

SUMMER MENU

MONDAY

LUNCH

Ham and Barley soup
with Artisan Breads

Hunters Chicken

Thai Green King Prawn
Curry with Pineapple
Rice, Spring Rolls

Roast Broccoli, Chick
Pea, Tomato and
Avocado Taco (V)(F)

Herb Crushed New
Potatoes, Buttered
Sweetcorn, Garlic Green
Beans

Baked Potato, Baked
Beans, Grated Cheese

Banana cake with Toffee
Sauce and Whipped
Cream, Fresh Fruit, Fruit
Salad, Assorted Jellies

TUESDAY

LUNCH

Broccoli and Cheddar
Soup with Artisan Breads

Ni Hao Pulled Pork, Ni
Hao, Chicken, Ni Hao
Duck, Ni Hao Fish Cakes

Stir Fried Vegetables in a
Black Bean Sauce (V)(F)

Ni Hao Rice, Noodles,
Broth, Salads, Sauces and
Garnishes

Baked Potato, Baked
Beans, Chorizo and
Pepper Pasta

Ice Cream Roll with Fruits
of the Forest Compote,
Fresh Fruit, Fruit Salad,
Assorted Jellies

WEDNESDAY

LUNCH

Tomato & Basil Soup with
Artisan Breads

Roast Loin Of Gammon

Harissa Chicken Leg

Sweet Potato and Chick
Pea Roast (V)(F)

Roast Potatoes, Roasted
Roots, Buttered Cabbage,,
Yorkshire Pudding, GF
Gravy

Baked Potato, Baked
Beans, Cheesy Pasta

Apple Crumble with
Cinnamon Cream, Fresh
Fruit, Fruit Salad, Assorted
Jellies

THURSDAY

LUNCH

Cream of Mushroom &
Tarragon Soup with
Artisan Breads

Chicken Korma, Basmati
Rice, Naan Bread,
Vegetable Samosa

Seafood Paella, Mixed
Salad, Grilled Tomato

Vegetable Tikka Basmati
Rice (V)(F)

Baked Potato, Baked
Beans,, Fusilli Pasta,
Tomato & Basil Sauce

Chocolate Cheesecake
Cheesecake, fresh Fruit,
Fruit Salad Assorted Jellies

FRIDAY

LUNCH

Spiced Chickpea and
Coconut Soup with
Artisan Breads

Breaded Haddock/ Lemon
Sole Goujons served with
Lemon & Tartare Sauce

Battered Jumbo

Fish tales!! (F)

Vegan Meatball Enchilada
(V)

Chips, Garden Peas,
Mushy Peas, Baked Beans

Baked Potato, Baked
Beans, Grated Cheese,

Hot Chocolate Doughnuts
with Chocolate Sauce ,
Fresh Fruit, Fruit Salad,
Assorted Jellies

SATURDAY

LUNCH

Garden Pea & Mint Soup
with Artisan Breads

Southern Fried Chicken
Goujons

Lamb Kofta

Vegetable Kofta (V)

Flat Breads, Mixed Salad,
Mint Yogurt, Chilli Sauce

Cous Cous, Hoummus,
Paprika Roasted
Cauliflower, Herby
Potatoes

Baked Potato, Baked
Beans,

Chocolate and Banana
Muffin, Fresh Fruit, Fruit
Salad, Assorted Jellies

SUNDAY