## SAYVILLE HIGH SCHOOL BREAKFAST OF CHAMPIONS

THIS CERTIFICATE IS AWARDED TO:

## Jillian Rastello

What makes a champion? Determination; self-control; passion; persistence; courage; compassion; integrity; perseverance; discipline; sacrifice. When I consider these characteristics, Jillian Rastello is a student athlete who exemplifies these qualities. While Jillian does possess all of the characteristics of a champion, one stands out in my eyes...SACRIFICE. Like most students, Jillian attends school, completes her homework as well as chores at home. However, seven days of the week, Jillian trains at Eisenhower Park's pool as well as the gym...seven days a week! The success that Jillian has encountered has earned her a place on her college's dive team. In June, Jillian will be attending The United States Air Force Academy. Unlike most seniors, Jillian will not attend her high school prom, nor will she attend her high school graduation. She will experience another type of SACRIFICE as she commits to serve our great nation with the hopes of becoming a pilot. When discussing SACRIFICE, Mia Hamm, two-time Olympic Gold Medalist and two time FIFA World Cup Champion said "It is not sacrifice if you love what you're doing." Jillian, this quote speaks volumes about who you are as a person and an athlete. I am convinced that you will continue to excel as a student athlete, all while selflessly becoming a fine member of the United States Military. Thank you for the gift of you to all of us. You will be missed.

Given this 17th day of May, 2022

Ms. Loriston
Assistant Principal

Ms. Wittman-Cahill
Nominator

