

GOLDEN TRIANGLE GYM PRESENTS PERSONAL DEFENSE WORKSHOP

Saturday, May 8 10:00-2:00

**EVERYTHING YOU NEED TO KNOW
AND NOTHING YOU DON'T**

Learn how to not be a victim

Learn how to survive a violent encounter

This workshop features casual lecture, quizzes, stress tests, Q&A, scenario-based skills training, and hands-on drills and practice.

Wear your street clothes and come prepared.



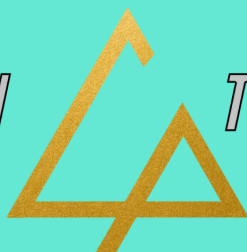
INSTRUCTORS: MR. CLAUDE SMITH

MSU Adjunct Professor teaching Self Defense
Technical Director of Street & Combat UKAI Midwest
Former Chief Instructor with the ASKF
Shotokan Sandan Rank Black Belt

MR. TAYLOR SMITH

Lvl 2 Modern Army Combatives Instructor
Nidan Rank Black Belt--Shotokan Karate
Technical Director of Karate Grappling UKAI Midwest
Chief Instructor Grand Forks, ND Shotokan Club

GOLDEN



TRIANGLE

GYM

\$40.00

Ages 14 to adult

Call to register

901 9th St N, Great Falls, MT

(406) 216-2066 / www.gotrigym.com