## MAY 2024 WING LAKE MENU

FREE Breakfast Delivered to classrooms when school starts FREE Lunch - 11:00am - 12:30am

Monday	Tuesday	Wednesday	Thursday	Friday
		l Bean and Cheese Burrito served with Cheese Stick and Salsa	2 French Toast w/ Turkey Sausage Hashbrown Potatoes	<ul> <li>Bosco Sticks</li> <li>w/ Marinara and</li> <li>Smile Potatoes</li> </ul>
<b>6</b> Chicken Tender/Muffin Steamed Carrots	7 1/2 Day! NO HOT LUNCH!	<b>8</b> Chicken Patty Sandwich Baked Beans	<b>9</b> Orange Chicken w/ Rice Served with WG rice, Asian Veggie Mix	<b>10</b> Cheese Pizza With Broccoli
13 EGGOJI Waffles & Chicken w/ Sweet Potato Fries	<b>14</b> Cheesy Fish Sandwich or Chicken Tenders w/ Steamed Veggies	<b>15</b> Cheeseburger served with Vegetarian Baked Beans	16 Cheese Cavatappi served w/ Broccoli and Garlic Knot	17 Bosco Sticks w/ Marinara and Smile Potatoes
<b>20</b> Grilled Cheese Sandwich Tomato Soup	<b>21</b> Macaroni and Cheese served w/ Broccoli and Garlic Knot	<b>22</b> Popcorn Chicken Bowl Mashed Potatoes, Corn and Gravy	23 All Beef Hot Dog w/ Beef & Bean Chili w/ Baked Vegetarian Beans	24 1/2 Day! NO HOT LUNCH!
<sup>27</sup> NO SCHOOL!	<b>28</b> Mini Turkey Corn Dogs w/Mixed Vegetables	<b>29</b> Meatloaf Burger Tater Tots	<b>30</b> Chicken Sliders w/ Sweet Potatoes	<b>31</b> Cheese Pizza With Broccoli

## **Bloomfield Hills Schools is providing**

2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

All meals include Proteins & whole grains At least 1/2 cup fruits and veggies and

1% white or Chocolate milk



Bosco Sticks Mozzarella cheese filled breadsticks served with Marinara Sauce and Smile Potatoes

Chicken Tenders All White Meat Lightly Breaded Chicken Strips Served with WG muffin

Pasta with Meatballs Penne Pasta noodles tossed in Marinara sauce served with a Garlic Bread Knot

**Chicken Patty Sandwich** All White Meat Lightly Breaded Chicken Served on a WG Bun with Vegetarian Baked Beans

Orange Chicken Crispy battered chicken bites glazed in a sweet orange sauce, served over WG rice with Asian mixed Veggies

Cheese Pizza Whole Grain individual deep dish Cheese Pizza served with crispy Romaine Salad

EMOJI Waffle and Chix 💛

Crisp, chicken Tender served with EMOJI Waffle, Syrup cup

**Cheesy Fish Sandwich** Lightly Breaded Haddock Fillet topped w/ American Cheese, served with Steamed Veggies

Cheeseburger Beef burger on a WG Bun topped with American cheese

**Cheesy Cavatappi** Cavatappi noodles tossed in creamy white cheese sauce served with Steamed Broccoli a WG Muffin

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248.341.5671

Grilled Cheese Sandwich Crisp, cheesy toasted sandwich served with Tomato Soup

Macaroni and Cheese Macaroni noodles tossed in creamy cheese sauce served with Steamed Broccoli a WG Roll

Popcorn Chicken Bowl Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

> Alll Beef Hot Dog All Beef Frank served on a WG Bun Served with Vegetarian Baked Beans

Mini Corn Dogs Mini Turkey hotdogs battered in a crispy whole grain Corn Bread Batter served with Mixed Veggies

Meatloaf Cheeseburger Meatloaf Patty stuffed with American Cheese and **Tangy Ketchup** on a WG bun served with Tater Tots

**Chicken Patty Sliders** Tiny Chicken Sausages on WG Slider Buns Served w/ Sweet Potatoes

**Bean Burrito** Creamy refried beans and cheddar cheese wrapped in a WG tortilla Served with Cheese Stick and Salsa

French Toast Sticks Served with turkey sausage patties and crispy Hashbrowns

**Option 2 Daily Yogurt Plate** 

Creamy Yogurt Cup with Grahams, Fruit of the Day and Carrot Coins

MENU SUBJECT TO CHANGE WITHOUT NOTICE

FREE BREAKFAST Monday - Breakfast Pizza Tuesday - Breakfast Bagel Wednesday - Pancakes Thursday - Breakfast Burrito Friday - Mini Waffles **Plus Yogurt Plates Cereal & Cereal Bars** Served with 100% Fruit Juice, Michigan Fruit and 1% White or Chocolate Milk

## **Michigan Produce!** And More!!

In addition to hot veggies, A variety of either Carrots, Blueberries, Cherries, Apples, Applesauce, Oranges, Bananas, Salad Greens, Broccoli, Legumes, Fresh cut Veggies, Sweet Potatoes, Root Vegetable Medley and 100% Fruit Juice are offered daily with meals



100%

/EGETARIAN

Gluten Free option available per medical requestpreorder required



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