin</i> Disco Fries & Biscuit BBQ Chicken Wrap All-American Chef Salad & Roll	<i>Country Chicken & Egg Biscuit</i> Beef & Rice Bowl Cheesy Chipotle Wrap Greek Chicken Salad & Roll
<i>Mini Cinnamon Rolls</i> Chicken Pot Pie Turkey & Cheese Sub Spicy Southwest Chicken Salad Bowl & Roll	<i>Triple Berry French Toast</i> Sloppy Joe Sandwich Ham & Cheese Baboom Sub Egg Salad Sandwich & Roll	<i>Donut</i> Chili Cheese Dog Ham, Roast Beef & Cheese Wrap Chicken Salad & Roll	<i>Muffin</i> Chicken Tenders & Rice w/Thai Sate Sauce Grape Chicken Salad Sub All-American Cobb Salad & Roll	<i>Sausage Biscuit</i> Salisbury Steak & Gravy w/Roll Turkey & Cheese Sub PopChicken Salad & Roll
<i>Oatmeal & Chocolate Chip Bar</i> PopChicken & LoMein Noodles Ham, Turkey & Cheese Sub Ham Chef Salad & Roll	<i>Cheese-Stuffed Breadstick</i> Chili Mac Turkey, Mushroom & Swiss Flatbread PopChicken Salad & Roll	<i>Cereal Bowl</i> HEY-try something NEW! Hot Honey Chicken Biscuit Tostada LTO LIMITED TIME OFFER Ham & Cheese Sandwich Egg Chef Salad w/Roll	<i>Muffin</i> Ropa Vieja w/Rice Veggie & Provolone Mediterranean Wrap Tossed Salad w/Cheese & Roll	<i>Sausage, Egg & Cheese Biscuit</i> HOLIDAY Breaded Chicken Leg & Dressing Mashed Potatoes w/Gravy Green Beans • Roll

EVERYDAY CHOICES: Pizza: Pepperoni or Cheese || Slice of the *Specialty Pizza of the Day* (check the line for the *Specialty Slice-of-the Day!*)

CORNER CRUST

EVERYDAY CHOICES: Hamburger =OR= Cheeseburger || Spicy =OR= Regular Breaded Chicken Sandwich || Popcorn Chicken & Roll

GRAB & GO GRILL

MTO-PASTA CHOOSE PASTA» Penne ☞ Spaghetti SERVED WITH» Breadstick ADD» Chicken ☞ Meatballs TOP IT» Marinara ☞ Alfredo ☞ Rosa Sauce ADD» Roasted Veggies • Roasted Mushrooms Tomatoes • ParmCheese	MTO-TORTILLA BAR CHOOSE» Tortilla ☞ Taco Shells ☞ Flour Tortilla ADD» Chicken Fajita Shreds ☞ Beef Taco Meat ADD» Shredded Cheese ☞ Cheese Sauce ADD» Jalapeños • Pico de Gallo • Salsa Onions • Banana Peppers • Sour Cream Romaine Lettuce • Diced Tomatoes	MTO-Deli Day! CHOOSE» Sub Roll ☞ Herb Sub Roll CHOOSE 1» Turkey ☞ Ham ADD 1» Swiss ☞ AmCheese ☞ Pepper Jack ☞ Provolone TOP IT OFF» Romaine • Lettuce • Tomatoes Jalapeños • Dill Pickles • Banana Peppers Black Olives • Onions • Cucumber Slices	MTO-TORTILLA BAR CHOOSE» Tortilla ☞ Taco Shells ☞ Flour Tortilla ADD» Chicken Fajita Shreds ☞ Beef Taco Meat ADD» Shredded Cheese ☞ Cheese Sauce ADD» Jalapeños • Pico de Gallo • Salsa Onions • Banana Peppers • Sour Cream Romaine Lettuce • Diced Tomatoes	MTO-Baked Potato Bar Baked Potato & Roll... then customize CHOOSE» Bean Chili ☞ Diced Ham CHOOSE» Shredded Cheese ☞ Cheese Sauce ☞ Jalapeños TOP IT OFF» Sour Cream
--	--	--	--	---

EVERYDAY SIDES (available seasonally, items rotate each day) Apple fresh/slices • Applesauce • Baby Carrots • Banana • Black Beans • Broccoli/fresh • Celery Sticks • Craisins • Cucumber slices • Diced Peaches • Diced Pears • Edamame • French Fries • Fresh Fruit Cup • Golden Corn • Goldfish Crackers • Goldfish Grahams • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mexican Street Corn • Mixed Fruit • Orange • Peas & Carrots • Pineapple Tidbits • Pretzels • Rainbow Blend Veggies • Raisins • Red Pepper Strips • ScoobyDoo CinnaGrahams • ScoobyDoo Fruit Snacks • Sweet Golden Corn • Tater Tots • Tossed Salad • Warm Cinnamon Peaches • Zucchini/fresh • Apple Juice • Fruit Juice • Grape Juice • Orange Juice

MILK 1% Milk • Chocolate Skim Milk • Lactose-Free Milk



WINTER BREAK | Have a safe and fun break! See you January 3, 2024.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or (2) fax: (833) 256-1665 or (202) 690-7442; or (3) email: Program.Intake@usda.gov || This institution is an equal opportunity provider

To learn more about healthy school meals visit www.fns.usda.gov/nslp

@jpshurricane
@jonesboropublicschools



check out Jonesboro's SOCIAL MEDIA for breakfast or lunch updates and more!