

# Coaches Meeting Key Points:

1. The role of the Athletic Trainer
  - a. Encompasses the prevention, examination, diagnosis, treatment and rehabilitation of emergent, acute or chronic injuries and medical conditions (NATA).
2. Injury reporting
  - a. If your athlete gets injured, have them come to me first, I will contact parents about injuries.
  - b. Physician evaluations (at Jerome HS if needed)
  - c. Getting documentation from physicians, PAs, Nurse Practitioners, PTs, etc. and bring them to me. I cannot let your athlete participate without this. A note explaining the injury and if they are cleared or not is needed on file. This includes any follow up visits.
3. Concussions
  - a. Reporting
    - i. Athlete is to report to me for the initial examination. The athlete will then see team Dr. and get evaluated. The athlete will have to perform a symptom check with me until cleared and they will have to get cleared by team Dr. or physician that they see.
  - b. Return to Play
    - i. Athlete will start protocol for return to play once they are symptom free for 24 hours.
  - c. ImPACT
    - i. Baseline testing - lets us see where your athlete is at and helps with making sure that we are getting them back to where they were at post concussion.
4. Communication
  - a. Email: [courtney.basinger@ohiohealth.com](mailto:courtney.basinger@ohiohealth.com)
  - b. Cell: 330.835.7614

**District's Injury Policies and Procedures and Concussion Guidelines are on Final Forms please read them and do not just sign off on them!!!!**

## Other Important Information:

- Always at the school during practice times. In my office or at a practice. The coaches know how to get a hold of me.
- If they see a physician, nurse practitioner, etc. I will need a note from them saying what they saw them for and what is going on also if they are cleared to participate or not.
- Make sure kids stretch on their own outside of practice.
- Make sure they bring their own water bottle I am not allowed to provide them!
- I have water outside with me at the field if they need to refill. Contactless refills.
- If they come into the training room to see me they **MUST** have a mask on, they will be required to fill out a symptom check and also get their temp taken before being looked at.
- If you need to reach me email is [courtney.basinger@ohiohealth.com](mailto:courtney.basinger@ohiohealth.com) and my cell phone number is 330.835.7614 if I do not answer your call please leave a voice message and I will get back to you ASAP