

# MAY 2024 PREP MENU

All complete meals Free throughout the  
2023-24 school year!  
Lunch Delivered Daily by 11am  
Preorder Breakfast the day before to  
be there in the morning for your student

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

		<b>1</b> Chicken Shawarma sandwich w/ Fries JET'S Pizza Day!	<b>2</b> Peirogi and Sausage Garlic Breadstick w/ Roasted Potatoes	<b>3</b> Orange Chicken w/ WG rice and Stir- fried Veggies
<b>6</b> Meatball Grinder with optional grilled peppers and Onions	<b>7</b> <b>1/2 Day!</b> <b>NO HOT LUNCH!</b>	<b>8</b> Grilled Cheese sandwich w/ Tomato Soup JET'S Pizza Day!	<b>9</b> Chicken Alfredo Pasta Garlic Breadstick MICHIGAN BROCCOLI	<b>10</b> Chicken Teriyaki served w/ Rice Served with WG rice and Asian Veggie Mix
<b>13</b> Popcorn Chicken Bowl, Roll w/ mashed potatoes, gravy and Corn	<b>14</b> Chicken Quesadilla served with Rice, Pico Corn and Refried Beans	<b>15</b> Philly Cheese Steak sandwich w/ Fries JET'S Pizza Day!	<b>16</b> Marinara Pasta w/ Meatballs Garlic Breadstick MICHIGAN BROCCOLI	<b>17</b> Sweet & Sour Chicken w/ WG rice and Stir- fried Veggies
<b>20</b> Crispy Chicken Drumstick, Roll w/ mashed potatoes MICHIGAN VEGGIES	<b>21</b> Beef and Cheese Nachos served with corn, Refried Beans and Churros	<b>22</b> Beef Gyro sandwich w/ Fries JET'S Pizza Day!	<b>23</b> Cheese Lasagna Garlic Breadstick MICHIGAN BROCCOLI	<b>24</b> <b>1/2 Day!</b> <b>NO HOT LUNCH!</b>
<b>27</b> <b>NO SCHOOL!</b>	<b>28</b> Chicken Enchiladas served with Rice, Pico Corn and Refried Beans	<b>29</b> Chicken Waffle sandwich w/ Fries JET'S Pizza Day!	<b>30</b> Buffalo Chicken Mac & Cheese Garlic Breadstick MICHIGAN BROCCOLI	<b>31</b> Chicken Thai Bowl Crisp Chicken over WG Rice with a Thai Chili Sunbutter Sauce

Bloomfield Hills Schools is providing  
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

**ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND  
CHOICE OF FRUITS AND VEGGIES ON THE SALAD BAR**

248.341.5671  
aramark



## DAILY LUNCH OPTIONS!

**MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA**

**TUESDAY - CHICKEN PATTY SANDWICH**

**WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER**

**THURSDAY - CHICKEN TENDERS**

**FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA**

**ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND 1% WHITE OR CHOCOLATE MILK**

Chicken Schwarma

Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions  
Served with Crispy French Fries

Peirogi and Sausage

Potato and Cheese filled dumplings served with Smoked sausage and garlic breadstick

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over WG rice with Asian mixed Veggies

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

Grilled Cheese Sandwich

Creamy American Cheese melted between WG Bread slices, Grilled and Served with Tomato Soup

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy Parmesan Cheese sauce and grilled chicken. Served with Broccoli and garlic breadstick

Teriyaki Chicken

Grilled chicken bites glazed in a savory Teriyaki sauce, served over rice with Asian mixed Veggies

Popcorn Chicken Bowl

Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

Chicken & Cheese Quesadilla

Flour Tortilla grilled with white meat Chicken and Cheddar Cheese  
Served with WG Rice & Refried Beans

Philly Steak and Cheese

Shaved seasoned beef on a WG sub bun topped with melted Mozzarella cheese and optional Peppers & Onions with Fries

Marinara Pasta with Meatballs

Cavatappi Pasta topped with marinara tender meatballs  
served with Broccoli and garlic breadstick

Sweet & Sour Chicken

Crispy battered chicken bites glazed in a sweet & Sour sauce, served over WG rice with Asian mixed Veggies

Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

Beef and Cheese Nachos

Seasoned Beef and Creamy Cheese on Crisp Tortilla chips with a variety of toppings to choose from. Served with refried beans

Beef Gyro

Seasoned shave beef strips served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions  
Served with Crispy French Fries

Lasagna

Cheese Filled Pasta rolls topped with marinara sauce served with Broccoli and garlic breadstick

Chicken Enchiladas

Seasoned Chicken and Creamy Cheese Baked in a soft tortilla topped with Enchilada sauce and served with optional toppings and Black Beans

**EGGOJI Waffle and Chicken Sandwich** 😊

Crispy White meat breaded Chicken between 2 animated WG Waffles & Syrup Cup

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

Chicken Thai Rice Bowl

Crispy Chicken over WG Rice Tossed in a Thai Sun Butter Sauce

## FREE BREAKFAST

Assorted Breakfasts available daily including choice of Fresh Bagels, Pop Tarts, Breakfast Breads or WG Donuts  
**All breakfasts include a 1/2 cup of Michigan fruit, 100% Fruit juice and a 1% white or chocolate milk**

## FRUITS AND VEGGIES!

Offered Daily  
Choose from

Michigan Produce such as Blueberries, Lettuce, Carrots, Legumes and Apples, Baked Fries, Edamame and 100% Fruit Juice

Gluten Free

option available per medical request-  
preorder required



Vegetarian and Dairy Free options available - preorder required

248.341.5671



**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**