



# Gwinnett County Public Schools

## Elementary School Counseling

### Standards and Competencies

### Crosswalk Tool

**Counselor(s):**

**School:**

The student competencies below describe by grade level what students need to know and be able to do as a result of participating in a developmental guidance program.

School counseling programs facilitate student development in three broad content areas. These are identified as follows: Academic, Career, and Life Skills Development. Academic development is comprised of strategies and activities that support and maximize student learning. Career development provides the foundation for acquiring the skills, attitudes, and knowledge that enable students to make successful transitions from schools to post secondary choices. Life Skills development provides the foundation for personal and social growth that contributes to educational and career success. These competencies are linked to Gwinnett County’s Academic Knowledge and Skills (AKS), the State Department of Education’s “List of Values and Character Education” (CE) and Quality Core Curriculum (QCC) as well as the American School Counselor Association National Standards (ASCA).

**Category 1: Mindset Standards- School Counselors encourage the following mindsets for all students.**

- 1. Belief in development of whole self, including a healthy balance of social/emotional and physical well-being
- 2. Self-confidence in ability to succeed
- 3. Sense of belonging in the school environment.
- 4. Understanding the postsecondary education and life-long learning are necessary for long-term career success.
- 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes
- 6. Positive attitude toward work and learning

**Category 2: Behavior Standards- Students will demonstrate the following standards through classroom lessons, activities and/or small-group counseling.**

| Learning Strategies  | Self-Management Skills   | Social Skills   |
|--|--|---|
| 1. Demonstrate critical thinking skills to make informed decisions               | 1. Demonstrate ability to assume responsibility  | 1. Use effective oral and written communication skills and listening skills               |
| 2. Demonstrate creativity  | 2. Demonstrate self-discipline and self-control  | 2. Create positive and supportive relationships with other students                       |
| 3. Use time-management, organizational and study skills                          | 3. Demonstrate ability to work independently   | 3. Create relationships with adults that support success                                  |
| 4. Apply self-motivation and self-direction to learning                          | 4. Demonstrate ability to delay immediate gratification for long-term rewards                                  | 4. Demonstrate empathy  |
| 5. Apply media and technology skills   | 5. Demonstrate perseverance to achieve long- and short-term goals  | 5. Demonstrate ethical decision-making and social responsibility                          |
| 6. Set high standards of quality   | 6. Demonstrate ability to overcome barriers to learning  | 6. Use effective collaboration and cooperation skills                                     |
| 7. Identify long-and short-term academic, career and social/emotional goals      | 7. Demonstrate effective coping skills when faced with a problem   | 7. Use leadership and teamwork skills to work effectively in diverse teams                |
| 8. Actively engage in challenging coursework                                     | 8. Demonstrate the ability to balance school, home and community activities                                    | 8. Demonstrate advocacy skills and ability to assert self, when necessary                 |
| 9. Gather evidence and consider multiple perspectives to make informed decisions | 9. Demonstrate personal safety skills  | 9. Demonstrate social maturity and behaviors appropriate to the situation and environment |
| 10. Participate in enrichment and extracurricular activities                     | 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities |   |



| Kindergarten Competencies  | Date(s)<br>Covered | Delivery<br>Method/Comments |
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| <b>Academic Development (Standards 1.A., 1.B., 1.C.)</b>   |                    |                             |
| 1. Learn the importance of using listening skills at all times in school. (KLA_A2005-2) (CE) (LA.K.1) (M:6)  |                    |                             |
| 2. Follow classroom rules and be able to explain what those rules mean. (EMLA_A2002-2) (KSS_C1998-9) (CE) (B:SS:9)   |                    |                             |
| 3. Follow spoken directions given in school. (EMLA_A2002-2) (CE) (B:SS:1)  |                    |                             |
| 4. Cultivate school success by taking responsibility for their actions (self-control). (KPE_D2002-12) (CE) (H.K.11) (B:SMS:2)  |                    |                             |
| <b>Career Development (Standards 2.A., 2.B., 2.C.)</b>   |                    |                             |
| 5. Learn about various careers and occupations. (KSS_D1998-14) (CE) (SS.K.8) (B:SMS:7) (B:SS:4)  |                    |                             |
| <b>Life Skills (Standards 3.A., 3.B., 3.C.)</b>  |                    |                             |
| 6. Express feelings appropriately and recognize the connections between thoughts, feelings, and actions (ex. learning anger management skills) (KHE_G2002-8) (CE) (H.K.13) (M:1,2) |                    |                             |
| 7. Develop positive attitudes towards self as a unique and worthy person. (KSS_C1998-7) (CE) (H.K.10) (B:SS:2,6)   |                    |                             |
| 8. Identify and respect similarities and differences of others. (KHE_G2002-8) (CE) (SS.K.14) (M:1) (B:SMS:9)   |                    |                             |
| 9. Explore the difference between appropriate and inappropriate touches. (CE) (H.K.24) (B:SMS:9) (B:SS:3,9)  |                    |                             |
| 10. Identify strategies for stopping inappropriate touches. (KHE_B2002-2) (CE) (H.K.25) (M:4) (B:LS:7)   |                    |                             |
| First Grade Competencies   | Date(s)<br>Covered | Delivery<br>Method/Comments |
| <b>Academic Development (Standards 1.A., 1.B., 1.C.)</b>   |                    |                             |
| 1. Acquire skills to improve learning (ex: on-task behaviors, positive attitude, perseverance) (EMLA_A2002-2) (CE) (M:4,5) (BS:LS:4)   |                    |                             |
| 2. Use listening skills to follow oral and written directions. (1LA_A2005-4) (1LA_B2005-17) (CE) (B:SS:1)  |                    |                             |
| 3. Accept mistakes as essential to the learning process. (CE) (M:1,3,6)  |                    |                             |
| 4. Learn when and how to ask for help with schoolwork. (CE) (B:SS:3)   |                    |                             |
| 5. Demonstrate personal responsibility in following rules. (CE) (B:SM:1,2)   |                    |                             |
| <b>Career Development (Standards 2.A., 2.B., 2.C.)</b>   |                    |                             |
| 6. Explore personal likes and dislikes as they relate to various careers and occupations. (EMLA_A2002-3) (CE) (M:1,3) (B:SS:4)   |                    |                             |
| <b>Life Skills (Standards 3.A., 3.B., 3.C.)</b>  |                    |                             |
| 7. Demonstrate respect for oneself as well as others. (CE) (H.1.12)  |                    |                             |

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| (B:SMS:1,7) (B:SS:4-6)   |                        |                                 |
| 8. Learn about ways to handle disagreements without fighting (conflict resolution). (1HE_G2002-8) (CE) (H.1.8) (B:SS:2,4,6)  |                        |                                 |
| 9. Learn how to make and keep friends. (1HE_G2002-8) (CE) (H.1.11) (B:SMS:9)   |                        |                                 |
| 10. Recognize the difference between the feelings associated with appropriate and inappropriate physical contact. (1HE_B2002-2) (CE) (H.1.25) (B:SMS:9) (B:SS:3,9) |                        |                                 |
| 11. Identify strategies for stopping inappropriate touches including sexual abuse. (1HE_B2002-2) (CE) (H.1.26) (M:4) (B:LS:7)                                      |                        |                                 |
| <b>Second Grade Competencies</b>   | <b>Date(s) Covered</b> | <b>Delivery Method/Comments</b> |
| <b>Academic Development (Standards 1.A., 1.B., 1.C.)</b>   |                        |                                 |
| 1. Demonstrate the ability to work independently and cooperatively with other students. (CE) (B:SMS:3) (B:SS:6-7)  |                        |                                 |
| 2. Practice effective listening skills in order to follow directions. (2HE_G2002-8) (CE) (B:SS:1)  |                        |                                 |
| 3. Follow multi-step directions. (2LA_A2005-3) (CE) (B:LS:3) (B:SMS:3)   |                        |                                 |
| 4. Identify attitudes and behaviors that lead to successful learning (i.e. test-taking skills, work habits). (2HE_G2002-8) (CE) (H.2.12) (M:1,5) (B:LS:3)          |                        |                                 |
| <b>Career Development (Standards 2.A., 2.B., 2.C.)</b>   |                        |                                 |
| 5. Learn connections between education and possible careers and occupations. (EMLB_A2002-15) (CE) (B:LS:9) (B:SS:5)  |                        |                                 |
| <b>Life Skills (Standards 3.A., 3.B., 3.C.)</b>  |                        |                                 |
| 6. Learn appropriate decision-making skills. (2SS_B1998-6) (CE) (H.2.11) (M:3) (B:LS:1,9)  |                        |                                 |
| 7. Understand the relationship between behaviors and consequences. (2SS_B1998-6) (CE) (H.2.11) (M:3) (B:LS:9) (B:SMS:7) (B:SS:4)                                   |                        |                                 |
| 8. Learn conflict resolution skills. (2HE_G2002-8) (CE) (H.2.13) (PS:B1.3) (M:1,3) (B:3-5)   |                        |                                 |
| 9. Demonstrate ways to show respect for self, others and property. (2HE_G.2002-8) (CE) (H.2.10) (B:SMS:9)  |                        |                                 |
| 10. Recognize the difference between the feelings associated with appropriate and inappropriate physical contact. (CE) (B:SS:3,8)                                  |                        |                                 |
| 11. Examine and practice safety skills including preventing/stopping sexual abuse. (2HE_B2002-2) (CE) (M:4) (B:LS:7)   |                        |                                 |
| <b>Third Grade Competencies</b>  | <b>Date(s) Covered</b> | <b>Delivery Method/Comments</b> |
| <b>Academic Development (Standards 1.A., 1.B., 1.C.)</b>   |                        |                                 |
| 1. Develop skills to work independently. (CE) (PE.3.9) (M:2,5) (BS:SM:3)   |                        |                                 |
| 2. Explore effective test-taking strategies and stress management techniques. (3HE_G2002-8) (CE) (H.3.11) (M:1) (BS:SM:6-7)  |                        |                                 |
| 3. Follow both written and spoken directions. (3LA_A2005-4) (3LA_B2005-24) (CE) (BS:SS:1)  |                        |                                 |
| 4. Practice goal setting, time management, and organizational  |                        |                                 |

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| skills. (CE) (BS:LS:3)  |                            |                                     |
| <b>Career Development (Standards 2.A., 2.B., 2.C.)</b>  |                            |                                     |
| 5. Understand the differences among various careers and occupations. (EMLB_A2002-15) (CE) (BS:LS:1) (BS:SM:7)   |                            |                                     |
| 6. Work cooperatively in small groups to solve problems. (CE) (PE.3.9) (BS:SS:8)  |                            |                                     |
| <b>Life Skills (Standards 3.A., 3.B., 3.C.)</b>   |                            |                                     |
| 7. Apply effective problem-solving skills to make safe and healthy choices. (3HE_E2002-6) (CE) (H.3.3) (BS:SS:9)                                      |                            |                                     |
| 8. Learn appropriate responses to bullying/harassment. (3HE_E2002-6) (CE) (H.3.3) (H.3.12) (BS:SS:1)  |                            |                                     |
| 9. Identify sources of positive and negative influences (peers, family, community, media.) (3HE_E2002-6) (CE) (MS:1)                                  |                            |                                     |
| 10. Use effective communication skills. (3EMLB_A2002-3) (CE) (H.3.9) (BS:SM:9)  |                            |                                     |
| 11. Develop a healthy self-concept by making positive choices. (3HE_G2009-9) (CE) (H.3.10) (M:4) (BS:LS:7)  |                            |                                     |
| 12. Examine and practice safety skills including preventing/stopping sexual abuse. (3HE_B2002-2) (CE) (H.3.21) (BS:SS:6)                              |                            |                                     |
| <b>Fourth Grade Competencies</b>  | <b>Date(s)<br/>Covered</b> | <b>Delivery<br/>Method/Comments</b> |
| <b>Academic Development (Standards 1.A., 1.B., 1.C.)</b>  |                            |                                     |
| 1. Identify personal strengths and weaknesses to positively influence school performance. (CE) (M:5)  |                            |                                     |
| 2. Learn and apply test-taking strategies. (CE) (LA.4.60) (BS:LS:3)   |                            |                                     |
| 3. Utilize organizational and time management skills to complete school assignments. (CE) (LA.4.60) (BS:LS:3)   |                            |                                     |
| 4. Learn and apply goal-setting strategies. (CE) (BS:LS:7)  |                            |                                     |
| <b>Career Development (Standards 2.A., 2.B., 2.C.)</b>  |                            |                                     |
| 5. Explore how hobbies and personal interests relate to careers. (EMLB_A2002-15) (CE) (BS:SM:1) (BS:SS:9)   |                            |                                     |
| 6. Use conflict resolution skills to solve problems effectively. (4HE_F2002-10) (CE) (H.4.10) (BS:SS:8)   |                            |                                     |
| 7. Learn how to prioritize time between work and leisure activities. (CE) (BS:SS:2)   |                            |                                     |
| <b>Life Skills (Standards 3.A., 3.B., 3.C.)</b>   |                            |                                     |
| 8. Accept responsibility and understand consequences for personal choices. (CE) (H.4.12) (BS:SS:7)  |                            |                                     |
| 9. Learn effective strategies related to peer pressure. (4HE_F2002-10) (CE) (H.4.8) (BS:SM:9)   |                            |                                     |
| 10. Identify strategies to cope effectively with personal and classroom difficulties (conflict resolution skills). (4HE_F2002-10) (CE) (H.4.10) (M:4) |                            |                                     |
| 11. Recognize and appreciate differences in others (culture, ethnicity, students with disabilities). (4HE_F2002-11) (CE) (H.4.11) (BS:SS:6)           |                            |                                     |

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| 12. Summarize and practice safety skills including preventing and stopping sexual abuse. (4H_A2002-1) (CE) (H.4.21) (BS:SM:8)  |                            |                                     |
| <b>Fifth Grade Competencies:</b>   | <b>Date(s)<br/>Covered</b> | <b>Delivery<br/>Method/Comments</b> |
| <b>Academic Development (Standards 1.A., 1.B., 1.C.)</b>   |                            |                                     |
| 1. Apply time management and organizational skills to enhance personal and academic success. (CE) (BS:SM:8)  |                            |                                     |
| 2. Utilize study skills to help achieve goals and reduce test-taking anxiety. (CE) (LA.5.65) (BS:SM:6)   |                            |                                     |
| 3. Learn strategies to successfully transition to middle school (5HE_G2002-11) (CE) (H.5.18) (BS:SM:10)  |                            |                                     |
| <b>Career Development (Standards 2.A., 2.B., 2.C.)</b>   |                            |                                     |
| 4. Identify how hobbies and personal interests influence possible careers and occupations. (5SS_G1998-36) (CE) (BS:SM:7)   |                            |                                     |
| 5. Develop skills to locate information about possible careers and occupations. (5SS_B1998-10) (CE) (BS:SS:2)  |                            |                                     |
| <b>Life Skills (Standards 3.A., 3.B., 3.C.)</b>  |                            |                                     |
| 6. Demonstrate skills needed to cope with challenges in daily life. (5HE_G2002-11) (CE) (H.5.18) (BS:SS:7)   |                            |                                     |
| 7. Demonstrate behaviors needed to interact with peers effectively (friendship skills, avoiding peer pressure and bullying). (5HE_E2002-6) (CE) (H.5.5) (BS:SS:1)      |                            |                                     |
| 8. Demonstrate respect for and acceptance of differences in others (culture, ethnic, students with disabilities). (EMLB_B2002-18) (EMLC_B2002-13) (CE) (BS:SS:5)       |                            |                                     |
| 9. Demonstrate the use of effective communication skills (verbal and nonverbal) in a variety of settings. (5LA_A2005-1) (CE) (BS:SM:9)                                 |                            |                                     |
| 10. Distinguish between appropriate and inappropriate school behaviors. (CE) (M:4)   |                            |                                     |
| 11. Identify neglectful, physical and sexually abusive situations and strategies for getting help. (5HE_B2002-2) (CE) (H.5.27) (H.5.28) (M:4)                          |                            |                                     |
| 12. Understand the relationship between effective work habits (responsibility, punctuality, and effort) and the world of work. (5SS_G1998-36) (CE) (BS:LS:4) (BS:SM:1) |                            |                                     |