



Sayville Public Schools

Community Wellness Resource Guide

June 2021

Throughout life, all of us experience situations where we need support. This support is necessary as part of an ongoing, proactive mental health and wellness regiment. At other times, crisis may hit. Therefore, it can be both comforting and vital to know where to turn in both of these moments. We have put together a resource guide to help you in the event you or your family ever experience an emergency or are in need of support. As a school district, we have trained professionals available to help you navigate this difficult time, but in the event, you are not able to reach someone, this guide can be a tremendous resource, maybe even a lifesaver.

This guide contains descriptions of services and programs along with their contact information. Services range from mental health and substance abuse programs to emergency services, to community-based activities and self-help/support groups.

We would like to encourage Sayville families to have their children continue to reach out to any of the Sayville School District staff that they trust and feel comfortable talking with. For parents, families and guardians, please feel free to reach out to (Sayville) Pupil Personnel staff at any time for individual guidance and support for your child and/or family member(s).

Emergency Phone Numbers

Children's Home-Based Crisis Intervention	(631) 920-8302
Cohen Children's Northwell Health General Pediatrics	(631) 434-1770 (833) GO-COHEN
Community Crisis Action Team	(888) 375-2228
Comprehensive Psychiatric Emergency Program (CPEP) Stony Brook University Hospital	(631) 444-6050
Child Protective Services (CPS)	(800) 342-3720
Crisis Text Line	Text GOT5 to 741741
Domestic Violence, Sexual Assault 24-hr. Hotline	(631) 360-3606 TEXT (944)-997-2121
LI Council of Alcoholism and Drug Dependency (LICADD) Substance Abuse Hotline 24-hr. Hotline	(631) 979-1700
Long Island Crisis Center	(516) 679-1111

Joe's Project Postvention for Families Impacted by Suicide	(888) 375-2228
Rape Crisis/Victims Hotline	(631) 332-9234
Response Crisis Center Hotline	(631) 751-7500
Sagamore Children's Crisis Respite House	(631) 370-1701
Suffolk County Crisis Response - DASH Diagnostic, Assessment, and Stabilization Hub	(631) 952-3333
Suffolk County Department of Social Services Response Unit (8am-4:30pm)	(631) 854-9935
Suffolk County Department of Social Services Emergency Hotline (4:30pm- 8 am)	(631) 854-9100
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
South Oaks Hospital- Northwell Health	(631) 264-4000
Talbot House, 24-hr. Substance Abuse Crisis Line	(631) 589-4144
Violent & Hate Crimes Hotline	(631) 626-3156

Treatment Programs

Agency Name	Address	Contact Information
Brentwood Mental Health Clinic	1841 Brentwood Rd. Brentwood, NY 11717	(631) 853-7300 www.suffolkcountyny.gov/Departments/HealthServices/MentalHygiene.aspx
Catholic Charities Mental Health Clinic	21 4th Avenue Bay Shore, NY 11706	(631) 665-6707 https://www.catholiccharities.cc/
Catholic Charities-Talbot House Substance Abuse Services	30-C Carlough Road Bohemia, NY 11716	(631) 589-4144 https://www.catholiccharities.cc/our-services/addiction-treatment-services
Charles K. Post Substance Abuse Rehabilitation Facility	998 Crooked Hill Road, West Brentwood, NY 11717	(631) 434-6233 https://oasas.ny.gov/location/charles-k-post-addiction-treatment-center
Family Service League Mental Health Clinic, Mobile Crisis Unit, Parent to Parent Program	1444 Fifth Avenue Bay Shore, NY 11706	(631) 647-3100 https://www.fsl-li.org/location/bay-shore-ny/
FREE-Skills Unlimited Mental Health Clinic	405 Locust Avenue Oakdale, NY 11769	(631) 567-1626 https://www.familyres.org/creating-one-job-time-smile-farms-skills-unlimited-blooms-long-island/
Great South Bay Therapy Mental Health Services	296 N Main St., Suite 1 Sayville, NY 11782	(631) 472-2629 https://www.gsbtherapy.com/

Hope House Ministries Mental Health and Substance Use Services	1 High St, Port Jefferson, NY 11777	(631) 928-2377 https://www.hhm.org/
Outreach House II Substance Abuse Residential	400 Crooked Hill Road, Brentwood, NY 11717	(631) 231-3232 https://opiny.org/sites/brentwood-crooked-hill-road/
Outreach Recovery Center at Pilgrim State Substance Abuse Residential	998 Crooked Hill Rd, Bldg 5, Brentwood, NY 11717	(631) 521-8400 https://opiny.org/sites/brentwood-outreach-recovery-center-at-pilgrim-state/
Phoenix House of LI Detox, Withdrawal and Drug Stabilization	153 Lake Shore Rd, Lake Ronkonkoma, NY 11779	(631) 306-5710 https://www.phoenixhouse.org/
RBK Pediatrics Satellite of Catholic Charities Mental Health Clinic	20A South Saxon Ave. Bay Shore, NY 11706	(516) 736-5216 https://rbkpediatrics.com/
SUNY Stony Brook Child and Adolescent Psychiatry	Putnam Hall SUNY Stony Brook Stony Brook, NY 11794	(631) 632-8850 https://www.stonybrook.edu/caps/
West Islip Youth Enrichment Services Mental Health Clinic	401 Main Street, Room 108 Islip, NY 11751	(631) 446-1950 https://www.yesnews.org/

Youth Services

Islip Youth Bureau	401 Main St Islip, NY 11751	(631) 224-5320 https://islipny.gov/departments/office-of-the-supervisor/youth-bureau
Suffolk County Youth Bureau	100 Veterans Memorial Hwy # 3 Hauppauge, NY 11788	(631) 853-8270 https://www.suffolkcountyny.gov/Elected-Officials/County-Executive/Youth-Bureau
Youth Enrichment Services	555 Clayton Street Central Islip, NY 11722 90 Higbie Ln # 26, West Islip, NY 11795	(631) 348-3513 https://www.yesnews.org/ (631) 587-5172 https://www.yesnews.org/

Peer/Family Support and Self-Help Groups

Alcoholics Anonymous	(631) 654-1150
Al-Anon/Ala-teen	(631) 669-2827 http://www.al-anon-suffolk-ny.org/
Children Adults with Hyperactivity/Attention Deficit Disorder (CHADD)	(631) 626-6280 https://chadd.org/

Co-Dependents Anonymous	(631) 277-7991 https://coda.org/
Families Anonymous	(516) 221-0303 https://www.familiesanonymous.org/meetings/meeting-directories/
Family Service League: Parent to Parent	(631) 853-2793 https://www.fsl-li.org/help-services/parent-to-parent/
Association for Mental Health and Wellness Family Support Line	(631) 226-3900 http://mhaw.org/
Long Island Coalition Against Bullying (LICAB)	(516)777-7709 https://www.licab.org/
Long Island Families Together (LIFT) Adoption Support Group	(631) 264-5438 x 103 https://www.lift4kids.org/
LI Gamblers Anonymous	(877) 533-4395 or (877) 442-4248 http://longisland-ga.com/
LI Gay and Lesbian Youth (LIGALY)	(631) 665-2300 https://lgbtnetwork.org/ligaly
Long Island Against Domestic Violence	(631) 666-8833 https://liadv.org/
National Alliance on Mental Illness (NAMI)	(516) 326-0797 https://nami.org/Home
Narcotics Anonymous	(631) 689-6262 https://www.longislandna.com/

Overeaters Anonymous	631-260-6615 https://www.suffolkoa.org/contact-us
Pride for Youth Suffolk - LGBTQ	(631) 940-1964 https://www.longislandcrisiscenter.org/prideforyouth/

Community Based and Prevention Services

Agency Name	Address	Contact Information
Children's and Parents Together (CAPT) Helps expectant and existing parents who have a mental health problem	1444 Fifth Avenue Bay Shore, NY 11706	(631) 647-3120 https://www.fsl-li.org/help-services/children-and-parents-together-capt/
Crime Victims Center Assists victims of violent crime	100 Commack St. Ronkonkoma, NY 11779	(631) 689-2672 https://www.parentsformeganslaw.org/the-crime-victims-center/
EAC Network Focus on working with childhood abuse and neglect, kids in the foster care and child trafficking. Supervised visitation, promote child passenger safety, and mentors for at-risk youth.	80-84 Wheeler Road Central Islip, NY 11722 400 Carleton Avenue Central Islip, NY 11722	(516) 539-0150 https://eac-network.org/contact-us/
Empowerment Collaborative of LI (ECLI) Provides crisis intervention, counseling, advocacy and an array of support services that empower and transition people to independence	225 Eastview Drive, PAC #203 Central Islip, NY, NY 11722	(631) 913-8655 www.empowerli.org

<p>Learn, Enrich, Achieve, Dream (LEAD) Program for adolescents who have experienced trauma or other difficulties</p>	<p>1444 Fifth Avenue Bay Shore, NY 11706</p>	<p>(631) 650-0105</p>
<p>LGBT Network Hauppauge Center</p>	<p>125 Kennedy Dr. Suite 100, Hauppauge, NY 11788</p>	<p>(516) 323-0011 https://www.lgbtnetwork.org/</p>
<p>Long Island Prevention Resource Center Strengthening communities through supporting drug-free environments</p>	<p>1444 Fifth Avenue Bay Shore, NY 11706</p>	<p>(631) 650-0135 https://www.liprc.org/</p>
<p>LI Council on Alcoholism and Drug Dependence (LICADD) Provides services for individuals, families, and children to help overcome addiction issues</p>	<p>1324 Motor Pkwy Suite 102 Hauppauge, NY 11749 877 East Main Street, Suite 107 Riverhead, NY 11901</p>	<p>(631) 979-1700 https://www.licadd.org/ 631-284-9583</p>
<p>Recess Provides a therapeutic recreation program including group therapeutic activities for children with a serious emotional disturbance</p>	<p>1444 Fifth Avenue Bay Shore, NY 11706</p>	<p>(631) 650-0105 https://www.fsl-li.org/</p>
<p>Riverhead Community Awareness Program (CAP) Provides services for addiction related issues</p>	<p>518 E. Main Street. Suite 106 Riverhead, NY 11901</p>	<p>(631) 727-3722 https://riverheadcap.org/</p>
<p>Victims Information Bureau Services (VIBS) Assists sexual assault and child abuse survivors through counseling, advocacy, and legal services</p>	<p>185 Oval Drive Islandia, NY 11749</p>	<p>(631) 360-3730 https://www.vibs.org/</p>

Legal Services

<p>Legal Aid Society of Suffolk County Legal services for lower income clients</p> <p style="text-align: center;">Central Islip District Court Family Court Children’s Law Bureau Riverhead Office</p>	<p style="text-align: right;">http://sclas.org/</p> <p style="text-align: right;">(631) 853-5212 (631) 853-4343 (631) 439-2450/2453 (631) 852-1650/1655</p>
<p>The NYS Justice Center Focus on protecting the rights of those with special needs or disability</p>	<p style="text-align: right;">1 (855) 373-2122 - Hotline https://www.justicecenter.ny.gov/</p>
<p>Suffolk County Bar Association Provide pro-bono legal services for those of low income</p>	<p style="text-align: right;">(631) 234-5511 https://www.scba.org/new/</p>
<p>Nassau/Suffolk Law Services Provides legal counsel to those of lower income backgrounds</p>	<p style="text-align: right;">(631) 369-1112 https://www.nslawservices.org/</p>

This guide was created in collaboration with #SameHere Schools

www.samehereglobal.org

