






**Covid-19 Guidelines for ALL students**




BOX 1: Positive - <b>Inform School Office</b>	BOX 2: Sick	BOX 3: Known exposure
<p>Stay home until you have not had a fever for 24 hours without fever reducing medication and symptoms are mild and improving.</p> <p>Recommended to mask around other people indoors for 10 days after you start symptoms or test positive. You may choose to unmask sooner if you have 2 negative tests 1 day apart.</p> <p>Day of positive = day 0</p>	<p>See <a href="#">HUSD HEAL form</a> for guidance on when to keep your child home from school.</p> <p>Students can return to school when: 24 hours without fever, vomiting or diarrhea.</p> <p>If symptoms are suspicious for covid (cough, fever, congestion, or any symptoms after known exposure) recommended to test.</p> <p>Repeat if still feeling sick</p> <ul style="list-style-type: none"> <li>Positive, see Box 1</li> </ul> <p>Recommended: wear a mask when sick</p>	<p>If no symptoms, continue to attend school.</p> <ul style="list-style-type: none"> <li>Recommended: Test on day 3-5                             <ul style="list-style-type: none"> <li>If positive, see Box 1</li> <li>If negative and healthy, continue to attend school</li> </ul> </li> <li>Recommended: wear mask for 10 days after exposure if you will be around those who are higher risk.</li> </ul> <p>If symptoms start see Box 2</p>

## Respiratory Virus Guidance Snapshot

Core prevention strategies

<div style="background-color: #4CAF50; color: white; padding: 5px; font-weight: bold; border-radius: 50%; display: inline-block;">CORE STRATEGIES</div> <p><b>Immunizations</b></p> 	<p><b>Hygiene</b></p> 	<p><b>Steps for Cleaner Air</b></p> 	<p><b>Treatment</b></p> 	<p><b>Stay Home and Prevent Spread*</b></p> 
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Additional prevention strategies

<div style="background-color: #2196F3; color: white; padding: 5px; font-weight: bold; border-radius: 50%; display: inline-block;">ADDITIONAL STRATEGIES</div> <p><b>Masks</b></p> 	<p><b>Distancing</b></p> 	<p><b>Tests</b></p> 
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**Layering prevention strategies can be especially helpful when:**

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

**\*Stay home and away from others until, for 24 hours BOTH:**

  
 Your symptoms are getting better

+

  
 You are fever-free (without meds)


**Then take added precaution for the next 5 days**

## Reglas de Covid-19 para TODOS los estudiantes

<b>CUADRO 1: Positivo</b> <b>Informar a la Oficina de su Escuela</b>	<b>CUADRO 2: Enfermo</b>	<b>CUADRO 3: Exposición Conocida</b>
<p>Quedarse en casa hasta que no haya tenido fiebre durante 24 horas, sin medicamentos para reducir la fiebre y los síntomas sean leves y mejoren.</p> <p>Se recomienda usar máscara cerca de otras personas al estar adentro, durante 10 días después de comenzar los síntomas o de dar positivo. Puede optar por no usar máscara antes, si tiene 2 pruebas negativas con 1 día de diferencia.</p> <p>Día de resultado positivo = día 0</p>	<p>Consultar el <a href="#">Formulario HEAL de HUSD</a> para obtener orientación sobre cuándo mantener a su hijo en casa y no llevarlo a la escuela.</p> <p>El estudiante puede regresar a la escuela cuando: no tenga fiebre, vómito o diarrea por 24 horas.</p> <p>Si los síntomas son sospechosos de covid (tos, fiebre, congestión o cualquier síntoma después de una exposición conocida), se recomienda realizar la prueba.</p> <p>Repita si todavía se siente enfermo</p> <ul style="list-style-type: none"> <li>• Positivo, ver Cuadro 1</li> </ul> <p>Recomendación: use una máscara cuando esté enfermo</p>	<p>Si no hay síntomas, continuar asistiendo a la escuela.</p> <ul style="list-style-type: none"> <li>• Recomendación: Hacerse la prueba el día 3-5                             <ul style="list-style-type: none"> <li>○ Si es positivo, ver Cuadro 1</li> <li>○ Si es negativo y está saludable, continuar asistiendo a la escuela.</li> </ul> </li> <li>• Recomendación: Usar una máscara durante 10 días después de la exposición si estará cerca de personas con mayor riesgo.</li> </ul> <p>Si comienzan los síntomas, ver el Cuadro 2.</p>

Translated Spanish 3/19/2024


### Respiratory Virus Guidance Snapshot




CORE STRATEGIES

Core prevention strategies


**Immunizations**




**Hygiene**




**Steps for Cleaner Air**




**Treatment**



**Stay Home and Prevent Spread\***







ADDITIONAL STRATEGIES

Additional prevention strategies


**Masks**





**Distancing**




**Tests**



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