

JONESBORO - JUNIOR HIGH

January 3 - February 16



Menu is subject to change without notice, substitutions may be made based on availability and seasonality of food items. Breakfast items are listed in orange italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk. All side items are listed below the calendar and rotate throughout the week.

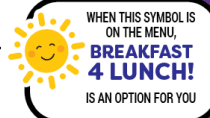
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
School Holiday JAN 1	Student Holiday JAN 2	<i>Cereal</i> JAN 3 Popcorn Chicken & Potato Bowl w/Roll Chicken BLT Sub Egg Salad Platter & Roll	<i>Muffin</i> JAN 4 Disco Fries & Biscuit BBQ Chicken Wrap Buffalo Ranch PopChicken Salad & Roll	<i>Country Chicken & Egg Biscuit</i> JAN 5 Buffalo Chicken Mac & Cheese Cheesy Chipotle Wrap Greek Chicken Salad & Roll
<i>Mini Cinnamon Rolls</i> JAN 8 Chicken Pot Pie Turkey & Cheese Sub Spicy Southwest Chicken Salad Bowl & Roll	<i>Triple Berry French Toast</i> JAN 9 Sloppy Joe Sandwich Ham & Cheese Baboom Sub Egg Salad Sandwich & Roll	<i>Donut</i> JAN 10 Chili Cheese Dog Ham, Roast Beef & Cheese Wrap Chicken Salad & Roll	<i>Muffin</i> JAN 11 Chicken Tenders & Rice w/Thai Sate Sauce Grape Chicken Salad Sub All-American Cobb Salad & Roll National Milk Day	<i>Sausage Biscuit</i> JAN 12 Salisbury Steak & Gravy w/Roll Turkey & Cheese Sub PopChicken Salad & Roll
School Holiday JAN 15	<i>Cheese-Stuffed Breadstick</i> JAN 16 Chili Mac Turkey, Mushroom & Swiss Flatbread PopChicken Salad & Roll	<i>Cereal Bowl</i> JAN 17 Buffalo Chicken Wings Ham & Cheese Sandwich Egg Chef Salad w/Roll	<i>Muffin</i> JAN 18 ☀️ French Toast Sticks w/Syrup & Sausage Veggie & Provolone Mediterranean Wrap Tossed Salad w/Cheese & Roll	<i>Sausage, Egg & Cheese Biscuit</i> JAN 19 Homestyle Chicken Strips & Roll Turkey Quesa-Birra LTO Veggie Baja Salad w/Roll
<i>Breakfast Banana Bread</i> JAN 22 Red Beans & Rice Buffalo Chicken Salad Turkey & Cheese Sub National Hot Sauce Day	<i>Mini Cinnamon Rolls</i> JAN 23 Teriyaki Chicken Wings Ham & Roast Beef Wrap Ham Chef Salad & Roll	<i>Cereal Bowl</i> JAN 24 Mesquite Glazed Drumstick & Roll Ham & Cheese Sub Veggie Baja Salad & Roll	<i>French Toast</i> JAN 25 Salisbury Steak & Roll Cheesy Chipotle Panini Turkey Chef Salad & Roll	<i>Country Chicken & Egg Biscuit</i> JAN 26 Buzzer Beater Basket & Roll Chicken Caesar Wrap PopChicken Salad & Roll
<i>Lucky Charms Cereal Bar</i> JAN 29 Country Fried Steak & Roll Thai Chicken Wrap Greek Chicken Salad & Roll	<i>CinnaToast Crunch Pastry</i> JAN 30 BBQ Chicken Drumstick 3-Cheese Sub Ham Chef Salad & Roll	<i>Donut</i> JAN 31 Chicken & Veggie Dumplings & Fried Rice Turkey & Cheese Sandwich Buffalo Chicken Salad & Roll National Hot Chocolate Day	<i>Turkey Sausage Pancake Wrap</i> FEB 1 ☀️ French Toast Sticks w/Syrup & Sausage Chicken BLT & Roll Ham & Cheese Sandwich	<i>Egg Biscuit</i> FEB 2 Mozz. Tomato & Basil Panini w/Pesto Mayo PopChicken Salad & Roll National Tater Tot Day
<i>Chocolate Chip Breakfast Round</i> FEB 5 Peri Peri Chicken Drumstick & Roll Turkey & Cheese Sub All-America Cobb Salad & Roll	<i>French Toast</i> FEB 6 Meatloaf & Roll Turkey Caesar Wrap All-American Chef Salad & Roll	<i>Turkey Pancake Wrap</i> FEB 7 Popcorn Chicken & Potato Bowl w/Roll Chicken BLT Sub Egg Salad Platter & Roll	<i>Muffin</i> FEB 8 Disco Fries & Biscuit BBQ Chicken Wrap Buffalo Ranch PopChicken Salad & Roll	<i>Country Chicken & Egg Biscuit</i> FEB 9 Buffalo Chicken Mac & Cheese Cheesy Chipotle Wrap Greek Chicken Salad & Roll National Pizza Day check out CORNER CRUST!
<i>Mini Cinnamon Rolls</i> FEB 12 Chicken Pot Pie Turkey & Cheese Sub Spicy Southwest Chicken Salad Bowl & Roll	<i>Triple Berry French Toast</i> FEB 13 Sloppy Joe Sandwich Ham & Cheese Baboom Sub Egg Salad Sandwich & Roll	<i>Donut</i> FEB 14 Chili Cheese Dog Ham, Roast Beef & Cheese Wrap Chicken Salad & Roll Special treat for friends eating a school lunch today!	<i>Muffin</i> FEB 15 Chicken Tenders & Rice w/Thai Sate Sauce Grape Chicken Salad Sub All-American Cobb Salad & Roll	<i>Sausage Biscuit</i> FEB 16 Salisbury Steak & Gravy w/Roll Thai Chicken Noodle Bowl LTO PopChicken Salad & Roll

JONESBORO 2023-2024

BREAKFAST
StudentsFREE
Faculty/Staff \$2.75

LUNCH
Students FREE
Faculty/Staff \$4.75

This institution is an equal opportunity provider.



THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.



EVERYDAY CHOICES: Pizza: Pepperoni or Cheese || Slice of the Specialty Pizza of the Day (check the line for the Specialty Slice-of-the Day!)

EVERYDAY CHOICES: Hamburger =OR= Cheeseburger || Spicy =OR= Regular Breaded Chicken Sandwich || Popcorn Chicken & Roll

CORNER CRUST

GRAB & GO GRILL

MTO-PASTA CHOOSE PASTA: Penne ☞ Spaghetti SERVED WITH: Breadstick ADD: Chicken ☞ Meatballs TOP IT: Marinara ☞ Alfredo ☞ Rosa Sauce ADD: Roasted Veggies • Roasted Mushrooms Tomatoes • ParmCheese	MTO-TORTILLA BAR CHOOSE: Tortilla ☞ Taco Shells ☞ Flour Tortilla ADD: Chicken Fajita Shreds ☞ Beef Taco Meat ADD: Shredded Cheese ☞ Cheese Sauce ADD: Jalapeños • Pico de Gallo • Salsa Onions • Banana Peppers • Sour Cream Romaine Lettuce • Diced Tomatoes	MTO-Deli Day! CHOOSE: Sub Roll ☞ Herb Sub Roll CHOOSE 1: Turkey ☞ Ham ADD 1: Swiss ☞ AmCheese ☞ Pepper Jack ☞ Provolone TOP IT OFF: Romaine • Lettuce • Tomatoes Jalapeños • Dill Pickles • Banana Peppers Black Olives • Onions • Cucumber Slices	MTO-TORTILLA BAR CHOOSE: Tortilla ☞ Taco Shells ☞ Flour Tortilla ADD: Chicken Fajita Shreds ☞ Beef Taco Meat ADD: Shredded Cheese ☞ Cheese Sauce ADD: Jalapeños • Pico de Gallo • Salsa Onions • Banana Peppers • Sour Cream Romaine Lettuce • Diced Tomatoes	MTO-Baked Potato Bar Baked Potato & Roll... then customize CHOOSE: Bean Chili ☞ Diced Ham CHOOSE: Shredded Cheese ☞ Cheese Sauce ☞ Jalapeños TOP IT OFF: Sour Cream
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EVERYDAY SIDES (available seasonally, items rotate each day) Apple fresh/slices • Applesauce • Baby Carrots • Banana • Black Beans • Broccoli/fresh • Celery Sticks • Craisins • Cucumber slices • Diced Peaches • Diced Pears • Edamame • French Fries • Fresh Fruit Cup • Golden Corn • Goldfish Crackers • Goldfish Grahams • Green Beans • Kickin' Pinto Beans • Mashed Potatoes • Mexican Street Corn • Mixed Fruit • Orange • Peas & Carrots • Pineapple Tidbits • Pretzels • Rainbow Blend Veggies • Raisins • Red Pepper Strips • ScoobyDoo CinnaGrahams • ScoobyDoo Fruit Snacks • Sweet Golden Corn • Tater Tots • Tossed Salad • Warm Cinnamon Peaches • Zucchini/fresh • Apple Juice • Fruit Juice • Grape Juice • Orange Juice **MILK** 1% Milk • Chocolate Skim Milk • Lactose-Free Milk

check out Jonesboro's SOCIAL MEDIA for breakfast or lunch updates and more!



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