



# Dublin City Schools

Grades 3-5  
Spring 2022



Report created by  
Panorama Education



# Summary

Topic Description	Results	Benchmark
<p><b>Emotion Regulation</b></p> <p>How well students regulate their emotions.</p>	<p><b>49%</b></p> <p>▲2 since last survey</p>	<p>60th - 79th percentile compared to others nationally</p>
<p><b>Growth Mindset</b></p> <p>Student perceptions of whether they have the potential to change those factors that are central to their performance in school.</p>	<p><b>62%</b></p> <p>▲3 since last survey</p>	<p>80th - 99th percentile compared to others nationally</p>
<p><b>Healthy Behaviors Around Anxiety</b></p>	<p><b>41%</b></p> <p>▼1 since last survey</p>	
<p><b>Self-Efficacy</b></p> <p>How much students believe they can succeed in achieving academic outcomes.</p>	<p><b>65%</b></p> <p>▲4 since last survey</p>	<p>80th - 99th percentile compared to others nationally</p>
<p><b>Supportive relationships</b></p>	<p><b>90%</b></p> <p>▲1 since last survey</p>	<p>80th - 99th percentile compared to others nationally</p>

3,590 responses



# Emotion Regulation

Your average

**49%**

3,590 responses

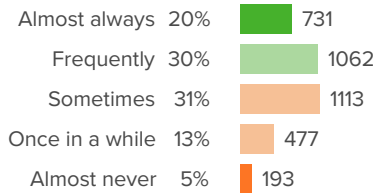
Change

**▲ 2**

since last survey

## How did people respond?

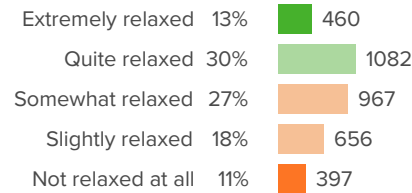
### Q.1: How often are you able to pull yourself out of a bad mood?



▲ 2 from last survey

Favorable: **50%**

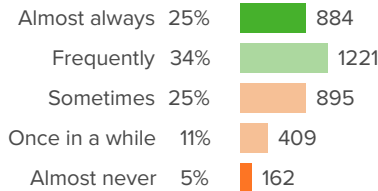
### Q.2: When everybody around you gets angry, how relaxed can you stay?



▲ 3 from last survey

Favorable: **43%**

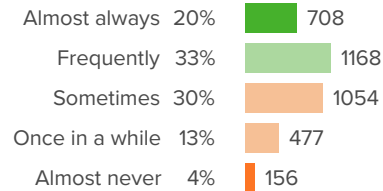
### Q.3: How often are you able to control your emotions when you need to?



▲ 4 from last survey

Favorable: **59%**

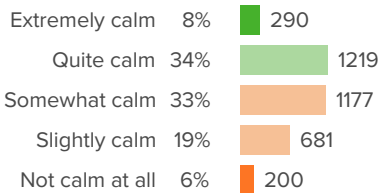
### Q.4: Once you get upset, how often can you get yourself to relax?



▲ 2 from last survey

Favorable: **53%**

### Q.5: When things go wrong for you, how calm are you able to stay?



▲ 1 from last survey

Favorable: **42%**



# Growth Mindset

Your average

**62%**

3,590 responses

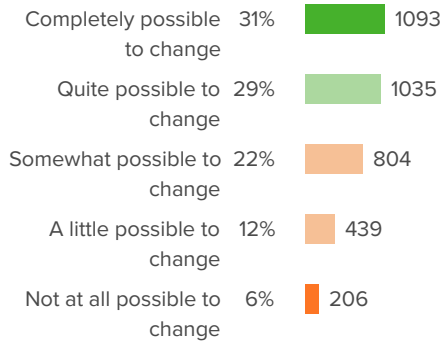
Change

**▲ 3**

since last survey

## How did people respond?

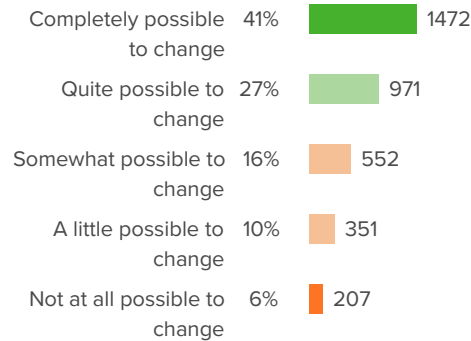
### Q.1: In school, how possible is it for you to change: Being talented



▲ 5 from last survey

Favorable: **59%**

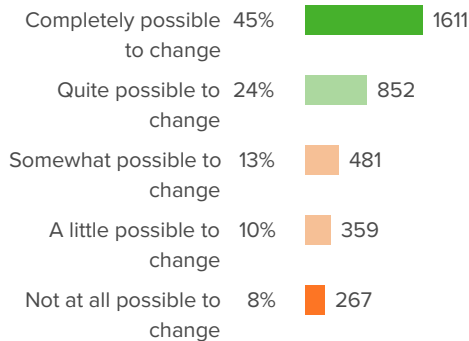
### Q.2: In school, how possible is it for you to change: Giving a lot of effort



▲ 3 from last survey

Favorable: **69%**

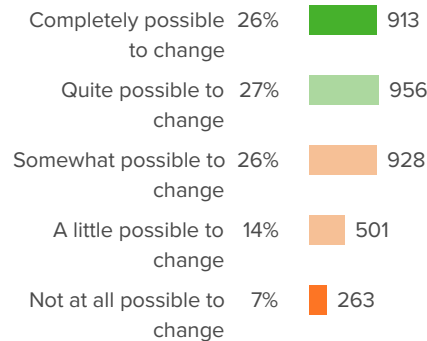
### Q.3: In school, how possible is it for you to change: Behaving well in class



▲ 2 from last survey

Favorable: **69%**

### Q.4: In school, how possible is it for you to change: Liking the subjects you are studying

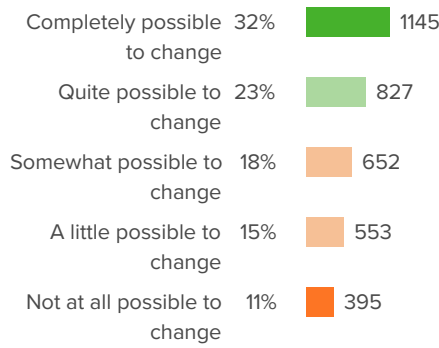


▲ 2 from last survey

Favorable: **52%**



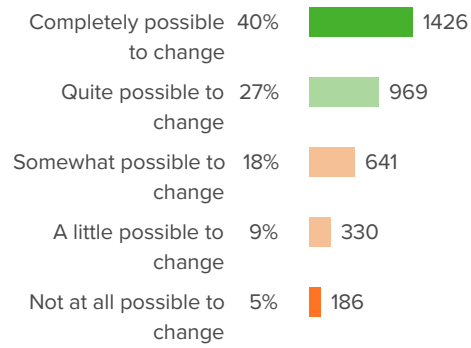
**Q.5: In school, how possible is it for you to change:  
How easily you give up**



▲ **2** from last survey

Favorable: **55%**

**Q.6: In school, how possible is it for you to change:  
Your level of intelligence**



▲ **4** from last survey

Favorable: **67%**



# Healthy Behaviors Around Anxiety

Your average

**41%**

3,590 responses

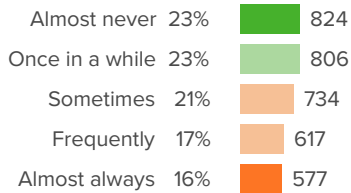
Change

▼ **1**

since last survey

## How did people respond?

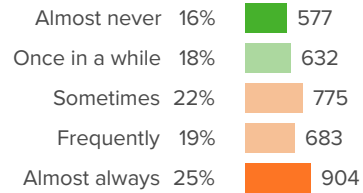
### Q.1: How often do you worry about what other students think of you?



▼ **3** from last survey

Favorable: **46%**

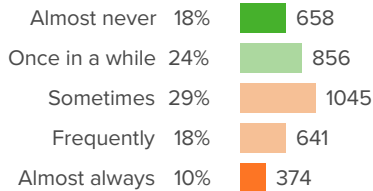
### Q.2: How often do you worry about grades?



▲ **2** from last survey

Favorable: **34%**

### Q.3: How often do you worry about things outside of school?



▼ **2** from last survey

Favorable: **42%**



# Self-Efficacy

Your average

**65%**

3,590 responses

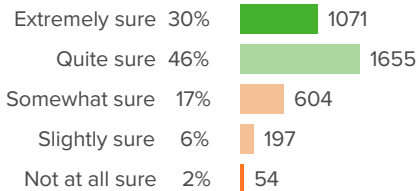
Change

**▲ 4**

since last survey

## How did people respond?

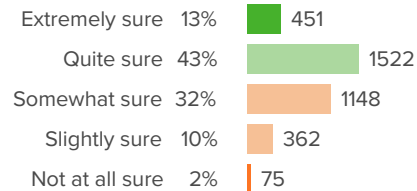
### Q.1: How sure are you that you can complete all the work that is assigned in your class?



▲ 3 from last survey

Favorable: **76%**

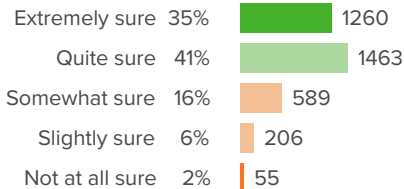
### Q.2: When complicated ideas are discussed in class, how sure are you that you can understand them?



▲ 1 from last survey

Favorable: **55%**

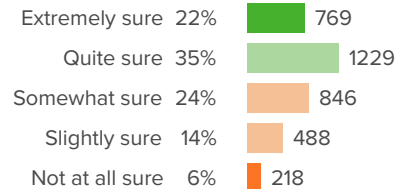
### Q.3: How sure are you that you can learn all the topics taught in your class?



▲ 5 from last survey

Favorable: **76%**

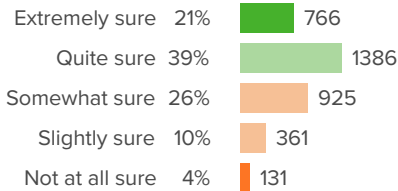
### Q.4: How sure are you that you can do the hardest work that is assigned in your class?



▲ 5 from last survey

Favorable: **56%**

### Q.5: How sure are you that you will remember what you learned in your current class, next year?



▲ 2 from last survey

Favorable: **60%**



## Supportive relationships

Your average

**90%**

3,590 responses

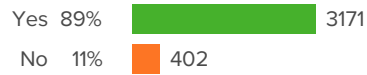
Change

**▲ 1**

since last survey

### How did people respond?

**Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?**



▲ 0 from last survey

Favorable: **89%**

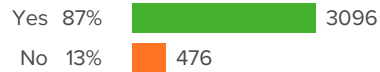
**Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?**



▲ 1 from last survey

Favorable: **94%**

**Q.3: Do you have a friend from school who you can count on to help you, no matter what?**



▲ 2 from last survey

Favorable: **87%**