

# May Breakfast



PREPACK 2024



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TRUE FOOD  
MPS CULINARY & WELLNESS SERVICES

## SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School

**W 1**

Choose up to 2  
Aebleskiver  
Cereal  
 Yogurt Cup

**T 2**

Choose up to 2  
Bagel with Cream  
Cheese or Apple  
Cinnamon Spread  
Cereal  
Hard Boiled  
Egg

**F 3**

Choose up to 2  
Blueberry  
Pomegranate  
Breakfast Bar  
Cereal  
Cheese Stick

**M 6**

Sausage OR  
Egg Flatbread  
Sandwich  
**OR**  
Cereal  
 Yogurt Cup

**T 7**

Choose up to 2  
Blueberry  
Belgian Waffle  
Cereal  
Cheese Stick

**W 8**

Choose up to 2  
Mini Maple  
Pancakes  
Cereal  
 Yogurt Cup

**T 9**

Choose up to 2  
French Toast  
Sticks  
Cereal  
Hard Boiled  
Egg

**F 10**

Choose up to 2  
Chocolate  
Cherry  
Breakfast Bar  
Cereal  
Cheese Stick

**M 13**

Sausage OR  
Egg Flatbread  
Sandwich  
**OR**  
Cereal  
 Yogurt Cup

**T 14**

Choose up to 2  
Maple Butter  
Belgian Waffle  
Cheese Stick  
Cereal

**W 15**

Choose up to 2  
Aebleskiver  
Cereal  
 Yogurt Cup

**T 16**

Choose up to 2  
Bagel with Cream  
Cheese or Apple  
Cinnamon Spread  
Cereal  
Hard Boiled  
Egg

**F 17**

Choose up to 2  
Blueberry  
Pomegranate  
Breakfast Bar  
Cereal  
Cheese Stick

**M 20**

Sausage OR  
Egg Flatbread  
Sandwich  
**OR**  
Cereal  
 Yogurt Cup

**T 21**

Choose up to 2  
Blueberry  
Belgian Waffle  
Cereal  
Cheese Stick

**W 22**

Choose up to 2  
Mini Maple  
Pancakes  
Cereal  
 Yogurt Cup

**T 23**

Choose up to 2  
French Toast  
Sticks  
Cereal  
Hard Boiled  
Egg

**F 24**

Choose up to 2  
Chocolate  
Cherry  
Breakfast Bar  
Cereal  
Cheese Stick

**M 27**

NO SCHOOL

**T 28**

Choose up to 2  
Maple Butter  
Belgian Waffle  
Cheese Stick  
Cereal

**W 29**

Choose up to 2  
Aebleskiver  
Cereal  
 Yogurt Cup

**T 30**

Choose up to 2  
Bagel with Cream  
Cheese or Apple  
Cinnamon Spread  
Cereal  
Hard Boiled  
Egg

**F 31**

Choose up to 2  
Blueberry  
Pomegranate  
Breakfast Bar  
Cereal  
Cheese Stick