

Roanoke Transition Resource List

1. Behavioral/ Mental Health

Agency	Contact Information	Description
Blue Ridge Autism and Achievement Center	www.braacroanoke.org (540) 366-7399	The BRAAC is a nonprofit, nonsectarian center that provides education and services for children and families affected by autism and unique learning challenges, such as Learning Disabilities.
Blue Ridge Behavior Healthcare	www.brbh.org (540) 981-9351	BRBH is one of forty community service boards established under the Code of Virginia to provide comprehensive services for individuals who have mental health disorders, intellectual disability, or substance use disorders. Adult Clinical Services programs provide consumers a single point of entry to the agency, crisis response and assessment, case management, and therapeutic services designed for specific populations meeting our admission criteria. Child & Family Services programs offer an integrated and comprehensive system of early intervention services, therapeutic services, and supports for families of children and adolescents with, or at risk of developing Serious Emotional Disturbance (SED), Intellectual Disabilities (ID), and/or Substance Use Disorders (SUD). Prevention Services programs provide a variety of evidence based programs in school and community settings that are designed to address the prevention of violence and the use of alcohol, tobacco and other drugs by youth.
Carilion CONNECT	www.carilionclinic.org (540) 981-8181	CONNECT is a confidential, 24-hour referral and emergency evaluation service staffed by psychiatric nurses and clinical social worker. CONNECT professionals talk with callers to determine what resources are available to best address their needs.
Carilion Pediatric Neurodevelopmental Clinic	Website: (Name Hyperlink) (540) 224-4520	

Agency	Contact Information	Description
Commonwealth Autism Service	www.autismva.org (804) 355-0300	Commonwealth Autism Service's mission is to provide leadership in the implementation of a statewide system of services to maximize the potential and quality of life of each Virginian with autism across the lifespan. Commonwealth Autism Service provides autism specific training for families, educators, and service providers throughout the year and across the state. We conduct a multi-day Annual Autism Conference highlighting the most current topics related to autism.
Creative Family Solutions, Inc.	www.creativefamilysolutions.net (540) 562-0707	Creative Family Solutions, Inc is a private agency licensed by the Department of Mental Health, Intellectual Disabilities and Substance Abuse Services to provide: Intensive In-Home, Client Behavior Intervention, Mentoring, Mental Health Supports, Supported Residential Services/ In-Home under both the ID and DD Waivers, Crisis Supervision under both the ID and DD waivers.
DePaul Community Resources	www.depaulcr.org 888-233-7285 or (540) 265-8923	DePaul Community Resources is dedicated to transforming the lives of children, adults, and families with special needs. The four programs, Treatment Foster Care, Developmental Disabilities, Clinical Services and Adoption, provide the highest quality of care to the individuals and families we serve. DePaul Community Resources has been making a positive difference in Central and Southwest Virginia for more than 34 years.
Emotional Health Services (EHS) Support Services	www.ehssupportservices.com (540) 793-4678	EHS Support Services, a company providing skills training, assistance, and support in areas related to independent living. Support Services are home and/or community services provided for individuals who suffer from serious mental illness, mild intellectual disability and/or substance abuse. The goal of these services is to help individuals achieve and maintain stability, independence, and success in the home and in the community.
Family Services of Roanoke Valley	www.fsrv.org (540) 563-5316	Family Services of Roanoke Valley is a nonprofit organization that has provided critical human services to Roanoke Valley residents since 1901. Organized around the mission of strengthening individuals, families, and communities. Family Services is a dynamic, multi-service agency serving a diverse population of clients that spans the area's economic, ethnic, and cultural divisions.

Agency	Contact Information	Description
New Horizons Healthcare	www.newhorizonshealthcare.org (540) 362-0360	New Horizons Healthcare is a not-for-profit community based family medical practice, incorporated in 1999. Their mission is to serve the uninsured and underserved with high-quality, comprehensive primary healthcare. This growing practice also includes pediatrics, a medication assistance program, behavioral healthcare, and a sliding fee discount program for those who are eligible. New Horizons Healthcare also serves patients who are fully insured.
Radford University Autism Center	Website: (Name Hyperlink) (540) 831-7273 or (540) 831-7635	The purpose of the Radford University Autism Center is to provide quality services to children with ASD and their families. The goals of the center are as follows: Provide communication assessment for children with ASD and their families. Provide communication intervention for children with ASD and their families. Provide training for professionals serving children with ASD and their families. Provide educational diagnoses of ASD to area schools. Provide on-site consultation for children with ASD in area schools. Provide medical diagnoses of ASD to children and their families. Provide interdisciplinary assessment to children with ASD and their families. Provide interdisciplinary intervention for children with ASD and their families. Provide parent support services to families with children with ASD. Provide a national clearinghouse for information related to communication and ASD via electronic media.
RESPOND – Lewis –Gale Clinic	www.lewis-gale.com (540) 776-1100	RESPOND is a free, confidential assessment and referral service offered by Lewis-Gale Center for Behavioral Health. Staffed around the clock by nurses and counselors, to help explore problems and consider appropriate treatment options.
Roanoke League of Therapists	www.leagueoftherapists.com (540) 343-3577	The Roanoke League of Therapist provides many services including: individual, couples and family therapy; intensive in-home counseling and mentoring; Autism Spectrum Disorder and other Special Needs; Mental Health Support Services; Comprehensive Child and Family Assessments; Delinquency and Recidivism Prevention; Group Therapy and Therapeutic Day Treatment.

Agency	Contact Information	Description
Virginia Tech Autism Clinic	www.psyc.vt.edu/outreach/autism (540) 231-6914	<p>The mission of the Virginia Tech Autism Clinic is to improve the quality of life for individuals with autism and their families through assessment, intervention, education, and research directed towards effective treatment and prevention. The Clinic provides diagnostic evaluations for infants/toddlers, children, adolescents, and adults who are suspected to have an Autism Spectrum Disorder, including Autism, Asperger Syndrome, and Pervasive Developmental Disorder NOS. Treatment services are based on a variety of empirically supported intervention techniques. Individualized treatment approaches are developed for each child based on evidence-based behavioral strategies from Applied Behavior Analysis, developmental approach, Pivotal Response Treatments, and social skill groups. The clinic also offers Consultation to schools, medical practices, and community agencies involved in providing services for children with Autism Spectrum Disorders.</p>

2. Benefits:

Agency	Contact Information	Description
Blue Ridge Independent Living Center	www.brilc.org (540) 342-1231	Based on the needs of participants, programs are designed to teach individuals with disabilities the skills necessary for acquiring, maintaining, or increasing their independence. Individual and group training is provided in several categories including: personal assistant management, building self-esteem, understanding male and female sexuality, money management, and self-advocacy. All programs are designed to meet individual needs.
	Terri Preston, MEd. Community Work Incentive coordinator Terri-Preston@hotmail.com (540) 204-5966	She will work with individuals on SSI/SSDI issues, work with SSA on difficult cases, works with students on how work will affect benefits, etc.
Roanoke City Department of Social Services	www.roanokeva.gov (540) 853-2591	The Mission of the Division of Social Services is to help the citizens of our Community achieve a realistic and attainable level of self-sufficiency within a safe, healthy environment.
Roanoke County Department of Social Services	www.roanokecountyva.gov (540) 387-6087	Social Services is a department of county government that administers federal, state, and local public financial assistance and social work service programs. Through community-based services, Roanoke County Social Services promotes the following: citizen independence, self-reliance, and protection.
Social Security Administration	www.ssa.gov 1-800-772-1213	The Social Security Administration delivers services through a nationwide network of over 1,400 offices that include regional offices, field offices, card centers, teleservice centers, processing centers, hearing offices, the Appeals Council, and our State and territorial partners, the Disability Determination Services. We also have a presence in U.S. embassies around the globe. For the public, we are the "face of the government."
VaAccses	www.vaaccses.org (703) 461-8747	The Virginia Association of Community Rehabilitation Programs DbA vaACCSES, is an active statewide association of organizations providing quality employment, residential, day support, training, and support services for persons with disabilities.

3. Career Support/Employment Services:

Agency	Contact Information	Description
Career Support Service, Inc.	www.careersupport.net Sara Tolley, Regional Manager sara@careersupport.net 3433 Brambleton Ave. Suite 200 Roanoke, VA 24018 Office #: (540) 774-7822 (804) 261-6788 or Toll Free (877) 889-1721	Career Support Systems, Inc is a successful and thriving organization committed to helping people succeed in their communities and hold their own in a competitive labor market. CSS supports a variety of customers in community-based settings, including people with mild to severe disabilities, people with economic challenges (for example TANF Recipients) and people with medical concerns.
Department of Blind and Vision Impaired	www.vdbvi.org (804) 371-3140 or 1-800-622-2155	The mission of the Department for the Blind and Vision Impaired is to empower blind, visually impaired, and deaf blind individuals to achieve their maximum level of employment, education, and personal independence.
Department of Deaf and Hard of Hearing	www.vddhh.org (804) 662-9502 or Toll Free 1-800-522-7917	The Virginia Department for the Deaf and Hard of Hearing (VDDHH) works to reduce the communication barriers between persons who are deaf or hard of hearing and those who are hearing, including family members, service providers, and the general public.
Department of Rehabilitative Services	www.vadrs.org (540) 204-9660	In partnership with people with disabilities and their families, the Department of Rehabilitative Services collaborates with the public and private sectors to provide and advocate for the highest quality services that empower individuals with disabilities to maximize their employment, independence and full inclusion into society.
Goodwill Industries of the Valleys	www.goodwillvalleys.com (540) 581-0620	Goodwill Industries of the Valleys is a non-profit organization dedicated to helping people with disabilities and disadvantages overcome barriers to employment. We provide workforce development programs that empower people to achieve and sustain a level of independence to participate more fully in life.
Job Accommodation Network (JAN)	www.askjan.org (800) 526-7234 or (877) 781-9403	The Job Accommodation Network (JAN) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. Working toward practical solutions that benefit both employer and employee, JAN helps people with disabilities enhance their employability, and shows employers how to capitalize on the value and talent that people with disabilities add to the workplace.

Agency	Contact Information	Description
Job Corps	www.jobcorps.gov (434) 929-4081 Monroe, Va or (800) 733-5627	Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life.
Stand-Up	www.standup-inc.com (434) 455-2447	Stand Up Inc. offers a variety of solutions custom tailored to help a wide variety of audiences. Some of the services include: <ul style="list-style-type: none"> • Situational Assessments • Job Development • Job Coaching and Training • Follow Along Services • Independent Living Skills Instruction • Pre-Vocational Training • Transition Services • Medicaid Services
Rehabilitative Services and Vocational Placement, Inc. (R.S.V.P., Inc.)	www.rsvprehab.com (804) 288-6272	Rehabilitative Services and Vocational Placement, Inc. (R.S.V.P., Inc.) is a private rehabilitation company founded in 1981 to provide vocational rehabilitation, medical case management and a broad range of related services to the insurance industry, self-insured companies, federal, state, and local governments, attorneys, persons with disabilities and other interested parties.
Virginia Assistive Technology System (VATS)	www.swvats.soe.vt.edu (540) 231-0976 Site coordinator (540) 231-8206 Project investigator	The mission of the Virginia Assistive Technology System (VATS) is to ensure that Virginians of all ages and abilities can acquire the appropriate, affordable assistive and information technologies and services they need to participate in society as active citizens.
Virginia Workforce Center	www.vec.virginia.gov (540) 204-9660	VEC staff at our Workforce Centers makes available job search assistance to individuals, and recruiting and referral services to employers. Services available to workers include job referral and placement, referral to training, and job search skill building activities. VEC staff can assist employers by screening and referring applicants for job vacancies, providing critical labor market information for business and economic planning, and coordinating Employer Advisory Committee activities across the state.

4. Health Care

Agency	Contact Information	Description
Bradley Free Clinic	www.bradleyfreeclinic.com (540) 344-5156	The Bradley Free Clinic provides free primary and chronic care for the working, uninsured, temporarily unemployed and their families.
Dental Hygiene Clinic-VWCC	Website: n/a (540) 857-VWCC	Exposes student to current advances in dentistry. Includes supervised clinical practice in the dental hygiene clinic and/or off-campus clinical rotations at various community facilities. Emphasis is placed on synthesis of knowledge from previous semesters, treatment of clients with moderate to advanced periodontal involvement and improving clinical speed while maintaining quality in preparation for practice.
Helping Hand Fund	www.helpinghandfund.org (609) 587-3808	Helping Hand Fund Organization was created as a resource for everyone with medically related hair loss, or a need for help during a hardship. The mission is to empower everyone to become whole again by making what he or she needs available who may not have a means of obtaining what he or she needs.
Hurt Park Teen Health Center	Website: n/a (540) 857-7665	Hurt Park is a teen health center that treats sickness and minor injuries. Offers health screenings and health education. Provides services for the management of chronic illness and treatment of acute conditions. Dispenses medications, provides birth control and immunizations when necessary. Routine physicals and lab tests including: AIDS/HIV and STD testing are available. Offers periodic support groups for smoking cessation, dating violence, anger management, and self-esteem.
Partnership for Prescription Assistance	www.pparx.org 1-88-477-2669	The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.

Agency	Contact Information	Description
Roanoke Area Ministries	www.roanokeareaministries.org (540) 343-3753	<p>At Roanoke Area Ministries, they are well aware of the difficulties associated with homelessness and to prevent it they try to bridge the gap when an emergency happens. Roanoke Area Ministries' Emergency Financial Aid (EFA) office assists individuals living Roanoke City. The office will accept requests from individuals living outside Roanoke city provided they have a referral from the agency in the area in which they live. The RAM House Day Shelter is more than a waiting room; it's a safe haven where a person can find a way out of their circumstances. With the services RAM provides combined with information from other agencies in town a person can gradually regain independence. The RAM kitchen welcomes nearly 130 people for lunch each day. The kitchen serves elderly and children, men and women, veterans and disabled persons, homeless and at-risk alike.</p>
Roanoke City Health Department	Website: (Name Hyperlink) (540) 283-5050	<p>The mission of the Roanoke City Health Department is to promote a state of optimum health for all citizens of Roanoke City through community assessment, public policy development and assurance of equal access to and excellence in health services.</p>
Roanoke County Health Department/ Vinton Health Department	Website: (Name Hyperlink) (540) 343-7227	<p>The Roanoke County Health Department offers many services including: Family Planning Clinic, MICC (Maternal and Infant Care Coordination), STD Clinic, PPD Screening, Immunization Clinic (including pediatric and adult, WIC (Women, Infant, and Children nutrition program), Pregnancy Testing, Nursing Home Prescreening, Child Safety Seat Program, Sterilization Funding, Communicable Disease Tracking, Tuberculosis Case Management, Environmental Health to include: Onsite Sewage Disposal, Private Wells, Rabies, Food Surveillance (including Restaurant inspections and Temporary Food Permits), Environmental Complaints, and Public Indoor and Outdoor Pools.</p>

Agency	Contact Information	Description
Roanoke Rescue Mission Ministry	www.rescuemission.net (540) 343-7227	The Rescue Mission is a Christ centered organization offering programs to help people physically, psychologically, socially and spiritually. The programs are holistic and involve the elements of personal responsibility, self-determination and an internal transformation of values and vision and a restoration of self-respect. The homeless, the hungry, the sick, the addicted, the abused and the hopeless have all found a warm welcome at the Rescue Mission.

5. Higher Education
(All disability resource center links-see list)

6. Housing:

Agency	Contact Information	Description
Community House Resource Center	www.roanokeciviccenter.com (540) 266-7551	The Goal of the CHRC is to prevent individuals and families from becoming homeless and rapidly re-house those who are already homeless. Objective is to streamline getting individuals and families in need of services through intake, assessment and referral/placement, reduce duplication of services by electronically tracking participants using the Homeless Management Information System.
Roanoke Redevelopment and Housing Authority	www.iamrrha.org (540) 983-9281	RRHA is an independent, political subdivision of the Commonwealth of Virginia with three primary responsibilities to the citizens of Roanoke: <ol style="list-style-type: none"> 1. To provide housing and homeownership opportunities and to accomplish neighborhood revitalization. 2. To take a leadership role in providing programs and resources for residents that promotes and encourages self-sufficiency, self-esteem and self-determination. 3. To maintain a leadership role in fostering economic development and job opportunities through redevelopment.
Total Action Against Poverty (TAP)	www.tapintohope.org (540) 345-6781	Total Action Against Poverty (TAP) is a non-profit community action agency. For 44 years TAP has been helping the residents of 11 cities and counties in southwestern Virginia to escape poverty and become self-sufficient. TAP's mission is to encourage economic vitality by strengthening and empowering individuals, families and communities and to mobilize the community's good will and resources, expand access to existing opportunities and create new opportunities.

7. Independent Living/Residential Support

Agency	Contact Information	Description
Blue Ridge Behavioral Healthcare	www.brbh.org (540) 981-9351	<p>BRBH is one of forty community service boards established under the Code of Virginia to provide comprehensive services for individuals who have mental health disorders, intellectual disability, or substance use disorders. Adult Clinical Services programs provide consumers a single point of entry to the agency, crisis response and assessment, case management, and therapeutic services designed for specific populations meeting our admission criteria. Child & Family Services programs offer an integrated and comprehensive system of early intervention services, therapeutic services, and supports for families of children and adolescents with, or at risk of developing Serious Emotional Disturbance (SED), Intellectual Disabilities (ID), and/or Substance Use Disorders (SUD). Prevention Services programs provide a variety of evidence based programs in school and community settings that are designed to address the prevention of violence and the use of alcohol, tobacco and other drugs by youth.</p>
Blue Ridge Independent Living Center	www.brilc.org (540) 342-1231	<p>Based on the needs of participants, programs are designed to teach individuals with disabilities the skills necessary for acquiring, maintaining, or increasing their independence. Individual and group training is provided in several categories including: personal assistant management, building self-esteem, understanding male and female sexuality, money management, and self-advocacy. All programs are designed to meet individual needs.</p>
Brain injury Services of Southwest Virginia	www.bisswva.org (540) 345-6781	<p>Brain Injury Services passion is to create and sustain an organization that helps brain injury survivors and their families in Southwest Virginia. Their goal is to make a positive, measurable difference in survivors' abilities to fulfill their service potential and optimize their reintegration into their families and communities.</p>

Agency	Contact Information	Description
Creative Family Solutions, Inc.	www.creativefamilysolutions.net (540) 562-0707	Creative Family Solutions, Inc is a private agency licensed by the Department of Mental Health, Intellectual Disabilities and Substance Abuse Services to provide: Intensive In-Home, Client Behavior Intervention, Mentoring, Mental Health Supports, Supported Residential Services/ In-Home under both the ID and DD Waivers, Crisis Supervision under both the ID and DD waivers.
DePaul Community Resources	www.depaulcr.org 888-233-7285 or (540) 265-8923	DePaul Community Resources is dedicated to transforming the lives of children, adults and families with special needs. The four programs, Treatment Foster Care, Developmental Disabilities, Clinical Services and Adoption, provide the highest quality of care to the individuals and families we serve. DePaul Community Resources has been making a positive difference in Central and Southwest Virginia for more than 34 years.
Emotional Health Services (EHS) Support Services	www.ehssupportservices.com (540) 793-4678	EHS Support Services, a company providing skills training, assistance and support in areas related to independent living. Support Services are home and/or community services provided for individuals who suffer from serious mental illness, mild intellectual disability and/or substance abuse. The goal of these services is to help individuals achieve and maintain stability, independence, and success in the home and in the community.
Foundation for Rehab Equipment and Endowment (FREE)	www.free-foundation.org (540) 77-4929	FREE's Mission is to help provide mobility related rehab equipment to enhance independence and improve quality of life.
NewWell Fund / ATLFA	www.atlfa.org (804) 662-9000 or Toll Free (866) 835-5976	The NewWell Fund is a low interest loan program that assists Virginians with disabilities to get the assistive technology they need. NewWell Fund also provides Telework loans for individuals working from home who need equipment for their home business.

Agency	Contact Information	Description
Strengthening Our System (SOS)	www.strengtheningoursystem.com (540) 585-4078	<p>SOS, Inc. is small, locally owned and locally based human service agency that provides a variety of home and community based services for children and adults with special needs in the New River Valley, Roanoke and surrounding areas. SOS, Inc.'s mission is to promote independence, increase daily living skills and personal empowerment, and improve quality of life of those we serve. To achieve these goals we provide home and community based services and supports to children and adults with a diagnosis of Intellectual Disability, Mental Illness, Developmental Disability, or a dual diagnosis of ID/MH or DD/MH.</p>
Virginia Assistive Technology System (VATS)	www.swvats.soe.vt.edu (540) 231-0976 Site coordinator (540) 231-8206	<p>The mission of the Virginia Assistive Technology System (VATS) is to ensure that Virginians of all ages and abilities can acquire the appropriate, affordable assistive and information technologies and services they need to participate in society as active citizens.</p>
Wall Residences	www.wallresidences.com (540) 745-4216	<p>The mission and purpose of Wall Residences is to provide high quality community services to persons who have a primary diagnosis of an intellectual, developmental disability or a long-term mental illness. The service is provided in home and community based environments and is designed to provide a high degree of individual attention, emotional support, and opportunity for self-expression and individualized routine.</p>

8. Legal:

Agency	Contact Information	Description
Blue Ridge Legal Services	www.brls.org (540) 344-2080 or (866) 534-5243	Blue Ridge Legal Services, Inc. (BRLS) is a nonprofit charitable law firm providing free legal assistance in civil matters of critical importance to low-income residents of the Shenandoah Valley and Roanoke Valley. BRLS is committed to eliminating poverty-based inequities in the civil justice system by providing high-quality legal advice and representation to low-income residents in the Blue Ridge service area; folks who would otherwise be unable to obtain legal help due to their poverty.
Commonwealth Community Trust	www.commonwealthcommunitytrust.org (804) 740-6930 or (888) 241-6039	The mission of CCT is to administer Special Needs Trusts so that people with disabilities and their loved ones can plan for their financial future. For clients who receive Supplemental Security Income (SSI) and/or Medicaid, the trust will not jeopardize government benefits.
Legal Aid Society of the Roanoke Valley	www.lasrv.org (540) 344-2088	The Legal aid Societies purpose is to provide legal services for persons who cannot afford private attorneys. The Society operates with a staff of 5 full-time attorneys, and provides counseling in civil (not criminal or traffic) cases. Although the program is not funded adequately to provide court representation to all who cannot afford lawyers, it does provide a full range of legal services in selected cases.
Roanoke City Department of Social Services	www.roanokeva.gov (540) 853-2591	The Mission of the Division of Social Services is to help the citizens of our Community achieve a realistic and attainable level of self-sufficiency within a safe, healthy environment.
Roanoke County Department of Social Services	www.roanokecountyva.gov (540) 387-6087	Social Services is a department of county government that administers federal, state, and local public financial assistance and social work service programs. Through community-based services, Roanoke County Social Services promotes the following: citizen independence, self-reliance, and protection.

9. Leisure/ Recreation:

Agency	Contact Information	Description
Special Olympics Virginia	www.specialolympicsva.org +1 (804) 346-5544	Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.
Roanoke City Parks and Recreation	www.roanokeva.gov (540) 853-2236	Roanoke City Parks and Recreation's mission is to maximize all available resources to deliver parks, recreation facilities, and programs that are attractive, clean, and accessible and provide memorable experiences. The Department will serve citizens of all ages to create a desirable community to live, work, and play.
Roanoke County Adult Education	www.rcs.k12.va.us/adulted (540) 562-3900 or (540) 562-3422 for GED and ESL only	The office of Adult Education is located on the Burton Center for Arts and Technology campus. ESL classes are for foreign-born or non-English speaking adults. Classes are FREE; textbook purchase is required. Students must be 18 or older and not enrolled in a public or private school.
Roanoke County Parks and Recreation	www.roanokecountyva.gov (540) 387-6087	Roanoke County provides many recreation programs including aquatics, athletics, cultural arts, life skills, outdoors, and travel and wellness opportunities.
Salem Parks and Recreation	www.ci.salem.va.us (540) 375-3057	The Department of Parks and Recreation provides the citizens of Salem with year-round programs and activities, which are geared for all ages. Programs are divided into: Senior Citizens Center, James I. Moyer Sports Complex/Kiwanis Field, Adult Sports, Youth Sports, Community Activities and Special Events. The programs are operated with a full-time staff of 16 and a number of part-time staff such as field maintenance workers, instructors, game officials, summer special event workers, summer interns, sports clinic leaders and volunteer coaches.
YMCA	www.ymca.net (540) 527- 9622	This office is the metropolitan headquarters for the YMCAs in this region. Programs of this YMCA include camping, childcare and community development.

10. Respite:

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Creative Family Solutions	www.creativefamilysolutions.net (540) 562-0707	Creative Family Solutions, Inc is a private agency licensed by the Department of Mental Health, Intellectual Disabilities and Substance Abuse Services to provide: Intensive In-Home, Client Behavior Intervention, Mentoring, Mental Health Supports, Supported Residential Services/ In-Home under both the ID and DD Waivers, Crisis Supervision under both the ID and DD waivers.
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Wall Residences	www.wallresidences.com (540) 745-4216	The mission and purpose of Wall Residences is to provide high quality community services to persons who have a primary diagnosis of an intellectual, developmental disability or a long-term mental illness. The service is provided in home and community based environments and is designed to provide a high degree of individual attention, emotional support, and opportunity for self-expression and individualized routine.

11. Substance Abuse:

Agency	Contact Information	Description
Al-Anon	www.al-anon.alateen.org (757) 563-1600	Al-Anon is a mutual support group. Everyone at the meeting shares as an equal. No one is in a position to give advice or direction to anyone else. Everyone at the meeting has experienced a problem with someone else's drinking.
Alcoholics Anonymous	www.aaroanoke.org (540) 343-6857	Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. The primary goal is to stay sober and help alcoholics achieve sobriety.
Avenues to Recovery	www.avenuestorecovery.com (540) 344-3400	Avenues to Recovery is a free-standing, state-licensed, outpatient facility that provides substance abuse and addiction treatment for adolescents and adults. Avenues to Recovery believes that good treatment is a cooperative effort between patient and therapist. Understanding that not every individual is initially in a place to recognize the need for change, they work to meet patients where they are and very simply provide a new lens through which an individual can view the events of the past and present. This approach, which begins in individual therapy, is respectful of ambivalence and allows the patient to grow his/her own sense of internal motivation to make a change.

Agency	Contact Information	Description
Bethany Hall Recovery Home	www.bethanyhall.org (5400 343-4261)	<p>Bethany Hall, private, non-profit agency providing long-term residential substances abuse treatment for women. For almost 40 years, Bethany Hall has helped save and rebuild the lives of women suffering from the disease of addiction. In turn, these women are able to reestablish positive relationships with those who support their recovery. Women who successfully complete the program have the tools to maintain their freedom from alcohol and other drugs. They regain a true sense of self-confidence and responsibility. Their loved ones can reclaim their mothers, daughters, wives, friends and co-workers from what many would once consider a "hopeless case."</p>
Blue Ridge Behavioral Healthcare	www.brbh.org (540) 981-9351	<p>BRBH is one of forty community service boards established under the Code of Virginia to provide comprehensive services for individuals who have mental health disorders, intellectual disability, or substance use disorders. Adult Clinical Services programs provide consumers a single point of entry to the agency, crisis response and assessment, case management, and therapeutic services designed for specific populations meeting our admission criteria. Child & Family Services programs offer an integrated and comprehensive system of early intervention services, therapeutic services, and supports for families of children and adolescents with, or at risk of developing Serious Emotional Disturbance (SED), Intellectual Disabilities (ID), and/or Substance Use Disorders (SUD). Prevention Services programs provide a variety of evidence based programs in school and community settings that are designed to address the prevention of violence and the use of alcohol, tobacco and other drugs by youth.</p>

Agency	Contact Information	Description
Carilion CONNECT	www.carilionclinic.org (540) 981-8181 or Toll Free 800-248-8898	CONNECT is a confidential, 24-hour referral and emergency evaluation service staffed by psychiatric nurses and clinical social worker. CONNECT professionals talk with callers to determine what resources are available to best address their needs.
Mount Regis Center	www.mtregis.com (877) 343-2461	To best serve clients, Mount Regis Center offers various levels of treatment to include: inpatient detoxification, inpatient rehab, day treatment, and intensive outpatient as well as an <u>aftercare program</u> . To determine which level is best suited for you, we start with a face-to-face assessment completed at our Center. The assessment is free of charge.
Providence House Vision of Faith Ministries	Website: n/a (540) 563-4244	Substance abuse facility.
RESPOND- Lewis – Gale Clinic	www.lewis-gale.com (540) 776-1100	RESPOND is a free, confidential assessment and referral service offered by Lewis-Gale Center for Behavioral Health. Staffed around the clock by nurses and counselors, to help explore problems and consider appropriate treatment options.
Roanoke Treatment Center	Website: n/a (540) 366-5211	Roanoke Treatment Center in Roanoke, VA is a private company categorized under Drug Abuse and Addiction Information and Treatment. Current estimates show this company has annual revenue of unknown and employs a staff of 5-9

12. Support Groups:

Agency	Contact Information	Description
Arc of Greater Roanoke Valley	www.arcgrv.org (540) 344-9793	The Arc of the Greater Roanoke Valley (ArcGRV) advocates for the rights and full participation of all children and adults with intellectual and developmental disabilities. With its network of members, ArcGRV improves systems of supports and services, connects families, inspires communities, and influences public policy.
Blue Ridge Autism and Achievement Center	www.blueridgeautismcenter.com (540) 366-7399	The BRAAC is a nonprofit, nonsectarian center that provides education and services for children and families affected by autism and unique learning challenges, such as Learning Disabilities.
Blue Ridge Independent Living Center	www.brilc.org (540) 342-1231	Based on the needs of participants, programs are designed to teach individuals with disabilities the skills necessary for acquiring, maintaining, or increasing their independence. Individual and group training is provided in several categories including: personal assistant management, building self-esteem, understanding male and female sexuality, money management, and self-advocacy. All programs are designed to meet individual needs
Brain Injury Services of Southwest Virginia	www.bisswva.org (540) 345-6781	Brain Injury Services passion is to create and sustain an organization that helps brain injury survivors and their families in Southwest Virginia. Their goal is to make a positive, measurable difference in survivors' abilities to fulfill their service potential and optimize their reintegration into their families and communities.
Celiac Sprue Association of Southwest Virginia	www.csaceliacs.org (540) 427-1170	The Celiac Sprue Association®/ United States of America, Inc. (CSA/USA, Inc) is a member based 501(c)(3) non-profit organization dedicated to helping individuals with celiac disease and dermatitis herpetiformis worldwide through research, education and support.
Commonwealth Autism Services	www.autismva.org (804) 355-0300	Commonwealth Autism Service's mission is to provide leadership in the implementation of a statewide system of services to maximize the potential and quality of life of each Virginian with autism across the lifespan. Commonwealth Autism Service provides autism specific training for families, educators, and service providers throughout the year and across the state.

Agency	Contact Information	Description
Down Syndrome Association of Roanoke	www.dsar.org (540) 772-6460	The Down Syndrome Association of Roanoke (DSAR) is a not-for-profit, nondenominational organization providing advocacy, educational, and support services for families and friends of individuals with Down syndrome, as well as professionals who work with individuals with disabilities. The DSAR's goal is to improve the quality of life for all persons with disabilities in Southwest Virginia.
Juvenile Diabetes Foundation- Greater Blue Ridge Chapter	www.jdrfgreaterblueridge.org (540) 772-1975	The Juvenile Diabetes Research Foundation (JDRF) is the leading charitable funder and advocate of type 1 (juvenile) diabetes research worldwide. The mission of JDRF is to find a cure for diabetes and its complications through the support of research.
Muscular Dystrophy Association- Roanoke	www.mdausa.org (540) 772-3237	MDA is the nonprofit health agency dedicated to curing muscular dystrophy, ALS and related diseases by funding worldwide research. The Association also provides comprehensive health care and support services, advocacy and education.
Roanoke Alliance for the Visually Enabled	Website: n/a (540) 562-0455	A support group for the blind and visually enabled as well as their friends and families. Meetings include speakers, small discussion groups and/or fellowship activities. Lions Club provides transportation whenever possible. To arrange transportation, call two weeks before the meeting.

13. Transportation:

Agency	Contact Information	Description
LogistiCare	www.logisticare.com (866) 586-0255	Provides non-emergency transportation services for those receiving Medallion or regular Medicaid and for children enrolled in CMSIP who do not have Managed Care Organization (MCO) coverage. This transportation service includes buses, taxis, volunteer drivers, van services, and non-emergency ambulances.
RADAR	www.radartransit.org (540) 343-1721	Provides a variety of specialized transportation services to the elderly and handicapped that includes: Cortran - Roanoke County Transportation, Specialized Transportation, Mountaineer Express, PART (Piedmont Area Regional Transit), and Specialized Transit Arranged Rides (STAR). These are collaborative programs with Valley Metro and other Roanoke Valley human service agencies.
Smart Way Commuter Bus	www.smartwaybus.com (540) 982-6622	Smart Way Commuter Bus links the Roanoke Valley with the New River Valley. In Roanoke, riders can connect to Valley Metro buses at no additional charge (Two free rides on the date the Smart Way Bus is used, with proper transfer from driver).
Valley Metro	www.valleymetro.com (540) 982-0305	This is the main bus transportation system in the Roanoke Valley. Service includes fixed routes, specialized transportation for the disabled and special event shuttles. Valley Metro also provides commuter bus service between Roanoke and the New River Valley with its Smart Way Bus.

Additional links to resources provided by the community:

Government, nonprofit, community-based agency, and business that provide health and human services to the citizens of Virginia are encouraged to list their services. 2-1-1 VIRGINIA is a service of the Virginia Department of Social Services provided in partnership with the Council of Community Services, the Family Resource and Referral Center, Crisis Link, The Planning Council, the 2-1-1 VIRGINIA - Central Region, and the United Way of Greater Richmond & Petersburg. 2-1-1 VIRGINIA provides access to services in your community and statewide. All referrals are confidential and you can search for these same services on this 2-1-1 VIRGINIA Web site or by dialing 2-1-1.

[**http://www.211virginia.org**](http://www.211virginia.org)

This link provides a quick reference guide for cities of Covington, Roanoke and Salem and also the counties of Alleghany, Botetourt, Craig, Franklin and Roanoke.

[**http://myfuture.vccs.edu/Default.aspx?tabid=789**](http://myfuture.vccs.edu/Default.aspx?tabid=789)

The Disability Program Navigator (DPN) Initiative is a positive outcome of the Workforce Investment Act. The DPN mission is to improve employment outcomes, self-sufficiency and quality of life for jobseekers with disabilities, by ensuring that they have equal access to all services offered through Virginia's Workforce Network

[**http://www.vadrs.org/dpn.htm**](http://www.vadrs.org/dpn.htm)