



# Dublin City Schools





Grades 6-12  
Spring 2022



Report created by  
Panorama Education



# Summary

Topic Description	Results	Benchmark
<p><b>Emotion Regulation</b></p> <p>How well students regulate their emotions.</p>	<p><b>53%</b></p> <p>▲3 since last survey</p>	 <p>80th - 99th percentile compared to others nationally</p>
<p><b>Growth Mindset</b></p> <p>Student perceptions of whether they have the potential to change those factors that are central to their performance in school.</p>	<p><b>54%</b></p> <p>▲1 since last survey</p>	 <p>60th - 79th percentile compared to others nationally</p>
<p><b>Healthy Behaviors Around Anxiety</b></p>	<p><b>26%</b></p> <p>▲1 since last survey</p>	
<p><b>Self-Efficacy</b></p> <p>How much students believe they can succeed in achieving academic outcomes.</p>	<p><b>58%</b></p> <p>▲5 since last survey</p>	 <p>40th - 59th percentile compared to others nationally</p>
<p><b>Supportive relationships</b></p>	<p><b>86%</b></p> <p>▲2 since last survey</p>	 <p>80th - 99th percentile compared to others nationally</p>

7,020 responses



# Emotion Regulation

Your average

**53%**

7,020 responses

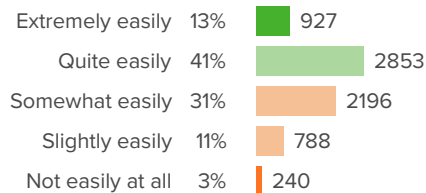
Change

**▲ 3**

since last survey

## How did people respond?

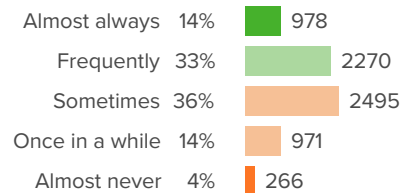
### Q.1: When you are feeling pressured, how easily can you stay in control?



▲ 4 from last survey

Favorable: **54%**

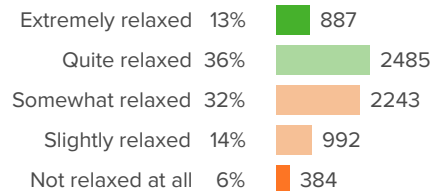
### Q.2: How often are you able to pull yourself out of a bad mood?



▲ 5 from last survey

Favorable: **47%**

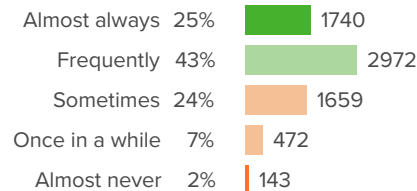
### Q.3: When everybody around you gets angry, how relaxed can you stay?



▲ 4 from last survey

Favorable: **48%**

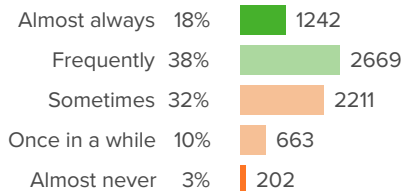
### Q.4: How often are you able to control your emotions when you need to?



▲ 2 from last survey

Favorable: **67%**

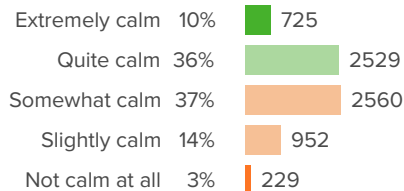
### Q.5: Once you get upset, how often can you get yourself to relax?



▲ 4 from last survey

Favorable: **56%**

### Q.6: When things go wrong for you, how calm are you able to remain?



▲ 3 from last survey

Favorable: **47%**

# Growth Mindset

Your average

**54%**

7,020 responses

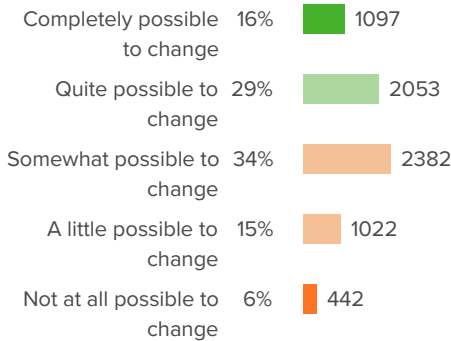
Change

**▲ 1**

since last survey

## How did people respond?

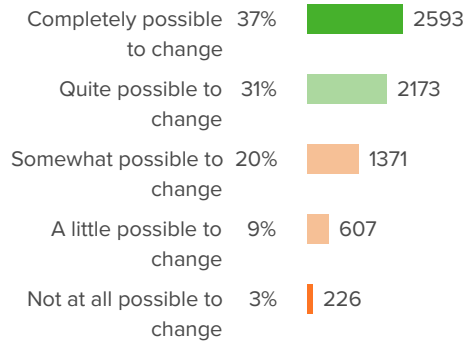
### Q.1: In school, how possible is it for you to change: Being talented



▲ 3 from last survey

Favorable: **45%**

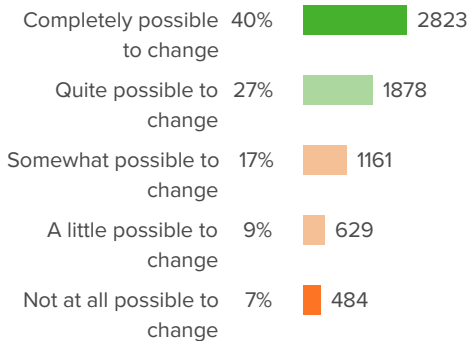
### Q.2: In school, how possible is it for you to change: Putting forth a lot of effort



▲ 0 from last survey

Favorable: **68%**

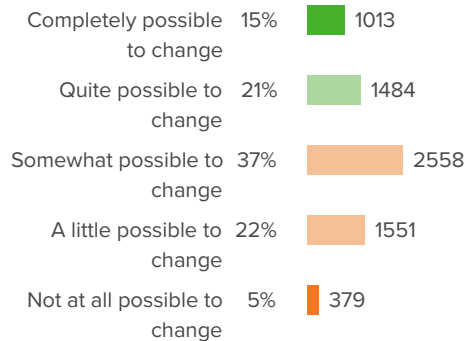
### Q.3: In school, how possible is it for you to change: Behaving well in class



▲ 1 from last survey

Favorable: **67%**

### Q.4: In school, how possible is it for you to change: Liking the subject

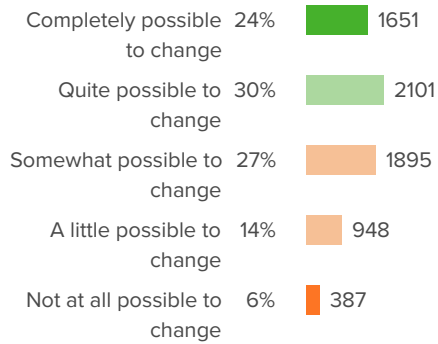


▲ 1 from last survey

Favorable: **36%**



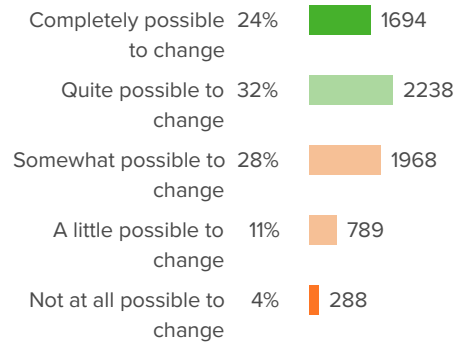
**Q.5: In school, how possible is it for you to change:  
How easily you give up**



▲ **2** from last survey

Favorable: **54%**

**Q.6: In school, how possible is it for you to change:  
Your level of intelligence**



▲ **0** from last survey

Favorable: **56%**



# Healthy Behaviors Around Anxiety

Your average

**26%**

7,020 responses

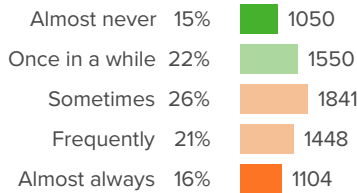
Change

**▲ 1**

since last survey

## How did people respond?

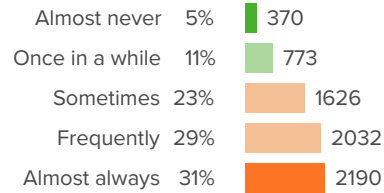
### Q.1: How often do you worry about what other students think of you?



▼ **1** from last survey

Favorable: **37%**

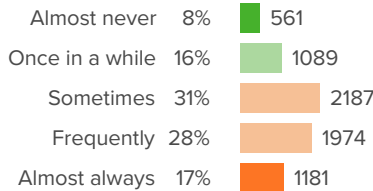
### Q.2: How often do you worry about grades?



▲ **2** from last survey

Favorable: **16%**

### Q.3: How often do you worry about things outside of school?



▲ **0** from last survey

Favorable: **24%**

# Self-Efficacy

Your average

**58%**

7,020 responses

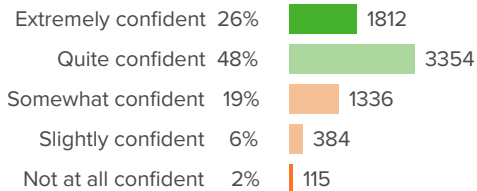
Change

**▲ 5**

since last survey

## How did people respond?

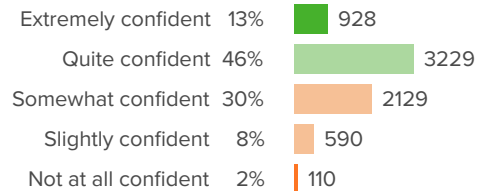
### Q.1: How confident are you that you can complete all the work that is assigned in your classes?



▲ 7 from last survey

Favorable: **74%**

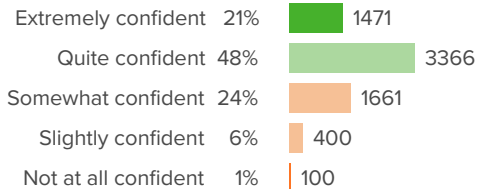
### Q.2: When complicated ideas are presented in class, how confident are you that you can understand them?



▲ 7 from last survey

Favorable: **60%**

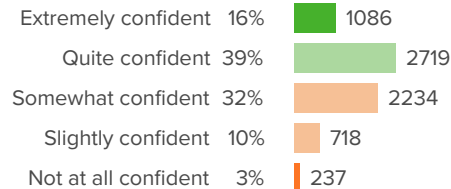
### Q.3: How confident are you that you can learn all the material presented in your classes?



▲ 5 from last survey

Favorable: **69%**

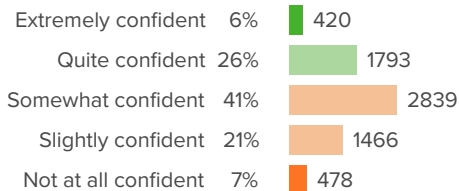
### Q.4: How confident are you that you can do the hardest work that is assigned in your classes?



▲ 3 from last survey

Favorable: **54%**

### Q.5: How confident are you that you will remember what you learned in your current classes, next year?



▲ 2 from last survey

Favorable: **32%**



## Supportive relationships

Your average

**86%**

7,020 responses

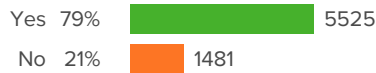
Change

**▲ 2**

since last survey

### How did people respond?

**Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?**



▲ 3 from last survey

Favorable: **79%**

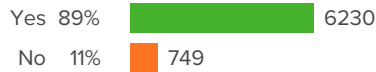
**Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?**



▲ 0 from last survey

Favorable: **93%**

**Q.3: Do you have a friend from school who you can count on to help you, no matter what?**



▲ 2 from last survey

Favorable: **89%**

**Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?**



▲ 4 from last survey

Favorable: **71%**

**Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?**



▲ 1 from last survey

Favorable: **91%**

**Q.6: Do you have a friend from school who you can be completely yourself around?**



▲ 1 from last survey

Favorable: **92%**