



NATIONAL
SUICIDE
PREVENTION
LIFELINE™
1-800-273-TALK
1-800-273-8255
www.suicidepreventionlifeline.org



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
www.samhsa.gov

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NATIONAL AIDS HOTLINE

1-800-232-4636

NATIONAL STD HOTLINE

1-800-227-8922

ALATEEN/AL-ANON

1-888-425-2666

(WWW.AL-ANON.ORG)

DOMESTIC VIOLENCE HOTLINE

1-800-621-4673

(WWW.SAFEHORIZON.ORG)

NATIONAL CHILD ABUSE HOTLINE

1-800-422-4453

(WWW.CHILDHELPUSA.ORG)

VIRGINIA CHILD ABUSE HOTLINE

1-800-552-7096

VIRGINIA ADULT PROTECTIVE SERVICES

1-888-832-3858

**VIRGINIA FAMILY VIOLENCE AND
SEXUAL ASSAULT HOTLINE**

1-800-838-8238

NATIONAL EATING DISORDER HELPLINE

1-800-931-2237

(WWW.NATIONALEATINGDISORDERS.ORG)

OR TEXT "NEDA" TO 741741)

NATIONAL RUNAWAY HOTLINE

1-800-786-2929

(WWW.1800RUNAWAY.ORG)

MENTAL HEALTH AMERICA

1-800-969-6642

(WWW.MENTALHEALTHAMERICA.NET)

SEXUAL ASSAULT HOTLINE

1-800-656-4673

SMOKE FREE

1-877-448-7848

(PHONE APP: QuitSTART)

POISON CONTROL

1-800-222-1222

(WWW.POISON.ORG)

GLBT NATIONAL YOUTH TALKLINE

1-800-246-PRIDE(7743)

TEEN LINE

1-310-855-4673 OR TEXT TEEN TO 839863

**NATIONAL CENTER FOR MENTAL
HEALTH PROMOTION AND YOUTH
VIOLENCE PREVENTION**

1-866-577-5787

WWW.STOPBULLYING.GOV

WWW.STOMPOUTBULLYING.ORG

24 Hour Evaluation and Assessment Services

CONNECT – *Evaluation and Assessment Service through Carilion Clinic*

1- 800-284-8898 or 540-981-8181

RESPOND – *Evaluation and Assessment Service through Lewis Gale Regional Health System*

1-800-541-9992 or 540-776-1100

Community Providers of Counseling, Addiction Treatment, and Mental Health Services

Avenues to Wellness

www.avewell.com • 540-693-2229

Associates in Brief Therapy

www.abtcounseling.com • 540-772-8043

Blue Ridge Behavioral Healthcare

www.brbh.org • Crisis Line 540-981-9351
Initial Appt. 540-343-3007

Botetourt Counseling Center

www.botetourt counseling.com • 540-977-6300

DePaul Community Resources

www.depaulcr.org • 888-233-7285

Family Preservation Services

540-344-9501

Family Service of Roanoke Valley

www.fsrv.org • 540-563-5316

New Choices Counseling

www.newchoicescounseling.com • 540-344-8600

Project Back on Track

• 540-563-5316

Psychological Health of Roanoke

www.psychhealthroanoke.com • 540-772-5140

Serenity Counseling

www.serenitycounselingcenterva.com • 540-977-2181

Teen Challenge Roanoke

www.teenchallenge4u.com • 540-771-0611



Student Assistance Program

A comprehensive school-based program for students designed to identify issues which prevent students from learning and being successful in school. SAP Programs provide education, prevention, early identification, intervention, referral, and support groups for students. Many schools in the Roanoke Valley have a SAP program.

Contact the school and ask for SAP or the guidance dept.

Other Substance Abuse Resources

Alcoholics Anonymous

www.aaroanoke.org • 540-343-6857

Al-Anon Family Groups

• 540-767-5884

Prevention Council of Roanoke County

www.Pc4y.org • 540-772-4341

Roanoke Area Youth Substance Abuse Coalition

www.RAYSAC.org • 540-982-1427

Other Important Community Resources

Children's Trust Roanoke Valley

www.roact.org • 540-344-3579

Rescue Mission for Roanoke Valley

www.rescuemission.net • 540-343-7227

Sexual Assault Response and Awareness (SARA)

540-345-7273 or crisis hotline 540-981-9352