

# May Breakfast



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## SECONDARY 2024

TRUE FOOD  
MPS CULINARY & WELLNESS SERVICES

### SELECTION OF FRUIT & MILK OFFERED DAILY

Know Your Food Farm to School

<p><b>W 1</b></p> <p>Chicken &amp; Waffles <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>T 2</b></p> <p> Breakfast Quesadilla <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Cheese Stick</p>	<p><b>F 3</b></p> <p>Egg and Cheese Omelet with Coffee Cake <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>
<p><b>M 6</b></p> <p>Pancakes with Turkey Sausage <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>T 7</b></p> <p>Biscuit Sandwich <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Hard Boiled Egg</p>	<p><b>W 8</b></p> <p> Turkey Sausage Breakfast Casserole <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>
<p><b>T 9</b></p> <p> Breakfast Burrito <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Hard Boiled Egg</p>	<p><b>F 10</b></p> <p>Scrambled Eggs with Cheese &amp; English Muffin <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	
<p><b>M 13</b></p> <p>French Toast with Sausage Patty <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	<p><b>T 14</b></p> <p>Breakfast Sandwich <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Cheese Stick</p>	<p><b>W 15</b></p> <p>Chicken &amp; Waffles <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>
<p><b>T 16</b></p> <p> Breakfast Quesadilla <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Cheese Stick</p>	<p><b>F 17</b></p> <p>Egg and Cheese Omelet with Coffee Cake <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>	
<p><b>M 20</b></p> <p>Pancakes with Turkey Sausage <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	<p><b>T 21</b></p> <p>Biscuit Sandwich <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Hard Boiled Egg</p>	<p><b>W 22</b></p> <p> Turkey Sausage Breakfast Casserole <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>
<p><b>T 23</b></p> <p> Breakfast Burrito <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Hard Boiled Egg</p>	<p><b>F 24</b></p> <p>Scrambled Eggs with Cheese &amp; English Muffin <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Cheese Stick</p>	
<p><b>M 27</b></p> <p><b>NO SCHOOL</b></p>	<p><b>T 28</b></p> <p>Breakfast Sandwich <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Cheese Stick</p>	<p><b>W 29</b></p> <p>Chicken &amp; Waffles <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>
	<p><b>T 30</b></p> <p> Breakfast Quesadilla <b>OR</b> Hot &amp; Hearty Oatmeal, Assorted Cereals, Cheese Stick</p>	<p><b>F 31</b></p> <p>Egg and Cheese Omelet with Coffee Cake <b>OR</b>  Yogurt Parfait with Granola, Assorted Cereals, Hard Boiled Egg</p>