



# PERSONAL DEFENSE



## “HOW NOT TO BE A VICTIM”

### GET TO KNOW OUR MISSION:

How NOT to be a victim. How to avoid and defuse potential violent encounters.

How to determine if violence is unavoidable, and how to pre-emptively end the encounter.

The legal and emotional after-effects of a violent encounter.

**For who?** Anyone that has a legitimate desire to protect themselves and/or loved ones.

Adults down to age 15 years

Six hour course, ages 15 & older

January 27, 10 AM- 4 PM

\$60 per person, group rate available, advance registration required



**406-216-2066**

**OR INFO@GOTROIGYM.COM**

**TO REGISTER**

**901 9TH STREET NORTH**