MAY 2024 BOWERS MENU

Lunch Delivered Daily at 11:45am Preorder Breakfast Delivered ready when students Arrive to School

Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Schawarma sandwich w/ Fries JET'S Pizza Day!	2 Peirogi and Sausage Garlic Breadstick w/ Roasted Potatoes	3 Orange Chicken w/ WG rice and Stir- fried Veggies
6 Meatball Grinder with optional grilled peppers and Onions	7 1/2 Day! NO HOT LUNCH!	8 Grilled Cheese sandwich w/ Tomato Soup JET'S Pizza Day!	9 Chicken Alfredo Pasta Garlic Breadstick MICHIGAN BROCCOLI	10 Chicken Teriyaki served w/ Rice Served with WG rice and Asian Veggie Mix
13 Popcorn Chicken Bowl, Roll w/ mashed potatoes, gravy and Corn	14 Chicken Quesadilla served with Rice, Pico Corn and Refried Beans	15 Philly Cheese Steak sandwich w/ Fries JET'S Pizza Day!	16 Marinara Pasta w/ Meatballs Garlic Breadstick MICHIGAN BROCCOLI	15weet & Sour Chicken w/ WG rice and Stir- fried Veggies
20 Crispy Chicken Drumstick, Roll w/ mashed potatoes MICHIGAN VEGGIES	21 Beef and Cheese Nachos served with corn, Refried Beans and Churros	22 Beef Gyro sandwich w/ Fries JET'S Pizza Day!	23 Cheese Lasagna Garlic Breadstick MICHIGAN BROCCOLI	24 1/2 Day! NO HOT LUNCH!
²⁷ NO SCHOOL!	28 Chicken Enchiladas served with Rice, Pico Corn and Refried Beans	29 Chicken Waffle sandwich w/ Fries JET'S Pizza Day!	30 Buffalo Chicken Mac & Cheese Garlic Breadstick MICHIGAN BROCCOLI	31 Chicken Thai Bowl Crisp Chicken over WG Rice with a Thai Chili Sunbutter Sauce

Bloomfield Hills Schools is providing

2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND CHOICE OF FRUITS AND VEGGIES ON THE SALAD BAR 248.341.5671 aramark

DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR CHICKEN TENDERS **GRILLED BURGERS. CHEESEBURGERS. BOSCO STICKS. PIZZA** VARIETY OF ENTREE SALADS AND **GRAB AND GO SUBS AND WRAPS**

Chicken Schwarma Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy French Fries

Peirogi and Sausage Potato and Cheese filled dumplings served with Smoked sausage and garlic breadstick

Orange Chicken Crispy battered chicken bites glazed in a sweet orange sauce, served over WG rice with Asian mixed Veggies

lets Pizza Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Meatball Grinder Meatballs tossed in Marinara topped with melted Mozzerella cheese and topped with optional Peppers & Onions with Fries

Grilled Cheese Sandwich Creamy American Cheese melted between WG Bread slices. Grilled and Served with Tomato Soup

Chicken Alfredo Pasta Al Dente Pasta topped with creamy Parmesan Cheese sauce and grilled chicken. Served with Broccoli and garlic breadstick

AND MUCH MORE!!

Teriyaki Chicken Grilled chicken bites glazed in a savory Teriyaki sauce, served over rice with Asian mixed Veggies

Popcorn Chicken Bowl Crispy Popcorn Chicken over Creamy Mashed whole grain Pita with tangy cucumber sauce Potatoes topped with Corn and Chicken Gravy

Chicken & Cheese Quesadilla Flour Tortilla grilled with white meat Chicken and Cheddar Cheese Served with WG Rice & Refried Beans

Philly Steak and Cheese Shaved seasoned beef on a WG sub bun topped with melted Mozzarella cheese and optional Peppers & Onions with Fries

Marinara Pasta with Meatballs Cavatappi Pasta topped with marinara tender meatballs

Sweet & Sour Chicken Crispy battered chicken bites glazed in a sweet & Sour sauce, served over WG rice with Asian mixed Veggies

Chicken Drumstick Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

Beef and Cheese Nachos Seasoned Beef and Creamy Cheese on Crisp Tortilla chips with a variety of toppings to choose from. Served with refried beans

Beef Gvro Seasoned shave beef strips served on a and optional diced tomatoes and onions Served with Crispy French Fries Lasagna Cheese Filled Pasta rolls topped with marinara sauce served with Broccoli and garlic breadstick

Chicken Enchiladas Seasoned Chicken and Creamy Cheese Baked in a soft tortilla topped with Enchilada sauce and served with optional toppings and Black Beans

EGGOJI Waffle and Chicken Sandwich 🔇

served with Broccoli and garlic breadstick Crispy White meat breaded Chicken between 2 animated WG Waffles & Syrup Cup

> Buffalo Chicken Mac & Cheese Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

Chicken Thai Rice Bowl Crispy Chicken over WG Rice Tossed in a Thai Sun Butter Sauce **NEW!** scan code to preorder deli sandwich



FREE BREAKFAST **Preordered the Day Before Choose from Yogurt Parfait Bagels**, Muffins **Cereal Bars. Cereal** All Breakfasts include up to a full cup of fruit and/or 100% Fruit Juice and 1% white or chocolate milk

FRUITS AND VEGGIES!

Offered Daily Includes Michigan Produce such as Blueberries, Lettuce, Carrots, Legumes and Apples and full Salad Bar!

> Gluten Free option available per medical requestpreorder required

100%



Vegetarian and

248.341.5671 aramar

MENU SUBJECT TO CHANGE WITHOUT NOTICE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER